A RICH STOREHOVSE, OR TREASVRIE FOR THE DISEASED.

WHEREIN ARE MANY APPROVED Medicines for diuers and ſundry Diſeaſes, which haue beene long hidden, and not come to light before this time.

Firſt ſet forth for the benefit and comfort of the poorer ſort of people, that are not of abilitie to goe to the Phyſicions.

By *G. W.*

And now ſeuenthly augmented and inlarged by *A. T.* Practitioner in *Phyſicke* and *Chirurgerie.*

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TO THE RIGHT HO-
nourable Sir *James Pemberton*
Knight, L. Maior of the Honou-
rable Citie of LONDON.

IT hath beene, and is (Right Honourable) a laudable Cuſtome in this Citie, that at the entring of any Lord Maior into his Office, not onely his familiar friends and acquaintance, but alſo of euery Fraternitie, ſome ſelected Men ſhould preſent his Lordſhip with one gift or other: whereby they doe not onely congratulate with him his late increaſe of Honour, but alſo thoſe Preſents are as tokens, or earneſt pence of their yeelding dutie and obedience vnto his Lordſhip during his Office. In like ſort, I my ſelfe (though one of the pooreſt, yet a Citizen, and none of the leaſt in humble obedience, and dutifull good meaning towards your Honour) being not furniſhed with any good thing worthy preſenting at your Honours firſt entrance, am now emboldned

boldned towards the expiration of your yeare, to preſent your Lordſhip with this Booke, intituled, A RICH STORE-HOVSE or TREASVRY for the DISEASED, A Booke (Right Honourable) very neceſſary and conuenient to be vſed of the poorer ſort of people, for the preſeruation of health, that are not of ability to goe to the Phyſicions, and I aſſure my ſelfe, that your Lordſhip both hath and will vouchſafe to be a Protector of the poore peoples profit and good, both in health and wealth (the ſame comming by chance into my hands, and now wanting a Patron) haue thought good to publiſh it vnder your Honours name, whoſe Authoritie beſt may countenance the ſame, and whoſe courteous admittance ſhall bee a ſufficient guerdon of my dutifull good meaning herein, if my worth were greater, my duty ſhould ſhew greater: in the meane time, as it is, it is bound to your Lordſhip, to whom I wiſh long life ſtill lengthened with all happineſſe.

Your Lordſhips, in all dutie,

RALPH BLOWER.

DIVERS AND SVNDRY GOOD INSTRVCTIONS AND Rules of Knowledge, very meet and conuenient to be knowne of all ſuch as are the right Practiſers of Phyſick and Chirurgery: and alſo concerning the manner and vſe of *Bloud-letting* and *Purging*, and of the commoditie and diſcommoditie that oftentimes ſpringeth and commeth thereof.

FORASMVCH *as Health is profitable and pleaſant to all men: ſince that all men doe continually wiſh and pray either for the reſtitution or continuance of the ſame: And alſo how that it is the property of Nature, only to fight and ſtriue againſt all diſeaſes: and likewiſe, how that the Phyſicion is but the Miniſter and ſeruant of Nature: ſerving either to apply ſuch things to her as may be vſed to deſtroy the Diſeaſe withall: or elſe by taking away the greateſt part of the ſame matter which cauſeth and maintaineth the ſickneſſe: and therefore it is very meet and neceſſary for euery Phyſicion, that before ſuch time as he doe take vpon him to miniſter any thing at all to the ſicke perſon, diligently to learne, and perfectly to ſearch out both the originall and principall cauſe of the Diſeaſe: in which, if he be ignorant, then it is more by good fortune, than by any cunning or skill,*

that he doe cure any manner of diſeaſe at all: for how is it poſsible to helpe nature, with that thing which ſhee had need of, except it be firſt of all knowne what ſhe needeth? which none can perfectly vnderſtand or know, except the chiefe cauſe of the diſeaſe be firſt manifeſtly knowne vnto him; inſomuch as he may not miniſter things directly contrary to the cauſe of the ſame diſeaſe. And therefore I doe greatly lament the ignorance of the common ſort of people, who, (for the moſt part) are perſwaded, that one Medicine is ſufficient for one diſeaſe, and not regarding that one diſeaſe may come of ſundry cauſes: and therefore it doth neceſſarily require diuers Medicines (as for example) weakneſſe of the ſtomacke (that it cannot digeſt well, or that it hath no good appetite) is a diſeaſe which may come a dozen ſeuerall wayes at the leaſt; therefore the Cure of that diſeaſe, cannot alwayes be cured with one onely Medicine. As alſo, if that weakeneſſe of the ſtomacke doe come of a weak diſtemperature of it ſelfe only, then it muſt of neceſsity be made hot by one meanes or other. But if that heat be the cauſe of the weakneſſe thereof: then it muſt be cooled with ſome cold Medicine that is meet for it, ſo that you muſt be ſure alwayes for to moiſten dryneſſe, and to dry vp moiſture.

But if weakneſſe doe come of ſome ſuperfluous humour that doth abound, which hath flowed into the ſtomacke, or that hath beene there ingendred: then muſt that ill humour of neceſsity be purged out, either by a Vomit, or elſe a Purgation, with a meeke Medicine for it. And if that it happen to be a Flegme, it muſt be holpen with ſuch a Medicine as vtterly expelleth Flegme. But if that Choller be abounding, then there muſt of neceſsity be vſed

ſuch

ſuch a Medicine as doth purge Choller. And likewiſe for Melancholineſſe, a meet Purgation muſt be vſed to expell the humour thereof. But if that the imbecillity of the ſtomacke be cauſed by Diſtillation and Rhume that falleth out of the head into it: then is the cure to be remedied in the head, and not in the ſtomacke. Likewiſe if the Diſtemperature of the Liuer or Spleene doe weaken the ſtomacke, then the cure thereof conſiſteth only in the healing of thoſe members, and not of the miniſtring any thing for the ſtomacke at all.

Therefore let no man thinke it ſufficient for the Phyſicion, if that he doe perfectly know that a man hath ſuch a diſeaſe, as the Ague, the Collicke, the Flux, or ſome other ſuch like, &c. that then he may preſently (if he be skilfull) miniſter a meet Medicine for it. No, not ſo, but he muſt firſt ſearch out by all means that poſsibly he may, the very cauſe it ſelfe of the diſeaſe. The which many ignorant people doe perſwade themſelues, that a skilful Phyſicion may doe in all Diſeaſes, by the ſigne of the Vrin *onely. But alas, they are altogether deceiued: and as for to come to the knowledge of the cauſe of ſome inward diſeaſes of the body, the* Vrin *profiteth nothing at all. For in moſt inward diſeaſes of the body, there ought as great a regard to be taken of the* Pulſes, *and of the diſpoſition and ſtate of the braine of him that is ſicke, as there ſhould be had of the* Vrin *it ſelfe.*

Alſo, the Egeſtions, Sweat, Spettle, *and other excrements, are not to be neglected, inſomuch that at ſome times they doe declare the cauſe of the diſeaſe, and the ſtate thereof, when the* Vrin *doth not ſhew any thing at all.*

Like-

Likewiſe, for example in a Pluriſie, *or an inflamation of the* Lungs, *or in a* Squinancie, *or ſuch like, there is much more to be knowne by the* Spettle, *than there is by the* Vrin.

Moreouer, in a Laske, *or in a* Bloudie Flux, *or in a* Collicke *or* Illiake, *there is more certainty of iudgement to be giuen by* Egeſtion *or* Ordure, *than there is by* Vrin. *Which things; thoſe that are not altogether addicted to their owne fantaſies, may eaſily by good reaſon be perſwaded to credit it: for* Vrin *is nothing elſe, but only the watry and waſhie part of the bloud, for it is ſeparated from the bloud in the Liuer, and ſucked from thence into the* Reines, *from whence it diſtilleth downe into the* Bladder, *and ſo paſſeth forth. Seeing therefore that* Vrin *is the excrement that is ſeparated from the bloud; there is good cauſe why it ſhould ſhew the ſtate of the* Liuer, *and alſo of the bloud in all parts of the body, and it can likewiſe declare the ful ſtate of all the members which it paſſeth by, as of the* Reines, *the* Bladder, *and ſuch like.*

But certainely, in other diſeaſes that be out of the Veines, *and be diſtant from the places by which the* Vrin *paſſeth: There is no certaine iudgement to be giuen by the* Vrin, *vnleſſe the vehemencie of the diſeaſe haue infected either the bloud or the Liuer after ſome ſort. Yet neuertheleſſe, ſuch is the ignorance of many people, for that they thinke him worthy of no eſtimation in the knowledge of* Phyſicke, *that cannot at the firſt ſight of the* Vrin (*although it hath beene carried twenty miles*) *tell whether it be the water of a man or a woman, and how the diſeaſe grieueth the Patient, better than himſelfe, and whether he*

or

or ſhee ſhall liue or die, what diſeaſe ſoeuer it be of; which things vndoubtedly in diuers diſeaſes are impoſsible to be knowne by the onely ſight and inſpection of the Vrin.

Therefore it is very neceſſary and fit for all thoſe that will take vpon them to miniſter Phyſicke, *(moſt duely and rightfully amongſt other things) to obſerue well theſe foure Rules next following,* (viz.)

1 *To ſee the ſicke perſon, and to conferre with him or her (whichſoeuer it be) for there is none that can ſo well declare any griefe (howſoeuer) as the party himſelfe can, that is troubled or grieued therewith.*

2 *To view and feele all the Pulſes of the ſicke perſon, and to obſerue well the ſtate of them.*

3 *Likewiſe to view and marke very diligently all the excrements, not onely the* Vrin, *but alſo the* Spettle, Sweat, *and* Ordure.

4 *And laſt of all, to haue a reſpect to the place where the griefe is, and to conſider well all the accidents that doe ariſe thereof; not omitting to know the former diet and courſe of life, which the ſicke perſon hath formerly vſed.*

Theſe things then being diligently and ſeuerally noted, the Phyſicion *may more certainly learne and know the chiefeſt cauſe of the diſeaſe, the ſtrength thereof, and to what effect it will come vnto; then by ſeeing the* Vrin *onely, and alſo by what meanes hee may miniſter a meet medicine for it, whereby the ſicke perſon may ſoone finde eaſe, and hee purchaſe vnto himſelfe exceeding great fame.*

Thus haue I partly declared, what things ought to be knowne of euery Phyſicion, *that thereby he might withdraw and take away the fond and fooliſh opinion, that a*

great number of people doe deeme to be true, that is, that the ſight of the Vrin *is ſufficient enough for a cunning* Phyſician, *perfectly to know the diſeaſe of the ſicke, and the true cauſe thereof, and to miniſter apt Medicines for it.*

And now I ceaſe to ſpeake any more hereof, but I will as briefly as I may, entreat ſomewhat of the vſe and benefit that doth ariſe and come of Bloud-letting *and* Purging, *and I would wiſh all thoſe that doe practiſe the ſame, to be carefull thereof.*

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The vſe of Bloud-letting, and of the *Commodities thereof.*

FIRST, it is to be noted, that if the body of a man doe abound with humours, which are ready to oppreſſe nature, then whether there bee any ſickneſſe in the body preſent, by meanes of them, or if there bee but danger of ſicknes, thoſe humours muſt be euacuated out of the body, either by *Bloud-letting*, *Purging*, *Vomit*, *Sweating*, *Baths*, or elſe by ſome other kinde of euacuation. But I will ſpeake here onely of euacuation by *Blond-letting* and *Purging*, and firſt of all of *Bloud-letting*.

There bee diuers things to be conſidered of, before *Blond-letting*: as the age of the patient, the Complexion, the time of the yeare, the Region, the Cuſtome, the ſtrength, and the vehemency of the diſeaſe.

1 The age muſt be conſidered, becauſe Children vnder 14. yeares of age, and aged perſons may not be let bloud, vnleſſe great neceſſity require it.

2 The Complexion is to be noted, becauſe a hot complexion hath large Veines, and aboundeth with much bloud, and they may therefore forbeare a good quantity of bloud: But cold complexions haue narrow Veines, and little bloud, and therefore their euacuation muſt be ſmall.

3 The time of the yeare muſt be very well marked, that the weather be not ouer-hot nor ouer-cold, and therfore the Spring-time is the moſt apt time for Bloud letting, becauſe that then it is temperate.

4 The region and Country is to bee ſpoken of, becauſe it is to be noted, that if the region be very hot, or elſe very colde, then it is not good to let bloud, but a temperate region is moſt meet of all for it.

5 Cuſtome is not to be neglected, for thereby we may know that they that haue bin accuſtomed to bleede, may better ſuffer Bloud-letting, then thoſe that were neuer letten bloud at any time before.

6 The ſtrength of the perſon muſt be regarded, for if there be great weaknes, then it is very dangerous to let bloud at all, except great neceſſity compelleth.

7 Alſo the vehemency of the diſeaſe is worthy to be marked: for if it be a vehement diſeaſe; then you muſt let bloud forthwith, if the former circumſtances wil permit it.

Theſe things being conſidered, if they will permit Bloud-letting, and if it be in a needfull cauſe, then it ſhall be very neceſſary to know what ſigne the Moone is in, for you muſt take heed that ſhee be not in that ſigne that gouerneth that member, wherin you intend to open the vein, & alſo to foreſee that ſhe be in ſuch a ſigne as it is good to let bloud in.

For the vſes and commodities of Bloud-letting are againſt theſe diſeaſes that are heere expreſſed.

1 This is a generall Rule, that Bloud-letting is a very good remedy for all diſeaſes that bee ingendred of aboundance flowing of eruption of bloud, as be chiefely the Feuers called Sinochy.

2 Alſo the Phrenſie, Sqinancy, Pluriſie, Peripnewmony, Opthalmie, and againſt all inflamations, and impoſtumations, engendred of bloud in the Liuer, the Spleene, the Reynes, the Wombe, the Share, the Arme holes, the Armes, the Legges: and to conclude, in all inward and outward parts, whereſoeuer the Inflamation bee: Bloud-letting is good for it, whether it be now preſent, or that there be any danger that the ſame will ſhortly ingender.

3 Alſo Bloud-letting is good in Feuers, whether they be continuall or intermittent, inſomuch that the obſtructions

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and ſtoppings of the Veines be cauſed of immoderate repletion of the humors.

Note alſo that Bloud-letting doth empty and euacuate from the body all humors alike, as wel the good as the bad.

And therfore it is chiefely to be vſed, when there is too great an abundance of bloud in the body and other humors, which doe ſtraine the Veynes, and that there is great danger and ieopardy in breaking of ſome Veine: or the bruſing out of ſome fluxe of bloud, or of choaking, and to extinguiſh naturall heat. And therefore in ſuch caſes, you muſt let bloud with all ſpeed, although the ſickneſſe be not already preſent.

For by letting of bloud in due ſeaſon, the ſuperfluous fulnes of the Veines is brought into a very meane eſtate againe, and the paines that came of the fulnes and ſtretching of the veſſels, bee eaſed: and the heauines that was felt in the body is cleane taken away, and the body is lightened, and made more quicke and nimble, to doe all ſuch actions as Nature hath ordained it to doe.

Alſo it cauſeth Nature to haue a larger ſcope, and a free paſſage, by opening and emptying of the ſtraight wayes and paſſages of the Veines and Arteries.

Laſt of all, if it bee done in time, it preuenteth diuers and ſundry diſeaſes, which the body was both apt and ready to haue fallen into.

Many more commodities might here be rehearſed as concerning bloud-letting, which is done when neceſſity requireth, and as it ought to be done: but to conclude (omitting all other) Note this for a generall rule, that Bloud-letting is very good againſt all kind of diſeaſes which be cauſed and engendred of bloud, and not onely when the diſeaſes are preſent, but alſo it is good letting of bloud, to preuent any ſuch diſeaſes if they be foreſeene or feared, alwayes regarding that there be none of theſe impediments aforeſaid, which do prohibit and forbid Bloud-letting, except it be in great neceſſity and extremity: for then as the

common prouerbe is, *Neceſſitas non habet legem*; that is, Neceſſity hath no Lawe.

Here would I leaue off to ſpeake of bloud-letting, but that there commeth into my mind, the common opinion of the ignorant people, which doe certainely beleeue, that if any perſon be let bloud one yeare, that he muſt likewiſe be let bloud euery yeare agayne, or elſe hee is in (I cannot tell how) great danger: which fond opinion of theirs (whenceſoeuer it ſprung at the firſt) is no more like to be true, then I ſhould ſay, when a man hath a great wound by chance, in any part of his body, whereby he loſeth much bloud, and that after it is healed, hee muſt of neceſſity haue the like wound againe the next yeare, to auoide as much bloud, or elſe he is in danger of great ſickneſſe or of death. Which opinion, if I my ſelfe did affirme it to be true, (although it be moſt falſe) yet I might vſe the like reaſon and authority to defend it, that the common people doe vſe for theirs: for they can ſay nothing, if they be asked why they doe thinke ſo, but that they haue heard many ſay ſo. Therefore I would wiſh that no man ſhould credit any longer this fond & fooliſh opinio, being moſt falſe, vnles he could ſhew good reaſon for it, which I am very well aſſured of, no man can doe.

But now this I thinke, that like as Bloud-letting is not good againſt all diſeaſes, ſo alſo it is not good in al perſons, but onely in thoſe that will be content to vſe afterwards a moderate and conuenient diet.

Thoſe therefore that doe abound in bloud, and will be let bloud to preſerue them from the danger of any diſeaſe, which is like ſhortly to enſue and moleſt them: they muſt for a long time after, be content to vſe a moderate and conuenient dyet. For thoſe that be vntemperate and gluttonous in meates; or are great drunkards and wine-bibbers, they doe not receiue any commodity at all by Bloud-letting: but oftentimes they catch more hurt by it, then they ſhould haue had without it, for in three or foure daies ſpace after, agayne they fill and ſtuffe themſelues within with more

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raw iuice and humours, (by meanes of their vnmeaſurable diet) then they had before, and oftentimes they purchaſe their owne deaths through convulſion.

And therefore note, that there is ſuch force and vertue in a moderate dyet, to eſchue and decline diſeaſes, that without the due obſeruation of it, Bloud-letting is of no purpoſe at all. And therefore if the common ſaying of the people be true in any perſon, That they muſt of neceſſity be let bloud often; it is very true, but it is in ſuch as keepe an immoderate dyet preſently after Bloud-letting: and therefore I doe aduertize all men to beware of exceſſe either in eating or drinking after Bloud-letting.

Note alſo, that after Bloud-letting, none ought to walke very faſt, or to runne, or to vſe any vehement exerciſe, but let him that is ſo let bloud, be quiet and reſt himſelfe, vntill ſuch time as his ſpirits ſhall be well refreſhed and quieted againe.

Note alſo, that no perſon being let bloud, ought to ſleepe immediately after bloud-letting, but let him keepe himſelfe both quiet and waking, and auoyding all contention and exerciſe of body and mind: and about two houres after letting of bloud, there may a little food be taken, but let it be ſuch as will make good iuice and nouriſh apace, and within foure or fiue houres after Bloud-letting, or ſomewhat afore, the patient may be permitted to ſleepe, ſo that it be prouided for, and taken heede of, that he doe not turne himſelfe vpon that arme or ſide, where the veine was opened; and let him alſo take good heed that he doe not looſen the band, and ſo let the bloud flow out againe; and let him afterwards vſe a ſparing dyet, dayly increaſing it by little and little, vntill ſuch time as he be come to his accuſtomed ordinary dyet againe.

Moreouer note, that the morning is the moſt meeteſt time of all for bloud-letting, when euery digeſtion is perfectly finiſhed, and the ſuperfluities and excrements of each of them fully auoyded out; which things of neceſſity muſt

before-ſeene, that they be ſo. Or at the leaſt in a time of great extremity: The next apt time to let bloud in, is when the ſtomacke is ſomewhat empty, and that is about ſix or eight houres after meat.

Thus much haue I entreated of as concerning Bloud-letting: and now I am purpoſely minded to ſpeake ſomewhat of the vſe and benefit that commeth of Purging.

The vſe of Purging, and the benefit thereof.

FOraſmuch as it is very neceſſary to be vnderſtood of all perſons, that euery kinde of Purgation hath that ſecret vertue and property in it ſelfe, that when it is receiued into a mans body, and prouoked to exerciſe the vertue that it hath by naturall heat labouring to digeſt it, then doth it draw vnto it all ſuch humours, as the ſame hath vertue and power to purge.

And therefore a Purgation is an euacuation of vicious and corrupt humours, which doe oftentimes trouble and moleſt the body, but not of all corrupt and bad humours alike.

For euery Purging medicine doth draw vnto it ſelfe one peculiar and proper humour, (that is) eyther flegme or choller, or elſe melancholy or watry humours.

And therefore thoſe perſons which know themſelues to be perfectly in health, ought not to take a purgation, when they doe not abound with any ill or corrupt humours; wherefore in thoſe, when the medicine findeth no ſuch ſuperfluous humour as it hath vertue to draw; it conſumeth and waſteth both the bloud and the fleſh: and for that cauſe whole folks are not to be purged by Purgations, but rather confounded and waſted: for it is manifeſt hereby, that Purgations be very dangerous to them that are in perfect health, which thing is teſtified alſo of *Hipocrates* in the 37.

Aphoriſme

Aphoriſme of his ſecond booke, where hee ſaith after this ſort, *Qui corpore bene ſe habent, hos purgare periculoſum eſt*, that is, It is dangerous purging of thoſe that be in perfect health.

Alſo becauſe euery purging Medicine hath vertue to draw one peculiar humour, there is good heed and care to be taken, that ſuch a medicine be miniſtred as hath vertue to draw out the humor abounding, and moue others therunto, or elſe in ſtead of much good that of it ſelfe it would do if it were conueniently miniſtred, it may contrariwiſe doe exceeding great hurt, and worke many inconueniences to the body. And according to the ſaying of *Hipocrates* in the laſt Aphoriſme of his firſt Booke in this maner: *Si qualia oportet purgari purgentur confert, & facile ferunt, ſi aliter; difficulter &c.* that is, if ſuch things be purged as ought to be, it profiteth, and may eaſily be ſuffered, but if it be contrarywiſe, it hurteth, and may ſcarcely be borne withall.

Therefore ought diligent care and heed to bee taken in the receiuing of a Purgation that it be miniſtred by a skilfull Phyſicion, that hath certainly found out what kinde of humor it is that aboundeth.

But alas, the greateſt number of the common ſort of people doe hold an opinion, that if they may haue a medicine for a little mony which wil prouoke them often to the ſtoole, what humor ſoeuer it be, and purgeth out, they perſwade themſelues that they are ſafe enough: howbeit I would wiſh them heereafter alwayes to haue in mind this ſaying of the moſt excellent Phyſicion *Hipocrates* in the 33 Aphoriſme of his firſt booke, *Deiectiones non multitudine ſunt eſtimande; ſed ſi talia deijciantur qualia conueniunt*: that is, Egeſtions are not to be eſteemed for their great quantity; but if ſuch humors be purged out as they ought to be, (that is) ſuch vicious and corrupt humors as doe abound and be ſuperfluous in mans body, then is the body quieted for a long time after, if it be dieted as aforeſaid.

There are diuers things chiefely to bee conſidered of by euery

euery Phyſicion, before ſuch time as he do miniſter any purgation to the ſicke perſons: as the quality and quantity of the humor, the ſtrength of the perſon that is ſicke, the age, the time of the yeare, and laſtly the diſeaſe.

1. The quality of the humor is greatly to be conſidered of, that therby he may perfectly know what kind of humor is to be euacuated and purged out, for it muſt be onely that which troubleth the body with much ſuperfluity of the abundance thereof.

2. That if great abundance of Flegme doe moleſt and trouble the body, then he muſt of neceſſitie miniſter a medicine which purgeth Flegme: and ſo likewiſe for all other humors whatſoeuer abounding in any part of the body.

3. Alſo hee that doth vndertake the miniſtring of any medicine, ought to haue great reſpect to the ſtrength of the ſicke or diſeaſed perſon: for if he be very weake and feeble, there ought no Purgation at all to be miniſtred vnto him, becauſe all manner of Purgations doe both weaken nature, and diminiſh ſtrength, and the ſtronger the ſicke perſon is, the more he is weakned thereby.

4. Let all men therefore beware of vehement and ſtrong Purgations, leſt they put their liues in hazard and danger: Therefore by the age of the Patient, the Phyſicion is put in minde, that children and old men ought not to receiue any Purgation, except maruellous great neceſſity doe require it.

5 The time of the yeare is not to be neglected: for there be ſome times of the yeare, wherein Purgations ought not to be miniſtred, as in Summer, and eſpecially during the time of the Dog-daies, as they are moſt commonly called, and alſo during all the time that the Sun is in Leo, for then is nature burnt vp and made ſo weake withall, that ſhee is not able to ſuffer the force and violence of a Purgation: but the Spring time is the moſt meeteſt and principalleſt time in the yeare for the taking of Purgations, becauſe it is then temperate. Laſt of all, the Phyſicion ought diligently to behold

hold and contemplate the diſeaſe, that he knowing certainely what kinde of diſeaſe it is, he may the better finde out of what humor it is cauſed. As for example:

If the Phyſicion doe perceiue the diſeaſe to be a Tercian Feuer, ſtraight-way he knoweth, that is cauſed of great abundance of Choller, and therefore hee muſt of neceſſity miniſter a meet medicine to purge Choller withall: and ſo likewiſe in all other diſeaſes.

Note like wiſe, that if there be none of the impediments abouenamed, a Purgation is good to be miniſtred to all ſuch as haue abundance of euil iuyce or corrupt humors in the body; for it draweth out all the bad humors that doe moleſt the body, and likewiſe thereby doth reſtore it to his owne former eſtate againe.

But if a Purgation bee miniſtred either to one that needeth it not, or at an inconuenient time; or that it be ſuch a Medicine, as draweth not out the humors which then abound; or if the medicine bee vehement and very ſtrong, it wil ſurely put the Patient in great danger of his life.

Theſe things therefore ought to bee well taken heed of by all men, leſt they catch great hurt, when they hope to receiue moſt profit.

But if a Purgation be diſcreetly miniſtred to him that hath need of it in due time, and by an apt and meete medicine, which is of that force and ability to draw out the abounding humours in ſufficient quantity; then doth the medicine purchaſe moſt ſingular great commodities vnto the body: for it euacuateth and emptieth out all the chiefeſt cauſes of the diſeaſes and ſickneſſes, either preſent or elſe to come, being ingendred of any ſuperfluous or corrupt humor, as are commonly *Feuers Tertian*, *Quartane*, *Quotidian*; or *Fluxes*, that are cauſed of raw humors, or ſharp choller: *Dropſies*, *Gowts*, *Palſies*, *Litergies*, and diuers other, &c.

Note alſo; Before a Purgation be miniſtred, there ought a medicine to be taken, which ſhould prepare the body, and make it apt to purge, and therfore it is called a preparatiue.

It

It is giuen for two cauſes, either to diuide, extenuate, and make them groſſe and clammie humors, that they may be ready to flow out, when the medicine drawes them, or elſe it is giuen to open and vnſtop the conduits and veſſels of the body, by which the Purgation muſt draw the ſuperfluous humors to it.

And this is that which *Hipocrates* doth counſaile in the 1. *Aphoriſme* of his 2. booke, where he ſaith, *Corpora cùm quiſque purgare voluerit, oportet fluuia facere*: that is, when any man will purge the body, hee muſt make it flowing, by opening and vn-opening of the veſſels.

The moſt meeteſt time of all to receiue a Purgation, is in the morning, for then are all the digeſtions perfectly finiſhed, and the ſtomacke is without meat. There is alſo great heede to be taken in what ſigne the Moone is in, before ſuch time as any Purgation be miniſtred, for ſome ſignes are very good for it, and other ſome are euill. Therefore I would wiſh all ſuch as doe take vpon them the miniſtring of any purgation, to haue great regard before they doe miniſter it to the ſicke perſon, the time, and the place grieued, and alſo to marke well all ſuch things as are before rehearſed, leſt that they doe more hurt thereby in one day to that ſicke perſon, then they are able to doe him good in a whole yeare, and yet they may doe it of meere ſimplicity, not knowing themſelues what they haue done, neither are they able to cure the ſame wound which they themſelues haue made.

A Purgation muſt bee taken hot, for ſo it offendeth the ſtomacke leaſt, and it will worke the ſooner and better.

Alſo thoſe that are apt to vomit, and are not able to endure the ſmell of the Purgation, let them ſtop their noſtrils, or elſe let them ſmell to ſome odoriferous thing, when they are about to take it, and as ſoone as it is taken, it is good for the Patient to ſmell to a toaſt of browne bread dipped in Vineger, and to apply warme clothes to the ſtomack, and to waſh the mouth preſently after that it is taken, with

ſome

ſome odoriferous wine, or elſe to chew ſome ſweet & pleaſant thing to take away the bitter taſte or ſmell of the Medicine, and ſo by this means vomitting may be eſchewed.

Note alſo that for the ſpace of one houre after, that any Purgation is miniſtred to any ſick perſon, let the patient ſit ſtill and be quiet: and (in any caſe) let him abſtaine from ſleepe foure or fiue houres after, whereby the ſtrength of the medicine may the better paſſe into al parts of his body: but if the Purgation doe worke but ſlowly, then let him walke vp and downe for a good ſpace after, if hee can, and when it worketh perfectly, then let there be great care of ſleepe taken, (as aforeſaid) for thereby the Operation of the Medicine would be ſoone ſtopped, and the Patient brought into great danger.

Likewiſe, in the time of purging, immoderate heate and cold are to be eſchewed: and therefore a great fire is neceſſary, inſomuch as the cold and open ayre are both hurtfull: for the body muſt be kept in a temperate heate.

Moreouer, after that the Purgation hath done working, the patient muſt bee nouriſhed with a meane quantity of warme broth, that will breede good iuyce, and be eaſily digeſted: and afterwards by little and little, returne to his accuſtomed dyet againe.

Thus haue I (as briefely as I could) heere expreſſed and declared the commodities and diſcommodities that doe ariſe and grow, as well by the miniſtring of ſuch meet medicines as are neceſſary to be vſed, both for the recouery and preſeruation of mans bodily health: as alſo for the commoditie and diſcommodity that enſueth of Bloud-letting and Purging, (beeing all well and rightly miniſtred and vſed) and contrariwiſe of the great danger and hurt that doth come thereof, if at any time they bee miſ-uſed: and therefore I would wiſh all men (as they doe tender both their health and liues,) to beware of thoſe ignorant and vn-skilfull perſons, who (moſt commonly) vſe to open but one kinde of Veine for all manner of diſeaſes, and do

alſo

alſo vſe but one kinde of Purgation againſt all humors, not regarding, nor conſidering with themſelues any thing at al, either of the ſtrength or age of the Patient, the time of the yeare, or the firſt originall cauſe of the comming of the Diſeaſe, whatſoeuer Diſeaſe it be, or of any other the circumſtances (in this treatiſe) heretofore ſpoken of: but let them that are grieued with any manner of Diſeaſe, alwaies ſeek for the counſel and helpe of ſuch as are knowne to be both learned and skilfull in Phiſick and Chirurgery: and are alſo circumſpect (as it is moſt needfull they ſhould be) in all their proceedings vnto arte: And who for the moſt part will duely and righteouſly conſider, before they miniſter any medicine to the ſicke perſon, what need he hath, and what is moſt meete to be miniſtred vnto him for his diſeaſe. And alſo let the Phyſicion note, that in the miniſtring of all Potions, Electuaries and Pills, there ought greater obſeruations to be had, then there ought to bee in Gliſters or Suppoſitories, foraſmuch as thoſe doe enter no further then into the Gutte where the ordure lieth, and by that place onely bringeth forth the matter which cauſeth the diſeaſe: but the other entring into that way which both meates and drinkes doe come into the ſtomacke, and there is boyled and ſent into the places of digeſtion, and afterwards is mixt with the iuyce, whereof the ſubſtance of the body is made, and expelling the aduerſary humors: yet ſome part thereof remayneth in the Body. Wherefore People ought to take heede and be careful what Medicines they doe receiue, that in them there be no venenoſity, malice or corruption: leſt for the expelling of a ſuperfluous humour, which perhaps ſome good diet, or ſome good and wholſome broth made of good hearbs, or that the ſaid euacuation with ſuppoſitory or gliſter might bring forth at leaſure: rather then by deſiring of too haſty remedy they receiue in Medicine, at which ſhal ingender any venomous humour and vn-eſtable deſtruction into all the whole body: And therefore it is a moſt happie thing for thoſe that

are ſicke and diſeaſed, that can finde out a skilfull, diſcreet and learned Phyſicion, and eſpecially ſuch a one, as both his Medicines and Drugs are alwayes perfect and good, and not any maner of way corrupted.

Moreouer, it is chiefely to bee regarded in all ſorts of people, that all bodies that are hot and moyſt, may eaſily ſuſtaine Purgation by ſtoole.

All ſuch perſons as be leane and thin, hauing their members tender, may take great harme by purging.

Thoſe that are Chollericke, and thoſe that vſe to eat little; Purging is very ill for them.

Alſo for young children and aged perſons, it is very dangerous for them to looſen their bodies more then great neceſſity requireth.

Likewiſe for thoſe that are not accuſtomed to purge, it is very noyſome and hurtfull vnto them: but for thoſe that liue in good order of dyet, they need neither Purgation nor vomit.

Note alſo, that after any purgation hath wrought to full perfection, then thirſtineſſe and ſound ſleeping be good ſignes and tokens that the body is ſufficiently purged.

Laſtly, by daily taking of Medicines, and by daily purging, nature is greatly corrupted.

When you intend to purge the body, firſt be ſure to make the matter flowing and ſoluble.

A Medicine to purge, ought not to be mingled with any manner of meat: but to bee taken foure houres at the leaſt before meales, or three houres after meales, except certaine eaſie pills made of purpoſe to cleanſe and comfort the ſtomack, which of right ought to be taken at the beginning of ſupper or after ſupper, or a little before that one goeth to bed, but let the patient be ſure to make but eyther a light ſupper, or elſe none at all. And after a purgation taken, the patient ought to take good reſt, and not walke ouermuch vntill the Medicine hath wrought, nor eat or drinke any thing at all in the meane ſpace.

Theſe

Theſe things haue I thought good to put the practiſers hereof in remembrance, becauſe I haue both ſeene and knowne many (that profeſſed themſelues Artiſtes) to haue forgotten to inſtruct and direct their Patients in right courſe, as they ought to haue done, for the good gouernment of themſelues, after they had taken eyther purge or vomit. But now I wil heare ceaſe to intreat any more of theſe things, and (according to my opinion) to ſpeake ſomewhat of the moſt part of all ſuch diſeaſes as are incident to mans body, as well inwardly as outwardly: and alſo of al ſuch medicines (being duely and rightly miniſtred) as are moſt meet and conuenient to be vſed for the cure of the ſame diſeaſe, whatſoeuer it be.

DIVERS.

DIVERS AND SVNDRIE APPROVED MEDICINES HEREAFTER EXpreſſed, for moſt ſort of Diſeaſes incident to mans bodie, and firſt of all for Aches.

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CHAP. I.

A notable ſecret for all incurable Aches or paines, in the ioynts or other places whatſoeuer.

TAKE the whole Horne of a Bucke, that was eaſt off, (the later it be, the better it is) and put away the ſtalke, and take no part thereof, ſauing the very Horne it ſelfe, then cut the ſame into ſmall ſhiuers or péeces: and ſéethe them in a gallon of ſtrong Ale, with a quarter of a pound of ſhéepes ſuet tryed, and let it ſéethe vntill it be conſumed to a pint or a little more: Then take forth the péeces of the Horne, and let the liquor ſtand vntill it be cold, and then it will be like a telly: Reſerue that, and when you haue occaſion to vſe it, take ſome of it, and put it into a Sawcer, or ſome other conuenient

uenient thing, and warme it, and then anoint the place grieued therewith before a fire, both morning and euening, and let it soake in, by the heat of the fire, and it will heale the griefe thoroughly, within nine or ten dressings, by Gods helpe. This hath beene often proued.

Chap. II.

An excellent good Medicine for any manner of Ache or straine.

TAke Aqua vitæ one pint, and Oyle of Bay three ounces, Neats-foot Oyle, Oxgall, and Oyle of Camomill, of each of them a pint, and a handfull of Camomill it selfe, and boile them all together, and stirre the same well vntill it be well boyled, and consumed to a pint: Then straine it, and when you will vse it, anoint the place grieued therewith, and this will allwage the paine immediately. Prob. est.

Chap. III.

A marueilous good Medicine for an Ache.

TAke a quart of the purest Malmsey that may be gotten, and six great Onyons sliced and pilled, then take a good quantitie of grosse beaten Pepper, and let them all seethe together vntill the Onyons are become so tender that they may be strained, and then straine them thorow a fine cloth; then take a cloth and wet it in the same liquor strained, and lay it to the place grieued, and in two or three times dressing, it will helpe. This hath beene proued by *E. C.*

Chap. IV.

Another experienced Medicine for an Ache.

TAke a good quantitie of Scuruy-grasse, and put thereto a good quantitie of May-butter, Barrowes-grease, Watercresses, and Birdlime, of each three ounces, and stampe them together, and then boyle them, and when it is well boyled, then straine forth the liquor into some gally-pot, and then stop it close vp, and keepe it: and when you haue occasion

caſion to vſe it, anoint the place grieued often therewith before a good fire, and this will cure any Ache in a very ſhort time. This hath beene proued.

Chap. V.

Another for the ſame.

TAke a pint or ſomewhat more of good Malmſey, a pint of Capons greaſe, May-butter eight ounces, and a peniworth of Frankinſence, finely beaten to powder, and ſifted very fine: boyle all theſe together vntill the one halfe of the ſame ſtuffe be conſumed away, and then take it and ſtraine it, and ſo keepe it cloſe in ſome pot or other thing as aforeſaid, and when as occaſion ſeruеth for any vſe thereof, then let the place grieued be oftentimes anointed therewith, and it helpeth. Prob. eſt.

Chap. VI.

An approued Medicine for any Ache or ſwelling, and likewiſe for any Sinewes ſhrunke or periſhed.

TAke vnſet Time, Lauender-cotton, Knottie Straw-berries, of each of them one handfull, and cut and beat them in a morter, and when you haue ſo done, then take ten or twelue young Swallowes out of the neſt, being ripe, and beat them in a morter, (feathers, guts and all with the herbs) vntill you cannot perceiue the feathers, and then take halfe a pound of freſh Butter, vnſalted, and mingle them together, and let them ſtand for the ſpace of foure and twentie houres: then ſeethe and ſtraine them into a Gally pot, or elſe into ſome earthen veſſell. And ſo vſe it twice a day, in anointing of the place where the griefe is, and in fiue or ſix dayes it will be whole. This hath beene often proued.

Chap. VII.

Another for the ſame.

TAke a good quantitie of the flowers of Camomill, and Roſe-leaues, and boile them in White-wine; and when

they are well boyled, make a plaister thereof, and lay it to the place where any paine, Ache, or swelling is, and it helpeth. Prob. est per D. Bartlet.

Chap. VIII.

Another for the same.

TAke Sage and Rue, (otherwise called Herb-grace) of each of them one pound, and halfe a pound of Wormewood, and halfe a pound of Bay-leaues: beat them together in a morter, then take three pound of Sheeps-suet, and shred it very small, and put it to the herbs; then put it into the morter, and beat it with the herbs, vntill the Suet cannot be perceiued: then take it out, and put thereto of pure Sallet-oyle one pint, and so worke them all together with your hands, vntill such time as they be very wel steeped in Oyle, then keepe it close in an earthen pot, for the space of eight or ten dayes together, then seethe it in a brasse-pot, with a soft fire, vntill the strength of the herbs be gone: (to trie it, take a spoonefull of it, and put it into a linnen cloth and so straine it, and if there be any iuice left in it, then it is not boyled to full perfection, but if you finde none therein, then it is well boyled: and thus you may proue all your oyntments made with herbs) then straine it, and anoint well the place grieued often therewith: This hath beene sufficiently proued. This of due course ought to be made in *May* or *Iune*; for that is the chiefest time for it.

Chap. IX.

A present remedie for an old Ache.

TAke very strong Aqua vitæ ten spoonfuls, and of Narue-oyle two ounces, and two spoonfuls of the water of Arse-smart, and anoint the place where the Ache is, euery day two or three times, and it will speedily heale it.

Chap.

Chap. X.

An excellent Plaister to be made and vsed for any manner of Ache, be it in any part or ioynt of the bodie.

TAke three ounces of Pigeons dung, and a good quantity of dregs of strong Ale, tried Sheeps-suet eight ounces, and a good quantitie of Camomill; then take the Camomill and the Pigeons dung, and stampe them well together, and when you haue so done, put the dregs therein and Suet, and then boile them well all together for a good space, but all the time that the same is vpon the fire, be sure to be still stirring of the same, with some staffe or other thing for feare of burning of it, and when it is well boyled, take some of the same and spread it vpon a fine linnen cloth that is cleane, and lay it to the place grieued, as hot as it may possibly be suffered, and so couer it ouer with some woollen cloth or other thing to keepe in the heat, and this by Gods grace will helpe you in a short time. Prob. est.

Chap. XI.

Another for the same.

TAke Aqua composita and the oyle of Neats-feet luke-warme, and anoint the patient vpon the place of the griefe, laying warme cloaths thereon, and it helpeth. This hath beene truly proued.

Chap. XII.

A Medicine for an Ache or shrinking of any Sinewes.

TAke the tenderings of Rosemary and Marsh-mallows, of each of them as euen portions as you can gesse, and gather your herbs when they be drie, from any Raine and dew: beat them in a morter very small, then take May butter one pound well clarified, and foure ounces of Neats-foot oyle, and put it to the herbs, and mingle it in a vessell, and then let it stand for the space of foure dayes: then set

it ouer the fire, and let it ſæthe till all the ſtrength of the herbs be gone, then take a little of it in a ſpoone, and let it drop vpon your naile, and if it be greene as the Emerauld, then it is perfect, and then put it into an earthen pot, and when you will vſe it, you muſt warme it.

Chap. XIII.

A perfect remedie for an Ache, or Sciatica.

Take oyle of Neats feet and Aquacompoſita, and mingle them both together, and let the patient anoint the place where the paine is: then take Wooll, which is newly plucked from the ſhæps backe, and lay it thereupon, and let him wrap it well with warme clothes, and this will helpe him.

Chap. XIV.

Another for the ſame.

Take a good quantity of Sauery and mix the iuice thereof with Wheat-flower, and make a plaiſter thereof, and lay it where the paine is, and it helpeth.

Chap. XV.

A preſent remedie for all manner of Aches and bruſes in the bones.

Take of Wall-woort, Smalladge and Balme, of each of them a good handfull, and ſtampe them all together, then take a pound of May-butter, and temper them very well together, then make them into round balls, and let them lye for the ſpace of eight dayes after, and then ſtampe them againe as you did before, then take it and frie it, and ſtraine it, and put it into an earthen pot, and ſo vſe it, and this will helpe the bruſe if it be neuer ſo blacke. Prob. eſt.

Chap. XVI.

An approued Medicine for an Ache or ſwelling.

Take the flowers of Camomill, and Roſe-leaues, an handfull of each, and ſæthe them in White-wine, and make a plaiſter

plaister therof, and let it be laid as hot as it may be suffered to the place grieued: put these in a linnen bag, and heat them euery houre and apply them, and this will both ease the paine, and allwage the swelling. D. Bartlet.

Chap. XVII.

Another for the same.

TAke a good quantity of Oyle de Bay, and Aquauitæ, of each of them a spoonefull, and mingle them both together, and let the Patient anoint the place which is grieued often therewith, and it helpeth him.

Chap. XVIII.

A soueraigne Medicine for an Ache in the shoulders or else-where.

TAke Reisons of the Sunne and Figges, of each of them a like quantity, and halfe as much Mustard-seed, and beat them very small, then take it and grinde it in a Mustard querne, with the best Wine-vineger that may be had, then take it and spread it vpon a lambes skinne, and lay it to the place grieued, and this will by Gods grace helpe you. Probatum est.

Chap. XIX.

A precious Oyntment or Oyle for all manner of Aches or swellings in the Armes, Knees, Legs or Feet being taken with cold.

TAke Sallet Oyle one pottle, and of Sage, Lauender, Southernewood, Worme-wood, and Camomill, each of them a like quantity, then cut the herbs very small, and put them into the Oyle and stirre it well together, and let them stand in a bason of Latten, or else some other like thing, for the space of a full moneth (but you must be sure to put as many herbs into the Oyle, as will make it very thicke) and so let it stand vntill the herbs be rotten, then make a fire of coales, and set the bason thereon, and so let it boile for the space of three houres or somewhat more, then

take it from the fire, and let it coole somewhat, and when you see that it is milke-warme, or somewhat better, then take a bagge made of strong Canuas, and with a staffe, straine out all the substance as cleane as you may, and then put it into a glasse or gally pot, or else into some earthen vessell, and stop it very close, and it will continue in his vertue very long. This is good for any wound or old bruise, and also for the shrinking of any Sinewes, and all manner of sores, for it hath beene truly proued.

Chap. XX.

An excellent good and approued Oyntment, for all manner of Aches, Agues, Bruises, Gowts, Cankers, Lameneſſe, Stitches, or hardneſſe of the Spleene, and for all manner of paine in the head and eares.

TAke Sage and Rue, of each of them one pound, Wormewood and Bay-leaues, of each of them halfe a pound, of Sheepes-suet cleane picked from the skin, the quantitie of three pound and better of Oyle Olive, and chop the herbs very small, and then shread the Suet very fine, and put them all together, and then stampe the herbs and the Suet vntill such time as the Suet cannot be perceiued, then take it forth and put it into a faire pan, and put the Oyle therein, and couer it close, and so let it stand for the space of twentie dayes: then take it forth and breake it with your hands into a brasse pan, and set it vpon a soft fire, and you must be alwayes stirring of it, vntill such time as the herbes be crackling, then take it off and straine it thorow a Canuas cloth, into an earthen pot, and so keepe it. For those vehement Aches, when you shall lay any of this same oyntment vpon the place grieued, you must take woll that groweth betweene the sheepes legs, or else of the longest of the woll, and let it be carded in broad flakes, and batted vpon a linnen cloth, and so keepe that alwayes to it.

Chap. XXI.

An approued Medicine for an Ache, in any of the Huckle bones, Thighes, Armes, Shoulders, which commeth by taking of cold, or, &c.

TAke a kettle of ſtrong Ale grounds, and boile three or foure wooden diſhes therein, (which pottage are vſually eaten in) and let them boile for a good ſpace ouer the fire, then take one of the diſhes, and with a linnen cloth wipe off the water which is both within, and vpon the ſide of it, then take the ſame diſh and whelme it vpon the ioynt, ſinew, or place grieued, as hot as it may poſſibly be ſuffered, and ſo keepe it thereon vntill it be cold; then take another of the ſame diſhes, and doe as aforeſaid, and ſo the third, or fourth, and let the partie grieued vſe this for a certaine ſpace both morning and euening, and this without all doubt will helpe him, for this hath holpen many that their ſinews were ſhrunke vp, but the partie grieued muſt apply hot woollen clothes, or elſe ſome lambs-ſkin, or the ſkinne of a Hare or Conny, to keepe in the heat when he taketh away the diſhes from it.

Chap. XXII.

A good Medicine for an Ache.

TAke Parſly and Worme-wood, of each of them one handfull, and ſeeth them in a quart of Ale, and ſweet Butter, and waſh the place well therewith that akes, and alſo binde the herbs to the place as hot as it may be ſuffered.

Chap. XXIII.

Another good Medicine for an Ache.

TAke Sowthiſtle, Chick-weed, Elder-leaues, Groundſell and Cleauers, of each of them a handfull, ſcald all theſe together betweene two Tyles, then lay theſe herbs to the place where the griefe is: but let the herbs be waſhed before they be ſcalded, and this helpeth.

Chap.

Chap. XXIV.

For Aches and ſwellings in the knees.

TAke a quart of Malmeſey, and a handfull of Time, boile them together a good ſpace, and when it is halfe boiled, put into it a good peece of new freſh Butter, and let them boile together from a quart to a pint, and when you goe to bed, bathe your knees therewith, and wet a cloth three or foure times double therein, and lay it to your knees as hot as poſſibly you can ſuffer it, and ſo let it continue all night, and in this ſort let him vſe this ſix or ſeuen times, and doubtleſſe it will helpe him. This hath beene well proued.

Chap. XXV.

A very good Medicine for all manner of aching ſores.

TAke the iuice of Smalladge, of Sorrell, Way-bred-leaues, of each of them a like quantity: then take Honney, and the white of a new laid Egge, of either of them a like quantity alſo, and mingle all theſe together till they thicken, and let it come neere no fire, but all raw and cold, lay it on the place grieued.

Chap. XXVI.

A plaiſter for an Ache.

TAke ſtone Pitch, to the quantitie of a Tennis ball, a ſpoonefull of Tarre, a peny-worth of Treacle, tried ſheeps Suet three ounces, the quantity of a Tennis ball of Roſin, and a ſpoonefull of Honney, boile it ouer the fire in a kettle, and ſtirre it well together, vntill it be well melted, then take a ſheeps-skin that is new killed, and make holes in it with a bodkin, and ſpread the ſame ſalue or oyntment before mentioned vpon the fleſhie ſide of the skinne, and lay it to the place grieued as hot as you may ſuffer it, and the partie grieued ſhall finde great eaſe thereby, for it hath been truly proued.

Chap.

Chap. XXVII.

An excellent good Oyle for all manner of Aches, bruſes, and ſtrainings of the ſinewes.

TAke a pottle of Neats-foot Oyle, and a quart of an Oxe gall, a pint of Aquauitæ, a pint of Roſe-water, Bay-leaues, Roſe-mary ſtripped from the ſtalke, Strawberry-leaues, Roots and ſtrings, Lauender-cotton, of euery of theſe a handfull, beat them ſmall, and put them into the aforeſaid ſtuffe, and ſœthe it ouer a fire of coales in a pan of two gallons: and (at your owne perill, ſée that the flame touch not the ſtuffe) let it ſœthe very well, and then take it off, and let it ſtand vntill it be almoſt cold, then ſtrain it thorow a coorſe linnen cloth, (but not the bottome of the ſaid liquor) then put it into a glaſſe, and ſo kéep it, and when you are pained, anoint the place often where your griefe commonly vſeth.

Chap. XXVIII.

A ſoueraigne oyntment for any manner of Ache or ſwelling.

TAke two pound of Boares-greaſe, one pound of freſh Butter, and a good quantity of Smalledge and Mallowes, and a good quantity of Neats-foot oyle, then take them and ſtamp them very well together, then frie them, and ſtraine them in an earthen veſſell that is cleane, and when the patient will vſe it, let him anoint himſelfe therewith before a good fire, but let him take héed that he doe not take cold vpon it.

Chap. XXIX.

Another Medicine for an Ache.

TAke a good quantitie of Smalledge, and put thereto ſome Aquauitæ, then ſtraine it, and put thereto a good quantitie of Boares-greaſe, and temper them very well together, and let the patient be anointed therewith both morning and euening before the fire, for the ſpace of fiue or ſix dayes together, if the paine doe continue ſo long. This hath been well proued.

AGVES.

AGVES.

Chap. XXX.

A very good Medicine for an Ague.

TAke of red Sage, Smallage, Ground Iuie, Bay-salt, Plantine-leaues, and grœn Grasse, of each of them a good handfull, and put therein a little Rose-vineger, for to make it moist, and with a linnen cloth binde it somewhat hard to both the wrists of the patient, and so let it remaine for the space of two dayes and two nights together: and then apply another in the same sort, and so let it be done for the space of ten dayes together, and (by Gods grace) it will spœdily helpe him. This hath beene truly proued.

Chap. XXXI.

Another for the same.

TAke the Grease or Fat that is vnder the manes of horses, and melt the same in a new earthen pot, and strain it into a gally pot or some such thing, and when the patient fœleth the Ague comming, let the Chine of his backe be anointed therewith, and within nine daies he shalbe whole, kœping in the meane space a reasonable diet.

Chap. XXXII.

Another for the same.

TAke the Yolke of an Egge, and put thereto a good quantitie of grosse beaten Pepper, and two spoonefulls of

of Aqua vitæ, and drinke it cold, and after you haue taken this drinke, walke for the ſpace of an houre, and forbeare other drinkes as much as poſſible you may.

Chap. XXXIII.

A very good Medicine for an Ague.

Take a handfull of Harts-horne, that groweth in the field, and a handfull of Bay-ſalt, and beat them both together in a morter, and lay this to your wriſts, and this will helpe you.

Chap. XXXIV.

Another for the ſame.

Take Bay-ſalt, Smallage, White Frankincenſe and Plantane-leaues, of each of them a handfull, and beat them in a morter vntill they be very ſmall, then take them and diuide them into foure parts, and then lay two parts thereof vnto your wriſts, and the other two parts to the bowghts of your armes: and an houre before your fit doth come, then take a quart of ſtale Ale, adde to this Ale fiue Bay-leaues, and fiue tops of Roſemary, and ſæthe it from a quart to a pint, and continually as any froth doth ariſe, ſcumme it off, then put into it a cruſt of white Bread, and let it ſæthe in the Ale, and when you perceiue your fit comming, drinke it warme, and eat the cruſt: you muſt vſe this drink during all the time of your ſickneſſe, for it is very wholſome and good.

Chap. XXXV.

An exceeding good Medicine for a Quotidian Ague.

Take three pints of Ale, Bay leaues, and Red Sage, of each of them a good handfull, fine Sugar three ounces, and a ſpoonfull of Pepper; ſæthe all theſe together in the Ale, from the quantity aforeſaid, till it come to a pint, then take it and ſtraine it through a fine cloth, and let the Patient drinke a good draught of it as hot as he may abide to drink it, a little before his fit commeth, and then let him walk a good while after it.

Chap.

Chap. XXXVI.
Another for the ſame.

TAke a pint of Malmeſey, and a handful of May-weed, bruiſe the May-weede, and put the iuice thereof into the Malmeſey, and let the Patient drinke thereof as often as he ſhall thinke good, and this will helpe him.

Chap. XXXVII.
Another for the ſame.

TAke a good quantitie of the blades of Daffadillies, and bruſe them, and ſæthe them in a pint of Ale or Wine, and put into it a ſpoonefull of Graines bruſed, with halfe an ounce of Treacle, and let the Patient drinke thereof, halfe an houre before his fit doth come, and this will helpe him.

Chap. XXXVIII.
A very good drinke for an Ague.

TAke three quarts of faire Running water, and put it into an earthen pot, and put thereto a good handfull of Violet-leaues, and flowers, boile them for the ſpace of a quarter of an houre together; then take it off the fire, and put thereto a ſawcerfull of Wheaten Branne, and couer the pot a good while: then ſtraine it thorow a fine linnen cloth, and when it is cold, put thereto a good quantitie of fine Sugar, then let the partie grieued drinke thereof, both morning and euening faſting: alſo let him, before he eat any meat in the morning, eat ſix or ſeuen Dameſins, (if they may be gotten) and at night let him eat roaſted apples with Sugar, and at dinner let him drinke White wine, with the water aboue-ſaid mixed. This hath beene truely proued.

Chap. XL.
Another for the ſame.

TAke a quart of new Milke, as new as you can get it from the Cow, and ſæthe it, and when it doth ſæthe, put

put into it a good lumpe of Roch Allome, and ſtirre it vntill it haue a good curd on it, and when it is very well curded, ſcumme off the curd cleane, and when you haue ſo done, then take the ſame drinke and drinke it, as often as you thinke conuenient, and as hot as it may poſſibly be ſuffered, and then put away the curds, for it is not good.

CHAP. XLI.

An excellent Medicine for an Ague.

TAke Bur-roots, and Red-nettle-crops, and ſæthe them in ſtale Ale, adde to this poſſet Ale the powder of thræe Bay-berries, and clarifie it, then couer the patient warme, let him ſweat, and giue him thereof to drinke, about ſuch time as the cold fit beginneth to come, and after the heat is paſt, when you ſée that he beginneth to ſweat, giue him Poſſet-ale to drinke, made with Marigolds and Fennell, but ſée that the Poſſet-ale be well clarified: vſe this Medicine, for it will take away the Ague within thræe or foure fits at the vttermoſt.

CHAP. XLII.

A Medicine to take away the extreme heat or burning of any Ague.

TAke Nettles, Cobwebs, and Salt, with the powder of Glaſſe, and beat them together in a wodden diſh, and lay it to the left arme of the ſicke perſon, and it will take away the heat of the Ague.

CHAP. XLIII.

Another for the ſame.

TAke a Toſte of Bread, and ſpread it ouer with Treacle, and let the Patient eat it before the fit commeth, at the leaſt thræe ſeuerall times, for the ſpace of thræe dayes. Probatum eſt. Per Gulielmum Lenthel, Oxon. Armig.

CHAP.

Chap. XLIV.

Another present remedie for an Ague.

Take two ounces of Bay-ſalt, two ounces of Frankincenſe, and a handfull of Smallage, beat them together, and lay them to the wriſts of both your hands, and to the bowghts of your armes, let this be done two houres before the fit doth come: Prob. eſt.

Chap. XLV.

Another for the ſame.

Take two or three cloues of Garlicke, and bruſe them, and a peniworth of Aqua vitæ, halfe a pint of Ale, and halfe a ſpooneſull of Treacle, ſeethe them all together, and drinke it as hot as you may ſuffer to drinke it, a little before the fit commeth.

Chap. XLVI.

Another for the ſame.

Take Soote, Yolkes of Egges, Bay-ſalt, and Pepper, and mingle them together, and lay it to the wriſts of the Patient, doe this twice a day for the ſpace of three or foure dayes, and it will take away the Ague. For this hath beene often proued.

Chap. XLVII.

An approued Medicine for a burning Ague.

Take a handfull of Strawberry-leaues, and a handfull of Violet-leaues, ſix handfull of Borage-leaues, a handfull of Sorrell-leaues, and ſo ſtampe them and drinke them in Poſſet Ale, as hot as you may ſuffer it when your fit is vpon you. This hath beene truly proued to helpe many.

Chap. XLVIII.

Another for the ſame.

Take the quantitie of a quart of Running-water, and halfe a dozen of Oringes, and then pill away both the

vpper

vpper rinde, and the white skin, and picke out the kernels of them, and slice them; adde to this Violet-leaues and Borage, with Sorrell and Lettis, of each an handfull: then take them and stirre them well, and seethe them in the said water vntill the said water be consumed halfe away, then take the quantity of foure ounces of Sugar, and boile it a little spacetherin, and when you perceiue that it is sodden enough, straine it, and when it is cold, drinke it, and so vse it for the space of three dayes, and if need require, vse it oftner; but if your burning be vehement, when your stomack will serue, stampe some Sorrell, and eat the iuyce thereof with your meat, this doe and it will helpe you.

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CHAP. XLIX.

Another for the same.

TAke Smallage, Shepherds-purse, and Liuerwort, of euery of them a like quantitie, Bay-salt and Frankincense as much as you shall thinke needfull; beat all these together, and lay it vpon a linnen cloth, and binde it to the inside of the wrists of both your armes; vse this for the space of nine dayes together, and it will helpe this disease, for it hath been often proued.

CHAP. L.

An excellent remedie for a Quotidian Ague.

TAke a quart of stale Ale, a handfull or somewhat more of red Sage, three Bay-leaues, a penniworth of fine beaten Pepper; take and boile these all together, from a quart to a pint, and when it is sod, clarifie and straine it, and halfe an houre before the fit commeth, drinke a good draught thereof, and walke thereon, and it will presently helpe him. This hath beene often proued.

CHAP. LI.

Another for the same.

TAke Fetherfew and Smallage, of either of them to the quantity of a good handfull, adde hereto the powder of

three Bay-berries, stampe them all together in a morter, vntill such time as they are beaten very small, and straine them: then take halfe as much as the iuice of the same is of small Ale, and mingle them together: and then let the Patient drinke the same warme, a little before such time as the fit doth come (that is to say) when hee perceiueth any grudging vpon him. This must be vsed three or foure seuerall times at the least, and let the Patient goe to bed, and haue as many cloaths laid vpon him, as hee is able to beare or suffer, and so let him be continually kept vntill his fit be ouer-past, and thus in three or foure times doing, hee shall be holpen by Gods help: This hath beene well proued.

Chap. LII.

A very good drinke to be vsed for any manner of Ague.

TAke a quart of Ale that is not ouer-strong, and boile therein a good quantity of Centory, and let the Patient drinke it luke-warme.

Chap. LIII.

An excellent Medicine for an Ague, or for any burning Feuer, be it neuer so vehement.

TAke two handfulls of Plantane, and as much Ryb-leafe, (which leafe is like vnto a Plantane-leafe, but it is somewhat longer, and it groweth vpon the high-wayes as the other doth,) And a pottle of running Water, (but it must be taken vp against the streame) and two penniworth of Liquorice fine scraped, and boile them together, vntill the liquor be come to the quantity of a pint, then take it off and straine it: Then put into it as much Suger Candy, as you thinke fit to sweeten it withall, and then straine it, and so giue the same liquor to the Patient to drinke at all times, but he must refuse all other drinke as neere as he can: and this helpeth without all doubt. This hath holpen many that haue beene at the point of death, and as it hath beene sufficiently proued, haue beene thought to be past all cure.

Chap.

Chap. LIV.

An approued Medicine for a Tertian Ague.

TAke of Dragon-water, and Aquacompoſita, to the quantitie of a quarter of a pint, of either of them, and put thereto a peniworth of Ieane Treacle, and groſſe Pepper halfe a dram, warme all theſe together, and be ſtill ſtirring it with a knife, or elſe with ſome other inſtrument, and giue it to the Patient to drinke, as hot as he may poſſibly ſuffer to take it, a little before the fit commeth, and let him lie in his bed and ſweat very well. This hath holpen many.

Chap. LV.

Another for the ſame.

TAke nine leaues of ſtocke Gilly-flowers, and fiue or ſix crops of Roſemary, and ſtampe them all together, and take the iuice thereof, and drinke it in Ale luke-warme, a little before ſuch time as the fit doth come.

Chap. LVI.

An excellent remedie for a quartane Ague.

TAke an Oxe-gall, and as much Aquacompoſita, and put thereto a quarter of an ounce of Pepper, bruſed but a very little: and put thereto two peniworth of Treacle, and anoint the hands, ſtomacke and wriſts, with the aforeſaid things, being all mingled together, halfe an houre before the fit commeth, but let it be laid to as hot as the Patient may ſuffer it, and let him ſweat well vpon it, and this will ſpeedily helpe him. Probatum eſt.

Chap. LVII.

Another for the ſame.

TAke Snailes, which be in ſhells, to the quantitie of two handfulls, Bay-ſalt and Mallowes, of each of them an handfull; beat all theſe together, and lay it to the ſoles or bottomes of your feet, and to the wriſts of the hands before the fit commeth.

Chap. LVIII.

Another preſent remedie for a Quartane Ague, and for the drought that commeth thereof.

TAke red Wine, and new Milke, of a Cow that is all of one colour, of each of them a pottle; then take three or foure handfulls of Mouſe-eare, of Lettis and Strawberry-leaues, of each two handfulls, well picked and waſhed, ſtrip them into the Wine and Milke, and temper them all together, and let them ſtand ſo, for the ſpace of one night, and then put them into a faire Still, and ſo diſtill them with a ſoft fire; then take the Water and put it into a Glaſſe, and ſet it where it may ſtand in the Sunne, for the ſpace of fiue dayes, and let the Patient, when he is drie in his Ague, drinke thereof three or foure times, and he ſhall be rid of his Ague, and this drinke will quench his thirſt if he be neuer ſo drie.

Chap. LIX.

A very good Medicine for an Ague.

TAke a ſpoonefull of greene Glaſſe beaten to powder, and three ſpoonefulls of Stone-honey, a handfull of red Sage, mingle theſe with a head of Garlick, and put thereto as many Cobwebs as will temper the ſame, and let it be in bigneſſe to the quantity of an Egge, ſhell and all, and then take the aforeſaid things and binde them about both the wriſts of the Patient, and this will helpe him. Prob. eſt.

Chap. LX.

A remedy to take away a drought in an Ague.

TAke Sorrell and Burrage, of each of them a like quantity, and a certaine quantity of Strawberry-leaues, and Violet-leaues, boile them all together in a pottle of very faire running Water, vntill it be conſumed from a pottle to a quart; then take the herbs and ſtraine them, and take halfe a pound of good Almonds, and blaunch them, and beat and ſtraine them with the ſaid Water, and put Suger therein,

therein, and drinke it warme, doe this for the ſpace of fiue or ſix dayes, and it will helpe him.

Chap. LXI.

An excellent rule to be obſerued in the making of drinke and pottage, for them that are infected with any Ague.

TAke Bugloſſe, Burrage, Endiue, Fennell-roots, red Sage, Lettice, Pruines, Parſly-roots, great Reiſins, Sinkfoile, Sorrell and Succory, of each of them a like quantitie, and put all theſe into the pottage, and likewiſe in Poſſet-ale, and Allom-milke, and this is very good.

Chap. LXII.

A very good remedie againſt corrupt ayres, wherein the Agues are firſt ingendred and gotten.

TAke Betony, Centory and Egrimony, of each of them one handfull, then take them, and ſtampe them and ſtraine them with Ale, and with a Liquorice ſticke bruiſed, Treacle one ſpoonefull, and then boile it, and clariſie it very well, and make it pleaſant with Suger, and drinke thereof, euery morning luke-warme three ſpoonefuls for the ſpace of three or foure dayes, and it will preſerue one from all corrupt ayres and infection.

Chap. LXIII.

Another Medicine againſt an hot burning Feuer.

TAke a good handfull of Bay-leaues, an handfull and more of red Sage, and ſeethe them both together in a pottle of ſtale Ale, and let it boile vntill ſuch time as the one halfe be conſumed away, then ſtraine it, and let the patient, being in bed, drinke a good draught thereof, (the ſame being warme) and a little Suger put therein to make it ſweet, and let the Patient take it an houre before ſuch time as his fit doth come. Probatum eſt.

Chap. LXIV.

Another Medicine against an hot burning Feuer.

TAke a pottle of ſtale Ale, and the bottome or lower cruſt of a white Loafe, and a handfull of Sinke-foyle, a handfull of Camomill, of Treacle and Vineger, each of them a ſpoonefull, a few whole Maces, Suger-candie, as much as you ſhall think good, and ſœthe theſe together, vntill ſuch time as the one halfe be conſumed: then ſtraine it from the herbs, and giue it the partie grieued to drinke, and let him drinke none other drinke during his heat, and giue vnto him as much thereof, as he will, and it helpeth him. This hath beene proued.

Chap. LXV.

A Medicine for the cold in a Feuer.

TAke Camomill and Worme-wood, of each of them a handfull, and fiue Bay-leaues, ſœthe them in a quart of Ale, and let it ſœthe vntill it be halfe conſumed: then ſtraine it, and giue it to the Patient to drinke firſt and laſt, and this helpeth: for it hath beene proued.

Chap. LXVI.

An excellent good Medicine for an Ague.

TAke the iuice of Tanſie, and mingle it with the oyle of Roſes, and a little before the fit commeth, let the Patient be anointed therewith, and it will quite expell the Ague. Probatum eſt.

Chap. LXVII.

Another for the ſame.

TAke Liuerwort and ſtampe it, and let the patient take of the iuice thereof, and drinke it in ſome Poſſet-ale, and it wil both rid him of the Ague, and alſo cole the inflamation of the Liuer, and it is alſo good againſt all hot Feuers.

Alſo

Alſo the Syrup of Violets is good againſt all inflamations of the Lungs and Breſt, and againſt the Pluriſie and Drought, and alſo againſt all Agues and Feuers, and eſpecially in young children.

Chap. LXVIII.

Another for the ſame.

TAke a good quantitie of ſmall Daiſies, and boile them in a little faire running Water, and ſtraine them, and let the Patient drinke the iuice thereof, and it will both coole the heat of the Liuer, and cure him of the Ague.

Chap. LXIX.

Another for the ſame.

TAke the iuice of Barberries, and drinke it with Poſſet-ale, and it helpeth.

Chap. LXX.

Another for the ſame.

TAke Hurtle-berries, (otherwiſe called Black-berries) and eat them with Suger, and this will take away the inward heat or drought in an Ague: alſo the rinde of Lemmons is good to coole the heat in an Ague.

Likewiſe the iuice of a Pomegranet is good to coole the heat in an Ague.

Chap. LXXI.

Another good Medicine to cure the burning Feuer.

TAke the greene leaues of Barberries, and make a Sawce thereof (as it were with Sorrell) and let the patient eat it with his meat, and this will helpe him. Probatum eſt.

CHAP. LXXII.

Another for the ſame.

TAke a few of the Rootes of Pelitory of Spaine, and grate them, and put the powder thereof into a little Poſſet-ale, and let the Patient drinke it, and it will helpe him.

Chap. LXXIII.

A very good water for an Ague.

TAke Sowthiſtle and diſtill it, and halfe an houre before that the fit commeth, let the Patient drinke the quantitie of halfe a pint thereof, and this will preſently expell the Ague, and take away the drought; and let him vſe this three or foure times, and it will helpe him, for it hath holpen many, after that other Medicines haue beene experienced, and failed in the helping of them. Probatum eſt per W. B.

Chap. LXXIV.

Another preſent remedy for an Ague.

TAke a pretty quantity of good Wine-vineger, and put two new laid Egs therein, and let them remaine there for the ſpace of foure and twenty houres: and then beat them very ſmall together, and then ſtraine the ſame thorow a cleane linnen cloth, and giue the Patient a good draught thereof, a little before his fit commeth, and looke that he be kept very warme in his bed after it, and this will helpe him, Prob. eſt.

Chap. LXXV.

An approued Medicine for an Ague.

TAke a Herring that is well pickled, and ſplit it on the belly ſide, and warme the ſame very hot, and lay it to both the ſoles of the feet of the partie grieued, and this will helpe immediately, be it either Quotidian, Tertian, or, &c.

Chap. LXXVI.

Another for the ſame.

TAke Redroſe-water, Venice Turpentine, and Frankincenſe, of each of them two pennieworth, and mingle them well together: then take a peece of white leather, and ſpread the ſame plaiſter-wiſe thereupon: (that done) lay the ſame to both the wriſts of the partie grieued, and let the ſame remaine there vntill it fall off, of it ſelfe.

This

This hath holpen many that haue beene troubled two yeeres therewith, hauing taken the diſeaſe in forraigne Countries.

Laſtly, if you will take the quantitie of a ſpoonefull of the powder of greene Glaſſe, finely beaten and ſearſed, and three ſpoonefuls of Stone-honey, with an handfull of red Sage; mingle all theſe with a head of Garlick beaten ſmall, and as many Cobwebs as will temper the ſame, being an Egge-ſhell-full, then take the ſame, and lay it vpon a cloth, and wrap it about the wriſts of the party grieued, a quarter of an houre before the fit commeth, and it helpeth.

BACKE.

Chap. LXXVII.

An approued Medicine to coole the extreme heat in the Backe: and alſo to cure the diſeaſe called *Gomorhaa Paſſio.*

TAke Water-creſſets and Columbines, of each of them a good quantitie, and ſeethe them in Cow-milke, and if it be for a man, then let it be the Female-creſſet, and if it be for a woman, then take the Male-creſſet; and when the herbs are well boiled in Milke, then take it from the fire, and let the Patient eat thereof, with a little white Bread therein, and let him drink it both morning and euening, for a certaine ſpace, and by Gods grace it will helpe him. Probatum eſt.

Chap.

Chap. LXXVIII.

A soueraigne Medicine for the weaknesse of the Backe.

Take Daisie-roots, Plantane, Bursa pastoris, Centumnodi, cups of Acornes, of each of them a handful, and as much Bole-armoniake, and the powder of Harts-horne; then take a Buck-Coney that is fat, and boile all these in white Wine and Water, and let the Water and Wine be of equall portions, and let them boile vntill the flesh of the Coney be separate from the bones: then take the Coney and the other stuffe out of the broth, and straine the broth into a cleane vessell, and let it stand vntill it be turned to a Jelly, and when you are in your bed, cause your backe to be anointed therewith, by a chafingdish of coales, for the space of three nights together, and lay a linnen cloth warme thereon, (but in any wise take heed that you chase not your backe ouer-much) and this will helpe you. Prob. est.

Chap. LXXIX.

Another for the same.

Take foure or fiue Cap Dates, and pele them very cleane, and let them be stamped small in a Morter, and put to them the yolke of a new laid Egge, a little Nutmeg grated, and the quantitie of a quarter of a pint of Muscadell, and let the Patient drinke thereof both morning and euening, and it will helpe him.

Chap. LXXX.

A present remedie for a heat and paine in the Backe.

Take Rose-leaues, and Rose-water, of each of them a like quantity, and put thereto as much Saunders as you shall thinke good, and let them be steeped in your Rose-water, for the space of foure and twenty houres, then wash your Backe as often as you can conueniently euery day, for the space of six or seuen dates, and this will both asswage the paine, and take away the heat, and much comfort the Reines.

Chap.

Chap. LXXXI.

Another Medicine for the paine in the Backe.

TAke Sage, Roſemary, Camomill, and Maudlyn, of each of theſe a handfull: then ſtampe them all together in a mozter, oz other ſtone veſſell, and let it be fryed with May-butter, and anoint your backe with it warme, but in any caſe beware of taking cold thereon.

Chap. LXXXII.

A Medicine to cleanſe the Back and purge the Reines.

TAke two Parſly-roots, and picke out the piths of them, and a Fennell-root, and put to it Pellitory of the wall, and waſh them cleane, and boile them in Poſſet-ale, and drinke thereof when you goe to bed, and as often as you ſhall thinke good, and euery night doe the like.

A good Medicine for the Reines of the Backe, and to ſtay Gomoria.

TAke halfe an ounce of Venice Turpentine, and let it be very well waſhed in Plantane-water, oz in Roſe-water, and then mixe it with fine white Suger, and Sinnamon powdzed, and make thereof foure oz fiue balls, of the which you muſt eat thzee in a mozning faſting, and daily dzinke a little Alegant oz red Wine immediatly after.

Chap. LXXXIV.

An excellent good Medicine for the weakneſſe in the Backe, and alſo to reſtore nature.

TAke a quart of Sacke, a top of Roſemary, Winter Succory, and Peniroyall, of each a like quantitie, Ginger and Nutmegs, as much as will burne the Wine; then take two new laid Egges, yolkes and all, and temper them with thzee oz foure ſpoonefulls of Red-roſe water, and put thereto a good piece of fine Suger, then take the burnt Sacke and burne it againe with the Egs, and put into it a little Mace, and

and it will be in manner of a Caudle, then put to it ſome Sallet Oyle, and mixe it with the burnt Sacke, and let the Patient drinke this thrice a day (that is to ſay) in the morning faſting, after dinner, and when he goeth to bed, and this will helpe him in ſhort ſpace: For it hath beene well proued.

Alſo, the yolke of an Egge new laid, with a little Manus Chriſti, the ſame being eaten in the morning faſting, reſtoreth nature, and ſtrengthneth the backe greatly.

Chap. LXXXV.

A very good Medicine to ſtrengthen the Backe.

TAke a quart of Ale, and three or foure whole Maces, and as many Dates, (the ſtones picked out, and the pith alſo) then take a good handfull of the tops of Roſemary, and let all theſe be boiled together, vntill it be conſumed from a quart to a pint, then take the Oyle of two or three new laid Egges; and take off the rinde that is about the yolkes, and then put the yolkes into the Ale, and boile them well together, and ſtirre them, and ſo let the Patient drink thereof, both morning and euening for the ſpace of fiue or ſix dayes together, and this will ſtrengthen his backe very much. Prob. eſt.

Chap. LXXXVI.

A very good Medicine for the heat of the Backe.

TAke Vnguentum frigidum Galleni three ounces, and ſpread it vpon a fine linnen cloth, (but you muſt firſt dip it in Red-Roſe-water) and warme it againſt the fire, and lay it vpon the Kidneyes, and when it waxeth hot, take it off, and lay it to another place, and thus ſhift it often.

Chap.

CHAP. LXXXVII.

Another good Medicine for to coole the heat of the Backe.

TAke the water of Plantane diſtilled, or elſe the iuyce thereof, and put thereto ſome of the ſame leaues, and the leaues of red Roſes diſtilled, and alſo of the water of red Roſes, and the water of Red-roſe vineger; then put all theſe together into an earthen pot, and put a fine linnen cloth into the water to ſteepe, and when it is well ſteeped, take it forth again, and then with a few leaues of a red Roſe Cake, lay it to the backe of the Patient, and when it wareth hot, vſe another cloth dipped therein, (as aforeſaid) and it will helpe him: This hath beene often vſed by *M. D. H.*

CHAP. LXXXVIII.

A good Medicine for one that hath a weake Backe.

TAke fiue or ſix crops of red Neepe, Clary one ounce, and two ſpoonefulls of Archangell-flowers, and ſhred them very fine: then take three or foure new laid Egs, and temper them all together; then take a little ſweet Butter, that is but little ſalted, and make three or foure Fritters, and let them be fried in ſome earthen pan, and let the Patient eat them without either bread or ſalt, but only with a little fine Suger ſtrewed vpon them. Probatum eſt.

CHAP. LXXXIX.

A good plaiſter to eaſe a paine or cricke in the Backe.

TAke white Archangell-flowers and leaues a good quantity, and of Comfrey-leaues and roots, one ounce of Plantane, and Burſa paſtoris one ounce, beat them all together very fine, and put vnto them a ſpoonefull of Honey, and a ſpoonfull of tried Mutton ſuet; and then frie them in a Frying-pan, and diuide it into foure parts, and make of euery part thereof a plaiſter, and ſo lay one of them on the backe of the patient, euery night when he goeth to bed, and by Gods grace it will ſpeedily helpe him.

CHAP.

Chap. XC.

A marueilous good oyntment for the heat of the Backe.

Take foure ounces of Vnguentum frigidum Galeni, and one ounce of the iuyce of Housleeke, three drammes of Mirtle, and as much of burned Lead, and one dramme of Camphire, halfe a dram of Red-Rose-leaues, and as much red Corrall, then according to arte make all these into an Oyntment in a morter of Lead or Stone, and let the Patient haue his Backe anointed therewith, and he shall finde much comfort thereby.

Chap. XCI.

An excellent good restoratiue for the backe.

Take a quart of stale Ale, halfe an handfull of Germander, an handfull of Clary, an handfull of vnset Hysop, an handfull of vnset Time, a branch of Rosemary, a good quantitie of English Saffron, a dish of swæt Butter, and a good peece of Suger; then boile all these together, vntill the one halfe be consumed, then straine it, and let the Patient take it both morning and euening, and it will helpe him.

Chap. XCII.

To comfort the Backe.

Make a Tansie of Clary, Egges, Nutmegs and Mace, eat of this euery morning to break-fast.

Chap. XCIII.

Another for the same.

Take a quart of Goats milke, if it may be gotten, if not, then take a quart of Red-cowes milke that is new, and a handfull of Oat-meale, and a good deale of the Pith of an Oxe backe, and stampe them together, and seethe them well: and when it is sodden, straine it thorow a fine linnen cloth, and let the Patient drinke it first and last, and it will helpe him. Probatum est. This is also good against a Consumption.

Chap.

Chap. XCIV.

A good Medicine for the weakneſſe of the Backe.

TAke a pint of Red-wine or Aligant, and put therein a good quantity of fine Suger, and Red-roſe water, Bugloſſe water, and Burrage water, of euery of them a good quantity, mingle them together, and let the patient drinke two or three good draughts thereof, and a little Diaſaturion: This is a very comfortable drinke to coole the ſtomacke and the Reines, and it will ſtrengthen the Backe wonderfull much.

Chap. XCV.

Another good remedie for the ſtrengthening of the Backe.

TAke the quantitie of a quart of the Pith of an Oxe backe, and a quart of Muskadine; and boile them together vntill they be thicke; then take the ſame and ſtraine it thorow a fine linnen cloth, and let the party grieued drinke the quantitie of fiue or ſix ſpoonefulls thereof at a time, euery morning faſting, for the ſpace of foure or fiue dayes together; and this will doe him exceeding much good. This hath beene often proued.

Chap. XCVI.

A Medicine for the heat of the Reines, and to auoid the bliſtring in the mouth.

TAke Liuerwort, Sorrell, Balme, Succory, Violets, and Lettice; of each of them one ounce, and ſæthe them in a quart of Whey, the ſame hauing beene well clarified, and let the patient drinke halfe a pint thereof at the leaſt euery morning. Prob. eſt.

Chap. XCVII.

A good Medicine for the Reines of the Backe.

TAke Caſſia Fiſtula, and drinke it in white Wine faſting, for the ſpace of nine dayes together, and it will doe him exceeding much good that will take it: For it hath beene proued.

Alſo

Alſo this being drunke with white Wine, and the iuyce of Parſley Roots; is a ſingular good preſeruatiue againſt the ſtone.

Chap. XCVIII.

A Preſent remedy to ſtay the running of the Reines.

TAke a good quantity of Otemeale, the ſeedes of Creſſes, Alkenet powder one dramme, and beat it very ſmall, and put it into a quart of new Milke, and ſeethe it, and put therein a good quantitie of Suger, and when it is well boiled, ſtraine it, and giue it to the Patient to eat, and it will helpe him. Probatum eſt.

Chap. XCIX.

Another for the ſame.

TAke Venice Turpentine, and waſh it cleane in theſe waters following (Viz.) in Plantane Water, in Red Roſe Water, and in waters of Liquorice, and when you haue waſht it very well, then take the Turpentine, and ſeethe it with as much white Maſticke, and when it is ſodden enough, it will breake to powder: (it is eaſily perceiued vpon a kniues point) then take halfe an ounce of Nutmegs beaten to powder, and put to it the like quantitie of the powder of Venice Turpentine, and halfe an ounce of white Suger, and mingle them together; then let the patient eat of the ſame powder with an Egge or two, (reare rolled) that they may be ſupped off, and let him eat nothing for the ſpace of an houre after: But if he eat two or three of theſe Egges euery morning ſo dreſt, it will be the better, vntill it be whole, and alſo let him drinke halfe an ounce of Red-roſe-water, and halfe an ounce of Plantane water, after ſuch time as he hath eaten his laſt Egge.

Note, that he muſt vſe to eat two of theſe Egges aforeſaid, in his bed before he riſe in the morning, and the three one houre after he is riſen vp, and after the ſpace of one houre more, he muſt in like ſort drink the water aboueſaid, and walke a good while after it.

Chap.

Chap. C.
Another for the ſame.

TAke a quantity of the ſtones and the roots of Stock-flowers, (*viz.*) Diaſaturion, and the roots that lye like Beads in barren grounds, and preſerue them as you doe Cherries or other things: then make a Caudle of Muſcadine, and boile the ſame roots therein, with a Nutmeg grated, and a little white Maſticke: then let the partie grieued eat of the roots, and alſo drinke of the Caudle aforeſaid, and this will preſently helpe him.

Chap. CI.
Another for the ſame.

TAke two new-laid Egges, and put away the whites of them, as cleane as may be, and ſet them in the fire vntill they be blood-warme; then take halfe a Nutmeg, and a good peece of Sugar-candie, and a prety quantitie of Currell finely beaten to powder, then take a little Synnamon and Amber, of each of them a like quantity, and mix them altogether, and put them into the Egge, and let the Patient ſup it off, or elſe let him toſſe a peece or two of fine White Bread, and powre the yolkes of the Egges thereon, and then ſtrew the aforeſaid powder vpon it, and ſo eat it, and this will preſently helpe him. Probatum eſt.

Chap. CII.
Another excellent good remedie for the running of the Reines.

TAke three kernels of Fiſticke Nuts, which are not old, a dram of cleere Maſticke, a dram of Myrrh, and three ſcruples of Camphire, of the cups of Acrons, and yellow Amber, of each of them a like quantity, then take a pretie quantitie of Venice Turpentine, and waſh it cleane in Plantane water, and temper it with the aforeſaid things, and with the yolke of an Egge that is reare rosted: and ſo let the

Patient eat it fasting. But if the cause be hot, then take three drams of Bole Armoniacke, and put thereto. Probatum est.

Chap. CIII.

Another for the same.

Take May-weed, Plantane, Neepe, Clary, Balme, Bursa pastoris, and Daisie-roots, of each of them a good handfull, and boile them all in a quart of pure Malmesey, and boile it till the one halfe be consumed, then straine it, and let the Patient drinke thereof both morning and euening, and this will stay the running of the Reines, although the Patient hath bene long troubled. This hath beene often proued. *D. L.*

Chap. CIV.

Another for the same.

Take a good quantitie of Venice Turpentine, and a Nutmeg or two beaten small, and a good quantity of Synnamon ground to powder: then take fiue or six Date-stones and Medler-stones, and grinde them vntill they be come to fine powder, and then mix them all together, and make them into bullets, (pellet-like) and wrap it in white Suger, and let the Patient swallow downe three or foure of these Pellets euery morning fasting for the space of eight or nine dayes together, and let him walke halfe an houre (after he hath taken it) before he doe eat or drink, and this will speedily helpe him. Probatum est.

Chap. CV.

Another speciall good Medicine for the running of the Reines.

Take a shiue of fine Manchet-bread, and toste it brownе on both sides; then take two new laid Egges, and diuide the whites from the yolkes as cleane as you can, and then spread the yolkes vpon the bread, and put therein two penniworth of white Suger-candy, beaten to fine powder, the powder

powder of Alkenet halfe a dram; and let the Patient eat this euery morning fasting: and let him fast an houre or two after he hath eaten it, and let him vse this six or seuen dayes together. This hath holpen them that haue bene grieued therewith seuen yeres before. Probatum est, per M. Iames.

CHAP. CVI.

Another for the same.

TAke Amber, Nutmegs, Suger-candie, and Currall, of each of them as equall portions as you can, and beat them all into a very fine powder, and put thereto a little grated Synnamon, and mingle them all well together, and straw the same powder vpon a toste of fine Manchet, (being tosted browne on both sides thereof, as aforesaid) spred with the yolke of an Egge, and let the patient eat the same fasting; and so let him vse it fiue or six dayes together, and doubtlesse (by Gods helpe) this will cure him.

CHAP. CVII.

An excellent good water to wash the Yard of one that hath lately had the running of the Reines, and hath beene cured thereof.

TAke the leaues of Daisies, Woodbind and Plantane, of each of them three good handfulls, a good quantity of English Honey, and as much Roch Allom as a Walnut, and put to them a quart of faire running Water, and halfe a pint of Red-rose water, and boile all these together in some Earthen vessell (close couered) for the space of halfe an houre, and then straine it thorow a fine linnen cloth, and when you will vse it, take a small Searinge, and squirt some of the same water, (luke-warme) into your Yard, and let the pipe of your squirt be put into it, an inch or somewhat more, and let it be strongly spouted vp, whereby the water may goe beyond the sore place, and so vse it euery day three times, for the space of a whole moneth at the least, and this

will make it ſound for euer after, from this diſeaſe: For it hath beene truly proued.

Chap. CVIII.

Another eaſie Medicine to helpe the running of the Reines, and alſo to ſcowre the Yard after it.

TAke a prety quantity of Plantane water, and Woodbinde-water, and mingle them both together, and with a Searinge ſquirt the ſame water (luke-warme) into the Yard of the party grieued, as aforeſaid, both morning and euening for the ſpace of one and twenty dayes, and it will helpe him without all doubt. Probatum eſt.

Chap. CIX.

A ſpeedie remedie for the ſwelling of the Yard.

TAke Egrimonie water diſtilled, and put thereto a prettie quantity of Roch Allom, and ſet them ouer the fire till they doe almoſt boile; then take a fine linnen cloth, and anoint or waſh the Yard vnder the ſkin with the ſame water, being well warmed, it will allwage the paine of the Yard, and of the Cods, if they be often waſhed with the ſame: Alſo incarnate the ſkinne of the Yard within. Take Femitory-water, and ſteepe ſome Liquorice pared, therein, one night; and then put ſome of the ſame water into the Yard, either with a Spunge, or with a fine linnen cloth, tent-wiſe, and this helpeth. Prob. eſt.

BELLY.

BELLY.

Chap. CX.

A very good Medicine to eaſe the paine or griping in the Belly.

TAke a handfull of Southernwood, made hot betweene two tyles, and lay it right againſt the place (on the contrary ſide) where the paine is, and it will vtterly expell it. Alſo, if it be laid to the Nauill of any one that is much grieued therewith, it will ſpeedily take the paine quite away. This hath holpen many that haue beene greatly pained therewith.

Chap. CXI.

Another for the ſame.

TAke two handfulls of Wheat Bran, one handfull of Camomill, and boile it in Wine-vineger; then take the ſame and lay it plaiſter-wiſe to the left ſide of the party grieued, as hot as poſſibly it may be ſuffered, and this will preſently helpe him. Probatum eſt. This is alſo good againſt the Mother.

Chap. CXII.

A good Medicine for one that is hard bound in the Belly.

TAke a Chicken, and a prettie quantity of Cassia fistula, and sœthe them together in faire running Water, and let the Patient drinke the broth, and it will immediately procure loseneſſe of the body without paine.

Chap. CXIII.

Another for the same.

TAke an Onion, and make a hole therein, and fill it with pure Honey, with a little of the pulpe of Colloquintida, and roast it, and lay it to the Nauill of the party grieued, and it will helpe him.

Chap. CXIV.

Another for the same.

TAke the iuyce of Southernwood, and anoint the belly of the Patient well therewith, and it will losen the Belly very gently. Probatum est.

Chap. CXV.

An excellent good medicine to keepe ones body loose.

TAke the quantity of a Hazell Nut of Alloes cicatrina, (or as much therof as well agrœth with thy body) and bruse it very small, with eight or nine Reisins of the sunne (the stones cleane picked out of them) and then make as many little Pills or balls thereof, as the partie may conueniently swallow downe at once: and so let him take them in the morning fasting. Likewise, let him at his going to bed, eat a roasted Apple with a little Butter and Ginger mixt, and this will helpe him very soluble. Probatum est.

Chap.

CERTAINE PVRGING Powders, and purging Potions.

CHAP. CXVI.

A purging Powder.

TAke some Alexandria and white Tartar, of each one ounce, Cloue-gylliflowers, Synnamon, Galingale, of each one dram, Diadegredij two drams, powder these fine and searse them; take one dram hereof in Succory water, or Whey of Milke; this purgeth gently.

CHAP. CXVII.

Another purging Powder.

TAke good Mechoacan two ounces, Gentian one dramme, Diadegredij twelue graines, Synnamon two drammes and two scruples; make this in fine powder, the dose is one dram in any the liquors aforesaid.

CHAP. CXVIII.

Another purging Powder.

TAke Turbith two ounces and a halfe, Diadegredij, Hermodats, Rose-leaues, of each ten drammes, Cloue-gylliflowers, Saffron, Sassifras, Stone-parsley, Long-pepper, Fenill-seed, Mace, Agaricke, Saltgem, of each two drammes, made in fine powder; infuse one dram hereof all night in Succory water, take it warme.

Chap. CXIX.

A purging potion.

TAke Rubarbe thin sliced one dram and a halfe, Manna one ounce; infuse them all night in warme Succory water, straine them hard the next day, commix with the liquor one ounce or two of Syrrup of Roses; drinke this, it is an excellent Potion.

Chap. CXX.

A singular good Medicine to stop a Laske.

TAke a good quantity of the Fruit of White-thorne, (when it is ripe in September) and picke out all the core or stones (as cleane as may be) from them, and then bruse the same into powder, and let the patient eat it in a little thin broth (made of Mutton or Veale) and it will stay the Laske.

Chap. CXXI.

Another approued Medicine for a Laske, or looseneſſe of the Belly.

TAke a pretty quantity of Aqua-compoſita, and a new-laid Egge, and boile the Aqua-compoſita with the Egge, vntill such time as it be drie: Then take Suger and Synnamon, of each of them a like quantity, and beat them to powder: and mingle them together, and let the partie grieued eat the same with the Egge, and this will speedily helpe him. Probatum eſt.

Chap. CXXII.

Another good and easie Medicine to stop a Laske.

TAke as much Alkenet powder as will colour a good draught of Aqua vitæ, and temper the powder and the Aqua

Aqua vitæ together, and let the Patient vſe this, and this will ſtay the Laſke immediately. Probatum eſt.

CHAP. CXXIII.

A perfect Medicine to purge children that are hard bound in their bellies: and alſo to kill the Wormes in their bodies.

TAke one ſcruple of the pulpe of Colloquintida, and infuſe the ſame in pure Sallet-oyle, for the ſpace of foure and twenty houres, or elſe infuſe two ſcruples of Alloes cicatrina pounded, in warme Sallet-oyle: And when you will vſe the ſame, anoint the childes Nauill that is grieued, ouer-night when he goeth to bed, with either of theſe, and the ſame will giue him two or three ſtooles; and it will alſo kill the Wormes in the body.

But if the childe haue Wormes in the ſtomacke, then anoint the region of the ſtomacke therewith, as aforeſaid, and it will helpe him.

BILES,

BILES,

Fellins, and Vcomes.

Chap. CXXIV.

A Very good Medicine for any manner of Bile, Fellin, or Vncome.

TAke Smallage, Rue, and Red Sage, of each of them one handfull, a peece of Wheaten Leauen, and a good quantity of the Grounes of ſtrong Ale, and boile them all together, and make a plaiſter thereof, and apply it often to the place grieued, and this will preſently helpe him: This hath holpen them that were in great ieopardie to haue loſt a ioynt thereby.

Chap. CXXV.

Another for the ſame.

TAke red Sage and Rue, of each of them a like quantity, and chop them very ſmall: then take Grounes of ſtrong Ale, and a good peece of browne Leauen, and a fewe crums of browne Bread, and mingle them all together, and ſeethe them in ſome earthen veſſell, vntill it be thicke, and make a plaiſter thereof, and lay it warme to the ſore place, and you ſhall finde maruellous great eaſe thereby.

Chap.

CHAP. CXXVI.
Another for the ſame.

TAke a good quantity of ſolwe Leaues, and crum it ſmall into a Pipkin, or elſe into ſome other earthen veſſell, and halfe a peny-diſh of ſweet Butter, and fiue or ſix ſpoone-fulls of Roſe-vineger (the leaues and all) and boile them all together, and make a plaiſter thereof, and lay it to the ſore as hot as it may be ſuffered, and it will ſpeedily cure it.

CHAP. CXXVII.
Another for the ſame.

TAke twenty garden Snales, and beat them (ſhelles and all) in a morter, vntill you perceiue them to be come to a ſalue: then ſpread a little thereof vpon a linnen cloth, and lay it to the place grieued, and when one plaiſter is drie, then take that off, and put on another, and vſe it often, and it will kill the Fellin: and alſo it will both heale the ſore place, and draw it. This hath beene truly proued.

CHAP. CXXVIII.
Another for the ſame.

TAke Rue, (otherwiſe called Herbe-grace, and let it be gathered in March) and white Worts, of each of them a good quantity, and beat them very well together: then take ruſtie Bacon, and ſweet Butter, of each of them a like quantity, and two or three houſe-Snailes, and mingle all theſe together, and make a plaiſter thereof, and lay it to the ſore, and by often vſing it, as aforeſaid, it will ſpeedily cure it.

CHAP. CXXIX.
Another for the ſame.

TAke red Sage, Rue, Snailes, Bay-ſalt and Bacon, of euery of them, ſuch a quantity as you ſhall thinke good, and temper and beat them well together, and then lay it to the Fellin, and this will preſently helpe him. Probatum eſt.

CHAP.

Chap. CXXX.

Another for the ſame.

TAke red Sage, Rue and Houſleeke, of each of them an ounce, waſh them all togethers, and drie out the water with a cleane cloth, and chop them very ſmall, then take the quantity of a Tennis ball of fowle Leauen, and two ſpoonefulls of Tarre, and a ſpoonefull of blacke Sope, and ſtampe them all together in a woodden diſh, with a peſtle of wood, and make a plaiſter of it, and lay it an inch thicke vpon a peece of linnen cloth, or elſe vpon a peece of white Leather, and euery morning and euening apply it to the ſore, and this will both draw it and heale it. This alſo is good for any Bile, Fellin, or Vncome.

Chap. CXXXI.

An excellent good and approued Medicine for any Fellin, old ſore, or any other Vncome whatſoeuer.

TAke a quart of Ale, and put therein a race of Ginger beaten to powder, and ſæthe the Ale, vntill it be halfe conſumed away; then put there in halfe a pound of Suger, and ſtirre it well, and then ſet it to coole, and put the Ginger into it, and then make a plaiſter thereof, and lay it to the place grieued, and it will cure it if it be neuer ſo ſore. Prob. eſt, per M. D. L.

Chap. CXXXII.

Another ſpeciall good Medicine for any manner of Bile or Fellin.

TAke a penniworth or two of Mæthriadatum, and the yolke of an Egge mixt together, and ſpread it ſomewhat thicke vpon a peece of white Leather, and pricke it as full of holes as euer it may be, and lay it to the ſore, and

and it will both drawe out the coze, and heale the ſoze: This hath beene truly proued: Likewiſe it will cure any manner of Plague-ſore whatſoeuer.

Chap. CXXXIII.

Another for the ſame.

TAke a good quantity of Wheat-flower, a little Bores Greaſe, and temper it very wel with White-wine, and boile it vntill it be thicke, and then ſpread it either vpon a linnen cloth, or elſe vpon a peece of white Leather, and lay it to the ſoze, as hot as poſſibly it may be ſuffered, and this will open the hole, and drawe out the venome or filth, and eaſe the aking: and it will alſo cloze it vp againe and heale it: and for want of White-wine, either Ale or Beere may be vſed.

Moreouer, this Medicine will cure the pricking of any thorne or needle in any ioynt, or elſe-where, although the hole be neuer ſo cloſe ſtopt vp againe.

Chap. CXXXIV.

Another excellent good Medicine for any manner of Biles, Whitflawes, Fellins or Vncomes.

TAke Bores-greaſe, Wheaten-flower, Sage and May-butter, and ſtampe them all together in a morter, and then make a plaiſter therof, and lay it to the place grieued, and it will both ripen and drawe it: alſo if it be fried in a Frying-pan, and applied as aforeſaid, it will worke the better. Probatum eſt.

Chap. CXXXV.

A preſent remedie for a Bile, Fellin, or Vncome.

TAke of Lilly roots as much as well may be wrapped vp in a Colewort-leafe, and let them lye in the embers to roaſt, and when they are ſoft, take them out of the Colewort, and mix them well with Barrowes greaſe, and a little Wheaten flower, and beat the ſame in a morter; and

ſo

ſo make it plaiſter-wiſe, and lay it to the ſore as hot as poſſibly it may be ſuffred, and this will cure it without all doubt. Probatum eſt.

CHAP. CXXXVI.

Another experienced Medicine for to ripen any Biles, Whit-flawes, Fellins, or other Vncomes whatſoeuer.

TAke a pint of ſwéet Milke, and put thereunto a good quantity of ſhéeps Suet, and cut and ſhred it very ſmall, and mingle a good handfull or two of Oatmeale (beaten very ſmall) therewith, and ſet it on the fire, and ſœthe it vntill it become ſo thicke, as it may be ſpred on a linnen cloth, and ſo laid to the ſore, (as hot as it may poſſibly be ſuffered) and it will both ripen it, and breake it in a ſhort ſpace, without any paine; and when it is broken, lay a little Turpentine vpon a péece of white Leather, and with a ſmall bodkin, pricke it full of holes, and then lay this plaiſter to the ſore, and it will both draw it and heale it. This hath beene often proued.

CHAP. CXXXVII.

Another preſent remedie for any Whit-flaw or Fellin.

TAke a little Bay-ſalt ſtamped very ſmall, and ſome Leauen of ſowre Bread, and mix it with the yolke of a new-laid Hen Egge, and apply it twice a day to the ſore, it will both aſſwage the paine, and withdraw the ſwelling away (if there be any) and it will heale it in a ſhort ſpace.

BLADDER.

BLADDER.

CHAP. CXXXVIII.

An excellent good Medicine to purge the Bladder of one that cannot piſſe perfectly.

TAke Parſly, red Fennell, Mayden-haire, the roots of Eliſaunders, and the roots and leaues of Harts-tongue, of each of them a like quantity, and ſæthe them all together in white Wine, and then ſtraine the ſame thorow a fine cloth, and kæpe it cloſe ſtopt in ſome glaſſe or earthen veſſell, and when occaſion ſerueth for the vſe of it, let the grieued drinke a good draught thereof, firſt and laſt, and it will purge the Bladder in ſhort time. Probatum eſt.

CHAP. CXXXIX.

Another for the ſame.

TAke Rue, (otherwiſe called Herb-grace) Grommell and Parſly, of each of them as euen portions as you can, and ſtampe all theſe together, and kæpe them in White-wine, and then ſtraine them, and giue the ſame to the Patient to drinke foure or fiue times a day luke-warme, and it will helpe him.

CHAP.

Chap. CXL.

Another for the ſame.

TAke Berries of Iuie, and beat them to powder, and let the Patient drinke it with White-wine, or elſe with ſtale Ale, as hot as he is able to ſuffer it.

Chap. CXLI.

A very good Medicine to cauſe one to make water that cannot.

TAke a new-laid Egge, and make a hole in the greateſt end of it, and take forth both the yolke and white, and lay the hole of the Egge downwards, vpon a hot Bricke-ſtone, and let it remaine ſo, vntill it be ſo well purged, that you may make powder thereof; then beat it to powder, and drinke it in White-wine, twice a day, (firſt and laſt) and it will helpe you. This was much vſed by one M. *Roſe*, who eaſed many therewith: alſo this is maruellous good againſt the Stone.

Chap. CXLII.

Another for the ſame.

TAke a quart of ſtrong Ale, and ſet it on the fire, and then take a good handfull of Time, and binde it vp faſt into a bunch, and ſo ſæthe it in the Ale, vntill ſuch time as you doe perceiue the ſtrength thereof to be cleane gone into the Ale, and then let the Patient drinke a good draught thereof euery day, both morning and euening, for the ſpace of ſix or ſeuen dayes together, and it will helpe him. Prob. eſt.

Chap. CXLIII.

Another for the ſame.

TAke a good quantitie of the ſæds of Red-nettles, and put them either into your Ale, or elſe into your Pottage,

tage, and ſo eat or drinke often thereof, and this will helpe you preſently. R. Cox. This is alſo good againſt the Stranguarie.

Chap. CXLIV.

Another for the ſame.

TAke a Flint-ſtone, and lay it in the fire, and there let it remaine vntill it be red hot, and then put it into the Ale, that the partie grieued doth drinke, and then let him drinke a good draught thereof whileſt it is warme, and hee ſhall finde maruellous great eaſe thereby.

Chap. CXLV.

Another for the ſame.

TAke a quarter of a handfull of Parſly, and as much red Fennell, and waſh and ſhred them very ſmall, and put them into a cup of ſtale Ale, and make a Poſſet therewith, and drinke the Ale, and it helpeth.

Chap. CXLVI.

A good Medicine fore one that piſſeth bloud.

TAke Burſa paſtoris, Parſly-ſeeds, and Ambroſe, of each of them a handfull, and ſtampe them well together, and then ſteepe them very well with Goats Milke, and then ſtraine it thorow a fine cloth, and giue it to the Patient to drinke, and this will helpe him without all doubt. Prob. eſt.

Chap. CXLVII.

Another good Medicine to cauſe one to piſſe that cannot.

TAke a good quantity of the beſt Engliſh Saffron that may be gotten, and drie it, and beat it to fine powder, and then take the like quantitie of pure blacke Sope, and mingle the ſame with the powder, and then ſpread it ouer the fleſhie ſide of a piece of Sheeps Leather, and then lay it to the Nauill of the partie grieued, and it will procure Vrine within an houre or little more. Probatum eſt.

Chap. CXLVIII.

An experienced Medicine to prouoke Vrine.

TAke a good handfull of red Nettle roots, and ſæthe them in a quart of good Ale, and let them ſæthe vntill the one halfe thereof be conſumed: then put into it a quarter of a pound of ſweet Butter, and ſcum it cleane before ſuch time as the Butter be put in it; and when you haue ſo done, take a good quantity of the ſeeds of Eliſaunders, Parſly-ſeeds, and Grommell-ſeeds, (being all well beaten to powder firſt) and ſæthe them therein, and when it is well ſodden, ſtraine it thorow a fine linnen cloth (but let all the things before rehearſed, be of equall portions) and then let the Patient vſe to drinke often thereof, eſpecially firſt and laſt, and this will helpe him without all doubt.

Chap. CXLIX.

Another for the ſame.

TAke three quarts of Ale and ſæthe it, and let it be three or foure times ſcummed, then put into it Roſemary, Time, and Penny-royall, of each of them a handfull, and let them boile together, till a quart thereof, or ſomewhat more be waſted away: then ſtraine the ſame, and let the Patient drinke a good draught thereof, luke-warme euery morning faſting, and laſt in the euening, and this will eaſe him very much. Probatum eſt. This is alſo a maruellous good Medicine againſt the *Stone*, and hath beene ſufficiently proued.

Chap. CL.

Another good Medicine to cauſe one to piſſe that cannot.

TAke Horſe-dung out of the ſtable, and new Butter and Aqua vitæ, of each of them equall portions, and fry them all together, and then make a plaiſter thereof, and apply it to the Patient (from the Mauill to the Fundament) as hot as poſſibly he may ſuffer it: but let him not be afraid, though

though it cause the bloud to issue forth, for such is the nature of the Medicine. Also it will cause the Stone to auoid forthwith. Probatum est.

Chap. CLI.

Another good Medicine to prouoke Vrin speedily.

TAke Betony which groweth in woods (both roots and leaues) and wash them cleane, and dry them in an Ouen (in a Sieue, or in some other such like thing) where brownе bread hath been newly drawne forth of it, then take the same leaues and beat them to powder, and let the Patient vse halfe a spoonefull thereof at a time, either in white Wine, Posset-Ale, Pottage, or else into his ordinary drinke which he commonly vseth. Infuse in this Wine some Parsnep and Carrot thin sliced.

Chap. CLII.

A good Medicine to heale a Canker vpon the Yard.

TAke an ounce of Roch Allum, and halfe an ounce of Verdigrease, and mingle them with Smiths Water, and put them all together into some Glasse, or other close vessell, and when they are well soaked, boile them for two houres together, and then straine the same and put it againe into the Glasse or vessell aforesaid, and stop it close, and when occasion serueth for vse thereof, then let the Yard be often washed therewith, and it will destroy the Canker in short space. Probatum est.

Chap. CLIII.

A very good Medicine for the swelling of the Yard or Cods.

TAke Egrimony Water distilled, and put thereto a good quantitie of Roch Allom, and set them ouer the fire to soke, and so let them remaine vntill they be ready to boile, then take it off, and with a fine linnen cloth anoint well the Yard vnder the skin, with the same Water, and let it be

warme when you doe vſe it, and it will aſſwage the extreme heat of the Yard, and alſo of the Cods, if they be waſhed with the ſame.

Alſo to incarnate the ſkin of the Yard within, take Fumitory water, and put a good quantity of Liquorice pared, and ſteepe it therein, for the ſpace of one night, and then put ſome of the ſame water into the Yard with a ſponge, or elſe with a tent, made of linnen cloth.

CHAP. CLIV.

An excellent good remedie for the burning, and intollerable heat of the Vrine.

TAke ſeeds of Purſlane, ſeeds of Lettice, ſeeds of Endiffe, and ſeeds of white Poppie, of each of them two ounces: then take the weight of halfe a dram of Henbane-ſeeds, Saffron one dram, fiue drams of Liquorice, ten drams of Pine-apple kernels, two ounces of Sebaſtian, and the quantity of ſix pound of faire running Water; mingle all theſe well together, and boile them vntill the third part thereof be conſumed, then ſtraine it, and let the Patient take euery morning an ounce thereof, and mingle it with an ounce of the iuice of Violets, and ſo let him vſe this for the ſpace of three or foure dayes together, and the fifth day you ſhall ſee maruellous ſtrange varietie in the Vrine. Probatum eſt.

CHAP. CLV.

A maruellous good Water to breake the Stone in the Bladder.

TAke two pints of the iuyce of Saxifrage, the iuyce of Gromell, and of the iuyce of Parſly, of them a pint, and put thereto the quantitie of eight or nine ounces of the beſt Vineger that is made of pleaſant Wine, a handfull of Cherry-ſtones ſmall bruiſed in a morter, and diſtil all theſe together, and then put the diſtilled water into ſome glaſſe, or other veſſell that hath a narrow mouth, & let the party grieued take an ounce thereof at a time, thrice euery day (Viz.)

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in the morning fasting, at noone and at night a little before he goeth to bed, and (by Gods grace) it will in a short space helpe him. Probatum est.

Chap. CLVI.

A maruellous good drinke to clense the Bladder, which must be taken after the stone is dispersed, and to cause it to auoyd away by shiuers and small pieces.

TAke Rosemary and wild Time, of each of them a handfull, and seeth them in a quart of Rain-water, vntill the one halfe thereof be consumed, and then put as much Suger therein as will make it sweet, and let the party grieued vse to drinke of this euery day often, vntill he do perceiue his water to grow clere: and vnlesse his water be thicke, let him not drinke thereof.

Chap. CLVII.

A good Medicine to cure the hot swelling in the Yard.

TAke Waxe, Oyle, and the iuyce of Purslane, of each of them a prette quantitie, and mingle them all together, and then lay the same to the Yard that is swoln, and it will spedily helpe him. Probatum est.

MANY things more might haue beene heere spoken of, as concerning all such diseases, as come of the *bladder*, as the *Stone* and such like, &c. But as concerning the *Stone* it selfe, looke in the title of Chollick and Stone, and therein you shall finde things answerable to expectation: Therfore I will now omit to speak any more at this time of the *bladder*, hoping that there is none that doe take vpon them the practice either of Physicke or Chirurgerie, but are of themselues sufficient enough to iudge thereof, and to minister apt Medicines for it: and for those that are vnskilfull in the sciences aforesayd, I would wish them to haue a

great care and reſpect to the Medicines, that they doe miniſter for diuers diſeaſes comming of the *Bladder*, and they not knowing the cauſes, wherein if they be not skilfull, they doe much hurt. Therefore I would wiſh them firſt to learne of thoſe that are skilfull, before they doe attempt any ſuch thing themſelues, and further, to know perfectly the principall cauſe of the diſeaſe, whereby they may more eaſily of themſelues afterwards, miniſter Medicines accordingly, as occaſion ſhall ſerue: and not any way preiudice or hurt the Patient any thing at all, but alſo for euer after, purchaſe to themſelues euerlaſting fame.

BLEEDING AND BLOVD-STANCHING.

CHAP. CLVIII.

An excellent good Medicine to ſtanch bloud.

TAke White-wine Vineger, (**the beſt that may be had,**) and Plantane-water, **of each of them two pound, and mingle them together; then take diuers linnen clothes and wet them therin, and lay ſome of them to the ſoles of the fæt of the party grieued, and ſome againſt the Liuer, and ſome to the palme of his hands, and about the Cods, and this will ſtanch the bloud forthwith.** Probatum eſt.

CHAP.

Chap. CLIX.

Another good Medicine to ſtanch the bleeding at the noſe.

TAke Inckle and binde the partie that bléedeth, about the temples of the head, very hard, and let the knot be in his necke: and this will ſtanch the bléeding immediately.

Chap. CLX.

Another good Medicine to ſtanch the bleeding of the Noſe, although it bleed neuer ſo freſhly.

TAke an Egge and breake it on the top, in ſuch ſort that all the white and yolke may iſſue cleane forth of it: then fill the Egge-ſhell with ſome of the bloud of the party which bléedeth, and put it in the fire, and there let it remaine vntill it be ſo hard and dry, that it may be powdred, lay the powder on the wound, and it will ſtanch the bléeding immediately, without all doubt.

Chap. CLXI.

Another for the ſame.

TAke a linnen cloth, and wet it well in Vineger, and wrap it about the priuie members of him that bléedeth, and he ſhall immediately ceaſe bléeding. Probatum eſt. P. I. L.

Chap. CLXII.

Another for the ſame.

TAke Centory, gréene Rue, Burſa paſtoris, and red Fennell, of each of them a like quantity, and ſtampe them all together, and ſtraine them with Ale, and let the Patient drinke the ſame luke-warme, and it will ſtop the bléeding of any manner of wound, cut, bruiſe, or other hurt whatſoeuer.

Chap. CLXIII.

Another for the ſame.

TAke Burſa paſtoris, (otherwiſe called in Engliſh Shepherds-purſe,) Hyſop and Plantane, of each of them a like quantitie, and bruiſe them in a morter, and make them hot before the fire, and then lay them to the noſe of him that bleedeth: and likewiſe binde ſome of the ſame herbs to the temples of his head, as hot as he can ſuffer them, and this will ſtanch the bleeding forthwith, without all doubt. Probatum eſt.

Chap. CLXIV.

Another for the ſame.

TAke an old linnen cloth, and wet it well in good ſharpe Vineger, and then burne it to powder, and the powder of Bole-armoniacke; then take ſome of the ſame powder, and (if it be a wound) caſt it therein, and it will ſtop the bleeding immediately: but if the noſe bleed, then (with a quill or ſome other inſtrument) blow vp ſome of the ſame powder into the noſe of the Patient, and it will ceaſe bleeding.

Chap. CLXV.

Another for the ſame.

TAke Betony, and ſtampe it with a little Salt, and put a pretty quantity thereof into the noſe of him that bleedeth, and it will ſtanch the bleeding preſently. Probatum eſt per M. Edmonds.

Chap. CLXVI.

Another approued Medicine to ſtanch the bleeding of a wound.

TAke a linnen cloth and burne it, and then take the powder thereof, and ſpread it thicke vpon another cloth, and lay it to the wound, and this will ſtanch the bleeding of it.

Alſo

Alſo take Pimpernell, and hold it betweene your teeth, and you ſhall not bleed any more whileſt you hold it there.

CHAP. CLXVII.

A very good Medicine to ſtanch bloud, when nothing elſe will doe it, by reaſon the veine is cut, or that the wound is great.

TAke a piece of ſalt Beefe, (that which is leane onely) as much as will lye in the wound, and lay the ſame in the embers of the fire, and ſo heat it thorow-hot, and then thruſt it into the wound and binde it faſt, and it will forthwith ſtanch the bloud, and let it lye for a good ſpace after in the wound, for the ſtopping of the bloud. This is a preſent remedie, and hath beene often proued.

CHAP. CLXVIII.

Another for the ſame.

TAke a Toad and drie him very well in the Sunne, and then put him into a linnen bagge, and hang him about the necke of him that bleedeth with a ſtring, and let it hang ſo low that it may touch his breſt on the left ſide neere vnto his heart, and commonly this will ſtay all manner of bleeding at the mouth, noſe, wound, or otherwiſe whatſoeuer. Probatum eſt.

CHAP. CLXIX.

An excellent Medicine to reſtore bloud againe, after much loſt.

TAke halfe a pint of Muskadine, and one pennieworth of good Sallet-oyle, and mingle them well together, and let the Patient drinke the ſame off at a draught in the morning faſting: And then let him walke an houre or two after it, before he take any food after it: But if he take a Cawdle, or ſome other Broth made of a Chicken,

Veale

Veale or Mutton, it will be the better: Let the Patient vſe this for a certaine ſpace, and he ſhall finde much comfort herein, for it is a perfect good reſtoratiue for the bloud.

CHAP. CLXX.

Another for the ſame.

TAke the white of an Egge, and a little red Oker, (otherwiſe called Bole-armoniak) and a little Dragons bloud, and bray them all together very ſmall: then take a little Flax and wet therein, and then make it like a fillet, and lay it vpon the fore-head of the Patient, from one eare to another, (but be ſure that it lye right vpon the temples of his head) and this will preſently ſtanch the bloud. Probatum eſt.

CHAP. CLXXI.

A preſent remedy to ſtanch the bleeding of any cut or wound.

TAke a good quantity of Vine-leaues, and drie them well, and beat them to powder, and put the ſame powder into the wound, and it will ceaſe bleeding preſently. Probatum eſt.

CHAP. CLXXII.

A preſent remedie for one that bleedeth inwardly.

TAke a good quantity of the iuyce of Neepe, and the iuice or powder of Shepherds purſe, and let the partie grieued drinke it, and it will cauſe him to caſt vp his bloud preſently. This hath beene truly proued.

BLOVD-

BLOVD SPITTING.

Chap. CLXXIII.

An excellent good remedie for one that ſpitteth bloud.

TAke the Dung of Mice, and beat it into fine powder (the quantitie muſt be as much as will lye vpon a groat of ſiluer) and put it into a pint of the iuyce of Plantane, and put thereto a little fine Suger, (but let it be finely beaten to powder, before you put it into the iuyce) and then let the partie grieued drinke a good draught thereof, at a time, both morning and euening euery day, vntill ſuch time as he doth perceiue the infirmitie to be cleane gone, and this will helpe him.

Chap. CLXXIV.

Another for the ſame.

TAke iuyce of Betony, Burſa paſtoris, the powder of Alkenet, ſo much as maketh the liquor red, and temper it well with Goats-milke, and giue it the Patient to drink, and let him vſe it for the ſpace of three dayes together, and doubtleſſe this will helpe him. Probatum eſt.

Chap.

CHAP. CLXXV.
Another for the ſame.

TAke Betony, Mints, Smallage, Yarrow and Rue, of each of them a like quantitie, and ſeethe them all together in new Milke, and let the party grieued ſup it off as hot as poſſibly he may ſuffer it, and it will ſpeedily helpe him. Probatum eſt.

BITING OF VENOMOVS BEASTS.

CHAP. CLXXVI.
An excellent good remedie for the biting or ſtinging of any manner of Serpent, as Adder, Snake, &c.

TAke a good quantitie of the leaues of an Aſh-tree, and ſtampe them very well, and then lay them to the place that is ſtung, or elſe wring out the iuyce very cleane forth of them, and let the Patient drinke a good quantitie thereof, with Methridate euery time, and it will worke marueilous great effects in him. This hath beene truly proued.

CHAP.

Chap. CLXXVII.

A very good Medicine to cause Serpents to forbeare stinging or biting.

TAke the iuyce of Reddish-roots, and anoint your hands therewith, and the fume or smell will cause them that they shall neither sting nor bite: but they will be readie to die with smelling the sauour of the root, and they will doe no harme if you take them vp in your hand. Probatum est.

Chap. CLXXVIII.

A good Medicine to cause one not to be stung either with Waspes or Bees.

TAke a good quantity of Mallowes and stampe them, and mingle them with Oyle Oliue, and then the place that is anointed with the same vnction, neither Waspes nor Bees will touch there. Probatum est.

Chap. CLXXIX.

A present remedie against the biting of a mad Dog, and against the rage or paine that followeth the partie that is bitten.

TAke a good quantity of the Blossoms or Flowers of wilde Thistles dried in the shadow, and beaten to powder, and giue it the patient to drinke in White-wine, (the quantity of a Walnut shell full at a time) three or foure times together, and this will speedily helpe him. Probatum est.

Chap. CLXXX.

For the biting of a mad Dogge, Adder or Snake.

DRinke in Dragon-water the powder of Creuish-shels, with Methridate; and apply to the wound Garlick and powder of Creuish-shels mixed and strained together.

Chap.

Chap. CLXXXI.

A singular good Medicine for the biting of any venemous beast.

TAke Selandine and Plantane, of each of them a like quantitie, and stampe them very well together, and then temper them with stale Pisse, and apply it to the place grieued, and it will asswage the paine and swelling, and it will also draw out the venome thereof, and if it be neuer so vehement. Prob. est.

Chap. CLXXXII.

Another for the same.

TAke a good quantity of Plantane, and beat it well in a morter and straine it, and drinke the iuyce thereof, and it will spædily ease you; adde hereto Garlike. Probatum est.

Chap. CLXXXIII.

An excellent good Medicine for the biting or stinging of an Adder, Serpent, or other venemous beasts.

TAke a good quantity of Centory, and chop it well and straine it, and compound it with Vrin, and let the party grieued drinke it three or foure times: and afterwards, take a Cocke Chicken, and take the guts warme, and lay them vpon the place grieued, and open a liue Pigeon and lay it on the wound, and so let them remaine there for the space of twelue houres (the partie grieued hauing all this time, his leg, arme, or other place stinged, bound vp about his body) and then take them away, and lay a quarter of the same Cocke Chicken to the same place, and let it remaine there, as long as the guts did before, and then take the same away, and apply another of the quarters to the same place, and in like sort, another: and so vse this continually vntill the party grieued be well, but take good heed that you doe not touch the

the place that is poyſoned with your hand or finger, and when you take away either the guts or quarters from the place that is grieued, bury them in the ground, leſt that they ſhould infect either man or beaſt afterwards. Prob. eſt.

Chap. CLXXXIV.

An Excellent good remedie for the biting of a mad Dogge.

TAke Night-ſhade, Betony, and wilde Sage, of each of them a handfull, and a pint of faire running Water, and ſtampe the herbs and ſtraine them with the ſaid Water, and then put thereto a penny-worth of Treacle, and ſo giue it the Patient to drinke three or foure mornings together faſting, and apply the herbs ſtrained to the wound, and this will ſpeedily helpe him. Probatum eſt.

A Rule to know what things are good and wholeſome for the braines, and what are not.

Chap. CLXXXV.

To eat Sage, but not ouer-much a time. (Musk.
To ſmell to Camomill or
To drink wine meaſurably.

To ſleepe meaſurably.
To heare but little noyſe of Muſike or Singers.
To eat Muſtard & Pepper.

To keepe the head warme.
To waſh the hands often.
To walke meaſurably.

To ſmell to Red-roſes.
To waſh ỹ temples of the head often wᵗ Roſe-water.

Things

Things ill for the braine.

To ſléepe much after meat.
All manner of Paines.
Gluttony.
Drunkenneſſe.
Corrupt ayres.
Ouermuch watching.
Ouermuch cold.
Ouermuch bathing.

Late Suppers.
Anger.
Heauineſſe of minde.
To ſtand much bare-head.
Milke.
Cheeſe.
Garlicke.
And Onyons.

To eat ouermuch, or haſtily.
Ouermuch heat in trauelling or labouring.
Ouermuch knocking or noiſe.
To ſmell to a white Roſe.

STINKING BREATH.

Chap. CLXXXVI.

A good Medicine to be vſed, for one that hath a ſtinking breath.

TAke ſéeds of Coriander prepared, and Cloues bruiſed, and boile them very well either in white Rumnie, or in Sacke, and let the partie grieued drinke three or foure ſpoonefulls thereof in the morning, and as much in the euening: but note this, that which hee taketh in the morning muſt be cold, and that which

which he taketh in the euening muſt be hot: but he muſt beware of taking exceſſe of meat or drink, and let him not vſe to ſit vp late at night, but riſe as early in the morning as he can, and this (by Gods grace) will in a ſhort ſpace helpe this infirmity. Probatum eſt.

Chap. CLXXXVII.

Another for the ſame.

TAke a good quantity of Roſemary leaues and Flowers, (if they may be had) and boile them well in White-wine, and then put a little Myrrh, Beniamin, and Cinnamon beaten to fine powder therein, and let the Patient vſe to waſh his mouth often therewith, and this will preſently helpe him. Probatum eſt.

Chap. CLXXXVIII.

Another for the ſame.

TAke a pound of Cummin-ſeed, Carraway and Annis ſeeds, of each one ounce, ſome Cloues with Suger, burne it as other burnt Wine with Roſemary, and but one quart of Wine; and then ſtraine it, and let the Patient drinke thereof twice euery day at the leaſt, for the ſpace of fourteen or fifteene dayes together, and let him alſo vſe to drinke the quantity of a quarter of a pint thereof at a time; and this will helpe him without doubt.

DISEASES IN THE BREST, AS THE Tiſicke, &c.

Chap. CLXXXIX.

A good Medicine for the Tiſicke, and ſtopping in the breſt, and for the opening of the Pipes and Weſand.

TAke Parſly-roots, Fennell-roots, Iſope and Succory-roots, of each of them a handfull, and picke all the piths cleane out of them, and then waſh the Roots well, that there doe no grauell or ſand remaine in them, and then ſéethe them in a pottle of White-wine, vntill they be ſoft, and if you can get any Ginger-berries, boile them therein with the reſt, and when it is well ſodden, ſtraine it, and put thereto a little Pellitory of Spain, a ſpoonefull of Engliſh-honey, and a peny-worth of Saffron, and let the Patient drinke it both morning and euening, for the ſpace of eight or nine dayes together, and doubtleſſe this will helpe him. This hath holpen many that could not fetch their breath at all.

Chap. CXC.

Another good Medicine for the ſtopping in the breſt.

TAke Rue, and ſéethe it in Eyſell, and let the party drinke it: and let him alſo drinke Nettle-ſeeds drayed, and it will cauſe him to auoid great ſtore of grauell from the ſtone in the Reines of the backe.

Chap.

Chap. CXCI.

An excellent Medicine for all manner of Diſeaſes in the Breſt, and againſt all Impoſtames, Coughes and Pluriſies.

TAke a good handfull of Scabious, and let it be well dried: and then take Annis-ſeed, and Fennell-ſeed, of each of them an ounce, and an ounce of Liquorice, cleane pared and cut ſmall, and twelue Figs, and halfe an ounce of Eringus, and put all theſe together either in a quart of faire running Water, or elſe in a quart of good White-wine, to ſoke, for the ſpace of a night, and then boile the ſame vntill the one halfe be conſumed, and then ſtraine it thorow a fine linnen cloth, and when it is ſtrained, put into it a little Engliſh-honey, to make it ſweet, and a little Saffron, and let the partie grieued drinke this both firſt and laſt for the ſpace of eight or nine dayes together, and by Gods grace this will helpe him in a ſhort ſpace. This hath beene ſufficiently proued.

WOMENS BRESTS.

Chap. CXCII.

An approued Medicine to cure a Canker in a Womans Pappes.

TAke Gooſe-dung and Selandine, and bray them very well together, and then ſpread them plaiſter-wiſe vpon a fine linnen cloth, and lay it to the ſore pap, and it will ſpeedily cleanſe the Canker, ſlay the Worme, and heale the ſore. This hath beene often proued and found good.

Chap. CXCIII.

Another good Medicine to cure the Canker in a womans breſt.

TAke the iuyce of Selandine, and Gooſe-dung, of each of them a like quantity, then take Pellitory of the wall, Garlick and Rye-meale, and ſtampe them and fry them all together in Wine-vineger, that is both pure and good, and let it boile vntill ſuch time as it be thicke; and then make a plaiſter thereof, and lay it to the ſore place, and ſo let it continue vntill you perceiue that it be white, and then take a good quantity of Pimpernell, and grinde it very ſmall, and put thereto a good quantity of Engliſh Honey, and make a plaiſter thereof, and apply it to the ſore, and it will heale it in a ſhort ſpace. Probatum eſt.

Chap. CXCIV.

Another approued Medicine to breake the ſore of a womans breſt.

TAke a good handfull of Figs, and ſtampe them in a mor-ter vntill all the kernels be broken; then take them and temper them well with a little Swines-greaſe, boile them in the Greaſe with a little Beane-meale that is freſh, and make a plaiſter thereof, and lay it to the womans breſt that is ſore, as hot as euer poſſibly ſhee may abide it, and it will take away both the ſwelling and paine, and if it be readie to breake, it will helpe it forwards to breake forthwith, or elſe not. Probatum eſt.

Chap. CXCV.

An excellent good Medicine for a woman that hath a ſore or ſwelling breſt, comming by cold, or otherwiſe, &c.

TAke a Colewort-leafe, and cut away the veynes of it, and then anoint the leafe it ſelfe with May-butter firſt boyled with Roſe-water, and then lay it to the womans breſt

breſt that is ſore, and it will aſſwage both the ſwelling and paine in ſhort time. This hath beene truly proued.

Chap. CXCVIII.

A Medicine for the ſwelling of a womans breſt, after the weaning or death of a childe.

TAke red Sage and Camomill, of each of them a good handfull, and ſtampe them very wel together, and then boile them in a pint of the beſt White-wine-vineger that may be gotten, adde hereto a piece of Mutton ſuet, and let it boile vntill the one halfe thereof be conſumed; then take a fine linnen cloth double, and ſpread the ſame thicke vpon it, and lay the ſame to the womans breſt that is ſore, as hot as ſhee may abide it, and in twice or thrice vſage of it in this ſort, it will take the paine quite away, and it will drie vp her Milke without any danger or hurt of her breſt at all. This hath beene truly proued.

Chap. CXCIX.

A good Medicine for to increaſe Milke in a womans breſts.

TAke Fennell-roots, and Parſenep-roots, and let them be boiled in broth made of Chickens, and then let the woman eat of the ſame roots, mixed with freſh Butter, which muſt be as new made, as poſſibly it may be gotten, and this will cauſe great ſtore of Milke to increaſe in any womans breſts. Probatum eſt.

Chap. 200.

Another for the ſame.

TAke halfe a pound of Rice, and ſæthe it in Cow-milke, and crum it with ſome wheaten Bread, (but it muſt be ſuch as is cleane without Rie or Pulſe) and then put ſome Fennell-ſeeds, beaten to fine powder, and a little Suger, to make it ſwæt, and this will doe her exceeding much good for the increaſe of her Milke. Probatum eſt.

Chap. 201.

Another for the ſame.

TAke a good quantity of græne Wheat, growing on the ground betwixt Michaelmas and Eaſter, (you muſt take both the blades and roots) and ſtampe it well, and ſtraine it thorow a fine linnen cloth into ſome Poſſet-Ale, and put therein a little fine Suger to ſweeten it withall, and this will increaſe great ſtore of Milke in a Womans breſts, within the ſpace of three or foure dayes by uſing it. Probatum eſt.

Chap. 202.

Another for the ſame.

TAke Criſtall, and beat it into fine powder, and mingle it with as much Fennell-ſeed (likewiſe beaten into fine powder) and a little fine Suger, and let the woman uſe to drinke often thereof warme, with a little White-wine, and this will reſtore her Milk againe, although it be cleane gone away from her. This hath beene ſufficiently proued.

Chap. 203.

Another for the ſame.

TAke ſome of the broth that Whitings are ſodden in, and giue it the woman that wanteth Milke in her breſts to drinke often, and this will increaſe her Milke very much.

BRVISES

BRVISES AND SORES.

CHAP. 204.

An approued Medicine for an old ſore or bruiſe.

TAke Selandine, red Sage and Sorrell, of each of them a good handfull, two handfuls of Woodbind-leaues, halfe a handfull of Ru and a good handfull of the tops of Roſemary, and boile them all together in a pint of White-wine, and a pint and an halfe of faire running Water, and let them boile vntill you perceiue that they looke yellow, (but before ſuch time that it be ſodden to perfection, put into it as much Honey as will ſweeten it) and then put into it halfe a quarter of a pound of Roch Allom, and when the Allom is molten, take the ſtuffe from ouer the fire, and ſtraine it thorow a coorſe linnen cloth, and then put it into ſome glaſſe or gally pot, and ſtop it very cloſe, and let the partie grieued (as occaſion ſerueth) apply this to the ſore, and it will eaſe him very much. Probatum eſt per M. D. C.

Chap. 205.

Another excellent good Medicine for a bruiſe.

TAke Brooke-lime, Smallage and Browſe-wort, and fry them all together in Sheeps-ſuet; then take it and ſtraine it through a fine linnen cloth, and it will become an Oyle immediately, and then put thereto a prettie quantity of Sperma ceti, and mix it well with the ſame Oyle or ſtuffe, and then anoint the place grieued often therewith, and it will helpe it. Prob. eſt per M. Cox.

Chap. 206.

A good Medicine for any manner of bruiſe, in the armes, legges, or elſewhere.

TAke a good quantity of the Suet of an Hart, Bucke, or Sheepe that is new killed, (if it may be had) and put thereto ſome Lees of Wine and wheaten Bran: then take water Creſſets and Mallowes, and waſh them cleane, and then boile them in faire running Water, and let them boile vntill ſuch time as they be ſoft, and then put them into a Morter, and beat them, and then put them into a cleane pan, and mix them all together, and fry them, and ſo make a plaiſter thereof, and lay it warme to the ſore place: vſe fiue or ſix of the plaiſters in this ſort, (or more as need ſhall require) and this will cure him. Prob. eſt.

Chap. 207.

A good Medicine for any bruiſe or ſwollen Impoſtume which is vnriped.

TAke Oatmeale-groats, and ſeethe them in Cow-milke that is new, and let them ſeethe vntill they be thicke, and then put the ſame into a pan againe, and mix it with a good quantitie of Sheeps Tallow, and ſo let it boile well, (but be ſtirring of it continually) and then make a plaiſter thereof, and lay it to the ſore, as hot as poſſibly it may be ſuffered. Probatum eſt.

Chap.

Chap. 208.

Another for the ſame.

TAke Chickweed, Wheat-bran, and the Grownes of ſtrong Ale or Beere, and mingle them well together, and apply the ſame to the place which is grieued three or foure times a day, (it being ſpred vpon a red cloth, but not ouer thin) and this will helpe it, for this hath holpen many. Probatum eſt.

Chap. 209.

Another Medicine for a bruiſe which commeth by a blow, or, &c.

TAke a quart of Claret-wine Vineger, and boile it well with leauened bread, and then put into it a good quantity of Deeres-ſuet, and a good quantity of Oatmeale, and ſæthe it vntill it be thicke, and then lay it to the ſore, (but change the plaiſter twice or thrice a day at the leaſt) and within three or foure dayes, vſing of it in this ſort, it will helpe you.

Chap. 210.

A moſt ſingular good Oyle made of Camomill, that it good for all manner of Bruiſes, Spleenes, and ſwellings in the legges, armes, &c.

TAke a pint of pure Sallet-oyle, or ſomewhat more, and bruiſe a good quantity of Camomill-flowers, ſo many as the Oyle will iuſt couer at one time, and put therin, and then put it into a glaſſe, and ſet it to ſtand in ſome place in the Sun, where it may be ſafe for the ſpace of ten or twelue dayes: (but when it hath ſtood ſo fiue dayes, then ſtraine it through a fine linnen cloth, and ſet it to ſtand in the Sunne againe) and at the end of the time before preſcribed, ſtraine it againe, and ſet it in the Sunne the third time, and let it ſtand vntill it be cleane purified from any drugs: and then put it into a cleane glaſſe, and ſtop it cloſe vntill you haue occaſion

occaſion to vſe it, and when occaſion ſerueth for vſe thereof, anoint the place grieued twice or thrice a day (chafing it before the fire) and it will helpe you. This Oyle if it be cloſe ſtopped, it will continue good for the ſpace of twelue yeeres and more. Nam probatum eſt.

Chap. 211.

An excellent good Medicine for to be drunke by one that is burſt either in belly or cods.

TAke a handfull of Camfire, a handfull of Pollipodium (otherwiſe called Oke-ferne,) a handfull of Knotwort, a pottle of White-wine, Knotgraſſe and Salomons-ſeale, of each a handfull, halfe a pound of Reiſins of the Sunne, Mace three drams, Dates foure drams: and put all theſe together in an earthen pot; then take a kettle of fiue or ſix gallons, and fill it with water, and ſet it ouer the fire, and then take the ſaid earthen pot, and ſtop it very cloſe with a little paſte, and put it into the kettle of water aforeſaid, and let the water ſeethe continually too, the ſpace of fiue or ſix houres at the leaſt, with the earthen pot therein (and keepe another kettle ſtill ſeething with water, to apply the want of that which boileth away) then take the earthen pot forth of it, and take out all ſuch things are therein, and beat them in a morter, and then ſtraine them, and ſo giue the Patient of the ſame liquor to drinke both firſt and laſt, and it will cure him.

Chap. 212.

Another for the ſame.

TAke the Gall of an Oxe, and Onyons, and fry them with Sheeps-ſuet, and with a fine linnen cloth put it to the ſore place, and it will helpe it preſently. Probat. eſt.

Chap.

Chap. 213.

A good Plaiſter for a bruiſe.

TAke Worme-wood and Cummin, of each of them a like quantitie, and put thereunto a little Roſe Vineger: boile it with a little Sheeps-ſuet, let the Cummin-ſeed be bruiſed, and lay it to the bruiſe like a plaiſter, before that the ſkin be any thing at all broken, and it ſpeedily helpeth.

Chap. 214.

A good Medicine for a bruiſe or cut.

TAke roots of Louage, Alehoofe, Parſly, of each of them an ounce, and beat them very fine in a morter: then take Barrowes greaſe, and boile them together, and when it is boiled, ſtraine it, and put as much vnwrought Wax thereto as a Walnut, and halfe as much Roſin; and then boile them all together againe: and hauing ſo done, ſtrain it through a fine linnen cloth, into a little pan of faire water, and ſo let it ſtand vntill it be cold; then take it in your hands, and labour it vntill it be ſomewhat ſhort, and then wrap it in a piece of Leather, and ſo vſe it as you haue occaſion.

Chap. 215.

An excellent good drinke to heale all manner of bruiſes.

TAke Egrimony, Betony, Plantane, Sage, Roſen, Iuy-leaues, and Parſly, of each of them a like quantity, and ſtampe them all together, and mingle them with White-wine, and let the Patient drinke thereof, and (by Gods grace) it will helpe him in a ſhort ſpace. Probatum eſt.

Chap.

CHAP. 216.

A very good Medicine to skinne any old sore or bruise.

TAke Bramble-buds, Selfe-heale, and Sinke-foile, of each of them a good handfull, and a little Water-Betony, powder of the Alkenet root halfe a dram, and boile them well with Barrowes grease, and let it be applied to the sore place, as hot as possibly it may be suffered, and it will gather skin vpon the sore forthwith. Probatum est.

BVRNING AND SCALDING.

CHAP. 217.

An approued Medicine for any burning with fire, or scalding with water, or other liquor, &c.

TAke Housleeke and Hemlockes, of each of them a good handfull, and beat them both together: then take a quarter of a pound of Bores-grease, and seethe both the herbs and it together, vntill such time as they come to an oyntment, and then straine the same into a Box, and let the Patient anoint the place grieued there-

therewith, two or three times euery day, vntill he be well againe, which (by Gods helpe) will be in short time.

Chap. 218.
Another for the same.

Take Iuy-leaues, (but they must be of those that grow next vnto the ground), and leaues of Marygoldes, Wood-binde leaues and Plantane, of each of them a like quantity, and cheppe them very small and boyle them in Bores-greate; and then straine them into some Earthen vessell, or gally pot, and let the place where the griefe is, be often anoynted therewith, and it cureth it. Prob. est.

Chap. 219.
Another for the same.

Take a Brake Root, and stamp it wel in a woodden dish, or in a morter, and then straine out the iuyce thereof cleane, and let the place that is burned or scalded be anointed therewith, and it helpeth. This hath been truely proued.

A very good Ointment for any manner of burning of Gunpowder, or scalding of water.

Take two or three handfulls of Houseleeke, Barrowes-grease halfe a pound, Sallet-oyle two ounces, and two handfulls of Groundsell, and stampe them all together, and put thereto two handfulls of Sheepes-dung, that is new fallen, and as much Goose-dung, and then stamp them againe with the things before recited, and then boyle them well together: then straine them through a fine linnen cloth into an earthen pot, and with the liquor that commeth thereof anoynt the place grieued, and it well helpe it forthwith.

Chap.

Chap. 221.

Another Oyntment for any manner of burning with fire or otherwiſe howſoeuer.

TAke Daiſie-roots, Plantane, Waybroad-leaues, Greene-gooſe dung, and the Barke of an Elder tree, of each of them a like quantity, and a pretty quantity of Oyle Oliue, and ſtampe them well together, and then let the party grieued be anointed therewith, as often as need ſhall require, and let it be with a feather, and this will cure him without doubt. Probatum eſt.

Chap. 222.

A very good Medicine for any manner of burning with fire, or ſcalding with water.

TAke a Brake-root, and ſtampe it in a diſh, and ſtraine out all the iuyce of it, and put into it a good quantitie of Creame, and let the place that is burned or ſcalded be anointed therewith, and this will both fetch out the heat, and aſſwage the paine. This hath beene truely proued.

Chap. 223.

A very good remedie for any burning or ſcalding either with a Hand-gun or otherwiſe.

TAke a good quantitie of the Dung of Geeſe, (which is of one nights making) and a good quantity of Butter vnſalted, or elſe Sheeps-Suet, clarified, and fry them in a frying pan, vntill the Butter or Suet be almoſt conſumed: then put the ſame ſtuffe into a courſe linnen cloth that is cleane, and ſtraine into a Gally-pot, or elſe ſome other ſmall earthen veſſell; then take a Feather and dip it in the liquor, and anoint the place therewith that is burned or ſcalded, and when you haue ſo done, take a fine linnen cloth and wet it well in the ſame liquor, and lay it vpon the place grieued

to

to couer it withall: doe this twice euery day vntill it be whole, which (by Gods helpe) will be in a short space. Probatum est.

CHAP. 224.

For burning or scalding.

TAke the Shoomakers parings of their new liquored Leather, boile them in water, and let them stand till they be cold; then scum off the Fat or oyle on the top of them, mix it with a little iuyce of Housleeke and Rose-water, beat them together, make an oyntment thereof, and anoint the place grieued.

CHAP. 225.

For burning and scalding.

TAke Oyle of Roses one ounce, sweet Creame two ounces, Honey foure drams; make an oyntment hereof, and vse it.

CHAP. 226.

Another for the same.

TAke a good quantity of Maide-wort, and stampe it, and sethe it in fresh Butter, and straine it, and let the place grieued be anointed therewith, and it will cure it.

CHAP. 227.

A Medicine to take away a heat or burning with Gun-powder.

TAke a good quantitie of Housleeke, and stampe it, and wring out the iuyce cleane: then take the Whites of fiue or six new laid Egges, and beat them in a dish vntill they be thin, and then take the scum off it, and put the iuyce and them together; and then wash the sore place with a linnen cloth, and then lay the same cloth aloft vpon the sore wet. Proued by M. Gayl.

CHAP.

CHAP. 228.

Another Medicine for burning or ſcalding.

TAke either blacke or gray Sope, and lay it immediately to the place which is burned or ſcalded, and it will ſpæ-dily helpe it. Probatum eſt.

CHAP. 229.

Another for the ſame.

TAke a good handfull of Anans, and as much Sheepes Dung, and fry them in May-butter, and ſtraine it, and let the Patient anoint the place grieued, with a little of the ſame ſtuffe, (the ſame being cold) twice or thrice a day (but let it be anointed firſt either with gray or blacke Sope) and let the Oyntment be ſpred vpon a fine flaxen cloth, if it may be gotten: and this will cure the ſore very ſpædily. Probatum eſt.

CHAP. 230.

A Medicine for burning or ſcalding in any place whereſoeuer.

TAke the white of an Egge and put it into a Pewter diſh, and then labour it with an Allom ſtone vntill you perceiue it to be like vnto a Poſſet curd: then take a pæce of fine linnen cloth, and wet it in Oyle Oliue, or in ſome o-ther Oyle: then lay the ſaid cloth vpon the ſore, and aboue it lay the curd before recited made of the white of the Egge, and that will both draw out the fire and heale the ſore.

CHAP. 231.

Another for the ſame.

TAke 4. Egges and roſt them, and then take the yolks out of them, and fry them in a pan ſoftly vpon the em-bers till they be black: and thereof will come an oyle (which you

you muſt put into a Gallipot to be kept ſafe) and when you will vſe it, take a Feather and anoint the ſore therewith.

Chap. 232.

A good Medicine for a burning, for want of other things.

TAke Berries of an Elder-tree, and ſtampe them, and lay them to the place grieued, and this will eaſe it greatly.

Chap. 233.

Another for the ſame.

TAke Oyle Oliue, and beat it with faire water vntill it be very white; and then anoint the place grieued therewith, and it will very ſpædily cure it.

Chap. 234.

Another for the ſame.

TAke twelue Egs, and let them be as new laid as may be, and then lay them in the fire and roſt them hard; then take the yolkes and chop them ſmall, and put them into an earthen pot, and ſet it ouer the fire, and ſtir it with a ſticke, and let it boile vntill you ſee it conſumed almoſt to nothing: Then take it, and ſet it to ſtand in the ayre for a quarter of an houre or more, and there will come an Oyle thereof; then take a feather and anoint the ſore with the ſame Oyle, and then take leaues of Harts-tongue, and lay them to the ſore, and binde a linnen cloth thereon, and this will gather ſkin againe.

Chap. 235.

Another for the ſame.

TAke a Hen-Egge, and roſte it vntill it be hard, and then take the yolke forth of it, and bruiſe it with a little freſh

Butter that is cleane without Salt, and anoint the place grieued therewith, and it helpeth.

CHAP. 236.

Another for the same.

TAke Waxe and Rosin, of each of them a pound, and halfe a pound of May-butter, and boile them wel together, (but it must bee continually stirred all the time that it doth boile) and then coole it againe, and make a plaister thereof, and apply it to the soze, and it will spedily helpe it. Probatum est.

CHAP. 237.

A very good medicine for any burning with fire.

TAke black Varnish, and with a Feather anoint the place well that is burned, and it will allwage the heat thereof, and it will heale it as faire as euer any other Medicine can, but let the partie grieued vse it continually vntill it be perfectly whole. This hath beene truly proued by M. Gray.

CHAP. 238.

An approued Medicine for any manner of burning or scalding, be it with fire, Oyle, or with Gunpowder.

TAke Salt dissolued with Water, or else Brine, and the strength of the same will take away both the paine and the heat of any burning, and especially if it be bathed with linnen clothes wet, or dipped in the same, and afterwards applied to the place which is burned or scalded, and this will helpe it presently.

CHAP. 239.

Another for the same.

TAke either blacke or gray Soape, and apply it immediately to the place grieued, and it will presently ease it. Proued by M. D. Lupton.

CANKERS,

CANKERS.

Chap. 240.

An excellent Medicine to kill a Canker in any part of mans bodie.

TAke a good quantity of Roch Allom, (as it is in the barrell) and as much wheaten Flower, and of Honey and Vineger, of each of them a like quantity, mingle them together, and make a plaister thereof, and lay it to the place grieued, and so let it remaine for the space of twelue houres, and put on a new one in the place; and so vse this for the space of three or foure dayes together, and it will heale it without all doubt.

Chap. 241.

Another excellent good Medicine for a Canker.

TAke ground Iuie, Plantane, Penniroyall, Woodbine, Daisies, Rosemary, Fetherfew, Sage, Lauender, Spike, and Herbgrace, of euery of them a like quantity, and two spoonefuls of White-wine-vineger: stampe and straine all these together, and then take Honey and Wheaten Flower, of each of them one spoonfull, and mingle them with the iuyce of the same Herbs, and let it be well stirred about, and then make a plaister thereof, and lay it cold to the place grieued, and it helpeth. Probatum est.

Chap. 242.

An approued Medicine to kill the Canker.

TAke a good quantity of the Barke of a Slo-tree, and chop it very ſmall, and boile them in a little faire running Water, and let it boile vntill it be blacke, and then temper it with a little Rie-meale, a little burned Allom powdred, and a little Honey, and ſo make a plaiſter thereof, and lay it to the place grieued, and it will ſpædily cure it, in whatſoeuer part of the body it be in. Probatum eſt.

Chap. 243.

Another for the ſame.

TAke a good quantity of fine Wheaten-flower, and of new Milke, Tarre, and Coleworts, as much as you thinke conuenient, and then boyle them all together, and make a plaiſter thereof, and lay it to the place grieued, and it will preſently helpe you. Probatum eſt.

Chap. 244.

A maruellous good water to kill the Canker and ſcurfe in the mouth.

TAke a good quantity of White-wine, and Selandine, red Sage, Roſemary ſtripped, Hyſope and Woodbine-leaues, each of them a handfull, and boile them in the White-wine, vntill the one halfe of it be conſumed; then ſtraine it, and wring forth the iuyce cleane, and then take halfe an ounce of Allom, a quarter of an ounce of white Coporas, and two or thræe ſpoonefulls of Honey, and mingle it with the iuyce aforeſaid, and ſet it on the fire againe, and ſo let it ſæthe a little while, and take it off, and ſtraine it againe, and then put it into a Viall, and when the partie grieued will vſe it, let him waſh the Canker with this water (being made luke-warme) two or thræe times euery day, either with

with a fine linnen cloth vpon one fingers end, or else vpon a ſtickes end, if it may not otherwiſe conueniently be come at. This hath holpen many.

Note, that after the patient hath well waſhed his mouth therewith, he muſt take a little Samphiere being beaten to fine powder, and (the Patients mouth being opened, with a Quill, or Reede) blow a little of the ſame powder vpon the ſore.

Alſo this Water will in a ſhort ſpace heale any old ſore, the ſame being waſhed often therewith, and a fine linnen cloth dipped therein and laid vpon the ſore.

Chap. 245.

An excellent good Medicine for the Canker in the mouth.

TAke Peny-royall, red Fennell, red Sage, Roſemary tops, and Mayden-haire, of each of them a good handfull, and a little Hyſope; boile theſe together in a quart of White-wine, and put thereto as much as two Walnuts of Roch Allom, and as much Honey as will make it ſweet: then take it and ſtraine it thorow a fine linnen cloth, and let the Patient waſh his mouth often therwith, and it will helpe him. Prob. eſt.

Chap. 246.

An excellent good Medicine for any manner of Canker, Vlcer, or for the diſeaſe called *Noli me tangere.*

TAke three ounces of Vnguentum Album, and of the iuyce of Plantane and Night-ſhade, Honey-ſuckle, Elder Flnellyn, of either of them the quantity of halfe an ounce, and the weight of halfe an Engliſh crowne of Tuttie, as much Verdigreaſe, mingle all theſe together, and make an ointment thereof, and let the place grieued be anointed therewith, and this will heale it.

Note also, that this disease (called Noli me tangere) happeneth oftentimes in the Nose, or about the face, and it beginneth oftentimes in similitude of a small round kernell or knob, and it causeth great paine, and if it be declining towards a pale and leadie colour, then may you iudge that the disease is very dangerous: notwithstanding it is good to vse the Ointment before expressed.

Chap. 247.

Another remedie for the Canker in the mouth.

TAke a good spoonefull of English Honey, and a good quantity of Roch Allom burnt in a fire-shouell, as white as Chaulke, (made to fine powder) and mingle it with Honey, and stirre it well with a sticke: then take a fine linnen cloth and wrap it about the end of the sticke, or some other instrument made for that purpose, and so dresse the Patients mouth well therewith, and this will cure it. Prob. est.

Chap. 248.

A good Medicine for a Canker in the mouth (both white and red) the white Canker will breake out, and the red will not.

TAke two handfuls of Woodbine-leaues, and a handfull of Sage, shred them very fine, and stampe them small in a morter; then take two spoonefuls of Honey, and as much Roch Allom as halfe an Egge, and a quart of faire running Water, and boile them all together vntill they be thicke, and then straine them thorow a fine linnen cloth, and put the liquor into a fine earthen pot, and couer it very close: and when occasion serueth for vse thereof, let the Patient anoint his gums therwith (within his mouth on the inside) or else if need require, let him anoint all his mouth therewith: and if it be a white Canker, then anoint the outside of his mouth, and then wet a cloth in the liquor, and lay it there-

thereunto, on the outside of the sore, and so let him use this three or foure times a day (but when he is dressed, let him alwayes lay his face to a warme Chasindish of coales, and then he shall perceiue the water come forth of his mouth aboundantly) but if the Canker be in the Nose, or in any place where it cannot be touched, then spout but some of the same liquor with a quill or Searinge, and it will heale him in a short space.

This liquor will be kept well one and twenty dayes, in his vertue, and no more. This hath beene often proued.

This Medicine is also good for sore lips, sore legs, or for any other sores.

Chap. 249.

For a Canker.

TAke Goose-dung and Celendine, bray them well together, and lay it on the Canker two nights.

Item, Goats dung and Celendine will doe the like.

Item, The third night lay on the bottome of a hot baked wheaten Loafe, as hot as the Patient can suffer it, that will bring forth the Canker and core.

Chap. 250.

Against any Canker or Vlcer.

TAke a quart of new Tanwose that neuer Leather came in, put thereto Sage, Bay-leaues, Violets, Woodbine Blossomes or Flowers, of each a handfull, and Allom one ounce; boile these all together, then straine it, and reserue it in a Viall close stopped to your vse, either for Searinge or Lotion.

Item, Roch Allom halfe an ounce, Verdigrease, three drams powdred; boile these in three pints of Smithes water, this cureth any Canker in mans Yard, by Searings or Lotion.

Chap. 251.

To know whether the Canker be in the flesh, sinew, or bone.

MIx Honey and the Gall of a Goat together, and anoint the place grieued therewith. If it be in the flesh, thicke water will issue forth. If it be in the sinewes, thin water will issue forth. If in the bone, like thicke bloud will issue forth. By these obseruances you may the better worke.

Chap. 252.

An excellent remedie for the Canker in the mouth or throat: and also to wash the teeth that be hollow and stinke.

TAke a good quantity of red Sage, and twelue crops of Rosemary, and a like quantity of Honey-suckles, wilde Daisies and Sinke-foile, and boile them all together in a pint of faire running Water, vntill it be halfe consumed: Then take a little Roch Allom, and burne it to powder, and halfe a spoonefull of Honey, and put therein, and then straine it thorow a fine linnen cloth, and when it is cold, put it into some glasse, or else an earthen vessell that may be stopped close, and let the Patient wash his mouth often therewith, and it will helpe him in a short time.

Chap. 253.

A good Medicine for a Canker in the mouth.

TAke White-wine Vineger, and Honey, of each of them a like quantity, and boile them all together with a little Roch Allom, and let the Patient wash his mouth therewith, as often as he shall thinke requisite, and this will cure him. Also the iuyce of Plantane, Vineger, and Rose-water mixed together, is exceeding good for a Canker or stinking breath.

Chap.

Chap. 254.

A good Medicine to drie vp a Canker and to ſtay it.

TAke iuyce of Woodbine, and iuyce of Marigolds, of each of them a like quantity, and a pretty quantity of Honey, and of powder of Camomill, and powder of Coporace, and powder of wilde Sage, of each of them as much, (burnt and mingled all together) and lay them on the place where the Canker is, and it will drie it vp. But to flea the Canker, take a red Onion, and lay it thereon, and it will both flea and cure it.

Chap. 255.

A very good Medicine for a Canker, or other diſeaſe in the Gummes or Throat.

TAke Plantane and Honey-ſuckles, of each of them a handfull, an ounce of Dayſie-leaues, halfe a handfull of Sage, and a quart of faire running Water, and boile all theſe together, vntill the one halfe be conſumed; then put therein fiue or ſix ſpoonefulls of ſharpe Vineger, fiue or ſix ſpoonefulls of Stone Honey, and as much Roch Allom as a Walnut, and then ſtraine it thorow a fine linnen cloth, and then let the Patient waſh his Mouth, Gums, or Throat well therewith, and it will cure him.

Chap. 256.

For a Canker in the mouth.

TAke a good quantity of White-wine Vineger, and as much Honey, and ſet them ouer the fire to boile, with a little Allom, and when you thinke it is well boiled, take it off, and ſo waſh your mouth well therewith, as often as need ſhall require.

Chap.

Chap. 257.

Another for the ſame.

TAke Vineger, Roſe-water, and iuice of Plantane, and mingle them together, and let the Patient vſe to waſh his Mouth oftentimes with the ſame, and it will helpe him. Probatum eſt.

Chap. 258.

Another for the ſame.

TAke the iuice of Woodbine, and Plantane, and a little Roch Allom, Roſe-water, and white wine vineger, and mingle them together, and let the Patient waſh his mouth well therewith, and it will helpe him in a ſhort ſpace. Probatum eſt.

Chap. 259.

A good Water for to cleanſe the mouth, and to faſten the teeth.

TAke Woodbine leaues and Sage, of each of them a handfull, and a ſpoonefull of pure Engliſh Hunny, and a peece of Allom as big as a good Walnut: boyle all theſe together in a quart of faire running Water, and let it boyle vntill one halfe be conſumed, and then ſtraine the ſame thorow a fine linnen cloth, and let the Patient waſh his mouth three or foure times a day therwith, (luke-warme) and this will cleanſe his mouth of any corruption that will abide therein, after any Canker or other diſeaſe.

CHILD-

CHILD-BIRTH.

Chap. 260.

A ſpeedie remedie for a Woman in labour, being in danger of life.

Take Amber, Iet, and of the Barke of Caſſia Fiſtula, the waight of two pence of each of them, and beat them into fine powder, and giue it to the woman to drinke in an Alebery, but let her looke that her Midwife be carefull and very diligent in attendance.

Chap. 261.

Another for the ſame.

Take a Date ſtone and grate it to powder, and giue the woman that trauelleth to drinke with wine, and (God willing) thee ſhall bee deliuered aliue without any danger. This hath beene proued.

CHAP. 262.

An excellent good Medicine for a woman labouring with childe.

TAke Mugwort, and ſeeth it very wel in fayre Running Water, and plaiſter it as hot as poſſibly it may be ſuffered, both to the Nauill and Thighes of the woman labouring with Child, and this will prouoke ſpædy deliuery of Child-birth and after-burden without any perill. But it muſt not be ſuffred to continue ouer-long to any part of her body, for if it doe, it will cauſe the Matrix to follow. This hath beene proued.

CHAP. 263.

To cauſe deliuerance of a childe aliue or dead.

LEt her drinke Betony in White-wine, it will cauſe ſpædy deliuerance, although the childe hath bæne long dead.

CHAP. 264.

For a childe turned in a womans belly.

TAke two crops of Southernwood, and as much of Hyſop, ſtamp it and ſtraine it forth with ſtale ale and giue it her.

CHAP. 265.

Another for the ſame.

TAke Hyſop, Veruaine, and Betony, of each of them a handfull, and ſtamp them very ſmall with ſtale Ale, and ſtraine it and wring forth the iuyce thereof, and let the woman that trauaileth drinke a good draught of it, and it will help her preſently without any danger at all. This hath beene proued.

CHAP.

Chap. 266.

Another for the ſame.

Take Betony, and drinke it either with Wine or Water, and it will cauſe a woman ſpedily to be deliuered, and very eaſily; yea, and though the childe be dead, or turned contrary to the right courſe, alſo it bringeth forth the after-birth: Alſo ſome doe affirme that Penny-royall will worke the like effect.

Chap. 267.

Another preſent remedie for a Woman that trauaileth with childe, to helpe her to a ſpeedie and good deliuerance.

Take Polipodium (otherwiſe called Oke-fearne) and ſtampe it very well, and make a plaiſter thereof, and apply it to the feet of the woman that trauaileth with child, and this cauſeth a ſpædie birth of the childe, either aliue or dead. This is a maruellous good ſecret, and hath beene truly proued.

Chap. 268.

Another excellent good Medicine to be giuen to a Woman labouring in child-birth, for to cauſe her to haue a ſpeedie and eaſie deliuerance.

Take as much Myrrh as the quantitie of a Walnut, and temper it well with Wine, and giue it to the woman to drinke warme, and this will cauſe her to haue ſpædie deliuery either quicke or dead. Probatum eſt,

COL-

COLLICK AND STONE.

Chap. 269.

A ſoueraigne Medicine for the Collicke.

TAke houſhold Bread that is made of Wheat that is cleane without Rie or Pulſe, and make a Toaſt thereof, and toaſt it at the fire, and euer as you toaſt it caſt Malmeſie on it; then take Lauender-flowers, and caſt them vpon the toaſt, and then lay it to the Nauill of the Patient as hot as possibly it may be ſuffered, and binde it on faſt with a linnen cloth, whereby it may not remoue, and it will helpe it. This hath helped many. Proued by M. Cox.

Chap. 270.

Another for the ſame.

TAke Time, Parſley-roots and Tops, and Eliſander-roots, of each of them halfe a pound, Aſhen-keys halfe a pound, and ſœthe them all together in a pottle of good ſtrong Ale, and let it ſœthe vntill the one halfe thereof be conſumed; then ſtraine it, and let the Patient drinke a good draught of it euery morning faſting, and it will eaſe him much. Probatum eſt.

Chap.

Chap. 271.

An approued Medicine for the Collick, Strangury, and the Stone.

TAke Grommell-ſeed, Parſly-ſeed, Nettle-ſeed, Violet-leaues, Smallage, Cherry-ſtones, Philopendula, Eliſanders, Saxifrage, Cummin, Fennell-ſeed, Annis-ſeed, Coriander, Sow-thiſtle and Dill-ſeed, of each of them a like quantitie: take all theſe and grinde them very well in a brazen Mortar, and ſearſe them very fine, and put away the greateſt thereof, then take the Gumme of Iuie, or elſe the Berries of Iuie dried and beaten to powder, and mingle it with the powder of the ſæds afore-ſaid, and let the Patient drink the powder either with White-wine, or elſe with ſtale Ale, or elſe let it be put into his Pottage, and ſo let him vſe it firſt and laſt for the ſpace of nine or ten dayes together, and it will helpe him.

Alſo water of Camomill diſtilled, being drunke when the paine is vpon you, the quantity of an ounce at a time faſting, and a little Suger after it to ſweeten your mouth, becauſe of the bitternes thereof, will helpe the Strangury or Stone in the Reines of the Backe, by often vſage thereof, firſt and laſt. Probatum eſt.

Chap. 272.

An eſpeciall good Medicine for the Collicke, and for diuers diſeaſes mentioned in the end of this Chapter following.

TAke Fennell-ſeed, Spikenard, Annis-ſeed, Maces, Nettle-ſeed, Ieat, Saffron, Ginger and Liquorice, of each of them two penny-weight, and three penny-weight of Sinnamon, and halfe an ounce of Seni, mingle all theſe together, and make a powder thereof, and when you will vſe it, put the quantity of halfe a ſpoonefull of the ſame at a time into your Poſſet-ale, or into your Pottage, and ſo continue it for the

the ſpace of foure or fiue dayes together, and it helpeth. This hath beene truly proued.

This is alſo good to cure the Stone, Dropſie, Strangurie, or Iaundiſe, with diuers other diſeaſes.

Chap. 273.

A ſoueraigne Medicine for the Collicke and Stone, and to breake them both.

Take Parſly-ſeed, Broome-ſeed, Grommell-ſeed, Fennell-ſeed, Plantane-ſeed, and Smallage-ſeed, of each of them a quarter of an ounce, halfe an ounce of Nutmegs, and of the fineſt Suger that may be gotten foure ounces: beat all theſe together in a morter vntill they are become very fine and ſmall: then ſearſe the powder thorow a fine Searcer, and put as much into your drinke thereof at a time, as the ſhell of a Haſle-nut will hold, or ſomewhat more; and ſo vſe to drinke this powder firſt and laſt for the ſpace of three dayes together, either with White-wine, or elſe with other drinke luke-warme: but if that the paine be extreme, then take Oile of Scorpions, mixt with Oile of Roſes, and anoint well the ſame ſide where the paine is, againſt the fire, and the partie grieued ſhall finde great eaſe thereby. Probatum eſt.

Chap. 274.

A good drinke to be vſed for the Stone.

Take Benedict' Laxat' ſix ounces, and put thereto a quarter of a pint of White-wine warme, and let the Patient drinke thereof, and ſo goe to bed and ſweat, and let him be couered very warme, and he ſhall finde great eaſe thereby.

Chap.

Chap. 275.

A good powder to be vſed for the Stone.

TAke the Water of Saxifrage, the Water of Pellitory, the Water of Parſly, the Water of Philopendula, the Water of Milke diſtilled, with a handfull of Cherry-ſtones bruiſed in a morter, and the Water of Smallage, of each of them three ounces, and mingle them all together, and put therein Parſly roots and ſeeds one ounce, and the Roots of Cardus Benedictus one ounce, and put them in an Ouen, and let them be very well dried, and ſo make it into powder.

Chap. 276.

A good Gliſter to be taken for the Stone.

TAke the Decoction of Mallowes, Pellitory of the Wall, Cardus Benedictus, Cole-worts, Setrarch, Oke-fearne, and Alkakengi Kernels, of each of them a like quantitie: then take Oyle of Dill, Oyle of Camomill, and Oyle of Lillies, one ounce of Hiera ſimplex, and a little Salt.

Chap. 277.

A Sirrop for the Stone.

TAke Endiue, Sorrell, and Water Lillies, one ounce, the Waters of Sinke-foyle and Endiue one ounce, mingle all theſe together, and giue thereof to the Patient to drinke both morning and euening, for the ſpace of eight or nine dayes, and it will doe him good.

Chap. 278.

A very good Medicine for the Collicke and Stone.

TAke Pellitory that groweth vpon the Wall, ground Iuie, Saxifrage, Mallowes, Auans, Parſly, Pepper, Cheruell, Mouſe-eare, and red Nettles, of each a handfull, and boile all theſe together in a little Whay, and clarifie the Whay with the white of an Egge, and let the party grieued

drinke a good draught thereof euery morning fasting, and it will ease him greatly.

Chap. 279.

A maruellous good plaister against the Stone, vsed altogether by Master Doctor *Strange*.

TAke Plantane, Fetherfew, Garden Tansey and Houseleeke, of each of them a like quantity, and then stampe them all together and straine them; then take the iuyce thereof, and put into it as much Beane-flowre as shall make it thicke, and then put three or foure spoonefuls of Honey thereunto, and so clarifie the same vpon the fire; which being done, put the iuyce and the Flowre into the Honey, and so boile them all together vpon the fire, vntill the same be become stiffe, like a plaister; then take the same and put it into some earthen pot, or gally-pot, and stop it close: And when you haue occasion to vse the same, take a double cloth that shall be a quarter of a yard broad, and as long as will goe round about you, and spread this plaister vpon it, and then wrap the same round about you, and sow it vp hard about your middle, and so weare the same in this sort, for the space of two dayes and one night, or else two nights and one day before you take it off, and you shall finde much ease thereby.

Chap. 280.

Another for the same.

TAke a gallon of the Milke of a red Cow, one handfull of Pellitory of the wall, one handfull of Philopendula, roots and all, one handfull of Saxifrage, one handfull of wilde Time, and one handfull of Reddish Roots: Pick and wash both the herbs and roots very well and cleane; then put all these together into the Milke, as aforesaid, and so let them steep therein for the space of a day or a night, or somewhat more; and then take all these things, both Milke and all,

all, and put them into a Stillitory, and diſtill them: Then take the water ſo diſtilled, and put it into a glaſſe, and keepe it cloſe ſtopped, and when you haue occaſion to vſe it, mingle a prettie quantity thereof either with White or Renniſh Wine, and drinke the ſame euery morning faſting, and let him be ſure to faſt an houre or two after he hath taken it; and he ſhall finde great eaſe thereby, eſpecially if it be often vſed, and for a good ſpace. This was much vſed by Maſter Iuſtice *Clynch* whileſt he liued, who found great eaſe thereby.

Chap. 281.

A good Medicine to be vſed for the Collicke and Stone in manner of a Plaiſter.

Take Parſly and Smallage, of each of them an ounce, and two ſpoonefulls of Capons-greaſe, and put them into an earthen veſſell, and let one of the ſpoonefuls of the ſame greaſe be put on the top of the herbs, and the other in the bottome, and let them boile on the embers from morning till night, and then ſtampe and ſtraine them, and hauing ſo done, take the ſame ointment and ſpread it vpon a linnen cloth, and lay it as hot as poſſibly it may be ſuffered, to the Nauill and bottome of the belly of the partie grieued, and it helpeth. Prob. eſt.

Chap. 282.

Another good Medicine for the Collicke.

Take a quart of White-wine, and Milke that is new from the Cow, or Goats Milke (if it may be gotten) and make a Poſſet thereof, and ſcumme away the curd cleane; then put into the Poſſet-drinke a handfull of Mother of Time, and as much young Parſly, and ſæthe them therein; then take a penny-worth of long Pepper, and bruiſe it, and put it therein, and let the Patient drinke a good draught thereof, firſt and laſt, and he ſhall finde great eaſe thereby. Probatum eſt.

Chap. 283.

A good Medicine for a woman that is troubled with the Collicke.

TAke Buds of Palme when they be flowred in March, and diſtill them with a quart of new Milke, and two handfulls of Cherry-ſtones, and let the Patient drinke a good draught of the ſame water euery morning faſting, for the ſpace of three or foure dayes together, and it will helpe her.

Chap. 284.

A good Medicine for the Stone.

TAke Time and Parſly, of each of them a good handfull, and boile them in White-wine a good while, and then ſtraine it, and then put therein a good ſpoonefull of white Sope, into a good draught of the ſame Wine, and giue it the Patient to drinke, and it will ſpeedily helpe him.

Chap. 285.

Another excellent good Medicine for the Collicke.

TAke a good quantity of the Leaues of Laurell-tree, and drie them and beat them to powder, and put thereto a good quantity of powder of Nutmegs, and mingle them with freſh Butter, and with a linnen cloth binde it to the Nauil of the party grieued, and the ſame will doe him much good.

Chap. 286.

Another for the ſame.

TAke a handfull of Grounde ſell, and ſtampe it well in a morter, and put thereto an ounce of Cummin, and fry them with Sheepes Suet, and ſtale Ale, and make a plaiſter thereof, and lay it to the Nauill of the partie grieued as hot as it may be ſuffered. This hath beene proued.

Chap.

Chap. 287.
Another approued Medicine for the Collicke and Stone.

TAke Philopendula, Scabious, Mouſe-eare, and Water creſſets, of each of them a like quantity, and the middle rinde of the Barke of an Elder-tree: put all theſe together into an Ouen that is hot, and dry them well and make a powder of them, and giue the Patient a ſpoonefull thereof at a time either in poſſet Ale, or in Ale it ſelfe warme.

Chap. 288.
Another for the ſame.

TAke the weight of 8. groats of Cummin, the weight of ſeuen groats of Galingall, the weight of ſix groats of Bayes, fiue groats weight of long Pepper, the weight of foure groats of Fennell-ſeed, the weight of three groats of Eliſaunder ſeed, two groats weight of Parſly ſeed, and of Engliſh Safforn one ſcruple: beate all theſe to powder in a brazen Morter, and let it be wel ſearced, and then put thereto a good quantitie of fine Suger, and mingle them well together, and let the party grieued vſe the ſame powder in his pottage, (the quantity of halfe a ſpoonefull at a time) and let him vſe this powder in his drinke, (as in old Ale or elſe in white Wine, but it is beſt in pottage) and it will helpe him. Prob. eſt.

Chap. 289.
Another for the ſame.

TAke a pottle of white Wine that is pure and good, and put it into a pot, and then take two great blue Flint-ſtones, and let them be as big as they will hardly goe into the pot where the Wine is: then caſt the ſtones into the fire where they may be red hot, and take them forth and quench them in the Wine which is in the pot, and then take them forth of the pot againe, and put them in the fire

againe, as aforesaid, and so in like manner the third, fourth or fifth time, or as often as need shall require, and vntill the one halfe of the Wine be consumed away: and when you see that it is halfe consumed, then set it to stand where it may be well settled, and then let the partie grieued drinke of it, and let him vse it as he shall thinke good, or that he shall feele any paine, and this will cure him of the Collicke and Stone: For by experience, I know that it did helpe one M. Tayler of Bristoll, that was prisoner in the Kings Bench, with diuers others.

Chap. 290.

An excellent good and perfect Medicine to cure the Collicke, Stone and Strangury.

TAke fiue or six leaues of Lawrell, Annis, Caraway, and Fennell-seeds, of each halfe a dram, and stampe them and straine them in Ale, or if they be dry, beat them to powder, and put them in Ale, and let the Patient drinke thereof fasting, and let him be kept warme all the same day after in his Chamber, for after the receipt thereof, he shall haue fiue or six stooles or more. This Herbe groweth in Gardens, and is like Mistle-toe, and it hath leaues like vnto the Herbe which is called Missell, which groweth in old Apple-trees, and beareth a Berry of the bignesse of a Wart, and it is commonly giuen Cattell for Medicines.

The next day after that the Patient hath taken his Medicine, as aforesaid, make a powder of these things following, (*Viz.*) Philopendula and Saxifrage, of each of them an ounce, Coriander-seed prepared, Grommell-seed, and Elisander-seed, of each of them halfe an ounce, Iuie-berries, Broome-seed, Blossomes of Elder-flowres, of each of them an ounce: and the like quantity of Annis-seed, Fennel-seed, and halfe an ounce of the Roe of an Herring, the Rounds of a Thorneback-fish, (which is a round Nut which you shall finde within the prickes which stand vpon the fishes backe) and Oke-fearne dried to powder, of each of them an ounce: beat

beat all these to powder, and mix them together, and for the space of six or seuen dayes following, after the former receipt, let the Patient take a spoonefull of the same powder, and temper it with stale Ale, and drinke it euery morning fasting; but he must abstaine from meat and drinke for the space of foure or fiue houres after the receipt hereof. This hath cured many.

Chap. 291.

A good Medicine for to cure the Collicke.

TAke Black-berries, Hawes, and Acornes, and drie them vpon Tiles, then take the powder of them seuerally, of each of them a spoonefull, and searse it fine, and giue it the Patient in Malmesey, euery morning fasting, to drinke for the space of fiue or six dayes together, and it will helpe him.

Chap. 292.

A soueraigne Medicine for the Collicke.

TAke a good large Tosse of houshold Bread, made of pure and cleane Wheate, and euer as you are toasting and turning of it, sprinckle or cast some Malmesey thereon: That being done, take some dryed Lauender-flowres, and cast them vpon the Tosse; and then lay the same on a thinne cloth, and as hot as it may be suffered, lay it as close as you can to the Nauill of the partie grieued, and he shall finde great ease thereby.

Chap. 293.

A good Medicine for the Collicke and Stich.

TAke halfe a pound of Sheepes Suet, Rybwort, Red Sage, and Elisanders, of each of them a like quantitie, and Grownes of Malmesey, and put thereto, and sethe them all together, and make a plaister thereof, and apply it

to the place grieued, and anoint your selfe with Oyle-Oliue, and Oyle of Balme, both mixt together; and so vse this foure or fiue times, and it will helpe you. Probatum est.

Chap. 294.

A speciall medicine for the Collicke, and for diuers other diseases mentioned in the end of this Chapter.

TAke Fennell-seed, Spikenard, Annis-seeds, Maces, Nettle-seed, Iet, Saffron, Ginger, and Liquorice, of each of them three penny-weight, two penny-weight of Cinnamon, and halfe an ounce of Seny, mingle all these together, and make a powder thereof, and when you will vse it, put a spoonefull thereof into some Posset-ale and drinke it, or else put it into your Pottage, and this will doe you exceeding much good.

This is also good to cure the Stone, the Dropsie, the Collicke, Strangury, the Iaundise, and diuers other diseases.

Chap. 295.

An approued Medicine for the Collicke and Stone.

TAke Carret-roots, Parsnep-roots, of each of them an ounce, and slice them thin, and lay them to steepe in a pint of White-wine, and there let them remaine for the space of two dayes and two nights, and then straine the same, and let the Patient drinke thereof both morning and euening, and this will helpe him. Probatum est.

Chap. 296.

An approued good Medicine to breake the Stone.

TAke a Cocke of a yeare old, and open him, and you shall finde in his Maw small white stones, which when you haue found, wash them very cleane, so that there remain no filth at all amongst them; then take them & beat them in a Brazen morter to a very fine powder, and then put it into the best White-wine that may be had, and then let

let the party grieued drinke thereof, euery morning fasting, and this will breake the Stone, and cause it to auoid in shiuers.

Chap. 297.

Another good Medicine to helpe the Stone, and also to cure the Strangurie.

TAke red Bramble-berries, (but they must be taken before they be blacke) Iuie-berries and Acornes, and put them into two seuerall pots to drie in an Ouen, and there let them dry vntill you finde that they be fit to be beaten into powder, then take Seeny of Alexandria, Parsly-seeds, Grommell-seeds, Broome-seeds, Coliander-seeds, and of the inward part or pith of Ashen-keyes, take of each of these a like portion, and twice as much Liquoriee finely scraped, as the weight or substance of all these commeth vnto: Then beat them all into powder, and mingle them all together, and so vse to drinke them both morning and euening in Posset-drinke, made either with White-wine, or else with Rhennish-wine, vse this drinke twice or thrice a weeke, and this will helpe you.

Chap. 298.

A very good Medicine for the curing of the Collicke and Stone.

TAke an ounce of Cloues and Mace, a handfull of Time, a handfull of Rosemary, and as much Hysop, and seethe all these in a pottle of White-wine, and let it seethe from a pottle to a quart, then put therein a little Suger, and then drinke the same luke-warme, at such time as you be in paine, and when it is well sodden, as aforesaid, you must burne it, as you doe commonly vse to burne other Wines.

Chap. 299.

Another for the same.

TAke as much Camomill as will lye in the palme of your hand, and of Pellitory of the Wall, and Auans, each of them:

them a handfull, and a ſpoonefull of Parſly-ſeeds a little bruiſed: then make a Poſſet of Rhenniſh-wine, and let the Curd be cleane ſcummed off, and then boile all the things before rehearſed, in the ſame Poſſet-drinke, till all the ſubſtance of them be cleane boyled out, and then uſe to drinke this both firſt and laſt, and it will helpe you.

Chap. 300.

Another for the ſame.

TAke Grommell-ſeed, Parſly-ſeed, and Annis-ſeed, of each of them two ſpoonefulls, græne Fennell one handfull, one Parſly-root, one Raddiſh-root (let either of them be as long as a finger) Vnſet Time, Cherry-ſtones, and Philopendula, of each of them one handfull: waſh all theſe cleane, and bruiſe and ſtampe them together very ſmall, and then boile them in a pottle of White-wine, in an earthen pot cleane ſtopt, and let it boile vntill a pint thereof be conſumed, and then let it runne thorow a fine linnen cloth without ſtraining, and let the patient drinke a good draught thereof, both morning and euening, and this will doe him much good. Diſtill all theſe.

Chap. 301.

Another for the ſame.

TAke a new laid Egge, and put forth all the yolke and white cleane: then take the ſhell, and drie it well vpon a Tile-ſtone, and then make a powder thereof, and when occaſion ſerueth, let the patient take a prettie quantitie thereof, either in Beere or White-wine, and let him drinke it firſt and laſt, or at any other time of the day that he ſhall thinke meet, and this will either breake or conſume the Stone. This hath beene proued by one M. Roſe to be good for the Stone, and to cauſe one to make water that is much troubled therewith.

Chap.

CHAP. 302.

Another for the ſame.

TAke Vnſet Leekes, Mallowes, and Pellitory of the wall, of each of them a like quantitie, and ſtampe them very well, and put thereto a penny-worth or two of Neats-foot-Oyle, and fry them well together in manner of a plaiſter, and then put them into a bagge made of linnen cloth, and (the ſame being hot) lay it to the belly of the Patient, and it will helpe him in a ſhort ſpace.

Alſo for the Stone, lay the ſame to the Reins of the back behinde, and it will ſpeedily eaſe it. This hath beene ſufficiently proued.

Likewiſe Berries of Iuie beaten to powder, and drunke in White-wine, or elſe with ſtale Ale hot, will cauſe one to make water that often cannot.

Alſo Wood-Betony, both roots and leaues, being cleane waſhed, and dryed in an Ouen where browne bread hath beene drawne forth; and the ſame well beaten in fine powder, and ſo drunke in White-wine, in Poſſet-ale, in Pottage, or in ordinary drinke, cauſeth one to make water immediately, although he be much troubled therewith.

COL-

COLLICK PASSIO.

Chap. 303.

A good powder for to helpe one that hath the Collicke passio.

TAke Carraway-seed, Annis-seed, and Fennell-seed, of each of them halfe an ounce, Galingal, Ginger, and Sinnamon, of each of them two drams, Cloues, Mace, and Cardus Benedictus, of each of them halfe a dram, Setwall, foure or fiue drams, fine Suger, eight ounces, mix all together, and make a powder thereof, and when you haue occasion to vse it, take the quantity of an ounce, and put it into your drinke, and drinke it at all times when you shall thinke it conuenient, and it will doe you exceeding much good.

WIND-COLLICK.

Chap. 304.

An approued Medicine for the Wind Collick, and for a Stich in the ſide, which commeth by reaſon of the Wind.

TAke Capillus Veneris, Parſly-roots, and Fennell-roots, white Ginger, and Enula Campana, of each of them a quarter of an ounce, bruiſe them together, and let the partie grieued drinke the iuyce thereof with White-wine, and let him drinke it both morning and euening, euery day, for the ſpace of foure or fiue dayes together, and doubtleſſe this will doe him much good.

Chap. 305.

Another for the ſame.

TAke halfe a pound of the neweſt ſheepes Tallow that may be gotten, and of Rib-wort, red Sage and Eliſanders, of each of them a like quantity: then take a good quantity of the grounds of Malmeſey, and put amongſt the reſt; and then ſæthe all theſe together, and then make a plaiſter thereof, and lay it to the place where the paine is, and let the Patient be well anointed with oyle of Balme, and oyle of Oliue mixt together, and ſo let him vſe this for the ſpace of foure or fiue times, and it will helpe him. Probatum eſt.

Chap.

Chap. 306.

Another for the ſame.

TAke a good big Reddiſh-root or two, and ſlice them, and of Ginger thin ſliced two races; and then ſteepe them in a pint of White-wine, for the ſpace of a night, and when you haue ſo done, take the roots forth, and let the Patient drinke the quantitie of halfe a pint thereof at a time, and this will helpe him.

Chap. 307.

Another for the ſame.

TAke Sacke and Aqua vitæ, of each of them a quarter of an ounce, and put thereto a peece of fine Suger, and let the Patient drinke it euery morning faſting for the ſpace of fiue or ſix dayes together, and it will helpe him. Prob. eſt.

Chap. 308.

Another for the ſame.

TAke a quart of Ale clarified,, and two ſpoonefulls of the Flowre of Liquorice, and a ſpoonefull of the Flowre of Anniſ-ſeed, and halfe a ſpoonefull of Fennell-ſeed bruiſed, a little Time, and ſeethe them all together vntill it be waſted from a quart to a pint: then ſtraine it thorow a fine linnen cloth, and ſo vſe it both morning and euening, for the ſpace of foure or fiue dayes together warme.

Chap. 309.

Another good Medicine for to helpe the Collickein the ſide.

TAke a ſmall woodden diſh, and firſt put therein cold aſhes, then lay vpon them a few hot embers, without any great coales at all among them, and then ſtrew thereon

on a good quantity of Cummin-seed, and lay vpon the top of the dish a good quantity of Camomill, and sprinkle it ouer with Malmesey, and so doe still vntill the dish be filled; then couer the dish with a faire linnen cloth double, and then lay the same, as hot as possibly it may be suffered, to the bare skin of the patient, on the same side where the griefe is, and so vse this three or foure times, and it will helpe him. But if you want Cummin-seed, then take red Sage, Hysope, Time, Camomill, and Peny-royall, of each of them a good quantitie, and vse this as is said of the Cummin-seed, before. This hath holpen many.

CONSVMPTION.

Chap. 310.

For one that is in a Consumption.

TAke Aqua vitæ and Rosa-solis, of each of them a pottle, a pound of fine Suger, beaten small, halfe a pound of Dates, halfe a pound of Liquorice, tried and beaten small, (put the Aqua vitæ and the Rosa-solis together, and let them stand so for the space of three dayes together, then straine it through a cleane cloth, and put thereto all the foresaid Spices, and when you will vse it, take a spoonefull thereof with a draught of Ale, euery morning and euening, for the space of twenty dayes, and this will helpe him.

Chap.

Chap. 311.

A good Medicine to be vsed for one that is in a Consumption.

TAke a pottle of Rose-water, and as much Goats or Asses Milke, if it may be gotten, or else of the Milke of a Cow that is all of one colour, and put therein the number of fiftie or sixtie yolkes of Hen Egges that are new laid: temper the Yolkes and the Milke, and Rose-water well together, (but let none of the Whites remaine among them) and distill a water thereof, and giue it the Patient to drink first and last warme, with a Cake or two of Manus Christi, which is made of Gold or Pearles: vse this and he shall finde great comfort by it. This hath holpen many.

Chap. 312.

Another for the same.

TAke a new laid Egge, let it be reare rosted, and put therein a Cake of Manus Christi, and let it lie therein, vntill it be dissolued: then let the Patient eat it, and so let him vse this both morning and euening for the space of nine dayes, and it will doe him much good. Probatum est.

Chap. 313.

A Remedie for one that hath a Consumption in the Reines.

TAke a handfull or two of Clary-leaues, and pricke them, and foure or fiue Yolks of Hen Egges newly laid, make a Tansie hereof, and vse it eight mornings together with Nutmegs and Suger: then take Saffron, and drie it vpon a Tile-stone, or some such thing, and grind it very small, and put all these together and fry them in fresh Butter, and let the Patient eat it first in the eight mornings, and this will doe him exceeding much good.

Chap.

Chap. 314.

An excellent drinke to be vsed by one that is in a Consumption.

Take Long-wort, Liuer-wort, Harts-tongue, and red Sage, of each of them a handful, halfe a handful of Parsly, a handful of good Liquorice, an ounce of Annis-seeds, an ounce of Sinnamon finely beaten to powder, two peny-worth of white Ginger, two penyworth of white Suger-candy, two Nutmegs and a penniworth of Cloues, and if the patient be bound in the body, then put a little Seny and a dram of Rubarbe therein, if not, (leaue those two things out) and boyle all these together in a pottle or somwat more of the best new wort that may be gotten (but it must be brewed without any hops at all) and let it boyle vntill it come to three pintes, but if you put any Seny therein, then put the quantitie of three quartes of the same wort, and boyle it to a pottle: then put it to stand, and then straine it, and so vse it.

Chap. 315.

An excellent good Ielly to be made and had for one that is in a Consumption.

Take a Cocke or Capon that is new killed, and scald him and wash him cleane, then take a legge of Veale, and cut away all the fat from it, and let the Cocke and Veale lye in water for the space of foure or fiue houres, and seethe them together in a gallon of faire running Water, and as it doth seethe, still scum off the fat, vntill you haue left no fat at all vpon it, and let it seethe continually ouer a soft fire vntill halfe the broth be consumed: then put into it Rackt Renaish Wine, or else white Wine, to the quantity of a pottle, and then let it boyle all together, vntill it bee come to a quart, and then put therein the Whites of 3. or 4. new laid Eggs, and then clarifie it, and let it run thorow a Ielly bag, and afterwards set it on the fire againe, and put into it an

ounce of Cinnamon groſſe beaten, and a pound of fine Suger, and let it runne thorow a Jelly-bagge againe, as before, three or foure times at the leaſt, and make a Jelly thereof, and let the Patient eat thereof cold, and he ſhall receiue much comfort thereby. This is alſo good for many other diſeaſes.

Chap. 316.

A good way to diſtill a Cocke, which is maruellous for one that is in a Conſumption, or hath any other diſeaſe.

Take a red Cocke, which is of the age of foure or fiue yeeres, and kill him, and dreſſe him very faire, and diuide him into foure quarters, and bruiſe them, then picke out all the fat very cleane: then take halfe a handfull of red Mints, a handfull of Harts-tongue, and put them into a pot, and couer it cloſe, then put thereto halfe a pint of faire running Water, and as much pure Malmeſey, ſir crops of Hyſope, one root of Parſly, one root of Fennell, one root of Endiue, drie Red-roſe leaues, Reiſins of the Sunne, and Pruines, of each of them fiftéene, and foure or fiue Maces, and let it diſtill for the ſpace of twelue or thirtéene houres, and let the pot be cloſe couered with paſte, with a recouer vnder it, and let the Patient drinke the ſame faſting.

CHIN-

CHIN-COVGH.

Chap. 317.

A very good Medicine for the Chin-cough.

TAke Bores-greaſe, and warme the ſæt of the Patient at the fire, and chafe and rub them with the ſame Greaſe; and when you thinke that you haue rubbed and chafed them enough, let him goe to bed, and there let him be kept very warme, and let there be clothes enow laid to his fæt. This may be vſed to little childꝛen, and it will helpe them. Probatum eſt.

Chap. 318.

Another for the ſame.

TAke a Mouſe and flea it, and dꝛie it in an Ouen, and beat it to powder, and let the partie grieued dꝛinke it in Ale, and it will helpe him. This is alſo good foꝛ them that cannot hold their water. Prob. eſt.

COVGH.

Chap. 319.

An approued Medicine for a Cough.

Take three or foure Figges, and roſt them well, and put them in a cup of Beere, and put therein a little Liquorice and Anniſeeds, beaten to powder, and ſet it to ſtand by the fire vntill it be warme: then take out the Figges and eat them, and when you goe to bed, drinke vp the drinke alſo, and couer your ſelfe warme: vſe this for the ſpace of foure or fiue dayes together, and it will breake the Cough. This hath beene ſufficiently proued.

Alſo eating a toſted Figge euery night to bed-ward, helpeth much.

Chap. 320.

A very good Medicine for a Cough or Stitch.

Take a quart of Malmeſie, Annis-ſeeds, and Vnſet Hyſop, of each of them a handfull, a Liquorice ſticke or two bruiſed, and halfe a two-penny-diſh of ſweet Butter: ſeethe all theſe together till they be thick; and then take and ſpread the ſame vpon a Toaſte of fine Wheaten-bread, and put it within a fine linnen cloth, and lay it to your ſtomacke as hot as you may ſuffer it: but if you will vſe it for a Stitch, the Butter muſt be left out of it.

Chap.

Chap. 321.

Another for the ſame.

TAke a quantity of Cheſtnuts, and eat them with Honey faſting in the morning: vſe this often, and it will helpe the Cough, although it be neuer ſo extreme.

Chap. 322.

A Speedie remedie for the Cough and Flegme in the ſtomacke.

TAke a quart of ſtale Ale, and one handfull of Hayriſſe, (otherwiſe commonly called Gooſe-meat) which groweth in ditches and moyſt places, and Liquorice pared, and ſmall Reiſins, of each of them a good quantity, boyle them all together in the Ale vntill the ſame be conſumed to a pint, and then let the partie grieued drink twice or thrice thereof, and doubtleſſe this helpeth.

Chap. 323.

An excellent good drinke to breake the Cough.

TAke two penny-worth of Liquorice, and let it ſoake in faire running Water, and ſo let it ſtand for the ſpace of foure and twenty houres, and then let the patient drinke a good draught of it when he goeth to bed as hot as hee can drinke it, and then let there be a hot Boord, or a logget of Wood, laid (as hot as may be ſuffered) to the ſoles of his feet when he goeth to bed, to prouoke him to ſweat if he can, and ſo in the morning doe the like againe, and doubtleſſe within three dayes he ſhall be well. Probatum eſt.

Chap. 324.

A Medicine for the Cough and ſtraitneſſe of the pipes.

TAke drie Figs and Hyſope, and ſtampe them well together, and boile them with Honey, and let the patient vſe to drinke it faſting, and it will helpe him. Prob. eſt

Chap. 325.
An excellent good approued Medicine for an extreme Cough.

TAke Fennell-roots cleane washed, and Annis-seeds, of each of them a like quantity, and a little Liquorice, and sæthe them all together in White-wine, and then straine it and put it into an earthen pot, and stop it close, and when you goe to bed, drinke a good draught thereof, and the next morning take a Figge and a Date, and rosse them, and then eat them as hot as you can: and when you haue so done, forbeare eating and drinking for the space of two or three houres after, and in three or foure dayes you shall be well.

Chap. 326.
Another for the same.

TAke Hore-hound, and Hysope, Colts-foot, Maydenhaire, and Liquorice, of each of them a like quantitie, and a little Water and Suger, and boile them together, vntill they become a Sirrup, and so vse to eat this morning and euening, and at all other times when you shall thinke conuenient, and this will breake the Cough. Probatum est per D. Lopes.

Chap. 327.
Another for the same.

TAke a tosse of Bread, and make it very hot and browne, and put as much Sallet-oyle on both sides thereof, as the Bread will receiue, strew thereon the powder of Annis-seeds, and eat it: vse this both morning and euening, and it will doe him much good. Probatum est per D. Wootton.

Chap. 328.
Another for the same.

TAke a little of the Root of Elicampane, Reisins of the Sunne, and Figs, and cut them in small peeces, and Annis-seeds,

nis-ſeeds, Hyſope, Liquorice, and Hore-hound, of each of them a like quantity, and a little Engliſh-Honey: boile all theſe together in faire running Water, and then ſtraine it, and drinke it euery morning faſting, for the ſpace of three or foure dayes together, and it will helpe you.

Chap. 329.

A very good Medicine for the Cough, and to breake the Flegme.

TAke a pottle of pure Muſcadine, and a quart of Hyſop-water diſtilled, and fiue or ſix good Races of Caſe-Ginger, pare off the rinde from them very cleane, and then ſlice them: then take as much Liquorice as you haue Ginger, and pare it likewiſe: then take two good handfulls of Suger-candy, groſly bruiſed, and mix all theſe together, and boile them, and put them into a Glaſſe, and ſhake it often, and ſtop it cloſe; and let it ſtand for the ſpace of foure and twenty houres, and then let the Patient drinke thereof, as often as he ſhall thinke good, or as neceſſity of the cauſe ſhall require.

Chap. 330.

Another Medicine for the Cough, and to drie vp the Rhume and Flegme.

TAke two or three penny-worth of Cloues and Mace, a handful of Bay-ſalt dryed at the fire, a handfull of Cummin, and a handfull of Sage; take all theſe and beat them well together, and then put them into a linnen bagge (made for the purpoſe, of the length and breadth of a mans hand, and let it be quilted) and put it to the mould of the head of the Patient, and let him take it off euery morning and euening, and warme it well, and lay it to the ſame place againe, and he ſhall finde great eaſe thereby. Probatum eſt.

Chap. 331.

A good powder to be vſed for the Cough, and wheezing of the Pipes and Noſe.

TAke an ounce of Caſe Ginger, beaten to fine powder, and an ounce of Elicampane roots dryed and beaten to powder, then take a pound of Suger-candy beaten ſomewhat fine, halfe a pound of Liquorice, and halfe a pound of Annis ſeeds, and Carraway-ſeeds halfe an ounce (and let them be both well fearſed) and then mingle all the things before ſpecified together, and then put the ſame powder into a boraxe bladder, and when you goe to bed, eate a ſpoonefull thereof, and as much in the morning faſting, and it will helpe you in ſhort ſpace.

Chap. 332.

An excellent good Medicine for the Cough, and for the ſtopping of the Breſt: and alſo to open the Pipes, and to auoid corruption.

TAke Rootes of Elicampane, and Hyſop dryed, and ſhred them ſmall, and of Peare-wardens twice as much as of both the others; then put them all together in an Earthen pot, and put as much clarified Hunny thereto as will make it ready to ouerflow the ſaid ingredients, and then couer it hot, and ſtop it cloſe that no breath may iſſue forth of it, and ſet it in an Ouen, and bake it with a batch of bread, and when occaſion ſerueth, let the patient take a ſpoonefull thereof euery morning and euening firſt and laſt, and it will helpe him.

Chap. 333.

A perfect good Syrrup for a Cough.

TAke halfe a pound of white Suger-candy, halfe a pinte of Roſe-water, and a good quantity of Liquorice, cleane paſed

red and bruſed, Annis-ſeeds and Liquorice of each an ounce: boile all theſe together, vntill you ſée it come to a Syrup, then ſtraine it thorow a fine linnen cloth, and put it into a glaſſe, and ſo vſe it when you ſhall thinke conuenient.

COVGH OF THE LVNGS.

Chap. 334.
A moſt ſoueraigne Medicine for the Cough of the Lungs.

TAke a handfull of Reiſins of the Sunne, and let them be very cleane waſhed, and the ſtones picked out, and a penny-worth of Maiden-haire, halfe a ſpoonefull or more of Annis-ſeeds bruiſed ſmall, ten or twelue Figs, halfe a pound or ſomewhat more of Portugall Suger, and three pints of Roſe-water: and boyle all theſe together vntill the one halfe be conſumed away: then ſtraine it thorow a fine cloth, and euery morning drinke two ſpoonefulls thereof luke-warme, and you ſhall finde preſent remedie thereby. Probatum eſt per M. Baker.

Chap.

Chap. 335.

Another for the ſame.

TAke halfe a pound of the fineſt Suger that may be gotten, and a good quantity of Annis-ſeeds and Liquorice, and two handfulls of great Reiſins, and let the ſtones be cleane picked out, two penny-worth of Mayden-haire, a gallon of faire running Water, and a pound of Figges: Boile all theſe together vntill the one halfe be conſumed, and then ſtraine it into an earthen pot, and when you will vſe it, take a little thereof at a time, and put it into a cup or cruſe to warme, and ſo drinke it both morning and euening, or at any other time as you ſhall thinke good.

COLD.

Chap. 336.

A very good Medicine for the Cold.

TAke a pottle of Ale, and ſcum it very cleane, and then take Hyſope and Penny-royall, of each of them halfe a handfull, Annis-ſeeds and Liquorice, of each of them one ounce, three penny-worth of Caſe-Ginger, and ſix or ſeuen Figs ſliced, (if the Figs doe not make it ſweet enough, then put in a little fine Suger, and the Liquorice and Ginger muſt be ſliced, and the Annis-ſeeds bruiſed) and then boile it on the fire vntill the one halfe

halfe be conſumed; then take it off, and ſtraine it thorow a fine linnen cloth, into ſome glaſſe or earthen pot, where it may be kept cloſe: then let the Patient drinke thereof both morning and euening, for the ſpace of fiue or ſix dayes together, and he ſhall finde great eaſe thereby. Probatum eſt.

Chap. 337.

Another for the ſame.

Take Hyſop, Roſemary, and Colts-foot, of each of them a like quantity, and ſæthe them in a pottle of White-wine, vntill the one halfe be conſumed; then take it from the fire, and ſeparate the herbs from the liquour, and then put the herbs into a morter, and ſtampe them very well, and ſtraine them, and then put the liquor into the pot againe, and put thereto a pint of Engliſh Honey, and boile it and ſcum it cleane; then take a little May-butter, (if it may be gotten) and clarifie it, and put it into the liquor, and then let it ſæthe a little ſpace after, and ſtraine it againe thorow a fine linnen cloth,, and put the liquor into a glaſſe, or ſome other cleane veſſell, and let the patient drinke this ſeuen or eight ſpoonefulls thereof at a time with ſtale Ale, both morning and euening, and let him vſe it in this ſort vntill he be well. Probatum eſt.

Chap. 338.

A Medicine for the ſtopping of the Noſe and head, which commeth by taking of cold, either in the feet, or otherwiſe.

Take a good quantity of the iuyce of Primroſe, and blow it with a Quill into the Patients Noſe, and let him kæpe himſelfe warme after it, and it will cleare both his head and Noſe.

Chap.

Chap. 339.

A very good drinke for the cold, and to open the Pipes.

TAke Endiue, Succory, Parſly, Fennell, Burrage, Hyſop, Time, Penny-royall, Germander and Neepe: of each of them a good quantity, and boile them all together in a pottle of faire running Water, and let it boile vntill the one halfe be conſumed, and then ſtraine it, and put into it two ſpoone-fulls of good Wine-vineger, and three or foure ounces of fine Suger to ſweeten it, and ſo let the patient drinke euery morning and euening for the ſpace of three dayes together, a good draught thereof, and it will helpe him. Probatum eſt.

Chap. 340.

An excellent good remedie for a Cold.

TAke halfe a pint of Hyſope-water, a pint of ſtale Ale, two ſpoonefulls of Honey, and an ounce of Suger-candie, and then boile them all together vpon a ſoft fire, and be ſure to ſcum the ſame very cleane: (that done) let it boile vntill the one halfe thereof be conſumed: then take a ſticke of Liquorice, and ſhaue off the vttermoſt rinde thereof, and bruiſe the one end of it, and dip it into the ſame liquor often, and then let the patient ſucke the ſtickes end often, and this will helpe him in a ſhort ſpace, be hee neuer ſo hoarſe. Probatum eſt.

COL-

CHOLLER

Chap. 341.

A good Medicine to cauſe one to vomit vp, and to auoyd Choller.

TAke fiue or ſix Dock-roots, and waſh them very cleane, and take forth the pith of them, then take a few tops of red Mints, and a little Worme-wood, and keepe them in a quart of Ale or white Wine, for the ſpace of one night, and let the Patient drinke halfe a pint thereof at a draught, and let him vſe this for the ſpace of ſix or ſeuen dayes together, and it will both cauſe him to vomit vp Choller, and cleanſe the body in all parts: but it muſt be taken betwixt the firſt day of March, and the laſt of Iune, and perhaps it will cauſe him to haue three or foure ſtooles. This hath beene truly proued.

Chap. 342.

A marueilous good Medicine to cauſe one to auoid abundance of Choller.

TAke halfe an ounce of Caſſia, which is newly drawne, and a dram of good Rubarbe, and let them be infuſed, for the ſpace of a night, with the water of Endiue, and a little Spikenard, and an ounce of Sirrup of Violets; then take them and mingle them all together, with the quantitie of three or foure ounces of Whay, and let the Patient drinke it warme, and this will cauſe him to auoid much Choller. Probatum eſt.

CRAMPE.

CRAMPE.

Chap. 343.

A preſent remedie for the Crampe.

TAke Oyle of Violets, Holi-hocke, and Swines-greaſe, of each of them a like quantity, and make an oyntment thereof, and let the partie grieued anoint the place very well therewith, where the griefe is, and doubtleſſe this will in a ſhort ſpace helpe him. This hath beene oftentimes proued and found true.

Smell euery night, when you goe to bed, to the ſtinking ſweat that is betweene your toes, being picked with your fingers, this helpeth the Crampe without faile, if you vſe it.

Chap. 344.

Another for the ſame.

TAke Pionie-roots, and beat them to powder, and then make a little bagge of Silke or linnen cloth, and put the powder therein, and hang it about the Patients necke, and let him vſe to ſmell often thereto, and it will helpe him.

Chap.

Chap. 345.

A very good Medicine for the Crampe, and for the ſounding and ſhaking of the Heart, which commeth thereby.

TAke a quarter of a pint of White-wine-vineger, and a handfull of Bay-ſalt, (if it may be gotten) or elſe white Salt, and temper them well together; then take a peece of new woollen cloth, and ſteepe it therein, and lay it to the pulſes of the Patient, and it will helpe him, or at leaſt wiſe he ſhall finde great eaſe thereby.

Chap. 346.

Another for the ſame.

TAke the little bone that is in the knee-joynt of the hinder legge of an Hare, and touch the place grieued therewith, and it will ſpeedily helpe the Crampe.

Chap. 347.

Another for the ſame.

TAke Camphire and Roſe-water, and a little Saffron, and mingle them all together, and let the party grieued waſh his hands and pulſes often therewith, and ſo ſmell to them often, and this will doe him much good.

Chap. 348.

Another for the ſame.

TAke Nutmegs, Cloues, Sinnamon, and Saffron, of each of them halfe an ounce, and mingle them with a little Roſe-vineger, and make a plaiſter thereof, and lay it to the pulſes of the Patient, and it will helpe him. Probatum eſt.

CORNES.

CORNES.

CHAP. 349.

An excellent good Medicine to take away Corries on the feet or toes.

TAke Oysters and open them, and cut out the white pith that groweth vnto the shells, and drie it, and make a powder thereof, and when you goe to bed, cut your Corne with a sharpe knife, and picke out as much of the root as you can; then put some of the same powder into the hole (and if you will, you may vse a little sublimed Mercury, which is to be had at the Apothecaries) and then wrap a linnen cloth about your toe, and it will eat the Corne cleane away. This hath beene proued.

CHAP. 350.

Another for the same.

TAke blacke Sope, and Snayles, of each of them a like quantity, and stampe them together, and make a plaister therof, and spread it vpon a peece of white Leather, and lay it vpon the Corne, and it will take it cleane away within seuen or eight dayes space.

Also lay a plaister of Galbanum to the Cornes, being neere pared or cut, this cureth them.

CHAP.

Chap. 351.

Another for the ſame purpoſe.

TAke a knife and pare the Corne as neere the quicke as it may be ſuffered, and then take the inner part of a Figge, and a prettie quantity of Verdigreaſe, and mix them both together, and lay the ſame to the Corne, and binde it faſt thereunto with a linnen cloth, and this will in a ſhort ſpace eat out the root of the Corne. This hath beene proued by I. B.

Chap. 352.

Another for the ſame.

FIrſt pare away the Corne cleane, and then lay thereto the quantity of a Peaſe of Turpentine and red Wax, boyled together, and this will take away the Corne.

Chap. 353.

Another for the ſame.

FIrſt pare away the Corne, and then take a black Snaile and bruiſe it, and put a drop or two of the iuyce thereof into the place grieued, and put thereto a little powder of Sandphere, and it will take away the Corne very ſpeedily.

Chap. 354.

Another for the ſame.

TAke vnſlecked Lime, (the Corne being firſt pared cleane away, as aforeſaid) and put the quantitie of a Peaſe thereof into the hole, and couer it with a plaiſter made of Wax and Roſin mixed together, and let it continue on the place for the ſpace of foure and twenty houres, and it will preſently helpe it.

DRINKE, AND DYET-DRINKE.

Chap. 355.

An excellent good Dyet-drinke to be vſed for any manner of diſeaſe whatſoeuer.

FIrſt buy a Dyet-pot, and fill it full of faire running Water, (but let it want the quantity of a quart of being full) and put thereto a quart of White-wine, and then ſet the pot ouer a ſoft fire of coales, and put into the pot a pound of good Liquorice, cleane ſcraped, and cut into ſmall peeces, and halfe a pound of Annis-ſeeds bruſed, halfe a pound of Lignum vitæ, (it is to be had at the Turners) and an ounce of the Barke of the ſame tree, which is to be had at the Turners alſo: then let all theſe boile together for the ſpace of two houres, or vntill you ſee a good part of the liquour conſumed, then ſtraine it into ſome earthen veſſell that is cleane, and keepe it cloſe, and drinke a good draught thereof warme, both firſt and laſt.

Chap.

Chap. 356.

Another excellent good and precious Drinke, ſeruing for diuers and ſundrie diſeaſes, as appeareth in the end of this Chapter.

TAke a good quantity of Roſemary (when it hath the full ſap in it) and bruiſe it in a Morter, and put it in an Ipocras bagge, or elſe into ſome linnen cloth, or into a boulter; then put it into ſome white Muske-wine, or elſe into ſome Rheniſh-wine, and tye to the bagge of Roſemary a ſtone, whereby it may ſinke into the bottome of the veſſell, and let it remaine there for the ſpace of three or foure dayes, then take it forth, and put it into a Dyet-pot, with a gallon of the ſame White or Rheniſh-wine, and ſet it vpon the fire to ſeethe, and then ſcum it very cleane, and when it is halfe conſumed away with boyling, put it into an Ale-pot, or elſe into a glaſſe that is made for that purpoſe, with a hole in it, within an inch of the bottome, that you may put a quill or cocke therein to draw forth the Wine by from the Lées: then put this Wine into a cleane veſſell againe, and ſtop it very cloſe, but drinke none of it vntill it be a moneth old, (then drinke it out of the quill or cocke) and take héed that you doe not ſtirre it for troubling of it, but that it may be cleare Wine when you will vſe it; take a good glaſſe-full euery morning faſting, and as much in the euening.

This before rehearſed is called *Vinum Roſemarium*, and it is good for all the defects of women, whereby conception is hindred: alſo it cureth the trembling of the heart: it helpeth the Cough: it reſtoreth Appetite: it comforteth the Heart: it cauſeth eaſie fetching of breath: the face being waſhed therewith, it maketh faire: it doth purifie the bloud: and it is alſo good to waſh any wound or ſore, beſides many other vertues that it hath.

Chap. 357.

A moſt excellent good and wholeſome Wine made of Sage, for to be drunke at all times, for diuers and ſundrie cauſes, as ſhall appeare in the end of this Chapter here following: If you waſh your mouth therewith, it will helpe the Tooth-ach, and paines of the Gummes: it is alſo good for the Palſie, it cureth the Crampe, it helpeth thoſe that bee Lunaticke, it reſtoreth Sinewes that bee ſhrunke, it expelleth ill humours out of the bodie, and it is good againſt the Plague or Peſtilence.

TAke a good quantity of Sage, both white and red, and boyle it very well in Muſcadine, and then ſtraine it thorow a fine linnen cloth, and with a Funnell put it into a Glaſſe, and ſtop it very cloſe, and when the Patient will vſe it, let him drinke a good quantitie thereof both morning and euening for a certaine ſpace, and according to the griefe wherewith hee is troubled, and this will perfectly and ſpeedily heale all the diſeaſes hereafter: (Viz.) If you will waſh your mouth often therewith, it will cure the Tooth-ach and paines of the Gummes: It is alſo good againſt the Palſie, it cureth the Crampe, it much helpeth thoſe that are Lunaticke, it reſtoreth Sinewes, which through many caſualties happen to be ſhrunke: It expelleth all euill humours out of moſt parts of the bodie; and it is maruellous good againſt the Plague or Peſtilence. This hath beene truly proued.

Chap.

Chap. 358.

A marueilous good drinke to be drunke for the Dropſie, and to heale all manner of Swellings, Leproſie, and ſpots, and it will alſo increaſe great ſtore of Milke in womens breſts.

TAke of white Muſke wine, what quantity you ſhall thinke good your ſelfe, and put therein a good quantitie of Fennell, with ſome of the Seed there, and ſome of the Roots cleane picked and waſhed, and the pith of them cleane taken forth: ſéethe all theſe together in the aforeſaid Wine, vntill the one halfe of it be conſumed away, then ſtraine it thorow a Filter, otherwiſe called an Ipocras bag, into a glaſſe, and then ſtop it cloſe, and let the Patient vſe to drinke a good draught thereof euery morning faſting.

Chap. 359.

An excellent good remedie for the Dropſie.

TAke Elder-roots, and ſéethe them, and then ſtraine forth the iuyce thereof, and let the partie grieued drink a good draught thereof at a time, for the ſpace of thirtie dayes together, and let it be taken thrée times euery day: (Viz.) in the morning, at noone, and at night, and it will cure the Dropſie forthwith.

DROPSIE.

CHAP. 360.

A maruellous good drinke to be vſed for one that is infected with the Dropſie.

TAKE two pound of red Sage, and waſh it very cleane, and put in a peece of white Dough, and make it ſo cloſe that no breath may iſſue forth of the Dough, and put it into an Ouen and bake it; then take out the Sage and beat it into powder with the ſame Dough, and then put to it the weight of a pound and halfe of Lead, and hang it in a gallon pot, and fill the pot either with good White-wine, or elſe with ſtrong Ale, that the cloth and the herbs may be couered; and then ſtop it very cloſe, and let it ſtand ſo for the ſpace of foure and twentie houres, (and ſo as occaſion ſerueth, you may vſe it) and let the Patient drinke but only this, vntill hee haue recouered his health againe; and when this drinke is gone, let him haue more new made, as afore-ſaid, and this will doe him exceeding much good.

This drinke is alſo good for thoſe that are troubled with the Palſie.

CHAP.

Chap. 361.
Another for the ſame.

TAke a good quantitie of Bryonie, and ſeethe it in faire Water, and let the Patient vſe to drinke the ſame often, and it will cure him immediately. This hath beene truly proued.

Chap. 362.
A diet drinke for the dropſie, to vſe all the time of the ſickneſſe, or for any other windie or moiſt diſeaſe.

TAke the chauings of ſweet Iuniper two drams, Iuniper berries bruiſed, Aſhen-barke bruiſed, the roots and barke of the Saxafrage-tree, of either one dram, of Liquorice bruiſed and mundified one ounce, of Wal-wort-roots, Caper roots, Cammocke roots thinne ſliced one dram, of Marſh-Mallowes roots in great peeces one dramme, Parſly roots, Fennell roots, Eringus roots two ounces thinne ſliced, Parſly-ſeed and Fennell-ſeed bruiſed two ounces; put all theſe in a large Pipkin cloſe couered, put on them as much faire ſealding water as will but couer them in the Pipkin; then cut or paſte the couer cloſe to the Pipkin, that no ayre goe out; ſo let it ſtand in hot imbers, but not to boile foure and twentie houres; when it is cold, put all theſe ſimples and liquour in ten gallons of new Ale, let them worke together till the Ale be ſtale and readie to drinke: let the Patient vſe no other drinke during his ſickneſſe but this, neither at meales nor otherwiſe.

Chap. 363.
An excellent Medicine of the Dropſie.

TAke the roots of Kneeholme, (it is of the ſame that the Butchers make their bruſhes or bromme of) Parſly-roots and Fennell-roots, of each of them (finely ſcrapt and ſliced) a good handfull, of Iuniper berries halfe a handful, of Anniſ-

ſeed and Eliſander-ſeed, of each of them a ſpoonefull: ſæthe all theſe together in three pints of cleare Poſſet-Ale, and let it boile vntill it come to a quart, then take a handfull of dead Bees, and ſtampe them in a wooden diſh, and ſtraine them into this Poſſet-Ale, and ſo let the Patient drinke euery fiue houres a good draught thereof, and this will helpe him in a ſhort ſpace. Probatum eſt. I. G. Gent.

Chap. 364.

Another for the ſame.

TAke Roots of Wormewood, Petty-morrell, and Fetherfew, of euery of them halfe a pound, of Fennell, Parſly, Sage, Hyſop, Smallage, Auens, Mints, Water-creſſets, Hore-hound, Endiue, Liuerwort, and the middlemoſt Barke of an Elder-tree, of euery of them a quarter of a pound: then take all the Herbs and Roots, and ſtampe them all together in a ſtone Morter, and then put them into a new earthen pot which was neuer vſed before, and put into them two gallons of White-wine, or elſe two gallons of good Wort, and let them boile in the pot vntill the one halfe of the liquour be conſumed away, then ſtraine it, and put it into the pot againe, (that being made cleane) and let it be couered very cloſe, and let the Patient drinke the quantity of halfe a pint thereof at a time, and let him vſe to take it firſt and laſt, but note this, that which is taken in the morning muſt be cold, and that which is taken in the euening muſt be hot, and let his meat, as Mutton or Chickins be drie roſted, during the time of his Diet-drinke: let him eat no Broth nor moyſt meats.

DEAFE-

DEAFENESSE AND HEARING.

Chap. 365.

An excellent good Medicine for Deafeneſſe in the Head.

TAke a quart of Malmeſie, and a quarter of a pint of cleere running Water, a peny-worth of Cummin, and eight or nine leaues of Betony, and boile them all together vntill halfe the liquor be conſumed, then take the pot wherein the Medicine is boiled, and couer it cloſe with a Tunnell, and binde it about the verges or brimme, whereby the heat may not iſſue forth, then put a quill into the other end of the Tunnell, and let the Patient hold his eare cloſe, that the heat may aſcend vp into his head; and when hee is wearie of holding the one eare, let him turne the other to the ſame place, and whileſt that the heat is aſcending vp into one of his eares, let the other be well ſtopped with blacke Wooll, and let him alſo apply hot clothes to keepe in the heat on the other ſide of his head whileſt the Medicine worketh, and let both ſides be vſed alike, and let the Patient vſe this three times a day, (Viz.) in the morning, noone, and night, and ſo continue it for the ſpace of eight or nine dayes together,

and

and during all that ſpace, he muſt abſtaine from any open aire, and doubtleſſe this will helpe him: for by experience I know, that it hath cured both men and women that were aboue fiftie yeares of age.

Chap. 366.

Another for the ſame.

TAke Earth-wormes and fry them with Gooſe-greaſe, and drop a little thereof warme into the deafe or pained eares, and this will helpe the ſame, but it muſt be vſed nine or ten times, at the leaſt. Probatum eſt.

Chap. 367.

An excellent good Medicine for the paine in the Eares, which hindreth the hearing.

TAke two handfulls of Sage, two handfulls of Hyſope, and halfe a pound of the youngeſt Roſemary that groweth vpon the great branches, and put them into a little bagge or pillow made for that purpoſe, and let it be boiled in Roſe-vineger, Aqua vitæ, and Roſe-water, and let the Patient vſe this to his eare as hot as he is able to abide it, and apply this: in twice or thrice doing, it will helpe him. Probatum eſt.

Chap. 368.

An excellent good Medicine for one that is Deafe and cannot heare.

TAke Bay-berries, Bay-leaues, Betony, and Sticadoes, of each of them a handfull, ſeethe them in White-wine, vntill it be conſumed to the halfe; but if it be for an old man, it muſt be in Malmeſie, then put it into a veſſell with a narrow mouth, and hold your eare ouer it, the veſſell being vnſtopped (neither too hot, nor too cold) as hot as you may ſuffer it, then take Oyle of bitter Almonds, and let two or three

thꝛée dꝛops thereof fall into your Eares, and be ſure to haue alwayes a locke of woll that groweth betwixt the ſheepes legges, and then ſtop your eares cloſe therewith, and if you put a little Muſke in the woll, it will be better. Probatum eſt.

Chap. 369.

An excellent good Medicine for one that is Deafe, and that his hearing is almoſt cleane gone.

TAke Sallet-oyle that is pure and ſwéet, and put thereto Annis-ſeed, Perriwinkles, Sorrell and Wormewood, of each of them an ounce, and dꝛie them and beat them to powder: then take powder of old Roſes, and an ounce of Colloquintida, and boile them in the Oyle afoꝛeſaid, a good while: then ſtraine it thoꝛow a fine cloth, into a Sawcer, oꝛ Poꝛenger, and with a feather dꝛop thꝛée oꝛ foure dꝛops into the Patients eare warme, and ſo let him vſe this euery day, both moꝛning and euening foꝛ a certaine ſpace, and it will helpe him. Probatum eſt.

Chap. 370.

A maruellous good Water to be vſed for the Hearing.

TAke a good quantitie of Betony, and an Onion that is round and white, and a pꝛettie quantity of Roſemary, halfe a pound of bitter Almonds, and a good bigge Eele that is both fat and white: cut and thꝛead theſe very ſmall together, and diſtill them in a Limbecke, and then take the water that commeth from them and put it into a glaſſe, and when you will vſe it, dꝛop thꝛée oꝛ foure dꝛops of it into your eares, and it will reſtoꝛe you to your hearing againe. This hath beene ſufficiently proued.

Chap.

Chap. 371.

An excellent good Medicine for the Hearing.

TAke a good quantity of womans Milke, and warme it in a Sawcer on the fire; then dip a linnen cloth therein, and bathe the Eare well therewith that is moſt deafe: then take a pint of pure Malmeſie, and put a few Cloues into it, and heat it in a pot on the fire boiling hot: then take a little Tunnell and put into the mouth of the pot, and let the fume paſſe thorow it into your eare: then take a little Oyle of bitter Almonds, and warme it in the Sawcer, as you did the Milke aforeſaid, and bathe your eare againe well therewith; then take a little black Wooll and dip it in the ſame Oile, and then ſtop your eare very cloſe and keep it warme: vſe all theſe things afore rehearſed, in ſuch ſort as they are here expreſſed, as hot as any of them may be ſuffered, and in ſo doing, for the ſpace of nine or ten dayes together both morning and euening, and it will cure this infirmity.

Chap. 372.

A preſent remedie for one that cannot heare.

TAke an Hedge-hog, and flay him and roſte him, and let the Patient put ſome of the Greaſe or Fat that commeth from him, into his eare, with a little liquid Storax mingled therewith, and he ſhall recouer his hearing in a ſhort ſpace: This hath holpen ſome that could not heare almoſt any thing at all, and hath beene troubled with this impediment for the ſpace of twentie yeares, and yet were holpen with this Medicine.

Chap. 373.

Another for the ſame.

TAke an Oxe-gall, and the Piſſe of a male Goat, and mingle them together, and put ſome of the ſame into the Patients deafe eare, and incontinently he ſhall be holpen. Probatum eſt.

Chap.

Chap. 374.
Another for the ſame.

TAke two ſpoonefulls of the iuyce of Rue, and as much womans Milke, that giueth ſucke to a maiden childe, and boile them together either in a Pomegranet ſhel, or elſe in a Porrenger vntill it be curdled, then ſtraine it and take blacke Wooll and dip it in the ſame iuyce, and drop two drops thereof into your eare, and ſo vſe it both morning and euening, for the ſpace of nine or ten dayes together, and keep it very warme, and this will helpe you. Probatum eſt.

Chap. 375.
A ſoueraine Medicine for the paine and buzzing in the Head, which hindreth the Hearing.

TAke a cloue of Garlicke, and pill it cleane, and then make three or foure holes in the middeſt of it, and dip it in a little Engliſh Honey, and put it into your eare, and put a little blacke Wooll in after it, and for that night, let the Patient lye vpon the contrary ſide, and let the eare that is ſtopt be vpright, and the next night following let him vſe the other eare in like ſort, and lye on the other ſide as before, and ſo let him alter his courſe euery other night, and vſe it for the ſpace of eight or nine dayes together, and this will expulſe all ill humours out at his Noſe, eaſe the paine, and reſtore the hearing. Probatum eſt.

Chap. 376.
Another experienced Medicine for one that is deafe, and that his hearing is almoſt cleane gone.

TAke a red Onyon and picke out the Core cleane that is in the middeſt thereof, and put into the ſame place ſome Oyle of roaſted Almonds, (but let the Onyon be ſomewhat warme before you put the Oyle therein) and ſo let it ſtand for the ſpace of a night, and then bruiſe it, and ſtraine it into a Porrenger or other cleane diſh, and let the Patient haue

haue three drops thereof at a time put into the eare both morning and euening, and let his eare be cloſe ſtopped with a little blacke Wooll which groweth vnder the eare of the blacke ſheepe, and when he is in bed, let him lye on the ſame ſide: thus vſing firſt the one eare, and after the other in like manner as before, and by Gods helpe it will cure him.

CHAP. 377.

Another approued Medicine for one that cannot ſcarſe heare.

TAke a good ſiluer Eele, (if poſſibly ſhe may be gotten) or elſe ſome other bright Eele, and roſte her vpon a ſpit, and let the dripping of her be kept very cleane in ſome earthen veſſell, and when you doe goe to bed, put the quantitie of a quarter of a ſpoonefull thereof at a time into your eare, and then ſtop it cloſe with a little of the Wooll that groweth betwixt the two eares of a blacke ſheepe, and the next night following vſe the contrary eare, as afore is ſaid, and ſo continue this for the ſpace of nine or ten dayes, and it will helpe you. Probatum eſt.

EYES, AND EYE-SIGHT.

CHAP. 378.

FIRST it is to be conſidered what things are good for the Eyes, and what are not: for the Eyes are the moſt neceſſary members of all other appertaining to Mans body, and without the ſight of them, we can of

of our owne ſelues doe nothing: therfore theſe ſmall members are chiefly to be regarded, and according to my ſimple skill and knowledge, I haue here ſet downe diuers and ſundrie Medicines for the Eyes, who are the only windowes of the minde, both for ioy and dread, and the moſt of our affections are openly knowne and ſeene through them, and they are ordained and made of purpoſe to lighten all the body: where Nature hath giuen both Browes and Eye-lids for to defend and keepe them in ſafetie, and the better to reſiſt all ſuch things as in any wiſe are preiudicial and hurtfull vnto them, as appeareth here in the next Chapter.

Chap. 379.

Things very hurtfull for the Sight.

TO eat Garlicke, Onyons and Leekes: to eat ouer-many Lettice: to trauell or to goe too ſudden after Meat: hot Wines, cold ayre: Drunkennes, Gluttony, Milke, Cheeſe: ouer-much beholding of White and colours: much ſleepe after meat: too often vſe in letting of blood: Colewoorts, Duſt, Fire, much weeping, and ouer-much watching.

Chap. 380.

Things good for the Sight.

MEaſurable Sleep, red Roſes, Veruaine-roots, Fennell, Selandine, Pimpernell, Oculus Chriſti, Veruaine, Rue, Betony: to waſh your eyes often with faire running-water: to looke vpon any greene or pleaſant colours: to looke often in a faire pleaſant and perfect Glaſſe, and to waſh your hands and feet very often.

WATERS

WATERS FOR THE EYES.

Chap. 381.

An excellent good Water to preſerue the Eye-ſight.

TAke a new laid Egge, and roſte it hard; then cut the ſhell in the middeſt, and take forth the Yolke cleane, and then take a peece of Coporas and put it into the ſame place where the Yolke lay, and then binde the Egge together againe, and ſet it to lye in the fire againe, and let it remaine there vntill the Coporas be diſſolued to water: then take all the white out of the ſhell, and cut it into ſmall peeces, and put it into a Glaſſe of faire running Water, and ſo let it ſtand a little while; and then ſtraine it thorow a fine linnen cloth, and keepe it in a Viall or Glaſſe cloſe ſtopped, and euery morning and euening let the Patient waſh his eyes therewith, and it will doe him exceeding much good. This hath beene often proued.

Chap. 382.

Another good and comfortable Water for the Eyes.

TAke Sage, Fennell, Veruaine, Betony, Euphraſia, or Eye-bright, Pimpernell, Sinkefoile, and Herbe-grace, powder

of

of white Ginger, and white Salt as much as will lye on a ſix-penny peece, and lay them all to ſteepe in White-wine, for the ſpace of one night, and diſtill them in a Stillitory of Glaſſe or Pewter; and when you will vſe it, take a fine linnen cloth and dippe in the ſame Water, and ſo vſe to waſh your eyes often therewith, and you ſhall perceiue your ſight to grow very cleare and bright in a ſhort ſpace. Probatum eſt.

Chap. 383.

Another for the ſame.

TAke of iuyce of Euphraſia, or elſe the Water that is made of it, inſomuch that it is the beſt Herbe that poſſibly may be had for the eyes, what way ſoeuer you will take it or vſe it.

Chap. 384.

Another for the ſame.

TAke a good quantity of red Fennell, and of Veruaine, Roſe-leaues, Rue, and Selandine, of each of them a like quantitie, and diſtill them all together, and you ſhall haue a perfect, pure, and comfortable Water thereof for the eyes.

Chap. 385.

Another experienced good Water for the eyes.

TAke Selandine, Fennell, Sage, Roſemary, Veruaine, and Rue, of each of them a good handfull, and waſh them cleane, and then drie them againe with a linnen cloth: then put them into a Limbeck, and diſtill them, and let the Patient drop ſome of this Water into his eyes often-times, and this will recouer his ſight againe, although it be ſuppoſed to be almoſt paſt all hope of recouery. For it hath beene truly proued.

WATERS FOR THE EYES.

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Chap. 386.

Another for the ſame.

TAke the iuyce of all these herbs following, (Viz.) Fennell, Selandine, Rue and Eye-bright, of each of them two ounces, of Englith Honey one ounce and a halfe, of Alloes, Tuttie, and Sarcocoll, of each of them halfe an ounce, of the Gall of a Cocke, Capon, or Chicken, two or three drams: of Nutmegs, Cloues and Saffron, of each of them a dram, and six drams of Suger-candy: take all these and put them into a Limbecke of Glaſſe, and diſtill them, and let the Patient put some of this Water into his eyes, once or twice a day, and this will doe him very much good. Alſo, if that the Liuer of a Male Goat may be gotten, and mixed with these things afore rehearsed in the diſtillation, then will the same water be of much greater force, and almoſt without any comparison at all, to be made of such Water for the benefit of the eyes.

Chap. 387.

Another ſpeciall Water to cleare eyes that are bloud-ſhot.

TAke a good quantity of Dayſies, both Roots and Leaues, and waſh them very cleane, and then ſtamp and ſtraine them, and with the iuyce which commeth forth of them, let the Patient waſh his eyes often, and this will helpe him. Probatum eſt.

Chap. 388.

A maruellous good Water to recouer the Eye-ſight, the ſame being hindred by any cauſe whatſoeuer.

TAke three drams of Tuttia, made into ſmall powder, and a like quantity of Aloes Epaticum, and three drams of fine Suger, ſix ounces of Roſe-water, and as much White-wine: mingle all these together, and put them into a glaſſe, and

and ſtop it cloſe, and ſet it to ſtand in the Sunne for the ſpace of a moneth (ſtirring it together once euery day) then take the ſame and diſtill it, and when you will vſe it, take the quantitie of ſix drops at a time of the ſame Water, and drop it into your eyes both morning and euening, and ſo continue it for a ſhort ſpace, and it will cauſe your ſight to come againe, and be as cleare and as perfect as euer it was before. This hath beene proued by one that recouered his ſight againe, hauing loſt it a moneth before. It was miniſtred vnto himſelfe.

Chap. 389.

Another good Medicine for clearing of the Eyes.

TAke a good quantity of Dayſie Roots, and waſh them cleane, and ſtampe them in a morter, and ſtraine the iuyce forth thereof, and then put into the ſame iuyce the white of a new laid Egge, and then put it into Sawcer, and with a feather ſcumme the froth off cleane, and then let the Patient dip a feather into the ſame, and drop it into his eyes, and it will doe him exceeding much good.

Chap. 390.

Another for the ſame.

TAke white Roch Allom that is kindly, a ſmall quantity of Roſe-water, and the iuyce of red Fennell, and the white of an Egge well beaten, and the ſcum cleane taken off, then mix the white of the Egge, and the other things together, and then ſtraine them thorow a fine linnen cloth, and put the water into a Viall, and when you will vſe it, take a feather, or elſe with your fingers end put a drop thereof at a time into your eyes, and it helpeth.

Chap. 391.

Another good Medicine to cleare the Eye-ſight.

MAke a powder of Fennell, Annis, and Elicompane, and temper them with Aqua-vitæ, and then drie them

againe, then let the Patient euery Morning and Euening eat a pretty quantity thereof, and it will not onely cléere the ſight of the eyes, but it will alſo purge the winde, and make one that is old ſeeme young a long time after. This hath been truely proued.

Chap. 392.

Another for the ſame.

Take pure new white Wine and infuſe therein the herbe that is called Eyebright and Wood-Betony, of each a ſmall handfull, and ſo let it remaine for the ſpace of thrée dayes together: then ſeethe it with a little Roſemarie in it, and let the Patient grieued drink a good draught thereof both Morning and Euening, and it wil helpe him and cauſe him to haue his ſight both perfect and good: Let him alſo vſe to eate euery Morning a new layd Egge reare roſted, and put therein ſome powder of Eyebright, and that will likewiſe doe him much good. This hath beene proued and found true by ſome that haue wanted their perfect ſight and did vſe Spectacles, and yet thereby they haue recouered their perfect ſight againe.

Chap. 393.

An excellent good Medicine for ſore eyes.

Take Tuttie of Alexandria, Rue, Selandine, and red Fennell, and beat it into fine powder and temper it wel with a quart of white Wine, and put thereto an ounce of Red Roſe-leaues, and boyle them all together ouer a ſoft fire vntill the one halfe be conſumed: then ſtraine it thorow a fine cloth, and put it into a glaſſe, and when you wil vſe it, either with a Feather or with the top of your finger, drop thrée or foure drops thereof at a time into your eyes both Morning and Euening, and this will helpe you. Prob. eſt.

Chap.

Chap. 394.
Another for the ſame.

TAke rotten Apples and diſtill them, and with the Water thereof waſh your eyes often, and it will both cleanſe and cleare your ſight. Probatum eſt.

Chap. 395.
A very good Medicine to kill the Pin and the Web in the Eye.

TAke red Sage, red Fennell, three-leaued Graſſe, Selandine, and Dayſies, of each of them a like quantity: then take the White of a new laid Egge, and beat it till all the froth may eaſily be taken away, and then put thereto halfe a ſpoonefull of Honey: then ſtampe the herbs ſmall together, and ſtraine them, and put the iuyce thereof to the white of the Egge and the Honey, and let them be well tempered together; and let the Patient drop a little of this into his eyes, where the paine is, and then take a plaiſter of Flaxen Tow, and dip it in the ſame iuyce, and lay it vpon the Patients eye, and binde it faſt, and let it continue there for the ſpace of two houres after euery time that it is dreſſed, and it will cure it in a ſhort ſpace. Probatum eſt.

Chap. 396.
Another for the ſame.

TAke Leaues of Selandine, and ſtampe them well and ſtraine them, and with a feather put one drop of the iuyce thereof into the eye of the Patient, and it will preſently helpe him. Probatum eſt.

Chap. 397.
A very good Medicine to kill a Pearle or Web in the Eye.

TAke a good quantity of three-leaued Graſſe, that beareth the Honey-ſuckle, and Eyebright, and bruiſe them well

in a morter, or elſe in a woodden diſh; and then ſtraine it, and let the partie grieued put ſome of the ſame iuyce into his eye, and by vſing this twice or thrice a day for the ſpace of ſix or ſeuen dayes together it will helpe him. Prob. eſt.

Chap. 398.

Another for the ſame.

Take three leaues of Dayſies, and a good quantity of Burſa paſtoris, (otherwiſe called in Engliſh, Shepherds-purſe or Ponch-woort, and Cheſtlops (otherwiſe called Wood-lice) ſtampe and ſtraine them into a little ſtrong Ale, and drinke a good draught thereof at a time three ſeuerall mornings together, (two houres before you riſe) and you ſhall finde great eaſe thereby, notwithſtanding your eyes will be ſore: then waſh them in faire running Water, and then take ſome of the drinke aforeſaid, two or three mornings againe, and by Gods helpe you ſhall finde great eaſe in them for a long time after.

Chap. 399.

Another ſoueraigne Medicine for a Web in the eye.

Take a good quantity of Snailes, with their ſhells vpon them, and waſh them very well, and then diſtill them in a common Stillatory, then take of the Galls of Hares, red Currall, and Suger-candy, and mingle them well together, with the ſaid Water, and diſtill them againe; then take the ſame Water and put it into a Glaſſe or Viall, and when you will vſe it, take a drop thereof, and put it into your eyes, both morning and euening, and it will helpe you.

Chap. 400.

Another for the ſame.

Take the whites of Egges that are hard ſodden, white Roſe-water, Suger-candy, and a little white Coporas, and mingle them well together, and then ſtraine them very hard thorow a fine cloth, and put it into an earthen veſſell,

or

or elſe into a Glaſſe, and ſo waſh your eyes with the ſame three times a day, (Viz.) in the morning, at noone, and at night, and this helpeth.

Chap. 401.

Another ſoueraigne Medicine for the Web in the Eye, if it be old, and hath continued long.

TAke red Pimpernell, Selandine and Euphraſia, and ſtampe them very well in a morter, and then fry them with Capons-greaſe, in a cleane Pan, and when it is fried, wring it thorow a linnen cloth into a brazen veſſell, and let it ſtand there three dayes after, before you take it forth: then put it into a box of Horne or Tin, and take but a little thereof at a time, and put it into the Web of the eye, and it will cure it in a ſhort ſpace.

Chap. 402.

A good Medicine for bleared eyes, or for ſore eyes that doe ſmart and itch.

TAke a Stone that is called Lapis Caluminaris, which is to be had at the Apothecaries, and make it hot in the fire, then quench it in a pint of White-wine three or foure times, and then beat it to fine powder, and put it into a ſpoonefull or two of White-Roſe-water, and one ſpoonefull of faire running Water, and temper them well together: then take a feather, and euery morning and euening let a drop or two fall from the feather into your eye, vſe this often, and it will doe you exceeding much good.

Chap. 403.

A good Medicine for eyes that are bloud-ſhot, and hot, and red.

TAke Houſleeke and ſtampe it well, then take a new laid Egge and make a hole in the one end of it, and draw out all the meat of it, and put the iuyce of Houſeleeke into it, and ſet it in the embers, and ſo diſtill it, and

and ſcum it cleane with a feather, and at night when you goe to bed, let a drop thereof fall into your eye with the feather, (lying vpon your backe) and this will preſently helpe you. Probatum eſt per G. L.

Chap. 404.

Another for the ſame.

Take the bloud of a Stock-doue, or elſe the bloud of another Doue or Pigeon, and drop a little thereof into the eyes of the Patient when he goeth to bed: Alſo take a fine linnen cloth and wet it in the ſame bloud, and lay it vpon the eyes immediatly, after the dropping in of the firſt, and this will helpe him howſoeuer it doe come, either by ſtroke or otherwiſe. This hath beene truly proued.

Alſo if the paine doe come, (as oftentimes it doth) of Choller, and that the Patient feeleth great heat, ſharpe pricking, and much paine, and that commonly there appeareth no gum in the eyes: and if it doe ſo, then a purgation of neceſſity muſt be giuen him to purge Choller.

Chap. 405.

Excellent good Pilles for the Eye-ſight.

The Pilles Sine quibus, allwageth with Troſciskes of Agaricke, and Pullule lucis, are excellent good for to purge the braine and comfort the Eye-ſight.

Chap. 406.

An excellent good medicine for the ſwelling of the Eyes.

Take a Quince and ſeethe it in water vntill it be ſoft, then pare it and bruiſe it well, and mix it with the Yolke of an Egge, and with the crums of white or wheaten Bread, well ſteeped in the ſaid Water, and put thereto a little womans

mans Milke, and two penny-weight of Saffron, bray them all together, and then lay it ouer the forehead and eyes, and it helpeth.

Chap. 407.

A Medicine to take all the gummie matter or filth out of the eyes.

TAke Houſleeke, (otherwiſe called Senigreene) and ſtampe it very well, and ſtraine it thorow a fine linnen cloth, and with the iuye thereof waſh your eyes often, and it will both cleare your ſight, and purge the eyes from all manner of filth and matter. This hath beene ſufficiently proued.

Chap. 408.

A maruellous good drinke to be taken for the Eye-ſight.

TAke a good quantity of Iuie that groweth vpon an Aſh-tree, and a good quantity of Roots and Leaues of Dayſies which doe grow in the fields, and a like quantity of three-leau'd Graſſe, and of Eye-bright, and a good quantity of red Fennell: waſh all theſe very cleane, and ſtampe them and ſtraine them with a pint of ſtale Ale, and let the Patient drinke a good draught thereof at a time, both in the morning and euening, and at midnight, and let him vſe this as long as he ſhall thinke conuenient, and this will preſerue his ſight exceeding well. This hath beene ſufficiently proued.

Chap. 409.

A Medicine for burning or running eyes.

TAke a rotten Apple which is ſomewhat thicke pared, and apply the ſame to the burning Eyes when you goe to bed, and it will heale them. Probatum eſt per D. B.

Chap. 410.

A moſt ſingular good Medicine to keepe the Eyes cleare, coole, and from redneſſe, and to kill the itching of them.

TAke a good handfull of Houſleeke, and two handfulls of Plantane, and ſtampe them well together and ſtraine them, then let the iuyce ſtand and ſettle for a little ſpace, and when it is well ſettled, powre out the cleareſt of it from the reſidue, and put thereto halfe as much White-roſe water, as there is of the iuyce, and halfe a quarter of white Suger-candy beaten to fine powder; and then take a pæce as big as halfe a Walnut, or ſomewhat more, of Lapis Caluminaris, and let it be ſtaked ten or twelue times in the ſame Water, being made red-hot in the fire, and let the Stone lye ſtill in the Water, after it hath bëene nine times quenched therein; and then let the Patient take foure or fiue drops (as he lieth vpright in his bed) thereof, and put it into his eyes, and it will helpe him. This hath beene truly proued.

Chap. 411.

An excellent good medicine for Eyes that doe either ſmart or itch.

TAke Lapis Caluminaris, and make it hot in the fire, and quench it in a pint of White-wine foure or fiue times, then take the Stone and ſtampe it to fine powder, and ſtraine the Wine and the powder together, and put it into a Glaſſe, and when you will vſe it, ſhake the Glaſſe vntill it be thicke, and with a feather drop three or foure drops into your eyes, lying vpon your backe, and this will helpe you. Probatum eſt.

Chap. 412.

A good Water for the Eyes.

TAke a new laid Egge, and roſte it hard, and then cut the ſhell in the middeſt, and take forth the Yolke of it, and put

put a little peece of white Coporas where the Yolke lay, and then binde the Egge together againe, and ſo let it lye vntill it begin to be water, then take the white forth from both ſides of the Egge, and put the ſame into a glaſſe of faire running Water, and ſo let it ſtand a while, and then ſtraine it thorow a faire linnen cloth, and ſo keepe it cloſe ſtopped in a Glaſſe, vntill occaſion ſerueth for vſe thereof; and then waſh your eyes therewith, both morning and euening, and it will doe you much good.

FACE.

Chap. 423.

A very good Medicine to to take the Pimples out of ones Face.

TAke White-wine Vineger, Brimſtone finely powdred, and Honey, of each of them as reaſonable a quantity as to your owne iudgement ſhall bee thought meet, and temper them very well with Wheaten Flower, which is pure and cleane without any Rie, Beanes, Peaſe, Tares, or other Pulſe, and when you goe to bed, lay ſome of this vpon your Face, and in foure or fiue times vſing it, it will take the Pimples cleane away, and cleare thy Face againe. Probatum eſt.

Chap. 414.
Another for the same.

Take a pretty quantity of Virgins Wax, and melt it, and mingle it with three spoonefulls of Oyle of Roses, a spoonefull of White-wine Vineger, the White of a new laid Egge, and a good quantity of Plantane-water, and temper them all well together, vntill you perceiue that they are come into an Oyle, and then let the Patients face be anointed therewith euery night when he goeth to bed, and it will helpe him in a short space.

Chap. 415.
Another for the same.

Take iuyce of Lilly-roots, and Wine Vineger, of each of them a like quantity, and sheepes Suet, boile them together, and anoint the place well therewith where the Pimples are, and in ten or twelue dayes space by vsing of it (by Gods helpe) he shall be cured.

Chap. 416.
A good Medicine to take away the Pimples and high colour out of ones Face, be it neuer so farre spent and gone.

Take white Coporas, calcined in the fire a pretty while, and powdred fine, and put them in a Sawcer of faire running Water, and set it to warme on the coales, and (as hot as euer possibly you can suffer it) anoint the Pimples that are in your Face therewith, or any other place of your Face which is high coloured or red, and in vsing of this often it will helpe you.

Chap. 417.
Another good Medicine for a red, or high coloured Face.

Take Vine-leaues, and Strawberry-leaues, of each of them equall portions, and as much Creame as you shall thinke con-

conuenient for the things aforesaid: then put therein two penny worth of Camphire, and put all your things together into a Stillitorie and distill them, and then take some of this water and wash your Face therewith euery morning and euening for the space of one or two dayes, and this will take the high colour cleane away. This was much practised by M. Cox. who did helpe many of this infirmitie.

Chap. 418.

A present remedie for the taking away any manner of spots or Pimples in the Face.

TAke a good quantity of Nigella and bray it, and mixe it with Hunny and wheaten Flower, and make an Vyntment thereof, and let the Patient anoint the spots and pimples therewith, at his going to bed, and in the morning following when he ryseth, let him wash them with Parsly-water, and this will take away the spots & pimples cleane.

Chap. 419.

Another present remedie for any Heat or Pimples in the Face.

TAke a pound of good Almonds and stampe them, and put them into a pinte of faire Running Water warme: then straine them, and put thereto halfe an ounce of white Camphire, and a pinte of White Wine, and then temper and beat them very well together, and then straine it with a pinte of Margerum water, and put it into a glasse, and let the Patient vse to wash his face therewith often, and it wil helpe him.

Chap. 420.

Another good Medicine for an extreme heat in the Face.

Take a good handfull of Deeres-fuet, and as much Brimstone as an Egge-shell will hold, and bruise it very fine, then take halfe a pint of White-wine Vineger, and sæthe them all together vntill they be almost drie: then take it and make it into a ball, and when the Patient will vse it, let him take a little thereof and put it into a Sawcer, and melt it with a few coales, and when it is melted, let him take a fine linnen cloth and dip it therein, and rub the place softly where any corruption is, vntill that be cleane taken away, and this will speedily helpe him.

If this happen not to helpe him within the space of a moneth, then let him drinke euery morning fasting a cup of Beere or Ale, with a little English Madder therein, and let it be finely picked, bruised and searsed, and so let him drinke it, and this will doe him exceeding much good.

Chap. 421.

Another for the same.

Take the iuyce of Housleeke, and the iuyce of wilde Tansie, and boyle them in a pint of White-wine, and let it boile vntill the one halfe be consumed, and when it is cold, let the Patient dippe a fine linnen cloth therein, and when he goeth to bed, let his face be bathed therewith very well, and let the wet cloth lye all the night long vpon his face, and when it is drie, wet it againe, and so let him vse it as long as he shall thinke conuenient. This hath holpen those whose faces were growne like vnto a scurfe.

CHAP. 422.

Another for the same.

TAke foure pennie worth of Capons-greafe, and melt it, and ſtraine it through a fine linnen cloth, and let it ſtand to coole a quarter of an houre: then put into it a pennie worth of Brimſtone finely beaten, and a pennie worth of Ginger beaten to powder, and mingle them with the Capons-greaſe, and make an Ointment thereof, and with the ſame let the Patient anoint his face when he goeth to bed, or in the ſame place where the Pimples or redneſſe are, and in the morning let him waſh his face with Roſe-water and Plantane-water, of either a like luke-warme; but in any wiſe let him take heed that he picke not his Noſe with his fingers, for if he doe, it will greatly hurt him. Prob. eſt.

CHAP. 423.

A very good Medicine for a leaprous Face.

TAke a good quantity of Strawberries, and put them into a Glaſſe, and ſo let them putrifie in Horſe-dung, with halfe a dram of Mercury ſublimate, and then diſtill a Water from them, with the which let the Patient waſh his Face often, and it will ſpeedily helpe him. Probatum eſt.

CHAP. 424.

An excellent good remedie for an high-coloured hot burning Face.

TAke Cowcumbers and pare them very cleane, and cut them in ſlices, and diſtill them with a little Roſe-water, and with the ſame Water that commeth from them, waſh your face every day foure or five ſeverall times: but if you can have none of the ſame Water, then take the Cowcumber it ſelfe, and rub your Face therewith, but firſt pare off the Rhinde (as aforeſaid) and by often uſing of it, you ſhall aſſuredly finde both helpe and eaſe. Probatum eſt.

CHAP.

Chap. 425.

A very good Medicine to destroy any heat in the Face or any other place, although it be Saint Anthonies fire.

Take a pottle of Smiths-water, a handfull of Sage, two handfulls of Elder-leaues, or else of the greene Barke thereof, and two penniworth of Allom: take all these and sæthe them together from a pottle to a pint: then take it and put it into an earthen pot or Gallipot, and let the Patient anoint his face therewith when he goeth to bed, and by the next morning he shall finde great ease thereby: but let him vse it for the space of fiue or six dayes, and this will helpe him by Gods grace.

Chap. 426.

A very good Medicine to take away the extreme heat in a childes face.

Take a pint of White-wine, and the quantity of halfe an ounce of Cloues beaten to powder, and mix them well together, and let the same be boyled (in an earthen or Pewter pot) vntill it be halfe consumed: then straine it into a Gallipot, or into some such like thing, and so anoint the childes face therewith, and it will expell the heat in a short space. Probatum est.

Chap. 427.

An excellent good Medicine to take away any spots, or Sunne-burning from the face or other places.

Take the iuyce of a Lemmon, the iuyce of wilde Tansie, with a little Camphire dissolued, and a little Bay-salt, and let the Patient wash his hands or face therewith, and let them drie of themselues, and then take faire Conduit or running Water, and wash your hands or face therewith,

and

and you shall see all the spots cleane gone away. This is also good against the scurfe or such like.

Chap. 428.

A good Medicine for Sun-burning.

TAke two spoonefuls of Rose-water, an ounce of womans Milke, an ounce of Frankincense, an ounce of Verdigrease, and the White of an Egge, and beat them well together, then anoint your face or other places that are Sunburned therewith, and this will helpe you forthwith.

Chap. 429.

A Medicine to make ones face faire, cleare, and to shine.

TAke a good quantity of the Marrow of Swines-feet, the iuyce of a Lemmon, Cow Milke and Rose-water, and mingle them together, and anoint your face therwith luke-warme, and it will make you very faire.

Chap. 430.

Another good Medicine to make ones face both faire and cleare.

TAke a good quantity of Rosemary-flowers, and seethe them in White-wine, with the rinde of a Lemmon, and wash your face often therewith, and also vse for to drinke of it, and it will make you looke both young and faire. It is also good for the Morphew, if you either drinke thereof, or wash your selfe therewith. Probatum est.

Chap. 431.

Another for the same.

TAke Beane-flower, Red-Roses, wilde Tansie, and Honey-suckles, of each of them a like quantity, then take the White of an Egge, and Camphire one dram put vnto them, and bray them all together in a morter: and then distil them, and when you haue so done, put the water distilled

into a Glaſſe or Viall, and ſtop it cloſe: and when it ſhall be needfull, waſh your hands, necke and face therewith, and it will make you maruellous faire. This hath beene often proued.

CHAP. 432.

A Medicine to make ones face as white as Milke.

TAke Bloſſoms of White-thorne, of Violets, Bloſſomes of Beanes, and Bloſſomes of an Elder-tree, of euery of them a like quantity, a Lemmon thin ſliced, and diſtill them, and put the Water in a glaſſe and ſtop it cloſe; and when you will vſe it, take two ſpoonefulls thereof, and waſh your face with it twice or thrice a day, for the ſpace of foure or fiue dayes together, and you ſhall proue this true. This hath beene tried by many.

CHAP. 433.

A Water to cauſe one to looke with a faire and good colour, be he neuer ſo pale-faced and wanne.

TAke a good big glaſſe full of Roſe-water, that is both pure and good, and put therein the quantity of fiue pound of the pureſt fine Wheat that may be gotten, (but let it haue neither Peaſe, Tares, Poppy, or other weeds therein) and ſet the ſame Wheat to ſoake in the Roſe-water, and let it remaine there vntill it haue cleane dryed vp the ſame Water, then take forth the Wheat, being moiſt, and ſtampe it in a Morter, and it will become a kinde of Milke, (the ſame being ſtrained) then take ſome of the ſame, and mingle the ſame with as much Goats-milke, (the one as much as the other) and put them into an earthen pan, or elſe ſome other cleane veſſell, and put therein three or foure ſops of fine white Bread, and then let the ſame ſops drinke vp the ſame Milke; then take a few Egge-ſhells beaten to powder, the iuyce of one Lemmon, and incorporate the ſame in the ſops, then put thereto a pretty quantity of White-wine Vineger, and a little Litragie of ſiluer, mingle all theſe together,

ther, then put them into a Limbecke, and diſtill them with a ſoft fire, and then put the ſame Water ſo diſtilled into a Glaſſe, vntill occaſion ſerueth for the vſe of it; and when as need requireth, then take ſome of the ſame Water, and waſh your face often therewith, and this will make you haue an exceeding good and faire colour.

The firſt Water which you diſtill, as aforeſaid, will be very good for your purpoſe, but the ſecond Water farre excelleth the other in goodneſſe and vertue, and ſo you ſhall finde by the much vſage of it.

Chap. 434.

A Medicine to take away any freckles out of ones Face.

TAke the Gall of a Cock and Cocklemell, of each of them a like quantity, and mingle them together, and then binde the ſame to the place where the Freckles are, and it will take them cleane away. Probatum eſt.

FALLING EVILL.

Chap. 435.

An excellent good remedy for the Falling Euill.

TAke a good handfull of Piony Roots, and a handfull of Miſtletoe, that groweth vpon a Black-thorn tree, and a handfull of Polipodium, (otherwiſe called in Engliſh Oke-ferne) and two good handfulls of Selandine, (if it poſſibly may be had) and ſtampe them very well, and then ſet them to ſteepe either in Ale or

Beere for the ſpace of two houres or more, and then put it into your earthen pot, where it may be kept cloſe ſtopt from any ayre, and let the party grieued drinke a good draught thereof euery morning faſting, and laſt in the euening, and let him vſe it for the ſpace of fourteene or fiftéene dayes, and by Gods helpe it will cure him in a ſhort ſpace. This hath beene truly proued.

Chap. 436.

A good remedie for the Falling Euill.

TAke the Braines of a Weſill, and drie it to powder, and put it into ſome pure Vineger, and temper them well together with a knife or ſpoone, and giue it to the diſeaſed perſon to drinke, and it will doe him exceéding much good. Probatum eſt.

Alſo *Gallen* ſaith, that he knew many men in his life time to be cured of this infirmitie, by drinking of the powder of dead-mens skulls burnt.

Alſo in another place he ſaith, that the Skull of a dead-man, whereon Moſſe groweth, being taken and waſhed very cleane, and dryed in an Ouen, and then beaten to powder, will cure this infirmity, although the partie grieued haue beene troubled therewith many yeares before. But this Skull muſt be the Skull of one that hath beene ſlaine, or of one that was hanged, or that came to a ſudden death, and not the Skull of one that dyed of any ſickneſſe, or elſe by other maladies growing of long continuance in the head.

Chap. 437.

Another for the ſame.

TAke the iuyce of a Coriander corrected, and giue it the diſeaſed perſon to drinke, and it will not ſuffer the ill humours to aſcend vp into the head, and let him vſe it often, and he ſhall receiue much comfort thereby.

Chap.

Chap. 438.

Another for the ſame.

TAke Germander that is gathered in the moneth of May, when it hath the bloſſoms vpon it, and drie it in the Shadow where no Sunne commeth, and then make a powder thereof, and when occaſion ſeruеth for vſe thereof, then take the Yolkes of two or three Hen-egs, and beat the powder and them well together in a woodden diſh or Porrenger, and ſæthe it, and giue it the partie grieued to eat both morning and euening for the ſpace of nine dayes: But all this time he muſt abſtaine from all kinde of Wines, and carnall company of women, and alſo from all manner of Pulſe, as Beanes, Peaſe, Fetches and Tares, and from all other things which are of a hard concoction or digeſtion. Probatum eſt.

Chap. 439.

Another for the ſame.

TAke the Matrix of a Sow that hath young Pigs, and drie it vpon a Tile-ſtone or Fire-ſhouell, and make a powder thereof, and giue it the Patient to eat, or elſe to put in his drinke, and immediately after he hath taken it, you ſhall perceiue the diſeaſe to remoue into his fingers ends, (but grieuing of him ſore all this time) and then make ſome kinde of rupture to ſet to his fingers ends, and in a little while after you ſhall ſée the yellow matter or corruption iſſue out of them. Probatum eſt.

Chap. 440.

Another for the ſame.

TAke Piony Roots, and drie them very well, and then grate them very ſmall (as you doe Ginger) and giue it the Patient to eat in his pottage at meales, and let him alſo drinke it continually in his drinke, eſpecially in the mor-

ning fasting, and likewise last in the euening, and this will doe him exceeding much good.

Chap. 441.

Another for the same.

TAke Wheat-flower, (that is without pulse) and temper it with the Dew of the earth that is gathered either of Corne or Grasse, vpon a Midsummer-day in the morning, and knead it well, and make a Cake thereof, and bake it vpon a Tile-stone, or else vpon some other such like thing, and let the Patient eat it, and he shall finde great vertue herein.

Diuers and sundrie things are here expressed that are ill for this disease, and therefore it is very requisite they should be eschewed in all respects as much as may be (viz.) Ouer-much sleepe or drowzinesse: Ouer-much drinking of Wine, or other strong drinkes: Ouer-much eating: Ouer-much fasting, all manner of pulse, as Beanes, Pease, Fetches and Tares, and all other things that are not easie of digestion.

Also, let the partie grieued vse an indifferent meane in dyet, and let him not vse to sup late, nor sleepe suddenly after meat, and let him take heed of ouer-much Watching, for all these things are very dangerous and hurtfull for any manner of person whatsoeuer, that is troubled with this infirmitie.

KINGS

KINGS EVILL.

Chap. 442.

An excellent Remedie for the Diſeaſe called the Kings Euill.

TAke an ounce of pure Yellow Wax, or ſomewhat more, and an ounce of Turpentine, and a good quantity of Sheeps Suet clarified, (that is both pure and ſweet) boile all theſe together, and when they are well boiled, then put therein the quantity of two good handfulls of the pureſt and fineſt Barley-flower, that poſſibly may be gotten, and it muſt be cleane without any manner of pulſe, or ſeeds of any manner of weeds at all, and then temper the ſame Flower and the other things together, that being done, then put therein the quantitie of three ſpoonefulls of the Vrin of a man-childe, (he being not aboue three yeares of Age) and then boile it againe with the reſidue of the things before mentioned, and then put it into ſome earthen pot or gally-pot, and ſo ſtop it vp and keepe it cloſe, vntill you haue occaſion to vſe it, and when as any occaſion doth ſerue for the vſe thereof, take ſome of the ſame ſalue or Ointment, and ſpread it vpon a fine linnen cloth, or elſe vpon a peece of Leather, and ſo lay it plaiſterwiſe vpon the ſore place, and this will cure it. Probatum eſt per G. L.

CHAP. 443.

A most perfect and ready way how to know the former disease, whether it be the same disease or not.

TAke a ground Worme and lay it aliue vpon the place grieued, then take a greene Dock-leafe or two, and lay them vpon the Worme, and then binde the same about the necke of the party diseased, at night when he goeth to bed, and in the morning when he riseth, take it off againe: and if it be the Kings Euill, the Worme will turne into a powder or dust: otherwise the Worme will remaine dead in his owne former forme, as it was before aliue. This hath beene also truly proued by the afore-named G. L.

FLEAGME.

CHAP. 444.

An excellent good Medicine to expell all manner of Fleagme or corruption hauing beene growne and gathered about either the stomack, Lungs or Liuer, &c.

TAke a gallon of strong Woort, and put it into a cleane pan, and set it on the fire, and put therein red Mints, Liuer-wort, Hyssop, Rosemary Flowers, the Flowers of Violets, of each of them two handfulls, wash them very cleane, and put them into the Woort: then

then take halfe a pound of Liquorice, and halfe a pound of Annis-ſeeds, and make them cleane alſo, and let your Liquorice be well pared and ſcraped, and then ſliced and minced very ſmall, and then put together with the Annis-ſeeds into the Woort, and ſo let them ſæthe all together therein ouer a ſoft fire, vntill the one halfe of the liquour be conſumed: and then put therein a pint of Engliſh Honey, and a pound of very fine white Suger, and ſo let them ſæthe a walme or two afterwards, and then ſtraine the ſame into ſome new earthen pot, or veſſell that is ſweet and cleane, and then ſet it to cole, and when it is cold, put it into ſome glaſſe or other veſſell made of earth, and ſtop it very cloſe, and then at all times after, drinke ſome of the ſame at your pleaſure, but firſt in the morning, and laſt in the euening is the beſt time to take it, and this will cure this infirmitie (by Gods helpe) without all doubt, for many haue bæne holpen thereby.

If you lack either Roſemary-flowers, or Violet-flowers, then take Primroſe-flowers, and Flowers of Cowſlips, of each of them two handfulls, (as you ſhould of the other before) and vſe them in ſtead of the Roſemary and Violet-flowers, but if the time of the yeare will not permit you to haue them alſo, then take ſuch as you can get, or as the time of the yeare will afford you to haue them, but if you can haue of all, and preſerue them for this purpoſe, it will be the better: And the more you vſe this drinke, the better and more comfortable you ſhall finde your body continually, and it will cauſe you to haue a good appetite to your meat.

Chap. 445.

Another excellent drinke to auoid Fleagme, and to purge the ſtomack, be it neuer ſo much ſtuffed therewith.

TAke foure or fiue handfulls of Barley that is pure and cleane without pulſe, and let it be well picked and rubbed in a pæce of coarſe Canuas, whereby the huſkes may be cleane-

cleane taken off, then wash it seuen or eight times in faire warme water, then take a faire new earthen pot, that will containe foure or fiue quarts of water, and let it be well washed and scalded with hot water, and when you haue done, put the Barley into it, and then fill it vp with a gallon or somewhat more of faire Running water, (that runneth vpon grauel) and so let it seethe, vntill the one halfe or somewhat more of it be consumed, then take the quantity of a pound of Liquorice, and halfe a pound of Annis-seeds (both beaten to powder) and put them therein, and so let them seethe for the space of a quarter of an houre, or little more, and then take it off, and straine it through a cleane linnen cloth, and then put therein halfe an ounce of Ginger, a quarter of an ounce of Sinnamon, an ounce of Manus Christi, and let them be all well beaten together, then put therein foure spoonfulls of clarified Honey, and let all the things before rehearsed boile a little while together, and then let it be put in a glasse, and keepe it stopped, and when you will vse it, drinke fiue or sixe spoonfulls of it at a time, luke-warm, both morning and euening for a certaine space, and this will helpe you by Gods grace, without all doubt.

Also, this is exceeding good against an extreme Cough, be it neuer so vehement.

Chap. 446.

An especiall good Medicine to purge Fleagme from the Stomake, and for winde in the belly.

TAke halfe a pinte of the iuice of Worme-wood and Mints, and a quart of good Clarret wine, the white of an Egge beaten, till it become as thin and as clere as water, then take all these and boile them together, vntil the one halfe of the same be consumed, then straine the same liquor into some cleane vessell, and put therein halfe a pound of fine

fine Suger, halfe an ounce of good Mace beaten to powder, and then let it ſæthe againe vntill it come to a pinte, and then vſe it ſomewhat warme both morning and euening for a certaine ſpace, and this will helpe you. Probatum eſt.

Chap. 447.

Another Medicine to cauſe Fleagme to auoid, that is congealed about the heart or ſtomake.

TAke a good quantitie of Heyriffe (otherwiſe called Gooſe meat) which groweth in ditches, and ſtampe it in a Morter, and then put thereto a quart of ſtale Ale, and let the partie grieued drinke a good draught thereof warme euery morning faſting. And let the party grieued take red Fennell and beate it, and ſtraine forth the iuice thereof, and a pretty quantity of clarified Honey, and ſæthe them well togither, and let him vſe to eat of the ſame with fine wheaten Bread euerie morning, or at any other time that he ſhall thinke meete, and this will vtterly expell all congealed Fleagme quite away, and it will eaſe the heart and ſtomake greatly.

Chap. 448.

A very good Medicine for to breake Fleagme.

TAke Hunny and new Butter that is vnſalted, of either of them a like quantitie, and a few bitter Almonds, blanched and beaten very well, and mingle them with the Butter and Hunny aforeſaid, and let the Patient eate a little thereof euery morning faſting, and it will doe him exceeding much good. This hath been truly proued.

Chap. 449.

Another for the ſame.

TAke Sorrel, & ſtamp it and ſtrain it, & then take the iuice thereof, and temper it with ſtale Ale, and let the patient drink a good draught therof euery morning before he riſe out of his bed, and let him ſleep after it, and he ſhall auoid great ſtore of Fleagme.

Chap.

Chap. 450.

A good Gargreſſe for the Fleagme.

TAke Endiue water and Honey-ſuckle-water, of each of them a like quantity, and a good ſpoonefull of Muſtard that is pure and good, and a ſpoonefull of Honey, two ſpoone-fulls of Vineger, and a little Pepper beaten to powder, and two or three branches of Roſemary, and a few leaues of red Sage, then put all theſe together, and heat them vpon a Chafingdiſh of coales luke-warme, and let the Patient put a ſpoonefull thereof into his mouth at a time, and let him held his head vpwards and waſh his throat well therewith, and it will cauſe him to auoid much Fleagme.

Chap. 451.

A very good drinke to cauſe one to auoid Fleagme from the Stomake, and to make it come vp very eaſily.

TAke twelue ſpoonefulls of Roſe-water, and ſix ſpoonefuls of conduit Water, and three ſpoonefulls of White-wine Vineger, and a quarter of a pound of fine Suger; boile all theſe together in a pewter porrenger vpon a Chafingdiſh of coales, and ſcum it very cleane: then take a ſpoonefull or two of it, and drinke it luke-warme when you need it, and it will helpe you.

Chap. 452.

Another good Medicine for the auoiding of Fleagme, or ſtopping of the Stomake.

TAke the quantity of two handfuls of Honey-ſuckle leaues, and an ounce of Annis-ſeeds, and three ſtickes of Liquorice, (the Rhinde being cleane pared off) ſliced very ſmall, or elſe beaten to a fine powder; boyle all theſe together in a quart of faire running Water, till the ſame be boiled from a quart to a pint, and then ſtraine the ſame, and let

let the Patient drinke thereof euery morning fasting the quantity of seuen or eight spoonefulls at a time, for the space of three dayes together, and this will spedily helpe him.

Chap. 453.

Another good Drinke for the Fleagme.

TAke Parsly Roots, Fennell Roots, Pellitory, Hysop and Liquorice, of euery of them a like quantity, and stampe and bruise them all together, and boile them in Ale, and put therein a good quantity of clarified Honey that is pure, and when it is boiled a little more, then straine it and vse to drinke thereof both morning and euening, and this will helpe you.

Chap. 454.

Another for the same.

TAke a pint of Hysop-water distilled, a quart of good Muscadine, three or foure races of good case Ginger, the same being pared cleane, and cut into small slices, and twice as much Liquorice, pare and scrape the same likewise, then put thereto a good handfull of fine Suger-candie bruised a little: (that done) put all these together in a good bigge Glasse to stand and soake well, and so let it stand for the space of foure and twenty houres together, but you must shake it very often whilest it is a steeping in the Glasse, and let the Glasse wherein it is, be very close stopped, whereby no ayre may enter therein: and so drinke it at pleasure.

This hath helped some that could scarce speake, being troubled with much Fleagme in their throats and stomack, and could scarce fetch their wind through Fleagme and Coughing. Probatum est.

Chap.

Chap. 455.

A very good Drinke for the auoiding of Fleagme, and for the ſtopping of the Pipes.

TAke a pottle of Barly, and ſæthe it in a gallon of cleare Well-water, let it ſæthe vntill the Barly be ſoft, then ſtraine it, and put thereto as much new Woort, as of the aforeſaid liquour, and put therein a good quantitie of Sage, and as much Hyſop, and a penniworth of Liquorice well bruiſed; then ſæthe it againe vntill it be halfe conſumed away: then ſtraine it and put it into a Glaſſe, or into ſome other cloſe veſſell, and ſo let it ſtand for the ſpace of one whole day, and let the party grieued drinke two or three ſpoonefull of it at a time both morning and euening, and this will helpe him in a ſhort ſpace. This hath beene well proued.

Alſo Oke-fearne bruiſed, and the iuyce thereof drunke either in White-wine, or ſtale Ale, purgeth Fleagme and melancholineſſe greatly. This hath beene likewiſe proued.

FLVX.

Chap. 456.

An excellent remedy for the bloudy Flux, if it come either by wearineſſe of the heart, and diſpoſition to ſwound, or elſe by heat that is in any of the members of the Bulke.

TAke a good quantity of fine white Suger, a good quantity of Roſes, and a good quantity of Roſe-water, and if you haue no Roſe-water, then you may vſe faire Raine-water in ſtead thereof, and then

then ſæthe a little Maſticke, Allom and Cloues therein, and let the Patient drinke often thereof, and it will doe him exceeding much good. But if the Flux be cauſed by any cholericke humours, then it muſt be auoided by taking of Raine-water that Roſes haue beene ſodden in; and a plaiſter made of white Roſes is alſo good againſt this diſeaſe, if it be laid either to the Yard, or to the Reynes.

Chap. 457.

Another for the ſame.

TAke a good quantitie of Plantane, and ſæthe it in faire running Water, and let it boile vntill it war yellow, and the ſtrength be quite out of it, and then ſtraine the ſame Water, and then take a piece of cleane Iron and heat it red hot in the fire, and quench it in the ſame Water, and ſo doe this ten or twelue times againe together, and then ſtraine it againe, then take a good quantity of Almonds vnblanched, and ſtampe them very well, and mingle them with the ſame Water, and ſo make Almond-milke thereof; and when you haue ſo done, make a toſſe of fine white Bread, and put the ſame into the Milke, and then let the partie diſeaſed both eat of the ſame toſſe, and drinke of the Milke aforeſaid.

This hath done many people much good in vſing of it often.

Chap. 458.

Another for the ſame.

TAke new Milke (as it commeth from the Cow) and ſet it on the fire, and when it ſæthes, put into it a good piece of Roch Allom, and when the ſame is melted, there will ariſe vpon the top thereof, a curd much like vnto a poſſet curd, ſcum off that very cleane, then take the Whay and quench a gad of Stéele ſix times therein red-hot, and drinke it as hot as poſſibly you can abide it, and if your ſtomake will beare it, you may eat the curd alſo.

Chap.

Chap. 459.

Another good Medicine to ſtop the bloudy Flux.

TAke a good handfull of the Pyth of red Cole-worts, and drie them vpon a hot Tile-ſtone, or elſe in an Ouen where bread hath bene drawne forth, and make a powder thereof, and put it into a cup of pure red Wine, and let the Wine be made bloud-warme, and giue it to the Patient to drinke, and in vſing it often, this will helpe him without all doubt.

Chap. 460.

Another for the ſame.

TAke a good handfull of Beanes, and drie them either in an Ouen, or vpon a Tile-ſtone, as before ſaid, and let them be ſo hard as the huls may ſhale off them, and then bray them in a Morter into fine powder, and then ſearſe them thorow a fine ſearſer or boulter, then take a pint of good red Wine, and ſet it on the fire, and put the powder of the Beanes into the Wine, and Sinnamon powdred, and then ſtirre it well leſt that it ſhould grow vnto the pan wherein you boile it, and ſo doe vntill it be ſo thicke that you may cut it into ſlices when it is cold, and ſo let the party grieued take two or three ſlices thereof bloud-warme, euery morning and euening for a certaine ſpace, and this will helpe him. Prob. eſt.

Chap. 461.

Another Medicine for the bloudy Flux.

TAke two handfulls of Rice, and a pint of pure red Wine, and a good quarter of Sinnamon beaten to powder, boile the Rice and the Sinnamon to powder, in the aforeſaid Wine, and let it boile vntill it be both tender and thicke withall: then take ſome of the ſame and ſpread it vpon a fine linnen cloth and double it, and lay it vnto the Nauill of the party grieued, as hot as poſſibly he may abide it,

it, and as it dryeth and wareth cold, moisten it againe with a little Red-wine, the same being made hot, vse this for the space of three or foure dayes often, and this will helpe you. Probatum est.

Chap. 461.

To stay any Flux.

Take three spoonefulls of pure Aqua-vitæ, and put therein so much powder of Alkenet as will colour the Aqua-vitæ red; drinke it last at night for two or three nights, this neuer faileth.

Chap. 462.

Another for the same.

Take Milke and Rice together and make Pottage thereof, put therein the powders of Sinnamon and Alkenet, so much as will a little turne the colour of the Milke somewhat reddish, adde Suger thereto, and eat thereof at your meales; this helpeth.

Chap. 463.

Another for the same.

Take a good quantity of Housleeke, and boile it in good Red-wine, and put therein a good quantity of Sinnamon, and let it boile for a good space, and then straine it, and let the Patient vse to drinke this often, and it will helpe him. Probatum est.

Chap. 464.

Another for the same.

Take a good bigge Apple, and at the top of it picke forth all the core as cleane as you can, and then fill vp the place againe with a little peece of an Honey-combe, (the Honey being cleane strained out) and then roste the Apple in embers, and then let the Patient eat it, Wax and all, and this will stop the Flux immediately. Prob. est.

Chap. 465.

An excellent good Medicine for the Flux.

TAke good new yellow Wax and Ducks-greaſe, of each of them a reaſonable quantity, and make Oyntment thereof, and anoint the Fundament of the partie grieued well therewith, and as deepe inwardly as you can poſſibly, and the ſame will mitigate the paine, and cure the diſeaſe. This hath beene truly proued by M. D. H.

Chap. 466.

Another for the ſame.

TAke Scarabeos which grow in Horſe-dung, and ſeethe them in Linſeed-oyle, and ſtraine the ſame Oyle through a fine linnen cloth, and then anoint the Fundament therewith, and it will mitigate the paine greatly.

Chap. 467.

Another of the ſame, and rawneſſe of the Fundament.

MAke a Suppoſitary of Wax, and couer it with a fine peece of thin Sarcenet, and anoint it with Oyle of Annis-ſeed, and Oyle of Tapſus Barbat, (both of them being well mingled together) and then put the ſame into the Patients Fundament, and it will ſpeedily aſſwage the paine, and take away the ſoze cleane. Prob. eſt.

Chap. 468.

Another for the ſame.

TAke Amber-beads and Corall, and beat them to powder, and put them vpon the fire in a Chaffingdiſh of coales; then put them vnder a cloſe-ſtoole, and let the party grieued ſit ouer them, as if he would eaſe himſelfe, and it will helpe him in vſing of it twice or thrice together. Probatum eſt.

Chap.

Chap. 469.

Another for the ſame.

Take a good quantity of Iourden Almonds, and blanch them, and boile them in Engliſh-Honey, and let them boile vntil they be blacke, and let the party eat the ſame Almonds with a little of the beſt Engliſh Honey, that may be gotten, and this will doe him exceeding much good. Probatum eſt.

Chap. 470.

A very good Electuary againſt the Flux.

Take halfe a pound of powder of Galingall, and of red Coral and Maſticke, of each of them halfe a dram, Troſtices of Terra Sigillat, three ſcruples, Barke of Citron, Comfets and Quinces, of each of them three ſcruples, and foure ounces of fine Suger, diſſolued in Water of Mints, take all theſe things and mingle them, and make an Electuary of them, and then vſe them as occaſion ſerueth.

Alſo Acorns dryed and beaten to powder, and drinke it in Red-wine, is maruellous good againſt the Flux.

Likewiſe all manner of Coralls beaten to powder, are binding, and are very good againſt the Flux.

Chap. 471.

An excellent good Medicine for the bloudy Flux.

Take Red-wine, and boile it on the fire, and put thereto ſome Sinnamon and Plantane-ſeeds, of each of them a good quantity, and when you perceiue that the Wine hath taken away the ſubſtance of the Seed, then giue it the Patient to drinke, as hot as reaſonably he may abide it, and let him drinke three or foure ſpoonefulls of it at a time, and doubtleſſe this will cure him of his infirmitie: but if your Wine be bitter, you may put a little fine Suger therein to make it ſweet; but the leſſe you put in, the better it will be.

Chap. 472.
Another for the ſame.

TAke an Apple and roſte it, and make a hole in it, and put therein as much Virgin Wax as a Beane, and let the Patient vſe often thereof, and it will helpe him. Prob. eſt.

Chap. 473.
Another for the ſame.

TAke a pound of Almonds and blanch them, and ſtampe them in a Morter very ſmall, then take the Yolkes of twelue Egges reare roaſted, and mingle them with the Almonds; then put to them a quart of good Red-wine Vineger, and mingle it likewiſe with the aforeſaid ſtuffe, and then put it into an earthen Pot and ſtirre it well together, and when it is boiled a little, take it from the fire, and ſtraine it, and let the Patient drinke the quantity of ſix or ſeuen ſpoonefulls thereof warme at a time, foure or fiue times a day, at the leaſt, as long as need ſhall require, and it will helpe him.

Chap. 474.
Another for the ſame.

TAke Plantane, Knottie-graſſe, Shepherds-purſe, and Sinnamon, of each of them a good quantity, and boile them all together in new Milke, and make a Broth of Red-wine, and when they are well ſodden, ſtraine the Herbs and the Milke, and giue it the Patient to drinke often, and it helpeth him. Probatum eſt.

Chap. 475.
Another for the ſame.

TAke a pint of faire running Water, and a Gad of Steele, lay the Gad of Steele often in the fire, and heat it red hot euery time, and ſo vſe it vntill the Water be made very hot, then put into the ſame Water a good quantity of powder

of

of Sinnamon, and then let the party drinke a good draught thereof very warme, and this will doe him much good.

Chap. 476.

Another for the same.

Take Red-wine, pure Malmesie or Muscadine, of each of them a pinte, and a handfull of Saint Iohns Woort, and boile it in the Wine aforesaid, and let it sethe vntill the one halfe thereof be consumed: then put into it an ounce of Sinnamon, a penniworth of red Sanders, a little Elephants Tooth scraped, a little powder of Harts-horne, and the Yolke of a new laid Egge hard roasted, and sethe it againe, and when it is well sodden: then straine it thorow a fine linnen cloth, and let the Patient drinke it first and last for the space of foure or fiue dayes together, and this will doe him much good. Probatum est.

Chap. 477.

Another for the same.

Take Burre, roots and leaues, of each a good quantity, and two handfuls of Doues-dung, and sethe them all together in faire running Water, and let them sethe vntill they be tender, and then take the same water, and wash both your feet and anckles well therein, as hot as you may abide it, then lap some woollen cloaths as warme as you can suffer them about both your feet and anckles, and this will doe you much good.

Chap. 478.

Another for the same.

Take a Stone that is white, and hath red veines in it, and boile it in a quart of new Milke, vntill the one halfe of the Milke be consumed, and then let the Patient drinke often thereof, and he shall finde great vertue therein. Probatum est.

Chap. 479.

Another for the ſame.

TAke Black-thorne, and with a knife ſhaue all the outermoſt rinde, and then drie it in an Ouen after that bread hath beene drawne forth of it, and when it is well dried, beat it to powder, and then take a little of it and temper it well with Wine or Ale, and giue it the Patient to drinke euery morning and euening, and this will ſpéedily helpe him. Probatum eſt.

Chap. 480.

Another for the ſame.

TAke a good quantity of Red-Roſes, and cut away all the whites cleane from the red, and then dry them and make them into powder; then take the Pill of a Pomegranet and beat it alſo into powder, and then mingle all the powders together, and ſo let the Patient drinke it either in Ale, Beere, or Wine, both morning and euening, or at all times elſe, as vſually he doth other drinkes, and this (by Gods grace) will helpe him. Probatum eſt.

GOVVT.

GOWT.

Chap. 481.

An excellent Medicine for the Gowt.

TAke three or foure Mowles and flay them, and take out all the guts, and all that is within them: then take three earthen pots, and let the one of them be bigger than the other, and let them be well leaded within; then take the Mowles, and put them into the leſſer of the ſame pots (which muſt be made on purpoſe full of ſmall holes, both in the ſides and bottome) and then ſtop the mouth of the ſame pot very cloſe, and then put the ſame pot into the other pots, and let them be put into the earth to ſtand for the ſpace of a moneth or ſomewhat more; then take up your pots, and in the greateſt of them you ſhall finde a good quantity of pure Oyle; then take the ſame Oyle and put it into ſome Glaſſe, or elſe a Gally-pot, and when you haue occaſion to vſe it, then take it and anoint the place grieued therewith before a good fire, and this will take the paine cleane away. Probatum eſt per M. S.

Chap. 482.

Another for the ſame.

TAke ſtale Piſſe and ſcum it, and put thereto a good quantity of the iuyce of red Nettles, Mints, Worme-wood,

and red Fennell, and let the iuyce of them be of as euen portions as you can geſſe them, Muſtard and Cummin, of each of them a little, and of the iuyce of Herb-bennet, as much as of all the reſidue: boile all theſe together and make a plaiſter thereof, and apply it often to the place grieued, and it will helpe him. Prob. eſt.

Chap. 483.

Another for the ſame.

TAke the iuyce of the Flowers of Broome, and the iuyce of Scallicell and Honey, as much of the one as of the other, and ſeethe all theſe together vntill they be as thicke as Honey it ſelfe is, and anoint the place grieued often therewith, and it will cure the Gowt. This hath beene truly proued by M. I. W.

Chap. 484.

Another for the ſame.

TAke Arſmart, and wet it in faire Water, and lay it to the place grieued, and when you take it away, then bury it in a moiſt place in the ground, and as it doth rot, the griefe will cure. Probatum eſt.

Chap. 485.

Another for the ſame.

TAke the Seeds of Broome-cods, powder them, and drinke halfe a dram thereof euery morning faſting in Wormewood-water with Suger.

Chap. 486.

Another for the ſame.

TAke Balme, Camomill, Chickweed, Grounſell, Lettice, Holihockes and Mallowes, of each of them a handfull, and boile them in faire Water, vntill they be very tender, then take a good quantity of great Oat-meale, and beat it very ſmall, then put the Herbs and it together, and then put

put therto three ſpooneſuls of Capons-greaſe, and boile them all together, vntill it be ſo thicke that it may be ſpread vpon a cloth (but all the time that it doth boile, ſtirre it ſo that it doe not burne to the ſides of the veſſell wherein it is boiled) and make a plaiſter thereof, and lay it to the place grieued as hot as poſſibly it may be ſuffered, and in twice or three dreſſing it will cure him.

Chap. 487.
Another for the ſame.

TAke the iuyce of Hayriffe, (otherwiſe called Gooſe-meat) and mingle it with Neats-feet Oyle, and ſtirre it vntill it be growne thicke, then let the place grieued be mointed therewith, and it will doe him much good.

Chap. 488.
Another for the ſame.

TAke Sage and Mutton Suet, boyle it in your owne water, make a Pultiſſe thereof, and apply it hot to the griefe.

Chap. 489.
Another for the cold Gowt.

TAke Aqua-vitæ and waſh and rub the place grieued often therewith: then take a linnen cloth and wet it in Aqua-vitæ againe, and lay it to the place grieued, and this will helpe you within three or foure times dreſſing. This hath beene truly proued by R. Weſton.

Chap. 490.
Another for the ſame.

TAke two handfuls of Horehound, and ſix handfuls of Wall-worts, and bray them together in a morter: then ſtraine them, and put the iuyce therof into a pint and a halfe of Swines-greaſe and boile them together for the ſpace of an houre or more, then ſtraine it thorow a fine cloth into ſome earthen

earthen pot or glaſſe, and let the Patient vſe to anoint the place grieued before a good fire, and ſo by often vſing of it, he ſhall finde marueilous great eaſe.

This is alſo good for all cold Gowts in the armes, legges or feet, and all other grieſes and paines in the bones, which doe come by reaſon of any manner of cold howſoeuer.

Chap. 491.

Another for the ſame.

TAke the diſtilled Water of Broome-flowers, let the Patient vſe to drinke hereof with Suger, this helpeth much.

Chap. 492.

Another for the ſame.

TAke Shoomakers Specks or pieces of Leather, and fry out all the greaſe of them, and then lay ſome of the ſame vpon a browne paper, and warme it a little at the fire, and ſo apply it to the place grieued, and it will take away the paine in one night. Probatum eſt.

Chap. 493.

Another for the ſame.

TAke halfe a pound of Butter in May freſh out of the Churne, adde thereto a pint of pure Malmeſie, boile them on the fire cloſe couered, to the ſubſtance of an Vnguent, and anoint the place grieued therewith.

Chap. 494.

Another for the ſame.

TAke the quantity of a Sawcer-full of Oyle of Roſes, and the Yolke of a new laid Egge, and foure ſpoonefulls of good Claret-wine, and mingle all theſe together, then warme them vpon a Chafingdiſh of coales, then take a

peece

péece of white Leather, and make a plaiſter of theſe, and lay it to the place where the griefe is moſt.

And if your paine be extreme great, then take more of the Egges and Wine, (as you ſhall thinke méet) and make no more of the ſame at once, then will ſerue to make one plaiſter withall; vſe this often, and you ſhall be ſure to finde great eaſe thereby.

Chap. 495.

Another for the ſame.

TAke a pound of gray Sope, three penniworth of the Greaſe of a Barrow Hogge, Opium an ounce, and a pottle of faire running Water, and ſéethe them all together vntill the ſame be growne thicke; then take it off the fire, and ſet it to coole, and when you haue ſo done, take either a péece of white Leather, or elſe a linnen cloth, and ſpread the ſame ſalue vpon one of them, and lay it to the place grieued, and there let it remaine for the ſpace of twelue houres, then take the ſame off, and put on another, and ſo the third or fourth time, and in vſing of it foure or fiue times together, the paine will be greatly aſſwaged, and then you ſhall ſée many water-whelkes will appeare, then let them out, and in a ſhort ſpace after (by Gods helpe) you ſhall be perfectly cured.

Chap. 496.

Another good Medicine for the Gowt, or any other Ache.

TAke Roſin and Pitch, of each of them a quarter of a pound, and Frankincenſe one ounce, and as much Turpentine, then take a pretty quantitie of Deeres Suet, or Sheepes Tallow, and boile them all together in a pot, and when it is well boiled, take it forth and waſh it (as you doe Bird-lime) in cleane water, and then take ſome of it and ſpread it vpon a péece of Leather, and lay it to the place grieued,

grieued, and ſo let it remaine there vntill it fall of it ſelfe: vſe this foure or fiue times, and you ſhall finde great eaſe thereby.

Chap. 497.

An excellent good Oyntment for the Gowt.

TAke a fat Gooſe and plucke her, and dreſſe her as if ſhe ſhould be eaten: then ſtuffe the belly of her with three or foure young Cats well chopped into ſmall peeces, with a handfull of Bay-ſalt, and twenty Snailes, and then ſew vp her belly againe, and roaſt her at a ſmall fire, and ſaue all the dripping of her, and keepe it for a precious Oyntment, as well for the Gowt, as alſo for all other kinde of diſeaſes in the ioynts. Probatum eſt.

Chap. 498.

Another for the ſame.

TAke a quart of ſtrong Ale, and put it into ſome earthen Pot or Pipkin, and couer it cloſe, and boile it vntill it be conſumed from a quart to foure or fiue ſpoonefulls: and let the partie grieued anoint his griefe well therewith before a good fire; then take Dregs of ſtrong Ale, and vnwrought Wax, and a few crums of Rie-bread, and boile them all together vntill they be thicke like a plaiſter, and then ſpread it vpon a piece of red woollen cloth that is new, and lay it to the place grieued, as hot as poſſibly it may be ſuffered, and this will cure him in a ſhort ſpace.

Chap. 499.

A very good plaiſter for the Gowt, or for any other Ache in the ioynts: with which the L. *Rich* was cured, when moſt Phyſicians and Chirurgions thought him to be incurable.

TAke halfe a pound of vnwrought Wax, halfe a pound of Roſin, and an ounce of Libanum, a quarter of a pound of fine

fine Littargie of Gold, and three quarters of a pound of white Lead beaten to powder, and searse it thorow a Searser; then take a pint of Neats-feet-Oyle, and set it on the fire in some small vessell, and mix it with the Wax and Rosin, and when it is molten, put all the other powders therein, and then stirre it as fast as euer you can with a sticke, and then put a little of it into a Pewter Sawcer, and if it be hard (being so tried in the Sawcer) then take it from the fire and anoint some faire euen bord with some of the Oyle of Neats-feet, and as soone as you may abide to handle it for heat, worke it as it were Shoomakers Wax, and so make it into great rowles, and then make plaisters of it with a Chafingdish of coales, and then spread it vpon a peece of Leather, and lay it warme to the place where the paine is, and so renew it euery morning and euening vntill the pain be gone, or else vntill the Ache be driuen into some other ioynt, and then apply your plaisters againe in like sort where the griefe is, and beware of cold or hot Wines, and doubtlesse this will helpe you. Probatum est.

Chap. 500.

Another good Plaister for the Gowt.

Take fiue or six spoonefulls of the iuyce of Wormewood, and as much of the iuyce of Smallage, and a pretty quantitie of Wine-Vineger, Salt and Honey, and mingle them together with a good quantity of Roseflowers, and stirre them well together as fast as you can, and boile them well, and make a plaister thereof, and spread it on a linnen cloth, or a peece of Leather, and lay it to the place that is grieued. Likewise, let the partie grieued vse the drinke before rehearsed in the 450. Chapter, and the plaister both at once, and by Gods helpe it will cure him. Probatum est.

Chap.

Chap. 501.

Another good Medicine for the Gowt.

TAke a prety quantity of the Flower of Oat-meale, Mutton Suet, and a little Littargie small ground, and sæthe them in faire running Water, and let it sæthe vntill it be become thicke, and then make a plaister of it, and as hot as it may be suffered, let it be laid to the place grieued: vse this often, and it will allwage the paine, and take it quite away in a short space. Probatum est.

Chap. 502.

A good Water of Flint-stones for the Gowt.

TAke a good quantity of Flint-stones, and breake them into small peeces, and heat them well on coales in the fire, and then put them into a Stillitory, and put therein a good quantity of Wine-vineger and Aqua-vitæ, and so distill the same, and with this Water wash the place often where the paine is, and it will helpe it.

Chap. 503.

A very soueraigne Medicine for the Gowt.

TAke a good quantitie of Snailes, and picke them forth of the shells, and stampe them in a Morter, then put to them a prety quantity of Salt, Sallet-oyle, and Sope, and stampe them all well together in the Morter with the Snailes; then take the same and make a plaister thereof, and apply the same to the place grieued, and so let it lye for the space of three dayes, and this will destroy the Gowt.

GREENE

GREENE SICKNESSE.

Chap. 504.

An excellent and approued Medicine for the Greene ſickneſſe.

TAke a gallon of Milke which commeth from the Cow in the morning, and let it ſettle (ſo that the Creame and all may goe together) for the ſpace of two houres: then take a breſt of Veale, (of the youngeſt and fatteſt that may be gotten) and waſh it very cleane, and drie it with a cloth ſo drie, that no Water may remaine in it: then bruiſe the ſame, bones and all, and put it into the Milke, Creame and all as it ſtood) then take fouretéene or fiftéene of the beſt Dates that may be gotten, and cut them in the middeſt, and a quarter of an ounce of whole Mace, halfe a pound of Currants, two handfulls of Mint, and a good handfull of wilde Time, and put them all together into the Milke with the Veale, and ſo let it ſéethe vntil the one halfe of it be conſumed, and when it is thorow ſodden, it will be like a Jelly, and (it being warme) the partie grieued may drinke it as a Broth, and (it being cold) ſhe may eat it as a Jelly: but if the parties ſtomacke doe not ſerue well to eat it, then make a toſſe of Wheaten Bread,

Bread, and ſoake it in Malmeſie, and ſtrew vpon it ſome powder of Mints, and then let the party grieued eat it; and ſo let her vſe this for the ſpace of ſeuen or eight weekes together, or otherwiſe, as long as ſhall be thought needfull, (but the Spring-time of the yeare is moſt fit for it) and let the Patient vſe ſome bodily exerciſe to prouoke ſweat, and this will helpe it without all doubt. Prob. eſt.

Chap. 505.

Another for the ſame.

TAke Harts-tongue, Betony, Hyſop, Liuerwort and Fennell-roots, of each of them halfe a handfull, and waſh them all very cleane and bruiſe them: then take the quantity of two ſpoonefulls of Eliſander-ſeed, and foure or fiue good bigge ſtickes of Liquorice, and one ſpoonefull of Annis-ſeeds, beat all theſe together in a Morter, and then boile them all in a quart of ſtale Ale, and ſo let it boile vntill the one halfe thereof be conſumed, then ſtraine it thorow a fine linnen cloth, and ſweeten it with Suger, and then put therein a pretty quantity of the powder of Nutmegs, and powder of Mace, and when occaſion ſerueth for the vſe thereof, let the partie grieued drinke the quantity of fiue or ſix ſpoonefulls thereof at a time (the ſame being warme) both morning and euening for the ſpace of nine or ten dayes together, and this will cure the ſame infirmitie. This hath beene truly proued.

Chap. 506.

Another for the ſame.

TAke Wormewood, Fetherfew, Lauender-cotton, and Crums of ſowre leauened Bread, and Bay-ſalt, of each of them a good quantity, bruiſe them all together and put them in a Frying-pan, and ſprinkle theſe together ouer with White-wine Vineger, and parch them dry, and then make a powder thereof; then quilt a little peece of Silke, Fuſtian,

Fuſtian, or elſe a linnen cloth, and make a little bag thereof, and then put ſome of the ſame powder therein, and hang it with a little tape about the necke of the Patient, and let the bag hang right vpon the ſtomacke: but if the Patient be ouer-come with much faintneſſe, then let it be taken quite away, or elſe not, and I aſſure you the party grieued ſhall finde great eaſe hereby. For it hath beene truly proued by *George Heale*.

CHAP. 507.

Another for the ſame.

TAke Betony, Wormewood and Sage, of each of them a good handfull, ſtampe them a little, and ſprinkle a little White-wine Vineger vpon the Herbs before mentioned, and then drie them againe betweene two hot Tile-ſtones, and then lay them very warme to the molde and temples of the Patients head, or to any other place where moſt paine is, and this will helpe it.

This is alſo good againſt the Head-ache and Megrim.

CHAP. 508.

Another for the ſame.

LEt the Patient drinke all the moneth of May Water-creſſes, Brook-lime, and Scuruigraſſe, of each an handfull, infuſed in clarified Whay; make it freſh euery two dayes, or elſe it will be naught.

CHAP. 509.

Another for the ſame.

TAke Mares-milke, and giue it to the Patient to drinke with a good quantity of powder of Betony therein, and let her vſe this for the ſpace of eight or nine dayes together, and this will cure her; but before that ſhe doe vſe to drinke of this, let her firſt take a vomit, and then it will take effect the better.

Chap. 510.

How to make a Vomit either for that cauſe or for any other.

TAke an Elder-bough and ſcrape off all the vttermoſt rinde thereof cleane, and then take ſome of the innermoſt rinde and ſtampe it, and ſtraine it into ſtrong Ale, which is old and ſtale, and then drinke ſome of the ſame, and it will cauſe one to vomit in a ſhort ſpace.

Chap. 511.

An excellent Medicine for the Greene ſickneſſe.

TAke an handfull of Cowſlip-flowers, dry them and ſtampe them to powder, then take ſix or ſeuen ſpoonefulls of Malmeſie, and a ſpoonefull of the ſame powder, and drinke theſe together euery morning faſting, for the ſpace of foureteene dayes together, and for want of Malmeſie, you may take ſtale Ale; and this by the grace of God will helpe you.

Chap. 512.

Another for the ſame.

TAke a pound of red Currants, and a quart of Muſcadine, and let them infuſe together for the ſpace of one whole night; then let the Patient drinke thereof, and it will helpe her.

Chap. 513.

Another for the ſame.

TAke foure ſpoonefulls of good Flemmiſh Madder, and boile it in a pint of White-wine, with a good peece of fine Suger therein, and let it boile vntill the one halfe be conſumed: then coole it and ſtraine it thorow a fine linnen cloth, and let the Patient drinke thereof both morning and euening for the ſpace of fourteene or fifteene dayes together,

to

to the quantity of ſix or ſeuen ſpoonefulls at a time, blood-warme, and then walke after it, or elſe dance or vſe ſome other exerciſe, whereby ſweat may be prouoked, as aforeſaid, and it will helpe without all doubt. Probatum eſt.

Chap. 514.

Another for the ſame.

TAke a pottle of Red-wine that is pure and good (or for want thereof as much Hullocke) and two ounces of Fennell-ſeed, and three ounces of Annis-ſeed, and mingle them all together, and boile them ouer a ſoft fire, vntill the one halfe be conſumed: then ſtraine it, and let the Patient drinke the quantity of halfe a pint thereof at a time, if it may be indured. This muſt be vſed for the ſpace of eight dayes together, allwayes beginning two dayes after the change of euery Moone: and if it be ſo farre gone that the Patient cannot recouer perfect health in that ſpace: then let this Medicine be vſed eight dayes in a moneth, for the ſpace of three moneths together, and in the beginning of euery moneth, as aforeſaid, and it helpeth without all doubt. Probatum eſt.

Chap. 515.

Another for the ſame.

TAke an Herbe that is called Roſa Solis (it groweth cloſe by the ground, and it hath ſomewhat a broad leafe, (ſome doe call it the Sheepes-rot, and it beareth a yellow flower) and diſtill a water out of it, and giue it the Patient to drinke both morning and euening, and let the Patient vſe this drinke for the ſpace of ſix or ſeuen dayes, and let ſome exerciſe of bodily labour be vſed, as aforeſaid, and therby the Patient ſhall be holpen without all doubt.

HANDS AND FEET.

Chap. 516.

A good Medicine for ones hands that are troubled with Wormes or itching, and also to make them white.

TAke a good quantity of leaues of Nettles and Elicompane, and dry them very well either betwæne two Tile-stones, or else in an Ouen where Bread hath bẽn new drawne forth of it, and beat them to powder, & then put the same powder into a pot of faire water to sæthe, and when it is wel sodden, straine it & put it into a cleane Viall or Glasse, & so kæpe it close stopped vntill you haue occasion to vse it, and when as necessity requireth, take some of the same water and wash your hands and face often therewith. This will make both your hands and face very cleane and white, but these Nettle-leaues must be alwayes gathered in the middest of the moneth of May, and that very early in the morning before the Sunne doe arise.

This is also good to kill Kibes in the hæles, or any Chilblaines or other itching in the fæt, if your fæt be often washed therewith.

Also this water, if it be strong of the powder & well stopped, will kæpe a whole yeare and more, & it will be ready to serue your turne at all times, both Winter and Summer.

HEAD-

HEAD-ACHE OR MEGRIM.

Chap. 517.

A good Medic[illegible] to take away any extreme Ache, or ſwimming in the Head.

TAke Roſemary, Lauender-flowers, Winter-Sauery, Camomill, Bayes, and Lauender it ſelfe, (both new and old) Mints and Fennell, ſæthe all theſe together in faire running Water, and put thereto a good handfull of Bay-ſalt: then take ſome of the ſame Liquour, (hearbs and all) and waſh your fæt therewith, twice euery Morning and euening for the ſpace of foure dayes, and in ſo doing, it will take away any manner of paine in the Head, although it be neuer ſo extreme or grieuous. This hath beene proued.

Chap. 518.

An excellent remedie for to ſtay any humour or Rheume that falleth downe from the Head into the Eyes or Noſe.

FIrſt take new Milke, and ſæthe it, and put ſome Leauened Bread therein, then take Cummin, Betony, and the Clay of ſtopping of Beere, of each a like quantitie, and let them all ſæthe together, vntill they be ſo thicke that you

may ſpread the ſame for a plaiſter; then make a plaiſter thereof, and lay it to the temples of the head, as hot as he can poſſibly ſuffer it, and ſo dreſſe it both morning and euening for the ſpace of three or foure dayes together, and doubtleſſe (by Gods grace) this will quickly helpe him. This hath beene truly proued.

Chap. 519.

An excellent good coole Water to be vſed for the Head, if it be ouer-hot, or in any ſuch ſort diſtempered.

Take Violet-leaues, Redroſe-leaues, Lettice, Willow-leaues, of each two handfulls, and a little Henbane, Vineger, White Poppy, and a little Mandrake, and then diſtill all theſe in a Stillitory, and ſo keepe this Water cloſe ſtopt in a glaſſe, vntil you haue occaſion to waſh your head therewith.

Chap. 520.

Another for the ſame.

Take a pretty meane handfull of Wormewood, and as much Camomill, and the like of Vnſet-Time, and ſhread and cut them all very ſmall, and then put them all together into a pint of White-wine Vineger, and ſo ſeethe them together, and when it hath boiled a little while, put therein a handfull of great Oat-meale, and a good quantity of crums of browne Bread, and ſo let them all ſeethe together, vntill they be ſo thicke that you may make a plaiſter thereof, and when it is come to that perfection; then take a faire linnen cloth and ſpread the ſame plaiſter-wiſe thereon, and be ſure to turne in the edges of the cloth, whereby none of the ſtuffe may fall out or moue from the place where it is ſet, that is, to the midſt of your fore-head, and ſo from thence on both ſides, from one of your eares to the other. This will doe you exceeding much good, and it will aſſwage the paine in ſhort ſpace. Probatum eſt.

Chap.

Chap. 521.

An excellent good hot Water to be vſed for the Head, if it be ouer-cold, or in that ſort diſtempered.

TAke Betony, Camomill, Rue, Sauery, Penny-royall, Margerum, Origanum, Fennell, and Elicompane, of each of them a like quantity, and diſtill them as you did the other, in the former Medicine before mentioned, and ſo vſe the ſame in like ſort, as aforeſaid.

Chap. 522.

An excellent good Medicine for any manner of Ache, or paine in the Head.

TAke a Roſe-cake, and wet it very well in Vineger, and then put thereto a good quantity of the powder of Nutmegs, and the powder of Cloues, and then let the ſame be bound very hard to the Temples of the head of the partie grieued, and this will ſpeedily helpe him. Probatum eſt.

Chap. 523.

Another for the ſame.

TAke a good quantity of fine Aſhes, and make Lye thereof, and ſtraine it thorow a cleane cloth: then take an handfull or two of Betony, and as much red Sage, and ſeethe the Lye and them againe all together, and ſtraine it againe as before, and then let the partie grieued haue his head once waſhed therewith, and the ſecond time that his head is waſhed, put thereto halfe a pint of Muſcadine, and the third time waſh his head with cleane Muſcadine, and this will helpe him. Prob. eſt.

Chap. 524.
Another for the ſame.

TAke the iuyce of Rue (otherwiſe called Herbgrace) and put into the Noſtrils of the Patient, and it will expell the Fleagme, cleanſe the Braines, and mitigate the paine in the head. Prob. eſt.

Alſo, this Herbe ſodden in White-wine doth the like.

Chap. 525.
Another for the ſame.

TAke a Redroſe cake and cut it of the length and breadth of your Forehead: then take Roſe-water and Vineger, of each of them a like quantity, and ſteepe the Roſe-cake in them, and lay it to your Forehead as hot as you may poſſibly ſuffer it, and it will helpe you.

Chap. 526.
An excellent good Medicine to drie vp the Rheume in ones Head.

TAke a good quantity of Cloues, Mace, and Nutmegs beaten to powder, and put thereto a good quantity of Roſemary dryed and beaten into powder: boile all theſe together in ſweet Sallet-oyle, vntill it be ſomewhat thicke; then take it and ſpread it vpon a cloth, and lay it to the crowne of the head; vſe this often, and you ſhall finde both helpe and comfort hereby.

Chap. 527.
An excellent good remedie for the Megrim.

TAke fine-leaued Graſſe and Morrell, (otherwiſe called Saint Mary Herbe) of each of them a like quantity, and as much as both the other of Betony: beat all theſe together in a Morter, and ſtraine out the iuyce cleane, and then put to the ſame iuyce as much May-butter as the quantity of the iuyce is, and ſo make an Ointment thereof, and let

let the Patient anoint his browes therewith when he goeth to bed, and doubtleſſe this will doe him maruellous much good.

Chap. 528.

Another for the ſame.

TAke Bolearmoniacke, Sanguis Draconis, and Terra ſigillata, of each of them a like quantity, and beat them into fine powder: then (to make a plaiſter) take a little Flax, and lay it vpon a peece of browne paper, and let it be as broad as you will haue your plaiſter, then take the White of an Egge, and lay vpon the Flax, and ſtrew the powder aforeſaid vpon that ſide of the plaiſter which ſhall lye neereſt vnto your head, and then fold a peece of paper, or elſe a linnen cloth betweene your head and the Medicine, or elſe it will cleaue to the ſore, or to the haire of your head: vſe this often, and it will helpe you.

Chap. 529.

Another for the ſame.

TAke a peece of Leather vnallowed as broad as your Fore-head, and in length, as it were from one of the temples of your head to the other: then raſe the ſame Leather, but not thorow; then take Sanguis Draconis and beat it to powder, and ſcatter the ſame vpon the Oyle as thin as you may, and then lay it to your Fore-head, and there let it remaine vntill it be readie to fall off it ſelfe. This hath holpen many.

Chap. 530.

Another for the ſame.

TAke halfe the Gall of a Sheepe, and a penniworth of white Coporas, and boile them together in ſtale Ale, and let the Patient anoint his head often therewith, and he ſhall finde great eaſe by it. Probatum eſt.

Chap.

CHAP. 531.

Another for the ſame.

TAke Mugwort and Sage, of each of them a good handfull, of Camomill and Gentian, of each of them a good quantitie, and two penniworth of Engliſh Honey, and boile all theſe together vntill they be thicke: then make a plaiſter thereof, and lay it behinde and on both ſides of your head, as hot as poſſibly it may be ſuffered, and thus vſe this for the ſpace of three or foure dayes together, and it will take the Megrim cleane away. Probatum eſt.

CHAP. 532.

Another for the ſame.

TAke an ounce of Pepper and fiue or ſix Nutmegs, a quarter of an ounce of Graines, and a quart of Vineger, and two handfulls of Roſemary: boile all theſe together betweene two Platters, vpon a Chafingdiſh of coales, and then put your head ouer it, and hold cloſe ouer it vntill it be boiled (but if you boile it almoſt away, it wil be the better) and this will helpe you. Probatum eſt.

CHAP. 533.

Another for the ſame.

TAke two handfulls of Houſleeke, a handfull of Earthwormes, and two handfuls of crums of new Rye-bread, (cleane without any other graine mixt with it) ſtampe all theſe with White-wine Vineger, and make a plaiſter therof, and lay it to the forehead of the party grieued, and let it remaine there for the ſpace of nine dayes and nine nights, and by Gods grace this will helpe you. Probatum eſt.

CHAP.

Chap. 534.

A good Medicine for the Head-ache or Megrim.

TAke fiue or six Nutmegs, and pare and slice them very thinne: then make two little linnen bags of the length and breadth of your finger, and put in the Nutmegs: then take a good quantitie of your Red-Rose-water, and lay your bags in the same Water in a dish vpon a Chafingdish of coales, and make them hot, and then lay them to the temples of your head, and this will helpe you.

Chap. 535.

An approued Medicine for the Head-ach, and to purge the Rhewme.

TAke the Whites of two new laid Egges, and beat them very well together, and put them into Flax, with as much Rose-water as you shall thinke conuenient, and then beat them well againe together, and spread the same vpon two linnen Clothes, and then straw thereon some powder of Nutmegs, (which is grossely beaten) then lay these two plaisters, the one of them to the nape of the necke of the patient, and the other to the temples of his head, and let them be fast bound that they stir not, and let them continue vntill the next morning, and let him vse this for the space of 6. or 7. dayes together, and it will helpe him. Prob. est.

Chap. 536.

A very good medicine for the Head-ach.

TAke Margerum-water, and hold your Nose ouer it, and then draw your wind hard vnto you, vntill such time as the water hath entred into your nose diuers times, and then your head will cease aking immediately.

Chap. 537.

Another Medicine for a continuall Head-ach.

TAke a good quantity of Betony Water, and then take a fine linnen cloth, and double it 3. or 4. times double, and let

let it be ſome three fingers broad, and wet it very well in the ſaid Water, and lay it to your fore-head cold, and let the cloth (it being wet) come round about your head, and tye it very faſt, and when it is drie, wet it very well againe, and by thus vſing of it three or foure times, it will helpe you.

Chap. 538.

A ſingular remedie for the Megrim, and for all other diſeaſes in the Head, of what cauſe ſoeuer it be.

TAke Camomill, Betony, and Veruaine-leaues cleane picked, of each of them one handfull, ſtampe them and boile them in Ale-woort, and when it is well ſodden, put thereunto a little Cummin-ſeed finely beaten to powder, with a little powder of Harts-horne, three ſpoonefuls of Roſe Vineger, if it may be gotten, if not, take other Vineger, and the Yolkes of two new laid Egges, and a little Engliſh Saffron, ſtirre all theſe well about, and then take of it and make a plaiſter thereof, and lay it as hot as it may be ſuffered ouer all the forehead of the partie grieued, and ſo let it remaine there for the ſpace of twelue houres: then take another made ready, as aforeſaid, and clap the ſame on as ſoone as the other is taken off, and in twice or thrice vſage of it in this ſort, he ſhall finde great eaſe hereby. This hath beene truly proued.

The worthy Doctor *Raſis* writeth in his workes, and affirmeth, that whoſoeuer doth oftentimes ſnuffe vp into his noſtrils the iuyce of great Margerome, ſhall neuer be diſeaſed in the head.

Chap. 539.

A very good Medicine to purge the head.

TAke Pellitory of Spaine, and chew the root thereof in your mouth foure or fiue dayes at ſeuerall times, and this will take away the paine of the head, and alſo faſten the Teeth in the Gummes. Probatum eſt.

Chap.

Chap. 540.

A good Medicine for the wind in the Head.

TAke a handfull of the Flowers of Camomill, and halfe a handfull of powder of Sinnamon, and mingle them together, and then make two little bags of the breadth of your eares, and put both the powder and the flowers therein, and binde them close to both your eares, and this will spædily helpe you. Prob. est.

HICKOP.

Chap. 541.

A present Medicine for the Hickop.

TAke thy fingers ends, and stop both thine eares very hard, and the Hickop will surcease immediately. Probatum est.

Chap. 523.

Another for the same.

TAke Oyle of Lillies, and let the Patient anoint his bodie therewith diuers and sundry times, and this will helpe him immediately. Probatum est.

HEART.

Chap. 543.

An excellent good Medicine to open the pipes of the Heart, being ſtopped, and to take away Flegme cleane, and alſo to comfort the Heart that is weake.

TAke a good quantity of Barley, and put it into a Gallon of faire running Water, and ſæthe it vntill the one halfe be conſumed: then ſtraine it thorow a cleane cloth, and put it into a penniworth of good Liquorice, (ſomewhat bruiſed) and a handfull of red Sage, and then ſæthe them all together againe, and then put the ſame liquour into a cloſe earthen veſſell, or elſe a glaſſe, and let it ſtand ſo for the ſpace of foure and twenty houres: then let the party grieued drinke three or foure ſpoonefulls thereof, firſt and laſt, (but in the morning let him faſt an houre after it) and let him vſe this for the ſpace of fourteene or fifteene dayes together, and it will helpe him. Prob. eſt.

Chap. 544.

A good Medicine for the paſſion of the Heart.

TAke Red-Roſe-leaues, Oyle of Mace, and powder of Saffron, and mingle them all together, and quilt them in a little thin ſilke, and draw it ouer with a little thin Ciuet, and

and ſo apply it to the region of the Heart, and it will doe you maruellous much good.

Alſo Muske is pleaſant in ſauour, and it comforteth both the Heart and the Braine greatly.

Chap. 545.

Another good Medicine for the paſſion of the Heart, called *Tremor Cordis*.

TAke powder of Nutmegs, powder of Burrage, Wheaten Flower, powder of white Amber, powder of the Bone in a Stagges-heart, and the powder of Sinnamon, and mingle them all together, and let the partie grieued drinke the ſame either in Wine, Ale or Beere, both morning and euening, and he ſhall finde exceeding great eaſe thereby. Probatum eſt.

Theſe things afore-mentioned, ought to be portioned by great and good aduice.

Chap. 546.

An excellent good remedie for the beating or tumbling of the Heart.

TAke a pottle of good Claret-wine, and put thereto an handfull of Balme, an handfull of Burrage, ſix crops of Roſemary, halfe a quarter of an ounce of Engliſh Saffron whole, and a quarter of a pound of fine Suger, and mingle them all together, and put them into ſome cloſe veſſell to ſtand for the ſpace of a day or more, before the party grieued doe drinke it, and let him vſe to take a good draught of it at a time both firſt and laſt, and let him vſe it for the ſpace of ſix or ſeuen dayes together, or longer, if neceſſity require it, and it will helpe him. Prob. eſt.

Chap. 547.

A very good Medicine for the Heart-burning.

TAke ſix Almonds, and twelue raw Peaſe, and eat them together, and certainly you ſhall not be troubled any more

more with the Heart-burning. For it hath beene truely proued.

CHAP. 548.

A good medicine for the ſwelling of the Heart, and for breaking of Fleagme.

TAke a quarter of a pint of Damaske Roſe-water, three ſpoonefuls of pure White-wine, with a few ſops of white Bread, and a pretty quantity of ſweet Butter and Suger, boile all theſe together vpon a Chafingdiſh of coales, and let the party grieued eat three or foure ſpoonefulls thereof at a time after meat, and this will ſpeedily helpe him. Probatum eſt.

CHAP. 549.

A very good Medicine for one that is greatly troubled with Heart-burning.

TAke to the number of fiue or ſix cornes of good Pepper, and bruiſe them in your mouth, and when you haue ſo done, let them downe your throat, and this will helpe the Heart-burning forthwith. This hath beene truly proued by W. S.

CHAP. 550.

A ſpeedie remedie for to comfort the Heart, and to expell the coldneſſe from the ſtomake.

TAke a new laid Egge, either of a Hen or Turkie, and let it be reare roaſted, and put thereto a pretty quantitie of Pepper, groſſely beaten, and let the Patient eat this in the morning faſting, euery day, for the ſpace of eight or nine dayes together, and this will diſſolue all cold humours, both from the heart and ſtomake. Prob. eſt.

CHAP. 551.

Another for the ſame.

TAke a quarter of a pint of Malmeſie, and a pretty quantity of Roſe Vineger and ſweet Butter, and boile them ouer

ouer a Chafingdish of coales; and then put into the same liquour a Rose-cake, and let it remaine therein vntill it be thorowly soked; and then take the same Cake, and lay it to the stomake of the party grieued, as hot as it may well be suffered, and then let him be well rowled about that he take not cold: vse this twice or thrice and you shall finde great ease thereby.

Chap. 552.

A present remedy for to comfort the Stomake of one that is weake and fraile through sickenesse, or &c.

Take a pint of Sacke, and burne it with a top or two of Vnset Hysop, and a top or two of Rosemary; then take three or foure Dates, and plucke out the stones of them, and then beat the same Dates in a Morter vntill they become pappe: and then take a new laid Egge well beaten together with a spoonefull of Damask Rose-water, and a spoonefull of Sallet-oyle, and mix them all together, and put them into the Wine, and let the Patient take a good draught hereof in the morning and euening first and last, and hee shall receiue much comfort hereby. Probatum est.

Also a pint of Malmesie burnt with a penniworth of English Saffron, being dried to powder, and drunke with Sallet-oyle and Treacle, of each of them a penniworth both morning and euening, for eight or nine dayes together, comforteth the Heart and Stomake greatly.

Likewise, Nettle-seeds well dried in the Sunne, and beaten to powder, and drunke with Malmesie euery morning fasting, the quantitie of a quarter of a pint at a time, doth the like.

Moreouer, if you take Burrage, Mallowes, Fumitory, Violet-leaues, Beets, great Rasins, (the stones taken out) Pruines and Polipody, with a little Dill, of each a prettie quantity; seethe all these together in your Broth or Pottage, and eat often thereof, and this will take away the hot

burning in the stomake, hauing growne of choller; which oftentimes causeth an extreme Feuer.

Things good and comfortable for the Heart.

Saffron, Galingall, Cloues, Muske, Burrage, Nutmegs, Red-Roses, Violets and Mace, with mirth and gladnesse of the Heart.

Things ill for the Heart.

Beanes, Pease, Leekes, Onions, Garlick, Sadnesse, Dread, Anger, ouer-much Trauell, to drinke cold water after Trauell, and euill Tidings, as the losse of friends, &c.

HEATE AND DROVGHT.

CHAP. 553.

A very good drinke to be vsed for an extreme Heat or Drought.

TAke a pottle of faire running Water, Succory, Endiue, Violet-leaues and Burrage, of each of them an handfull, halfe a handfull of Lettice, two Fennell-roots, and two Parsly-roots: put all these together into

into the Water, and let them ſæthe vntill the one halfe be conſumed: then take it off, and put a little Suger into it to make it ſweet, and when you haue ſo done, then let it ſæthe ſome thrée or foure wallowes more, then take it and ſtraine it thorow a fine linnen cloth, and let the Patient drinke it at his pleaſure, but let him vſe this for eight or nine dayes together, and it will be the better.

Chap. 554.

An excellent good remedie for an extreme Heat, Burning or Drought in any man or womans bodie.

TAke wilde Poppie, (which groweth amongſt Corne, and hath a red flower on it, much like a red Roſe leafe, and it is called of ſome, Red-Corne-Roſe) and diſtill it into a Water, and let the Patient drinke thereof thrée or foure great draughts, and this will quickly abate the heat or burning.

Chap. 555.

An approued Medicine for one that is molten within by ouer-much Trauell or Labour.

TAke a quart of good Claret-wine, and ſæthe therein a good quantity of Auence, and make a Poſſet with the ſame Wine, and let the Patient drinke thrée or foure times thereof warme (bed-ward) and it will helpe him. Probatum eſt.

IAVNDISE, BLACKE AND YELLOW.

Chap. 556.

An excellent good remedie for the Blacke Iaundise.

TAke Wheat-straw, and lay it abroad vpon a faire floore in a close house, and put Geese into the place where the straw is, and watch when they doe dung, and take it vp whole, and with a knife scrape off the white that is about it, and keepe the same white vntill you haue a good quantity thereof, then drie it in an Ouen, and make it into powder, and let the Patient drinke it in Ale or Beere, both first and last warme, and it will cure both the Blacke and Yellow Iaundise.

Chap. 557.

Another for the same.

TAke a good quantity of Scabious Water, and of Betony, Roses, Harts-tongue, and Sandelion, of each of them a good handfull, wash all these Herbs very cleane, and bruise them all, then put your Scabious Water and your Herbs into

into a Skillet, and put in alſo a quart of good ſtale Ale, and foure or fiue ſtickes of good Liquorice, two ſpoonefulls of Annis-ſeeds, one penniworth of Red Sanders, (but let your Liquorice and Annis-ſeedes bee well bruiſed) and ten or twelue Cloues, or Chiues of Saffron; then boile all theſe together, vntill the one halfe be conſumed, and then ſtraine it, and put into the liquor ſome fine Suger, and ſome powder of Cloues and Mace, to the quantity of two penniworth, and as much iuyce of Wormewood, as may be well gotten out of two handfulls of Wormewood, (the ſame being ſtrained with a pint of White-wine) and put thereto foure or fiue good Reiſins beaten all to powder, and a little yellow Turmericke; then boyle all theſe together a little more, and ſo ſet it to cole: and when you haue occaſion to vſe this, then drinke the quantity of foure or fiue ſpoonefulls thereof at a time warme, both morning and euening, firſt and laſt, and this without all doubt will helpe you.

This hath holpen ſome that were almoſt paſt all hope of recouery.

Chap. 558.

Another for the ſame.

TAke Shell-Snailes and roſte them, or elſe drie them at the fire, or in an Ouen, and when they are drie, beat them to powder, and let the Patient take halfe a ſpoonefull thereof at a time, and let him drinke it in Ale, and let him vſe it for the ſpace of eleuen or twelue dayes together, both morning and euening, and this will cure the diſeaſe perfectly. Probatum eſt.

Chap. 559.

Another for the ſame.

TAke of the Roots and Leaues of Strawberries and Plantane, boyle them in Claret-wine, and drinke it euery morning faſting, for the ſpace of ſeuentéene or eightéene dayes together, and doubtleſſe this will helpe you. Probatum eſt.

CHAP. 560.

Another for the ſame.

TAke the Gall of a Rauen, and dry it well, and then grate it into powder; and when you haue ſo done, take a pretty quantity of it, and temper it either with Ale or Beere, and let the Patient drinke thereof euery morning faſting, for the ſpace of ſix or ſeuen dayes together, and it will preſently helpe him. This was truly proued by *N. Cox.*

CHAP. 561.

Another for the ſame.

TAke Betony, Mugwort, and an Herbe that is called Herbe-Ambroſe, of each of them a good handfull, halfe a handfull of Centory, and three or foure Docke-roots cleane waſhed and ſcraped; Stampe all theſe well together in a Morter, then take Spikenell, Turmerick, and Galligarie, of each of them a like quantity, and ſtampe them likewiſe in a Morter, and put the Herbes by themſelues in a cleane cloth, and the Spices by themſelues, and tye them faſt in ſtrings, and hang them in one gallon or two of good Ale, which is now ready to be tunned, and let it ſtand for the ſpace of foure or fiue dayes; then drinke a good draught thereof euery morning faſting, for the ſpace of ſeuen or eight dayes together, and then faſt three or foure houres after it, and alſo take it laſt when you goe to bed: and doubtleſſe this will helpe you.

CHAP. 562.

Another for the ſame.

TAke a gallon of good Ale, and boile it and ſcum it cleane, then take a pint of Honey, two handfulls of red Nettles, and a penniworth of Engliſh Saffron, and put them in the Ale, (being cleane ſcummed, as afore ſaid) and when you thinke that it is well boyled, ſtraine it, and let the partie grieued drinke a good draught thereof euery morning

morning faſting, for the ſpace of fourteene or fifteene dayes together, and this will helpe him.

CHAP. 563.

A very good Medicine for the Yellow Iaundiſe.

TAke a handfull of Red Nettle crops, Plantane and Saffron, and ſæthe them well in a pint of Ale, and then ſtraine it thorow a cleane cloth, and let the Patient drinke it firſt and laſt, for the ſpace of foure or fiue dayes together, and it will helpe him. Probatum eſt.

CHAP. 564.

A ſingular good Medicine for the Yellow Iaundiſe.

TAke both Leaues and Rootes of Strawberries, and make Pottage or Broth therewith, and let the partie grieued take a good quantity thereof at a time faſting, for a certaine ſpace, and by Gods helpe he ſhall haue preſent remedie.

This was a ſecret Medicine practiſed by an old man, who got much money thereby.

CHAP. 565.

Another for the ſame.

TAke Earth-wormes, and waſh them and ſlice them, then take a little ſcraped Iuory, and Engliſh Saffron beaten to powder, and mingle them together with White-wine, and let the Patient drinke a good draught thereof firſt and laſt luke-warme, and it will doe him marueilous much good.

CHAP. 566.

Another for the ſame.

TAke Bay-ſalt, Oats and Cummin, and dry them all, and make two bags thereof, and as hot as the Patient may ſuffer it, lay the one after the other to the crowne of his head, and ſo let him vſe it often for a good ſpace.

CHAP. 567.
Another for the ſame.

TAke hard Spaniſh Sope, and a little ſtale Ale in a Cup, and rub the Sope againſt the Cup bottome (on the inſide) vntill the Ale be white; then ſhaue a little Iuory into it, and let the Patient drinke thereof firſt and laſt, vntill it be cured, which (by Gods helpe) will be in a ſhort ſpace.

CHAP. 568.
Another for the ſame.

TAke Leaues of Selandine, and put a good quantity of them in your ſtockings next your bare feet (both aboue and vnderneath) and it will helpe you.

CHAP. 569.
Another for the ſame.

TAke Burre-root, (the greater it is, it is the better) and ſcrape it cleane, then take a pottle of new Ale, and put your Roots therein, and boyle the Roots well in the Ale, and then let them ſoke therein for the ſpace of a day and a night, and let it be cloſe ſtopt, then let the Patient drinke a good draught thereof three or foure times, and he ſhall be whole without all doubt. Probatum eſt.

CHAP. 570.
Another for the ſame.

TAke a good handfull of Selandine-leaues, and a quart of White-wine, and boile them together vntil the one halfe be conſumed, (if it be in Winter, then take the Roots of Selandine) then ſtraine the ſame, and let the patient drinke thereof firſt and laſt warme, this will helpe him. Prob. eſt.

CHAP. 571.
Another for the ſame.

TAke a pint of ſtale Ale, or Beere, whether you will, and ſome crummes of Wheaten-bread that is well leauened, and

and a good ſpoonefull or ſomewhat more of Sanders, and make all theſe into an Aleberry, and in ſix or ſeuen times drinking of this, it will cure you.

Chap. 572.

Another for the ſame.

TAke a great Apple, and cut off the top thereof, (ſo as it may couer the place againe) and take out the core, and then put into the ſame place ſome ſweet Butter, and a good quantity of Turmericke, and a good quantity of Engliſh Saffron, and then cloſe it vp againe with the peece that was cut off, and rolle it very tender, and let the Patient eat thereof three or foure mornings together faſting, or longer, if neceſſitie require it.

IMPOSTVMES.

Chap. 573.

A maruellous good Medicine to deſtroy an Impoſtume.

TAke Roots of Holi-hocks, and waſh them cleane, and ſeethe them vntill they be tender; then take the Water wherein they are ſodden, and put it into a cleane veſſell, and then take as much Lin-ſeed and

and Fenegreke (of both, as the quantity of the Roots are in weight) and put them into the ſaid Water, and then boile them together againe, vntill they rope like Bird-lime: then ſtampe the Roots, and put thereto a prętty quantity of Barly-meale, and temper them all together, and frie them well with Bores-greaſe, and then apply it to the ſore (plaiſter-wiſe) and this will ſpędily helpe it. Prob. eſt.

Chap. 574.

Another good Medicine for an Impoſtume in the Head.

TAke a good quantitie of the iuyce of Mints, and put it into a quill, and to let it runne into the Patients eare vpwards, and this will cauſe the Impoſtume to breake very ſpędily.

Chap. 575.

Another for the ſame.

TAke a penniworth of Spikenard, and beat it to fine powder, and a pennyworth of Pellitory of Spaine, and fiue or ſix Sawcerfulls of Muſtard, and as much White-wine Vineger, and a good Sawcerfull of Honey, and mingle them all together, and then put a ſpoonefull thereof into your mouth, and hold your lips together as cloſe as you can for a good while, then put the reſt into a wodden diſh and couer it cloſe from duſt, or other things falling into it, and when you doe vſe it, let it be both in the morning and euening firſt and laſt, and you muſt vſe eight or nine ſpoonefulls of this at euery time you doe it, and this will cauſe the Impoſtume to breake in very ſhort ſpace: vſe this for three or foure dayes together. Probatum eſt.

Chap. 576.

Another good Medicine to deſtroy any Impoſtume, within foure and twenty houres or little more.

TAke of the Roots of Flower-deluces, and Roots of Lillies, of each of them a like quantity, and ſtampe them together,

together, and then put into them a quart of Honey, and then boyle them all together, either in Wine or Ale; and when they are well sodden, then take the same liquor, and straine it thorow a fine linnen cloth, and when occasion serueth for vse thereof, let the Patient drinke two or three spoonefulls of it at a time, especially in the morning and euening first and last, and this will speedily cure it.

Also, if you vse to drinke of the Waters of Plantane, and Worme-wood, mingled together first and last, you shall receiue great comfort thereby.

ITCHES AND SCABBES.

Chap. 577.

A good Medicine for an Itch or breaking out.

TAke Whay, and clarifie it with the Leaues of Succory, Burrage, Endiue, Fumitory-flowers, and Hops, of each of them an ounce, and one Fennell-root, and one Succory-root, both bruised, and an ounce of great Reisins, and let them be clarified in the Whay,

Whay, as aforeſaid, and let the Patient drinke a good draught thereof euery morning warme, for the ſpace of ſeuen or eight dayes together.

Alſo, take a handfull of Seny ſodden (in a Pot cloſely ſtopt) from halfe a pint to a quarter of a pint, with a few Annis-ſeeds bruiſed: then ſtraine that likewiſe and drinke it faſting, and a little while after let the Patient drinke an Ale-berry, or elſe ſome other thin Broth.

Chap. 578.

Another very good Medicine for any manner of Itch, or breaking out in any part of the bodie.

Take two or three Limmons, and wring out the iuyce of them, and then take the like quantity of Oyle of Roſes, as there is of the iuyce of the Limmon, and beat them well together, and then anoint the Patients Armes, Legges, Thighes, or other parts whereſoeuer, and this helpeth him within foure or fiue times dreſſing him in this ſort. Probatum eſt.

Chap. 579.

Another for the ſame purpoſe.

Take Virgin Wax, or for want thereof take Yellow Wax, and May Butter, and a pretty quantity of the iuyce of Valerian, and as much of the iuyce of Marigolds, and boile them all together, and ſcumme them cleane, and let the Patient be anointed often therewith, or elſe with a linnen cloth lay ſome of the ſame Ointment where the Itch or Scabs be moſt.

Chap. 580.

Another for the ſame.

Take eleuen or twelue of the yelloweſt Dock-roots that may be gotten, and ſcrape them as cleane as you would doe Parſneps, and cut them ſmall and ſtampe them wel in a Morter: then ſet them ouer a Chafingdiſh of coales,

coales, and put a pound of ſweet Butter therein, and let them boile vntill the Roots be ready to ſtraine, and when they be ſufficiently boiled, ſtraine them, and put into the iuyce a ſpoonefull of Brimſtone finely beaten to powder, and ſtirre it well together, and put it to ſtand in the cold, and then it will be a pure Salue, and when need requireth, let the body of the patient be anointed therewith before a good fire, and let it ſoke into his ſkin, and in doing this, morning and euening for the ſpace of ſix or ſeuen dayes together, it will take away the Itch, be it neuer ſo great. Probatum eſt.

Chap. 581.

Another for the ſame.

TAke red Dock-roots, and waſh them and ſcrape them cleane, and cut them in ſlices and ſtamp them in a Mortar: then put thereto a good quantity of Brimſtone finely beaten, and temper them well together, and let the Patient be anointed therewith both morning and euening, and this will ſpeedily helpe him. Prob. eſt.

Chap. 582.

Another for the ſame.

TAke Dock-roots and Elicampane, and beat them and bruiſe them with ſweet Butter, and let the Patient be anointed therewith, and in fiue or ſix dreſſings it will helpe him.

Chap. 583.

Another for the ſame.

TAke a good quantity of white Sope, and keepe it well in Roſe-water, then take two drams of Mercury ſublimed, and let it be diſſolued in a little Roſe-water, then temper the Sope and the Roſe-water together, and afterwards put into it a little Muske or Ciuet, and ſo keepe it vntill occaſion ſerueth for vſe thereof, and this will kill any manner of itch, or ſcabbe, without any perill.

This

This is also a singular good Medicine to cure any great Scab or Itch without any great danger at all, for it hath beene sufficiently proued.

Likewise the Oyle of Myrrh healeth all manner of Scabbes, Itches, Clyfts, Kibes, Pimples, Chops, Burnings, &c.

Chap. 584.

Another for the same.

TAke an ounce of Ginger finely beaten to powder, and temper it with a quarter of a pound of fresh Butter, and anoint your bodies therewith foure or fiue dayes together, both morning and euening, and it will kill the Itch without doubt. Prob. est.

Chap. 585.

Another good Medicine to kill an extreme Itch, and to destroy the Scabs.

TAke sir spoonefulls of Barrowes-grease, and a penny-weight of Quick-siluer, and a handfull of Bay-salt, and sir spoonefulls of salting Spettle, and bray them all together, vntill the Quick-siluer be consumed quite; and then let the partie grieued anoint himselfe well therewith, and it will helpe him. Probatum est.

Chap. 586.

Another for the same purpose.

TAke the Decoction of Hysop, and anoint the place that is infected therewith, and in foure or fiue dayes it will cure the Itch without doubt, vsing of it euery day. Probatum est.

Chap. 587.

Another for the same.

TAke Enula Campana Roots, and Bores Grease, and stampe them together, and so let them stand for the space

ſpace of ſix or ſeuen dayes, and then take them and fry them, and then put thereto an ounce of Mercury ſublimatum, and let it be firſt deſtroyed with a ſpooneſull of faſting Spettle, and a little Brimſtone beaten into fine powder, and with the ſame Ointment let the party grieued bee anointed twice or thrice a day before the fire, and this will cure him in a ſhort ſpace.

Chap. 588.

Another for the ſame.

TAke red Dock-roots, and waſh them cleane, and boyle them in Hogs-greaſe, and let them boile vntill they be ſoft, and then ſtampe them againe together vntill the ſame be growne thicke, then take it off and put it into ſome cloſe earthen veſſell, and when occaſion doth ſerue for vſe thereof, let the party grieued be anointed therewith, both morning and euening before a good fire, for the ſpace of eight or nine dayes together, and it will take away all the Scabs, kill the Itch, and cleare the ſkinne. This hath beene truly proued.

Chap. 589.

An excellent good Water to kill any Itching, comming by Heat in any part of mans body.

TAke a pint of White-wine, a quarter of a pint of Vineger, foure handfulls of Betony that groweth in the Woods, and an handfull of Houſleeke, ſtampe the Herbs all together, and then put the Wine and the Vineger cold amongſt them, and put therein a pennyworth of Allum burnt and beaten to powder, incorporate them well together, and then waſh the place that itcheth with it, and in twice or thrice waſhing, this will driue it quite away, and alſo cole the heat thereof.

KID-

KIDNEYS.

CHAP. 590.

A good Medicine for to helpe the Kidneyes, and to cause the Reines of the backe to grow strong.

TAke Bugloss-water, that is distilled, and put thereto a good quantity of cleane Rose-water, and a prettie peece of fine white Suger, and drinke thereof euery morning fasting nert your heart, and this will both restore nature, and strengthen you very much. Probatum est.

LEGGES.

CHAP. 591.

A maruellous good Medicine to be vsed in manner of a Plaister, for festred Legges which haue beene long sore.

TAke Plantane, that groweth in March, wilde Tansie, great Morrell and Honey, of each of them a like quantity: then take the White of an Egge, and the Milke of a Cow that is all of one colour, and a good quantity of Barley-flower, and thicken them all together,

ther, and let the Herbs be brayed in a Morter, and afterwards mingled with the reſt, and make a plaiſter thereof, and lay it to the ſore, and it will heale it without all doubt. Probatum eſt.

Chap. 592.

Another good Medicine for the ſwelling of the Legs, comming by Cold or otherwiſe.

TAke two white Herrings out of the Pickle, and open them, and then lay the inſides of the ſame Herrings to the ſoles of your feet when you goe to bed, and ſo let them remaine all night, and in the morning apply new ones againe, vſe this fiue or ſix times, and the ſame will helpe you. Probatum eſt.

Chap. 593.

Another good Medicine for Legges that doe ranckle and feſter.

TAke Smallage, Southernewood, Houſleeke, Violet-leaues and Roots, and Way-broad-leaues, of each of them a good quantity, and a good quantity of Honey, and ſo temper it well with the Herbs, and then ſtraine it thorow a fine linnen cloth, and make a plaiſter thereof, and lay it to the ſore, and ſo renew it twice euery day, and alwayes before you lay on the Plaiſter, waſh the ſore well with White-wine, or elſe with Oyle of Roſes, and all this ſpace vſe to put fiue or ſix Leaues of Sage in your drinke, and in a ſhort ſpace your Legges will be whole. This hath holpen ſome that haue bene thought (by ſkilfull Phyſicians) to be paſt all cure.

LIGHTS, LIVER, AND LVNGS.

Chap. 594.

A good Medicine for the Lights and Liuer.

TAke three gallons of new Ale, (when it is ready to tun, and two or three good handfuls of Penny-royal, and as much Mother of Time, and a like quantity of red Dock-roots, cleane washed, then take seuen or eight good Nutmegs, and bruise them, and mingle all these together, and put them all together into a fine linnen bag, and then hang all these things before rehearsed in the Ale, foure or fiue dayes together, before you doe drinke any of it, and then when it is so stale, you may drinke it vsually both before and after meales, and you shall finde great comfort and ease, both for the rising of the Lights, and the stopping of the Liuer, and for the Splæne also.

Chap. 595.

An excellent good Medicine for the Liuer, and for drinesse in the hands, that commeth thereby.

TAke a good quantity of Strawberry-water distilled, and seethe therein a handfull or two of Liuerwort, and then straine it, and giue it the Patient to drinke, with a good quantitie of Sirrup of Mints, and this will both coole the extreme heat of the Liuer, and also bring moisture to the hands againe. This hath beene sufficiently proued.

Chap.

Chap. 596.

An excellent Medicine for the ſtuffing of the Lights and Lungs.

TAke Arthemiſia Epithemium, red Sage, Roſemary tops, and red Fennell, of each of them an handfull, a Galingall Root, halfe an ounce of Greene-ginger, halfe an ounce of Manus Chriſti, and a ſticke of Liquorice, that is both pure and good; ſeethe all theſe together from a quart to a pint, and then ſtraine the ſame into a Glaſſe, and ſo ſtop it vp cloſe; and when you will vſe it, take three or foure ſpoonefulls thereof at a time, firſt and laſt, and you ſhall receiue much comfort hereby.

Chap. 597.

A good medicine for the ſtuffing of the Lungs.

TAke a pottle of new Milke from the Cow, and make a Poſſet thereof with Sacke and Ale, and then put into the ſame drinke (the curd being taken off) a good quantity of Annis-ſeeds and Liquorice beaten to fine powder, and let it boile in the ſame Poſſet-drinke for a good ſpace; then put into it a good peece of Suger, and a pretty quantity of dregs, and put into it a few tops of Hyſop, and a branch or two of Roſemary; and when it is well boyled, ſtraine it, and drink thereof a good draught euery morning faſting, and it helpeth.

Chap. 598.

Another for the ſame.

TAke Fumitory, Harts-tongue, and Liuerwort, of each a good handfull, and boyle them in Whay, and then ſtraine it, and giue it the Patient to drinke, and it will doe him much good.

Alſo, ſeethe Barberries in clarified Whay, and drinke it often, the ſame being warme.

CHAP. 599.

A very good Drinke made of Whay, for to coole the extreme heat of the Liuer and Stomacke.

TAke Violet-leaues, Sinkfoile-leaues, Succory, Endiue, Scabious and Fumitory, of each of them a good handfull, and ſæthe them in a pottle of Whay which hath bæne boyled, and ſo let it continue boyling vntill the third part be conſumed, then ſtraine it thorow a fine cloth, and let the Patient drinke a good draught thereof euery morning and euening for a certaine ſpace, this will helpe him. Probatum eſt.

CHAP. 600.

A good Medicine for the ſtopping of the Liuer.

TAke Broth made of Chickins, with theſe things following in it: (Viz.) Mercury and Succory, of each of them halfe a handfull, and a few great Reiſons (the ſtones picked out) and boyle them together, then take a few bitter Almonds and blanch them, and beat them, and with the ſame liquor make Almond-milke, and let the Patient vſe to drinke it euery morning faſting, and it will helpe him.

Alſo, the Liuer of an Hare dried and made into fine powder, is good for all diſeaſes that are growing about the Liuer.

CHAP. 601.

Another for the ſame.

TAke the quantity of a Beane of Venice Turpentine, and put it into a ſpoone, and hold it ouer the fire vntill it melt, then put thereto a little fine Suger, and let the Patient eat thereof euery day faſting, and this will helpe him. Probatum eſt.

CHAP. 602.

Another for the ſame.

TAke great Capers that be grœne, and lay them to ſoke in Verivyce fiue or ſix dayes together, and then take them forth and wring the iuyce out cleane, and put a pretty quantity

quantity of the ſame in a Sawcer, and put thereto a little Sirrup of Vineger, and let the Patient vſe to eat thereof a little before Dinner, and likewiſe before Supper againe, and this will doe him much good.

Chap. 603.

Another Medicine for an extreme heat of the Liuer, and for drineſſe in the hands, comming thereby.

TAke a good quantity of Strawberry-water diſtilled, and ſæthe therein a good quantity of Liuerwort, and drinke it with Sirrup of Mints, and this will cole the heat, be it neuer ſo great. Prob. eſt.

Chap. 604.

Another good Medicine for the heat of the Liuer.

TAke Sanders and ſtrong Vineger, and heat them hot, then take a little Scarlet in graine, and dip it in the ſame, and lay it to the ſpoone of the breſt on the right ſide, and it will helpe.

Chap. 605.

Another excellent good Medicine for any heat or drineſſe either in the Liuer, Lights, or Stomake.

TAke Burrage, Langdebiefe, Violet-leaues, Dandelion, Sinkefoile, and Harts-tongue, of each of them a good handfull, and a great handfull of Reiſins of the Sunne, (the ſtones cleane picked out) then ſæthe the Herbs aforeſaid, (the ſame being cleane waſhed) together with the Reiſins in a gallon of faire running Water, and let it boile vntill it be conſumed to a pottle; then take halfe a pound of Almonds and blanch them, and bray them in a Morter: then take all the liquor before mentioned, and ſtraine it, and then put the Almonds into it, and ſo make Almond-milke thereof, and let the Patient drinke of this often, (bloud-warme) and this will doe him exceeding much good.

CHAP. 606.

Another for the ſame.

TAke a good handfull of Liuerwort, that groweth vpon ſtones, and of Fumitory and Harts-tongue, of each of them a handfull, and boyle them well in clarified Whay, and drinke a good draught thereof at a time, both morning and euening, and it will helpe you.

CHAP. 607.

A maruellous good Medicine for any manner of diſeaſe in the Liuer.

TAke the Liuer of an Hare, being well dried and made into fine powder, and drinke it in Ale or Wine, and it will doe you maruellous much good. Probatum eſt.

CHAP. 608.

Another for the ſame.

TAke a quart of Strawberries, and a quantity of wilde Tanſie, and a gallon of new Milke from the Cow, and diſtill all theſe together, and let the Patient drinke thereof both morning and euening, firſt and laſt, and let him waſh his feet often therewith. Probatum eſt.

CHAP. 609.

A maruellous good Medicine to preſerue the Lungs.

TAke the Lungs of a Fox and dry them well, and beat them to powder, and then put a quarter of a ſpoonefull thereof into a little new Almond-milke, or elſe into ſome other thin Broth made of Veale or Mutton, and let the Patient eat it, and this will preſerue the Lungs wonderfull greatly. Probatum eſt.

CHAP.

Chap. 610.

A preſent remedie againſt the riſing of the Lungs, and to cleanſe the inward parts of the body.

TAke a pint of good Sacke, and burne it well with Suger, (for to allay the heat thereof) and then put therein a peniworth of Treacle of Iane, a little Ginger, a Nutmeg grated, and a good quantity of Sinnamon finely beaten to powder, and when it is well boiled, put thereto a peniworth of the pureſt Sallet-oyle that may be gotten: let the party grieued drinke thereof euery morning faſting for the ſpace of three or foure dayes, or oftner, if need ſhall require, and he ſhall finde exceeding great eaſe hereby. For this hath beene truly proued.

LICE OR NITS.

Chap. 611.

An approued Medicine to driue away Lice or Nits.

TAke either dregs of Oyle, or Swines-greaſe vnſalted, of either of them (which may beſt be gotten) a good ſufficient quantity, and put therein an ounce of Quick-ſilner, and chaſe the ſame very well, till it be all ſunke into the Greaſe: Then take ſome Staues-acre beaten into a fine powder, and ſearſed, and mingle the ſame all together, and then make a woollen liſt meet for the middle of the Patient, Girdle-wiſe, and all to anoint it ouer

with the ſaid Medicine; then let him weare the ſame continually next his ſkin, vntill they be all quite driuen away, which will be in a ſhort ſpace. This is a ſingular remedie, and hath beene truly proued. The only odour of Quick-ſiluer killeth both Lice and Nits.

Likewiſe, make a ſoft fire, and put ſome Quick-ſiluer therein, and hang the clothes that are troubled therewith all ouer the ſmoke, and this will driue all the vermine away; and no more will come or breed in them.

Chap. 612.

Another Medicine to deſtroy Lice.

TAke Frankincenſe and beat it into a fine powder; and a good quantity of Bores-greaſe, and boile them together in an earthen Pan; and when it is boiled, anoint the places where the Lice are, and in a ſhort ſpace after they will be all conſumed away.

Chap. 613.

Another for the ſame.

TAke two penniworth of Stauef-acre, and beat it into a very fine powder, then ſearſe it, and mingle the ſame with Sope and Tobacco aſhes, and ſo make an Dyntment thereof; vſe this often, and it will deſtroy them all.

Chap. 614.

To deſtroy Crab-lice.

TAke of Ceruſe, Olibanum and Alloes, of each of them foure ounces, and beat them all into powder; then take a good quantity of Aſhes made of wood, and ſteepe them in Oyle of Roſes, and mingle them well together; and if you cannot haue Oyle of Roſes, then take in ſtead thereof, a good quantity of Barrowes-greaſe that is freſh, and ſo make an Dyntment thereof, and ſo vſe it as occaſion ſhall require, and this will kill them all.

MEAT.

MEAT.

Chap. 615.

A ſingular good Medicine to cauſe one to haue a good appetite to meat, being neuer ſo ſicke.

TAke Centory and boile it in faire running Water, and let the ſicke perſon drinke euery day the quantity of eleuen or twelue ſpoonefulls at a time, (luke-warme) for the ſpace of foure or fiue dayes together, and this will prouoke Appetite without all doubt, and it will alſo purifie the breſt and ſtomake. Prob. eſt.

Chap. 616.

Another for the ſame.

TAke Centory and boyle it in faire Water, and put thereto a little Suger-candie, Liquorice and Annis-ſeeds, and let the ſicke perſon drinke it luke-warme euery morning, three ſpoonefulls at a time, and ſo vſe it for the ſpace of fiue or ſix dayes together, and this will helpe to bring his ſtomake againe, if he be farre ſpent. Probatum eſt.

Chap. 617.

Another for the ſame.

A very comfortable Powder to cauſe one to digeſt his meat well, &c.

TAke Pellitory of Spaine, Centory, Annis-ſeeds, Liquorice, Greines of Paradiſe, Ginger and Sinnamon, of each of

of them a like quantity, and beat and ſearſe them into a fine powder, and let the Patient drinke halfe a ſpoonefull at a time thereof, in Wine, Ale or Beere, morning and euening, for a certaine ſpace, and this will doe him exceeding much good. This hath beene truly proued.

MORPHEW.

Chap. 618.

An excellent remedie for the Morphew.

TAke three ſpoonefulls of Elder-water, and let the Patient drinke it euery morning faſting, for the ſpace of nine dayes together, and let him ſweat euery day after that he hath taken it: then take foure or fiue Oake-apples, and ſteepe them in White-wine Vineger, for the ſpace of foure and twenty houres, and then let him waſh his body well with the ſame Vineger, and doubtleſſe this will cure him. Probatum eſt.

Chap. 619.

Another for the ſame.

TAke two ounces of Sulphurie Viue, and beat it to powder, and mingle it with a little blacke Sope, that is of a ſtinking ſmell, and lay it in a linnen cloth, and hang it in a pint of ſtrong Wine-vineger, for the ſpace of nine or ten dayes, and then let the Patient waſh the place where the morphew is, and it will helpe him, although it be neuer ſo farre ſpent.

Chap.

CHAP. 620.

Another for the ſame.

TAke Strawberry Water diſtilled, and drinke it often' and it will expell the Morphew. Prob. eſt.

CHAP. 621.

Another for the ſame.

TAke the iuyce of Selandine, and mingle it with powder of Brimſtone, and then lay it to the place where the Morphew is, (all cold) and ſo vſe this foure or fiue times, and it will take the Morphew cleane away.

CHAP. 622.

Another Medicine for the Morphew, whether it be white or blacke.

TAke Betony, Harts-tongue, Sage, Plantane, Red Fennel and Water-creſſets, of each of them a handfull, halfe a handfull of the Leaues of Herbe-bennet, halfe an ounce of Vernaine, and diſtill them all together, and let the Patient drinke three or foure ſpoonefulls thereof euery morning faſting, and let him walke an houre after it, and this will cure him.

CHAP. 623.

Another for the ſame.

TAke Muſtard-ſeed and Salt, and ſtampe them well together with Vineger, and let the place where the Morphew is, be anointed well therewith, and it will cure it in a ſhort ſpace. Prob. eſt.

CHAP. 624.

Another for the ſame.

TAke græne Coporas, and put it to ſteepe in faire running Water, and ſo let it remaine a day and a night, and then ſtraine it thorow a fine linnen cloth, and when occaſion ſerueth,

ſeruеth, anoint the place often where the Morphew is, and it will ſpædily cure it.

MOVTH AND THROAT.

Chap. 625.

An excellent good Medicine for a ſore Mouth.

TAke a good handfull of Sage, a prетty quantity of Roſemary, a good handfull of Honey-ſuckle-leaues, as much Roch Allom as halfe a Wall-nut, and a ſpoonefull of pure Engliſh Honey: Boile all theſe in a quart of faire running Water, for a good ſpace, then ſtraine forth the Water from the Herbs and the other dregs into ſome faire Glaſſe, and ſo ſtop it vp cloſe, and when you haue any occaſion to vſe it, waſh your mouth therewith both morning and euening, and this will ſpædily helpe it. This hath beene proued.

Chap. 626.

A Medicine for hoarſeneſſe in the Throat.

TAke three or foure Figs, and cleaue them in two pæces euery one, and then put into euery of them a prетtie quantity of Ginger, finely beaten to powder, and then roaſt them vpon a cleane Hearth, or elſe vpon a Tile-ſtone, and then let the party grieued eat them as hot as poſſibly hee may

may endure them. This hath holpen ſome that haue bene troubled with hoarſeneſſe foure or fiue yeares together before.

CHAP. 627.

A good Gargell for a furred mouth.

TAke Barly-water, Strawberry-leaues, Sinkefoile, a ſticke of Liquorice, and halfe a pint of White-wine Vineger, and let it run thorow a double linnen cloth twice or thrice after it hath bene well ſteeped therein. This is good either for the mouth or throat that is furred.

MOTHER.

CHAP. 628.

An experienced Medicine for the Mother.

TAke a good quantity of Neepe Royall, and ſtampe it well, and then take two ſpoonefulls of the ſaid iuyce, and a ſpoonefull of Sallet Oyle, and boyle them together in a Sawcer, and let two parts thereof ſcathe away, and let no more remaine but only the quantity of the Oyle, let the party grieued anoint the place where the Mother doth riſe, and it will eaſe you wonderfull much.

CHAP.

CHAP. 629.

Another for the ſame purpoſe.

TAke a pint of Ale, and ſet it on the fire and ſcumme it; then take one ſpoonefull of Treacle, and a good quantity of Mace and Graines, and a little Saffron, and boyle them together, and ſo giue it the party grieued to drinke, as hot as poſſibly it may be taken, and ſhe ſhall finde great eaſe immediately.

CHAP. 630.

Another for the ſame.

TAke Louage and Eliſanders, of each of them an ounce, Roots and Leaues of Smallage one ounce, and of the Roors of Buglaſſe, Burrage, Parſly, Fennell and Succory, of each of them an ounce, of Mayden-haire, Harts-tongue, wilde Time, and wilde Margerum, of each of them two ounces, of Cummin-ſeed, Coriander-ſeed, Carraway-ſeed, Smallage-ſeed and Dill-ſeed, of each of them three ſpoonfuls, and a good quantity of Reiſins of the Sunne; and bray them all together, and put them to ſteepe in White-wine or Ale, for the ſpace of foure and twenty houres together, and then ſtraine them, and let the Patient drinke this firſt and laſt for a certaine ſpace, and this will cure the infirmity without all doubt. Probatum eſt per L. L.

CHAP. 631.

Another for the ſame.

TAke three or foure handfulls of Fearne that groweth vpon the tops of houſes, and ſeethe it in Rheniſh-wine, and when it is well ſodden, then put it into a linnen cloth, and ſo (as hot as poſſibly the party grieued may ſuffer it) lay the ſame to her Mauill; and ſo let her vſe this for the ſpace of fiue or ſix times, and it will doe her exceeding much good. Prob. eſt.

PALSIE.

PALSIE.

Chap. 573.

A moſt ſingular good Medicine for the Palſie.

Take a Fox that is fat, and flay him, and then take forth his intrailes, and ſaue all the fat which is is about them, and then fill vp his belly againe with this mixture following, and ſew it vp both faſt and cloſe, and then roſte him as dry as may be, and let the dripping-pan that he doth drop into, be halfe-full of good Vineger, and ſaue the ſides from the fire as much as poſſibly you may, then take two handfulls of dry Cowſlip-flowers, and of Sage, Lauender, Spike, Rue-flowers, Daffadill-flowers, Camomill-flowers, Roſemary-flowers, and Garden-Time, of each of them a good handfull, Iuniper-berries and Angelica, of each of them halfe an ounce, Cloues, Mace and Ginger, of each of them a quarter of an ounce, and ſix or ſeuen Nutmegs: bruiſe all theſe into a groſſe powder, and mix them together; then take a pint of Garden-worms, and chop them very ſmall, and mix them well with the ſaid powder: then take as much of the fat as you can get, that groweth about the legge, that Caſtorum is in, (which with diligence may be eaſily found) or if the Fox be leane, then take the fat that is about his guts, and when you thinke he is roaſted enough, pricke him in the belly with a bodkin, that all his greaſe may iſſue forth; then baſte him, for the ſpace of an houre, with the Vineger that is in the ſame drip-

ping,

ping, and anoint the place grieued therewith, both morning and euening (before a good fire) for the ſpace of fiftéene or ſirtéene dayes together, and wrap it either with the ſkin of a Fox, or elſe with a Lambs ſkin, or ſome other old Furre, and doubtleſſe this will cure him. Probatum eſt.

Alſo, ſome of the fleſh of a Fox eaten, will cure the Palſie, if the Patients ſtomake will endure it.

Chap. 633.

Another for the ſame.

TAke two good handfulls of gréene Leaues of Cowſlips, that grow in the fields, (but they muſt be alwayes gathered in May) and picke them very cleane and waſh them, and then put them into a quart, or ſomewhat more, of faire running Water, and then boile the ſame, vntill the one halfe thereof be conſumed, then put therein a good quantity of fine Suger, or elſe as much as you ſhall thinke good to ſwéeten it withall, and let it boile vntill it come to a Sirrup, and very pleaſant to be eaten: then take out the Leaues cleane, and let the Patient both eat the Sirrup and Leaues with fine White-bread, and this will doe him much good.

Chap. 634.

Another for the ſame purpoſe.

TAke a good ſound Nutmeg, and ſlice it in thin broad péeces, and put one of the péeces vnder the Patients tongue, and ſo let it remaine all the morning there till noone, and after dinner put another there againe, and he ſhall finde that this will doe him much good if hee vſe it often.

Chap. 635.

Another for the ſame.

TAke red Sage, Southernewood, Spike and Lauender, of each of them a handfull, and boyle them together in a gallon

gallon of faire running Water, and let it boile vntill the one halfe be conſumed; then ſtraine it, and put it into a cruze or pot, and keepe it cloſe couered, and when you will vſe it, take foure or fiue ſpooneſuls into a Sawcer, (luke-warme) and gargle it to and fro in your mouth a good ſpace, and then ſpet it forth: and ſo in like manner take the like quantity againe thereof in a Sawcer, as before, and let it be luke-warme, and ſo let the Patient rubbe and chafe that part of his body which is grieued with the Palſie, with a ſponge dipped in the ſame Water, and it will helpe him. Probatum eſt.

Chap. 636.

Another for the ſame.

TAke Pellitory of Spaine, Pepper and Iuie, of each of them one ounce, and make them into powder: then take two ounces of powder of Sage, and mingle it with the things before rehearſed, and giue it the Patient to eat in his Pottage, or elſe in ſome other Broth, and this without doubt will cure him. Probatum eſt.

Chap. 637.

Another good Medicine for the Palſie which taketh away the ſpeech.

TAke Sage and drie it betweene two warme Tiles, and let it be laid to the necke of the Patient, and to the wriſts of both his armes; then let him take a Nutmeg and ſlice it thinne, and then put one of the ſlices vnder his tongue, and the other ouer, and ſo hold the ſame a good ſpace in that ſort, and let him vſe to doe this often, and it will doe him much good: and let him alſo anoint his necke often, either with Oyle of Spike, or Water of Spike.

Chap. 638.
Another for the ſame.

TAke Sage-leaues, and Primroſe-leaues, of each of them a like quantity, (and if it be in Winter, then take Primroſe-roots) and beat them both together, and ſtraine them with Ale, and giue the Patient a good quantity thereof to drinke at a time, and this will helpe him. Probatum eſt.

Chap. 639.
A preſent remedy for lameneſſe in the ſide, comming by the Palſie.

TAke Sage and Hyſop, and boyle a good quantity of them together in faire running Water, and bathe the ſide that is grieued well therewith: then take the Herbs and binde them as hot as they may be ſuffered to the ſore place, and this will helpe it. This hath beene truely proued.

Chap. 640.
A very good Medicine for one that is taken with the Palſie, though not the ſhaking Palſie.

TAke the bloud of a Fox, as warme as it may be taken from him, and the bloud about the heart is beſt, but all the reſt is good, and with ſome of the ſame bloud chafe the place that is taken, and then take the ſkin of the Fox, and put the raw ſide to the place where the Palſie is, and ſo let it remaine for the ſpace of twelue houres at the leaſt: and in the meane ſpace, till a Fox may be gotten, chafe the place well that is benummed, with Oyle Oliue and Aqua Compoſita, mingled well together, and doubtleſſe this will cure him in a ſhort ſpace. For it hath beene truly proued.

Chap. 641.
Another for the ſame.

TAke Sage, Spike and Lauender, and diſtill them together, and let the Patient drinke a good draught of the ſame Water

Water euery morning warme, either in Ale or Wine: alſo take Sage and Betony, and put them betweene two diſhes vpon a chafingdiſh of coales, and ſprinkle them with good Malmeſie, and apply them warme to the nape of the necke, and to both the wriſts of the Patient, and this will doe him much good.

PILES AND EMERODS.

CHAP. 642.

A ſpeciall remedy for the Piles.

TAke the beards of the heads of Vnſet-Leekes, and waſh them cleane, and boyle them in a good quantity of faire running Water, vntill they be tender, then take them forth and drie them very well in a cleane linnen cloth, and then you muſt ſtamp them as ſmall as poſſibly you can: then take a good peece of freſh Butter, and boyle them therin vpon a chafingdiſh of coales, and put into it a good quantity of Engliſh Saffron, and when it is well boyled, ſtraine it thorow a fine cloth into ſome glaſſe or earthen veſſell, and keepe it cloſe, and when you will vſe it, make a plaiſter of it vpon a peece of Leather, or vpon a peece of linnen cloth, and lay it cold to the place grieued, and it will ſpeedily helpe you. Probatum eſt.

CHAP. 643.
Another for the ſame.

TAke Oyle of Indian-Nuts, and anoint the place grieued well therewith, and in twice or thrice doing thus, it will kill the Piles and Emerods, and it will alſo kill the little Wormes which be in the Fundament. Probatum eſt per G. C.

CHAP. 644.
Another for the ſame.

TAke two penniworth of Mercury ſublimatum (which is of the colour of Chaulke) and ſteepe it in Vineger, for the ſpace of three or foure houres together: then take a few coales and ſet vnder a cloſe-ſtoole in a chafingdiſh, and put the powder into it, and burne it, and let the party grieued ſit ouer it as cloſe as he can, that the ſmoke may not goe forth any way, but that it may come to the ſore, and this will helpe him.

CHAP. 645.
Another for the ſame.

TAke a good quantity of Beanes and ſæthe them in faire Water, and then put them into an earthen pan, and let the party grieued ſit ouer the pan (as hot as poſſibly he may abide it) and this will helpe him. Prob. eſt.

CHAP. 646.
Another for the ſame.

TAke two handfulls of Southernewood, and ſtrip the leaues from the ſtalke; then take new Butter, (as it commeth from the Churne vnſalted) and a little Saffron, and bruiſe the Herbs, and fry them in a Frying pan with the aforeſaid Butter, vntill they are become tender: then take and ſpread them vpon a fine linnen cloth, and lay them to the ſore place as hot as poſſibly it may be ſuffered, and doubtleſſe this will helpe him. Probatum eſt.

CHAP.

Chap. 647.

Another for the ſame.

TAke a great ſiluer Eele, and flay it and draw it, and let it touch neither water nor ſalt, but cut it in peeces and roſte it, (and the firſt dripping being caſt away) then take the next dripping, and with a fine linnen cloth being dipped therein (the ſame being hot) bathe well the place grieued twice or thrice a day, and this will cure the Piles, if that they be neuer ſo ſore. Prob. eſt.

Chap. 648.

A good Medicine to ſtanch the bleeding of the Piles.

TAke a good quantity of the iuyce of Milfoile, & put thereto a pretty quantity of powder of burnt Garlicke, and let the partie grieued drinke thereof, either in Ale or Wine, and the Piles will die in a ſhort ſpace. Prob. eſt.

Chap. 649.

Another for the ſame.

TAke Leaues of Mullet, and Leaues of an Elder-tree, and ſtampe them very well, and mingle them with Butter that is vnſalted, and anoint the place grieued often therewith before a good fire, and this will cure you. Prob. eſt.

Chap. 650.

Another for the ſame.

TAke Black-wooll and Black-ſope, and binde to the place grieued, and this will preſently helpe without all doubt. For this hath beene truly proued.

Chap. 651.

Another for the ſame.

TAke Oyle of Roſes, Frankincenſe and Honey, and make an Oyntment of them, and put it into the Fundament

with your finger, and put a little Myrrh thereto, and vse to anoint the Fundament often with it, and let the breath ascend vp into the fundament, and this will cure it.

Chap. 652.
Another for the same.

TAke Diaculum and Oyle of Spike, of each of them a little quantity, and melt them in a Saucer, and spread the same vpon a linnen cloth, and lay it to the Piles very warme, and within foure dayes vsing of it both morning and euening, they will be whole. Probatum est.

Chap. 653.
An excellent good remedy for the Emerods, and to drie vp any sore.

TAke Red-worts and seethe them in a pot of faire water, vntill they be very well sodden, then take a pot and set it vnder a Chaire that is close, and let the patient sit ouer it, and wrap warme clothes about the Chaire, that no aire may issue forth, and so let him sit ouer it vntill it be cold, and let him anoint his members with the same liquor, and this will speedily helpe him.

Chap. 654.
Another for the same.

TAke broad Nenphane Leaues, (otherwise called Cane Leaues, which doe grow in waters) and wash them cleane, and put them into a paper and broile them in the Embers, and then lay them to the place grieued as hot as they may be suffered, or else make them into powder, and cast the same into the sore, and it will helpe. Prob. est.

Chap. 655.
Another for the same.

TAke a little plate of Lead, and rub it vpon a little Bores-grease, if it be for a man, but if it be for a woman, then take

take Swines-greaſe, and waſh it out with White-wine, and then anoint the place grieued therewith, and this will doe exceeding much good. Probatum eſt.

CHAP. 656.

An excellent good medicine for the Emerods and Piles.

TAke Black-wooll and good Inke (made with Coporas and Galls) and wet the Wooll in the Inke, and then apply the ſame to the ſore, and it helpeth.

CHAP. 657.

Another for the ſame.

TAke Creſſers that grow in or about a Well, and then ſtampe and ſtraine them into a pot, (but not with any Water, and make a plaiſter thereof, and apply it to the place grieued, and it helpeth. Probatum eſt.

PLAGVE AND PESTILENCE.

Certaine Rules and good inſtructions to be obſerued againſt the Plague, &c.

FOr as much as the force and infection of the diſeaſe called the Plague or Peſtilence, hath heretofore beene too well knowne and felt in diuers and ſundry places of this Realme, and for that diuers Cities, Townes,

and other places of this Realme, haue beene ſo grieuouſly vexed therewith: therefore (according to my ſimple skill and knowledge therein) I haue thought good to publiſh and make knowne vnto all, as well ſuch preſeruatiues as are good to be vſed, obſerued and kept by all ſorts of people for the auoyding of the ſame diſeaſe, being greatly infectious, and eaſily taken diuers and ſundry wayes: as alſo for the better preſeruation of thoſe that are in health, from the infection of the diſeaſe, and to cure and order thoſe that are any way infected or grieued with the ſame: and therefore theſe things following ought chiefly to be regarded, and fully obſerued. *(Viz.)*

1 To kéepe your houſes, yards, back-ſides, ſtréets and channells cleane from all ſtanding puddles, dung-hills, and corrupt moiſtures, which ingender ſtinking and filthy ſauours that be noyſome, or may bréed infection.

2 To ſuffer no dogs nor cats to come into your houſes, nor to kéepe any your ſelues, (except you dwell in ſome open place of Ayre) for they be very dangerous, and moſt apt (of any kinde of thing) to take infection of ſickneſſe, and to bring it home to their maſters houſe; by reaſon that they runne from place to place, and from one houſe to another, continually féeding vpon the vncleaneſt things that are caſt forth into the ſtréets.

3 To ayre your roomes (ſeuerally) with Char-coale fire, made in ſtone-pans, or chafingdiſhes, and not in chimneys; but as you can ſet your pans in the midſt of the roome; and be ſure to ayre euery roome twice a wéeke at the leaſt, and put into your fire, a little Frankincenſe, Iuniper, dried Roſemary or Bay-leaues, Sage and Lauender.

4 To waſh your linnen often, and to aire your woollen in the Sunne, or ouer pans of fire, or ouer a chafingdiſh of coales, and to fume the ſame either with Frankincenſe, dryed Roſemary, Iuniper, or Bay-leaues.

5 To ſmell to the Root of Enula Campana, ſteéped in White-wine Vineger, and wrapped in an handkercher, or elſe

elſe to Herbe-grace, and Wormewood ſteeped in Vineger, and carried either in the Rinde of a Limmon, or in ſome thing made for that purpoſe cloſe ſtopt: Alſo powder of Enula-Campana Roots in drinke, or hanged about your neck, or elſe chewed in your mouth is good. To eat or chew in your mouth either the Roots of Angelica, Setwall, Gentian, Valerian, Sinnamon, or the Roots of Aras, and to vſe euery morning faſting to eat Sorrell, ſteeped in Vineger, with a little Bread and Butter; or if Vineger be ſcarce, then with Sorrell Sawce. Alſo to eat a kernell of a Walnut mixt with fiue or ſix Leaues of Herbe-grace, and a corne or two of Salt, put all together into a Figge warmed, and eaten faſting twice or thrice a weeke, and to faſt three houres after it.

6 To comfort the ſtomacke often with an Ale-berry made of Cloues, Mace, Nutmegs, Sanders, Genny Greines, and ſuch like.

7 To drinke Rue, Wormewood and Scabious, ſteeped in Ale a whole night, in the morning faſting: (Alſo to take the Roots of Enula Campana beaten together and drunke faſting) or to drinke the powder of Turmentill in Sorrell or Scabious Water faſting: or elſe to take the Water of Cardus Benedictus, or Angelica mixt with Mithridatum. Alſo Bay-berries, huſkt before they be dry, beaten to powder, and drinke it either in ſtale Beere or Ale, or in Wine, and to ſweat vpon it, and to forbeare ſleepe.

8 To procure ſweat, being in your naked bed, by drinking of Poſſet Ale, ſodden with Sorrell and Burrage, and mixt with Treacle; but if any feele themſelues infected, let them take Angelica Water mixt with Mithridatum, and after ſweat in bed vpon it.

9 To preſerue your ſelues by correcting the aire in your houſes, it is neceſſary that you take Roſemary, dry Iunipar, Bay-leaues, or Frankincenſe, and caſt the ſame vpon a chafingdiſh of coales, and receiue the ſmoke or fume thereof into your head: if you haue it, you may put a little Lauender, or Sage that is dryed, into the fire with the reſt, and it will be the better.

10 Alſo

10 Alſo to preſerue your ſelues otherwiſe by perfuming or correcting the Ayre in your houſes or chambers: Take a good quantity of Wine-vineger, and put thereto a little Roſe-water, and ten or twelue branches of Roſemary, and put them all into a Baſon: then take fiue or ſix Flint-ſtones, and heat them red-hot in the fire, and caſt them into the ſaid Vineger, and ſo perfume your chambers or other roomes therewith as often as you ſhall thinke meet, and let them be ſo done one after another.

11 Likewiſe to preſerue your ſelfe by perfuming your apparell: take the ſame apparell that you doe vſually weare, and let the ſame be kept ſweet and cleane, and perfume it often either with red Sanders burnt, or elſe with Iuniper: And if you happen to be with any that are infected, aſſoone as euer you come home, ſhift your ſelfe immediately, and ayre your clothes as aforeſaid, or otherwiſe ayre them well in ſome open ayre.

12 Laſtly, if the Patient be coſtiue, and hard bound in his belly, then let him take a Suppoſitory made with a little boyled Honey, and a little fine powder of Salt, and ſo take it in at the Fundament, and let it be kept therein till it moue a ſtoole or two.

PRESER-

PRESERVATIVES
(Corporall) againſt the Plague *and Peſtilence.*

Chap. 658.

A moſt ſingular good preſeruatiue, to be taken againſt all manner of bad and corrupt Ayres in places infected.

TAke an handfull of Sage, and ſæthe it in a gallon of faire running Water, and let it ſæthe vntill the one halfe be conſumed, then couer it cloſe, and ſet it ouer the fire againe, and put into it a good quantity of Honey, and as much Treacle, and then ſcum it cleane, and put it into a glaſſe and ſtop it cloſe, and when you will vſe it, drinke fiue or ſix ſpoonefulls of it faſting, and it will preſerue you from taking any euill Ayres all the day after whereſoeuer you goe.

Chap. 659.

Another good preſeruatiue to be vſed againſt the Plague when you goe into an open aire, or elſe where common aſſemblyes are.

TAke a ſponge and dip it in Vineger and Roſe-water mingled, or elſe in Vineger wherein Worme-wood or Rue haue béene boyled in, and vſe to ſmell often thereto.

Chap.

Chap. 660.

An excellent Pomander to be vſed againſt the ill fauoured ſent of the Plague.

TAke the quantity of foure pound of Olibanum Labeanum, and put to it a pound weight of the ſtrongeſt Vineger that may be gotten, and ſet them to ſæthe in an earthen pot for a good ſpace: then take the quantity of a pound of pure yellow Wax, and a little Turpentine, and let them be mingled and bruiſed together in a braſſe Morter, and then put therein three or foure ounces of Storax Liquida, and let it be made thicke like vnto paſte, and ſo make thy Pomanders: and if thou wilt haue the ſame ſweeter, then put therein halfe an ounce of Spikenard, and of Cloues beaten to powder and Muſk Roſes, of each of them two ounces, and of Camphire a dram, and ſo make it vp at pleaſure.

Chap. 661.

Another for the ſame.

TAke fine Sinnamon, Cloues, Amber, Nutmegs, Storax, Camomill, Iuniper and red Roſes, and beat them all together, and make a powder thereof, and then mingle the ſame with Roſe-water, and ſo make a Pomander thereof.

Chap. 662.

A ſpeciall good drinke to be vſed of all ſuch as are grieued with the Plague or Peſtilence, during all the time of their ſickneſſe.

TAke a quarter of an ounce of great Valerian, a handfull of Sorrel, & an ounce of the Roots of Butter-burre, (otherwiſe called Peſtilent-wort) and boile them in faire running Water and White-wine, (of each of them a like quantity) from a quart to a pint, and ſtraine it, and put thereto two ſpoonfuls of Vineger, and two ounces of fine Suger, and then boyle them againe, and let the party grieued drinke a good draught

draught thereof, as hot as poſſibly he may abide it; and if he hap to caſt it vp againe, then let him drinke the like draught immediately vpon it, and prouoke himſelfe to ſweat.

Chap. 663.

A ſpeciall good preſeruatiue againſt the Plague.

Take an Egge, and make a hole in the top of it, then take out both the Yolke and White, and fill the ſhell with the weight of two French crownes of Engliſh Saffron, and then roaſt the Shell and Saffron together in the embers of charcoles, vntill the ſhell wax yellow, then beat them together in a Morter, with halfe a ſpoonefull of Muſtard-ſeed, and aſſoone as any ſuſpition is had of infection, diſſolue the weight of a French crowne in ten ſpoonefulls of Poſſet-ale, and let the Patient drinke it luke-warme, and ſweat vpon it in naked bed.

Chap. 664.

Another for the ſame.

Take a handfull of Herbe-grace (otherwiſe called Rue) a handfull of Sorrell, a handfull of Elder-leaues, a handfull of red Sage, and a handfull of red Bramble-leaues, and ſtampe them well together, and ſtraine them thorow a fine cloth, with a quart of White-wine; then take a good quantity of Caſe Ginger, and mingle it wel with them, and drink a good draught thereof both morning and euening, for the ſpace of nine dayes together, and by Gods grace it will preſerue you.

Chap. 665.

Another for the ſame.

Take a good quantity of Garlicke, and pill it, and mince it ſmall, and boyle it in new Milke, and eat it euery morning faſting. This hath beene truly proued.

Chap.

Chap. 666.

Another for the ſame.

TAke two Figs, two Walnuts, twenty Leaues of Rue, and a dram of Salt, and ſtampe them all very well together, and eat them faſting, and it will preſerue you all the day after: as well againſt the Plague, as alſo againſt any other poyſon.

Chap. 667.

Another for the ſame.

TAke Alloes Hepatica, pure Sinnamon and Myrrh, of each of them three drams, of Cloues, Mace, wood of Alloes, (commonly called Lignum Alloes) Maſticke and Bole Oriental, of each of them an ounce, mix them together, and make them into a fine powder, and drinke the ſame faſting euery morning, either in White-wine allayed with Water, or elſe with Ale, (but if it be with Wine, mingle it with a little water, but mingle nothing with the Ale) and by Gods helpe this will preſerue you.

Chap. 668.

Another good preſeruatiue vſed by Mithridates.

TAke Figs which are not wormeeaten, and waſh them cleane, and of the kernels of Walnuts cleane picked, of each of them an hundred, the weight of foure pence of Salt, and of the leaues of Herb-grace the weight of two ſhillings. Then take the Figs and the kernels of the Walnuts, and cut them in peeces, and ſtampe them well, and then put the Leaues to them, and ſtirre them very well together, and then ſtraine the Salt with the reſt, and ſtirre it vntill it be incorporated, and made of one ſubſtance; then put it into ſome earthen pot or gallipot, wherein it may be kept both ſweet and cleane: and when occaſion ſeruеth for vſe thereof, take the quantity of two or three Figges thereof, and eat it euery morning faſting, and by Gods helpe it will preſerue you.

you. If you giue it to young children, the one halfe of the ſame will ſerue.

CHAP. 669.

An excellent good Medicine againſt the Plague.

TAke an ounce of the Leaues of Herbe-grace, halfe an ounce of good Figges, an ounce of Iuniper-berries, two ounces of Walnuts cleane picked, foure ounces of Wine-Vineger, and a good quantity of Saffron, and ſtampe them all together, and then put them into a Glaſſe or earthen Pot that is cleane, and ſtop it cloſe that no aire may iſſue forth of it, and when you haue occaſion to vſe it, then take it out either vpon a knifes-point (or ſome other inſtrument fit for that purpoſe) the quantity of a Beane, or ſomewhat more, and eat the ſame in the morning faſting, and by Gods helpe you ſhall be ſure not to be infected with the Plague, for the ſpace of foure and twenty houres after the taking thereof, and you ſhall finde that it will doe the Patient exceeding much good.

CHAP. 670.

A ſoueraigne drinke (if it be taken in time) to preſerue one againſt the Plague or Peſtilence.

TAke the quantity of a dram and an halfe of Powder Imperiall, a dram of Treacle and of Dragon-water, and Sorrell-water, of each of them an ounce, and drinke it with Ale in the morning faſting, (and if one haue taken the infection within foure and twenty houres before, yet by Gods grace he ſhall eſcape it. This hath beene truely proued in the laſt great viſitation, and hath done much good.

CHAP. 671.

Another for the ſame.

TAke Herb-grace, Sage of vertue, red Bramble-leaues, and Elder-leaues, of each of them a good handfull, ſtampe them all together, and ſtraine them through a fine linnen cloth,

cloth with a quart of the beſt old White-wine that may be gotten, and put therein three penniworth of pure good Ginger finely beaten to powder, and let any one (fearing or miſdoubting the Plague) drinke euery morning faſting a good ſpoonefull of it, and let him or her vſe it for the ſpace of ten or twelue dayes together, and it will doe (by Gods grace) exceeding much good, for this hath beene holden an excellent good preſeruatiue againſt the infection of the Plague.

Chap. 672.

Another good preſeruatiue againſt the Plague or Peſtilence.

TAke Scabious and Morſus Diaboli, of each of them ſuch a quantity as to your owne iudgement ſhal be thought meet, ſtampe them very well, and then ſtraine them; then take the iuyce of them, and ſet it vpon the fire, and then you ſhall perceiue a greene curd to ariſe vpon the top of it, but ſcumme that off as cleane as you can, then take the cleare liquour, and put into it three quarters of a pound of the fineſt white Suger that may be had, and ſo let it ſæthe vntill the one halfe of the liquour be conſumed, then take it off, and ſo keepe it ſafe; and when occaſion ſerueth, let the partie take the quantity of three ſpoonefulls thereof at a time, both morning and euening (luke-warme) and this will preſerue one greatly. Probatum eſt.

Chap. 673.

Another for the ſame.

TAke Butter-milke, and eat thereof euery day during the time of ſickneſſe, and it will doe you much good.

Chap. 674.

Another for the ſame.

TAke fiue ſpoonefulls of Wine-Vineger, three ſpoonefulls of faire running Water, halfe a ſpoonefull of Treacle of Ieane,

leane, and of Bole-Armoniacke, as much as a ſmall Nut (it being beaten to ſmall powder) and drinke it euery morning and euening. Proued by M. K. of An.

Chap. 675.

Another for the ſame.

TAke ſeuen or eight Leaues of Sorrell, and waſh them in faire Water and Vineger, and ſteepe them in the ſaid Water and Vineger a good while, and eat them faſting.

Chap. 676.

Another for the ſame.

TAke the neſt and pureſt Alloes that may be gotten, and of Sinnamon and Myrrh, of each of them the weight of three French crownes (or the weight of two pence in ſiluer) and of Lignum Aloes, Cloues, Mace, Maſticke and Bole-Orientall, of each of them halfe an ounce, mingle them together, and beat them into fine powder: then take the weight of foure pence thereof, and delay it into White-wine and faire Water, and ſo drinke euery morning faſting.

Chap. 677.

An excellent good Drinke to be taken euery morning for a preſeruatiue againſt the Plague.

TAke a good handfull of Winter-Sauery, and boyle it in a quart of good Wine Vineger, with a ſpoonfull of Greines (being beaten and put into it:) and put thereto a good quantity of fine Suger, and take a good draught thereof euery morning faſting. Alſo, if you muſt of neceſſity come into any place where any infectious perſons are, then it is good for you to ſmell to the Root of Angelica, Gentian, or Valerian, and to chew any of theſe in your mouth, and you ſhall finde much vertue in them. Probatum eſt.

Chap. 678.

A maruellous good Medicine for the Plague.

TAke three or foure ſlips of Herbe-grace, and ſix ſpoonefuls of Vineger, and beat them both together in a Morter, then ſtraine out the iuyce of it cleane, and put thereto an ounce of pure Treacle, and an ounce of white Suger, and ſet it on the fire, and ſtirre it well together, and make thereof a Sirrup, and then put it into a cloſe Box, and when you will vſe it, take a Sage-leafe, and ſpread as much as a Beane of the ſame vpon the Leafe, and ſo eat it euery morning and euening, and it wil doe you much good. Alſo, if any one be infected and vſe this often, it will quite expell the Plague from his heart: but if he be not infected, it will preſerue him within the ſpace of foure and twenty houres after the receipt thereof.

Chap. 679.

Another for the ſame.

TAke euery morning faſting, a dry Figge, a Walnut, and foure or fiue Leaues of Herbe-grace, and chop them all together very ſmall and eat them, and afterwards drinke a good draught of White or Claret-wine; but if it be a woman with childe, leaue out the Herbe-grace.

Chap. 680.

Another for the ſame.

TAke a pint of Honey, a quarter of a pound of Bole-Armoniacke, and as much Sanguis Draconis, and as much Terra ſigillata, halfe an ounce of Cloues, and a pint of Aqua vitæ, and ſæthe them all together, vntill they be all as thicke as pap, and when they will vſe it, take the quantity of a ſpoonefull thereof, firſt and laſt, but take heed that you doe neither walke nor drinke, for the ſpace of an houre after the taking thereof, and this will doe you maruellous much good.

Chap.

Chap. 681.

A good preſeruatiue for a woman with childe, or ſuch as are delicate or tender, that cannot away with taking of Medicines.

TAke a toſſe of White or Wheaten-bread, and ſprinkle thereon a little powder of Sinnamon, and eat it in the morning faſting. But if Sinnamon or Vineger be not to be had, then you may eat Bread and Butter alone, for Butter is not only a preſeruatiue againſt the Plague, but alſo againſt all other venom and poyſons.

Chap. 682.

A very good Medicine to be drunke, ſuſpecting your ſelfe to be infected.

TAke a great Onion, and take forth the Core, then fill it full againe with Treacle of Ieane, and wrap the ſame in a peece of paper, and roſte it vntill it be ſoft, and then ſtraine it with a little White-wine Vineger, and temper it with a pretty quantity of Suger, and giue the Patient two ſpoonefulls thereof to drinke faſting, and if he be infected with the Plague, it will be perceiued within ſix houres after the receipt of the ſame drinke.

Chap. 683.

Another good preſeruatiue againſt the Plague.

TAke Roots of Bayes, May-weed, (both leaues and roots) of each of them a like quantity, a good quantity of Treacle of Ieane, and a ſmall quantity of Dragon-roots and Leaues, and mingle them well together with Ale, and make a Poſſet thereof, and ſo vſe to drinke daily thereof, and you ſhall finde great comfort thereby.

Chap. 684.

Another preſeruatiue againſt the Plague.

TAke a Figge, and put therein a little Herbe-grace bruiſed, and mingled with a little Bay-ſalt beaten ſmall, and the Kernell of a Walnut cleane picked, and let the Patient vſe euery morning to eat three or foure of theſe Figges thus ordered, faſting, and let him drinke a good draught of Wine or Beere afterwards, and then walke an houre after it, before he eat any meat, and ſo by vſing of this euery morning as aforeſaid, by Gods helpe he ſhall be ſafe from any infection.

Chap. 685.

Another for the ſame purpoſe.

TAke Wormewood and Rue, of each of them an handful, and bruiſe them a little, and put them into an earthen or pewter pot, with as much White-wine Vineger as will couer the herbs, and keepe it cloſe ſtopt, and when you feare any infection, dip a little peece of a ſpunge into the Vineger, and then put it either into a round ball made of Iuory or Iuniper, with little holes on the top, or elſe the Rinde of a Limmon, (being opened on the top, and all the ſubſtance taken forth) and carry it in your hand as you goe in the ſtreets, and ſo vſe to ſmell often vnto it, and this will preſerue you greatly.

Chap. 686.

Another excellent good preſeruatiue againſt the Plague.

TAke halfe an hundred of greene Walnuts, (being new taken off, as they hang greene on the tree) a pound of the inner Barke of an Aſh-tree, and of Perry-morall, Houſleeke, Scabious and Veruaine, of each of them a handfull, and halfe an ounce of Saffron, and mince them all together, and put a pottle of the ſtrongeſt Vineger to them that may be gotten, and boile them ouer the fire in a pot cloſe ſtopt, and afterwards

wards diſtill them in a Limbeck; then take the ſame Water, and keepe it in a Glaſſe, and when occaſion ſerueth for vſe thereof, drinke foure or fiue ounces thereof at a time, and ſo vſe to take it foure times in foure and twenty houres ſpace, and when you doe take it, be ſure to be in your naked bed, and prouoke your body to ſweat, and in ſo doing you ſhall ſuſtaine great comfort both to heart and body. Probatum eſt.

Chap. 687.

Another good preſeruatiue for the ſame purpoſe.

TAke ten graines of powder of Saffron, twentie graines of the kernels of Walnuts clean picked, two or three grains of Figges, three graines of Mithridatum, one ounce of Pimpernell-water, and ſix Sage-leaues; ſtamp all theſe together, and put it into a cloſe glaſſe, and eat thereof euery morning faſting the quantity of twelue graines, and this by Gods helpe will preſerue you.

Chap. 688.

Another for the ſame.

TAke a good quantity of Rue, (otherwiſe called Herbe-grace) or Wormewood, (or both if you pleaſe) and put it into a pot of vſuall drinke, and let it ſtande for the ſpace of a whole night, cloſe ſtopped, and drinke thereof in the morning faſting, and by often vſing of it, it will both purge the bloud, and preſerue you from the diſeaſe: Alſo, if you take ſeuen or eight Berries of Iuniper dried, and made into fine powder, and put the ſame into your drinke, wherein the Rue and Wormewood hath beene ſteeped, as aforeſaid, it will be much the better, and of a farre greater vertue: but if you cannot get any Iuniper-berries, then take a little powder of Wormewood, and powder of Valerian, and vſe it in your drinke, as aforeſaid.

Chap. 689.

Another for the ſame.

TAke powder of Turmentill the weight of ſix pence, either in Water of Scabious, or in Sorrell-water in the Summer, but if it be in the Winter, then take it with Water of Valerian, (if it may be gotten) or elſe with ſome other ordinary drinke, and it will doe you exceeding much good: Likewiſe a peece of *Arras* Root, kept in your mouth, as you walke in the ſtreets, is maruellous good and cordiall.

Chap. 690.

Another for the ſame.

TAke Rue, Mandragories, Fetherfew, Burnet and Sorrell, of each of them halfe a handfull, and a good quantity of crops and roots of Dragons, waſh them all very cleane, and ſæthe them vpon a ſoft fire in faire running Water, from a pottle to a quart; then ſtraine them thorow a fine linnen cloth, and if it be bitter, put thereto as much Suger-candy, as will make it ſweet, or elſe ſome other fine Suger, and if this Medicine be miniſtred before the Purples doe ariſe, it will helpe, but it muſt be taken euery morning faſting.

Chap. 691.

An exceeding good Medicine to be taken againſt the Plague.

TAke an ounce of the Leaues of Herbe-grace, halfe an ounce of good Figges, an ounce of Iuniper-berries, two ounces of Walnuts cleane picked, foure ounces of Wine Vineger, and a good quantity of Saffron, and ſtampe them all together, and put them into an earthen pot or glaſſe, and ſtop it cloſe that no ayre may iſſue out; then take ſome of it forth vpon a knifes point, or elſe with ſome other inſtrument (to the quantity of a Beane or more) and eat it in the morning

morning faſting, and by Gods grace it will preſerue you from infection for foure and twenty houres after the taking of it.

Chap. 692.

Another for the ſame.

TAke Betony-water, and White-wine Vineger, of each of them three ſpoonefuls, and the quantity of a Nutmeg of Treacle of Ieane, or elſe the quantity of a Haſle-nut of Mithridatum, and mingle them all together, and let the ſicke perſon take it in the beginning of his ſickneſſe, and this will doe him exceeding much good.

Chap. 693.

Another for the ſame.

TAke Herbe-grace, Southernewood, Mugwoort and Wormewood, of each of them an handfull, and three or foure handfulls of Iuniper-berries, which are black, and then cut and ſhred the Herbs very ſmall, and put them into an earthen pot or pipkin, and put to them a gallon of White-wine Vineger, and let them ſoke there for the ſpace of ſeuen nights, (if they be dry, but if they be greene, then let them not ſoke aboue fourteene houres) then take a handfull or two of the ſame Herbs forth, and put them into a Still, and then put therein a quart of the ſame Vineger, and ſo diſtill them with a ſoft fire, (for ouermuch fire will waſte it,) and when it is diſtilled, put as much more, as afore ſaid, into the Still, and ſo doe vntill you haue diſtilled all. That being done, put it into a pipkin or earthen veſſell againe, and then put therein as many of the ſame Herbs freſh now againe, as you did before, and then let them ſoke for the ſpace of ſeuen or eight dayes and nights more, and then diſtil them againe (as you did before) and ſo vſe the Herbs and Berries the third time againe, as you did before: and then put into the pipkin foure ounces of pure and good Mithridatum amongſt the Herbs, or if it cannot be had, take

ſix or ſeuen ounces of good Treacle, and put therein; and when it is well diſtilled, put it into a double Glaſſe, and ſtop it cloſe, and binde a peece of cleane leather vpon the top of it, and when occaſion ſerueth for vſe thereof, and that you perceiue any one to be infected with the Plague; then giue him that is grieued foure ounces thereof at a time, but if it bee a woman, giue her not aboue two ounces, and to a childe according to the age, and as the childe is able to beare it, and let him or her that ſo taketh it, ſweat vpon it for the ſpace of three or foure houres after the taking thereof: but if the Patient be able to indure it, let him ſweat longer, and let ſome body ſtand alwayes by the ſicke perſon, to dry the ſweat from his face, leſt that by putting of his or her hands out of the bed, cold be taken, and more danger of death enſue thereby, and without all doubt, by Gods helpe, this will yeeld him comfort and helpe in a ſhort ſpace. This is a marueilous good Medicine, and hath beene often-times of late experienced: This is alſo good againſt a Leproſie, being much vſed, as aforeſaid.

Chap. 694.

An excellent good drinke, generally to be vſed for all ſorts of people that are infected with the Plague, and to be with ſmall coſt.

Take Burrage, Burnet and Marigolds, (which are of a browne colour) of each of them a good handfull; then take nine or ten crops of the youngeſt Roſemary, and boyle all theſe together in a quart of ſtale Ale clarified: then put therein a little whole Mace, and a pretty quantity of fine Suger, and a cruſt of White or Wheaten-bread, and let the ſicke perſon drink of this all the time of his or her ſickneſſe, and this will be moſt comfortable and good.

Alſo vſe to put Pimpernell in the ſicke perſons broth, that you doe commonly make for him either to ſup or eat, and it will be the better.

Chap.

Chap. 695.

Another good Drinke to be vſed to thoſe that are infected with the Plague.

TAke Berries of Iuie, (that are ripe, gathered on the north ſide of the tree) and drie them in the ſhadow, and then ſtampe them to powder; then take halfe a dram of the ſame powder, and temper it well with two ounces of Plantane-water, and when the ſicke perſon is deſirous to drinke, let him take a good draught thereof, and let him remaine in his bed, and ſweat as much and as often as he can, after he hath taken it; then warme a cleane ſhirt for him, and put it on, (and if his ſhirts may be ſhifted often, it will be the better after his ſweating) and likewiſe his ſheets and clothes, and in vſing of this for the ſpace of three dayes together, he will either dye or mend without all doubt, by Gods helpe. This hath beene truely proued.

Chap. 696.

Another precious Drinke for one that is infected with the Plague.

TAke Fetherfew, Matfellen, Mugwort, Solſequi, Scabious and Mallowes, of each of them a like quantity, waſh them cleane, and ſtampe them, and temper them well with ſtale Ale, and giue it the ſicke perſon to drinke, (the quantitie of ſix ſpoonefulls thereof at a time) and if it be taken in time, it will both deſtroy the corruption, and alſo keepe the ſicke perſon from all danger of death. Prob. eſt.

Chap. 697.

Another for the ſame.

TAke a good quantity of Scabious-water, and Betony-water, and mingle them together with a good quantitie of Treacle of Ieane, and giue it the Patient to drinke immediately after that hee ſuſpecteth himſelfe to bee infected.

And

And if it happen that the ſicke perſon finde himſelfe greatly grieued, and that any ſwelling begin in any place to grow ſore, then take Elder-leaues, red Bramble-leaues, and Muſtard-ſeed, and ſtampe them all together, and make a plaiſter thereof, and lay the ſame to the ſore, and this will both draw and heale.

CHAP. 698.

Another good drinke to be made and vſed for the ſame purpoſe or otherwiſe, &c.

TAke three ounces of Aqua vitæ, and an ounce and a halfe of Roſe-water, and put three drams of perfect good Sinnamon, and a dram of yellow Sanders to ſteepe therein, and when it is well ſteeped, then ſtraine it thorow a haire ſtrainer, and ſweeten it well with Conſerues of Roſes, and when occaſion ſeruеth for vſe thereof, take the quantity of an ounce thereof at a time, and giue it the ſicke perſon in the morning faſting, or elſe make a toſſe of fine Manchet, or Wheaten-bread, and ſoke the toſſe therein, and it will doe him much good.

CHAP. 699.

Another good drinke to be vſed in the time of Viſitation.

TAke fiue ſpoonefulls of Dragon-water, three ſpoonefuls of the ſtrongeſt White-wine Vineger that may be gotten, halfe a ſpoonefull of Treacle of Ieane, a quarter of a ſpoonefull of Bole-armoniacke, beaten into fine powder, and as much, or ſomewhat more of the Root of Setwall of Venice likewiſe beaten to powder, and when any one is infected (or elſe not) and when he taketh it, let him faſt from both meat and drinke for the ſpace of twelue houres after, vnleſſe he thinke good to take of the ſame drinke againe, and he ſhall receiue great comfort thereby. But if you can get any powder Imperiall, put in a like quantitie as of the reſt, and it will be the better; this muſt be taken alwayes bloud-warme, and as often as you ſhall thinke conuenient your ſelfe.

CHAP.

Chap. 700.

Another for the ſame.

TAke an Onion, and make a hole in it, and take out the inner Core, then take Dragon-water, Treacle and Pepper, (bruiſed) and put them all together into the Onion, and roſte them in the embers, and then bruiſe it and ſtraine it with pure Malmeſie, and giue it the Patient to drinke. This is a preſent remedie, if it be taken before the heart be infected. Probatum eſt.

Chap. 701.

A good Medicine to prouoke ſleepe to the ſicke perſon.

TAke a good quantity of Womans-breſt-milke, and put thereto a like quantity of Aqua vitæ, ſtirre them well together, and moiſten the temples of the head of the Patient, and the noſtrills well therewith, and let it be laid on with ſome feather, or with ſome fine linnen cloth, and this will doe much good. Probatum eſt.

Chap. 702.

A maruellous good drinke for them that are infected with the Plague or Peſtilence.

TAke two handfulls of Sorrell, an handfull of Violet-leaues, and a bunch of ſowre Grapes, and beat all theſe together, (ſtalkes and all) then ſtraine them with Butter-milke, and make a Poſſet of the ſame, and let the ſicke perſon drinke as much thereof as you ſhall thinke good.

Chap. 703.

Another good drinke for the ſame purpoſe.

TAke Leafe-gold, and mingle it with the iuyce of Limmons, and a little Suger-candy, Cloues, Mace, and a little quantity

quantity of Liquorice finely pared and ſliced, and let all theſe be ſteeped in White-wine, or elſe in good Claret-wine, and put therein a good quantity of the powder of Angelica, or elſe of the Decoction of the ſame root, and let the partie grieued drinke this warme, and it will doe him maruellous much good. Probatum eſt.

Chap. 704.

Another excellent good drinke for the ſicke perſon.

TAke Cardus Benedictus, Red-ſage, Herbe-grace, Elder leaues, and Red Bramble-leaues, of each of them a like quantity, and ſtampe them all together in a Morter, and ſtraine them through a fine linnen cloth, with a quart of White-wine, and let the ſicke perſon drinke fiue or ſix ſpoonefulls euery day; but if it be taken, and vſed often before infection, it will preſerue one from the Plague a long time after. Probatum eſt.

Chap. 705.

A ſoueraigne drinke for any infected perſon.

TAke a peece of fine Gold, or the leaues of pure beaten Gold, and put it into the iuyce of Limmons, and let it lye therein for the ſpace of foure and twenty houres, then take the ſame iuyce, and put to it a little powder of Angelica-roots, and then mingle them with White-wine, and let the Patient drinke a good draught thereof.

This is a moſt precious drinke, and it is greatly to be wondered at, what helpe and remedy ſome that haue vſed this drinke haue had thereby, although it hath beene ſuppoſed by many learned Phyſicians, that the ſicke perſons were paſt all hope of remedy; yet by Gods prouidence they haue recouered againe.

Chap. 706.

Another good drinke to be taken, either before or after infection.

TAke Betony-water, and Scabious-water, of each of them a good quantity; and a good quantity of fine Treacle, and temper them well together, and let the Patient drinke it, and it will expell the venom or poiſon cleane forth. Probatum eſt.

Chap. 707.

Another good Drinke for one being infected.

TAke Cardus Benedictus, and diſtill it, and Centorie, and diſtill it likewiſe, and mingle the two waters together, and let the ſicke perſon drinke a good draught thereof with Treacle, and it will doe him maruellous much good.

Chap. 708.

An excellent good Drinke for the Plague, if it be taken in time.

TAke a dram of Mithridatum and giue it the Patient with Diagon-water, White-wine, or other liquour, to drinke when he ſuppoſeth himſelfe infected firſt.

Chap. 709.

An excellent good Poulteſſe to ripen and bring forth the ſore.

TAke a white Onion, and cut it in peeces, and three ounces of Butter that is cleane without Salt, and the weight of twenty pence of Leauen, and a little Oat-meale ſmall beaten, then boyle theſe together with a little new Milke, or elſe Water, and make a Poulteſſe thereof, and lay it very warme to the ſore, and it will ripen it ſuddenly. Probatum eſt.

Chap.

Chap. 710.

Another for the ſame.

If the Botch happen to appeare, then take a good quantitie of Elder-leaues, red Bramble-leaues, and Muſtard-ſeed, and ſtampe them well together, and make a plaiſter thereof, and apply it to the ſore, and it will draw forth all the venom and corruption.

Chap. 711.

Another for the ſame.

Take a handfull of Smallage or Louage, if you can get it, and two handfulls of Valerian, and two or three Roots of Dane-wort, and ſeethe them all in faire running Water and freſh Butter, and put thereto a few crums of Wheaten-bread, and make a Poulteſſe thereof, and lay it warme to the ſore, and ſo let it remaine there vntill it breake.

Chap. 712.

Another experienced Medicine for the Plague.

Take a Cocke, a Chicken, or a Pullet, and pull all the feathers cleane off the taile, ſo that the rumpe may be bare, and then hold the rumpe or bare place to the ſore, and immediately you ſhall ſee the Cocke, Chicken, or Pullet gape and labour for life, and in the end it will dye: Then take another Cocke, Chicken, or Pullet againe, and doe the like, and if the ſame dye likewiſe, then take another, and ſo doe as aforeſaid, and let the party grieued be applyed therewith, as aforeſaid, as long as any of them doe dye.

Chap. 713.

Another excellent good plaiſter to draw the ſore.

Take Camomill-flowers and Mallow-leaues, of each of them an handfull, and cut the Mallow-leaues and the Camomill-

momill-flowers very ſmall, and boyle them in faire running Water, (but let the Water be more than an inch aboue the herbs) and let them boile vntill the Water be almoſt conſumed: Then put therein two ounces of Linſeed, beaten to fine powder, halfe an handfull of Wheaten-flower, two ounces of Oyle of Roſes, and three or foure ounces of Swines-greaſe, (the ſcum being taken away) and temper them well together, and then ſet them ouer a ſoft fire, without any ſmoke, and ſtirre them very well with a ſticke, and ſo let them boile all together, vntill you perceiue the water be quite conſumed: Then take them off the fire and beat them well together in a Morter, vntill you ſee them well incorporated together, and in feeling to be ſmooth and not rough: Then take a parſell thereof, and heat it either in a Porrenger, or elſe in ſome earthen diſh, vpon a chafingdiſh of coales, and then ſpread it thicke vpon a fine linnen cloth, or elſe vpon a peece of leather, and ſo apply it to the ſore, and this will draw it according to your owne deſire. Prob. eſt.

Chap. 714.

Another for the ſame.

TAke a new loafe of Bread, and lay it to the ſore as hot as it may poſſibly be ſuffered, (as it commeth forth of the Ouen) and afterwards let it be burnt, or elſe buried in the earth, or elſe take Leaues of Scabious or Sorrell roaſted, or elſe two or three Lilly-roots roaſted vnder the embers, and applyed to the ſore: all theſe are good to ripen the ſore.

Chap. 715.

A very good plaiſter to draw the Plague ſore to a head, and to breake it.

TAke two handfuls of Mallowes, one handfull of Linſeed, an handfull of ſowre Dough, and two or three Lilly-roots, and ſtampe all theſe together very ſmall, and boyle them in a quart of Wine-Lees, vntill it be thicke, then lay it

it an inch thicke or more vpon a peece of leather, that is ſomewhat broader than the ſore, and let the borders of the leather be plaiſtered with Shoomakers Wax, and that will cauſe it to cleaue faſt, and this will bring forth the Botch, and breake in a very ſhort ſpace. This hath beene truly proued.

Chap. 716.

Another Plaiſter to draw the ſore.

TAke a ſpoonefull of Honey, two or three ſpoonefulls of the iuyce of Spurge, a ſpoonefull of Turpentine, and a good quantity of Wheaten-flower, and temper them well together without any fire, and make thereof a plaiſter, and lay it to the ſore; and at the end of euery fourteene houres renew the plaiſter, and this will draw it wonderfull much.

Chap. 717.

Another for the ſame.

TAke two handfulls of Scabious, and ſtampe it in a Morter, then temper it well with two ounces of Swines-greaſe, that is ſalted, and the Yolke of an Egge, then ſtampe them all together, and it will draw it exceeding well.

PLVRISIES.

Chap. 718.

An experienced Medicine for a Plurisie.

TAke Brooke-lime, Sheepes-Suet, and a little faire Water, and fry them together in a Frying-pan, and make a plaister thereof, and lay it to the side of the Patient, and it will draw forth all the corruption. This hath beene truly proued.

Chap. 719.

Another good medicine for a Plurisie or Stitch in the side.

TAke Aqua vitæ and Capons-grease, of each of them a pretty quantity, and boyle them together: Then take a little Blacke-wooll, and dippe it therein, and lay it as hot as it may be suffered to the stomacke of the partie grieued, and it will ease him very spedily. Probatum est.

FRENCH POX.

FOrasmvch (Gentle Reader, or practitioner of this Art) many things might here be intreated of, concerning the diſeaſe called the Pox: But mine intent is not to meddle or deale any further therein, than of that little knowledge and experience, which I haue had mine own ſelfe in the curing of the ſame diſeaſe: But it is well to be conſidered, that there be diuers and ſundry kinds of Pox, (as the Swine Pox, Small Pox, &c. which are vſuall amongſt young people:) and the French Pox, moſt dangerous of all, which commeth diuers and ſundry wayes: As by drinking and keeping of bad company, both men and women, in hauing carnall copulation with thoſe that are infected with this filthy diſeaſe, alſo in eating, drinking, and keeping of company with thoſe that are infected therewith. And alſo it is taken by diuers and ſundrie other meanes and wayes, which here it would be too tedious to be ſpoken of. But yet neuertheleſſe, according to that little knowledge and experience that I haue in the curing of this diſeaſe, I haue here ſet downe the Medicines themſelues, as briefly as I can, with the intent that the vnskilfull may the more eaſier learne to cure this diſeaſe, (which now remaineth too common in this age) which by meanes thereof many people are disfigured in the face, imperfect in their ſpeech, lame in their limbes and ioynts,

full

full of paine and aches in their bones, beſides many other corrupt humours in their bodies. And many are vtterly diſmembred and ſpoyled in diuers other parts of their bodies, and many doe loſe their liues thereby for want of helpe in due time: therefore let thoſe that are skilfull inſtruct the vnskilfull, and let euery man or woman indeuour themſelues to learne and finde out all ſuch things as are and may be for the preſeruation of health, which is the only Iewell that a man hath in this life; for which purpoſe, as I ſaid before, I haue gathered together (as out of many Gardens, Woods, and fields) and here ſet downe in this Booke or Store-houſe (as it may be rightly termed) a great number of experienced Medicines, for moſt part of all diſeaſes incident to mans body: And now (God willing) I here intend to intreat ſomewhat of diuers ſorts of the Pox, as briefly as I can or may, in manner and forme as hereafter followeth: But firſt of all I will begin with the French Pox, which is the moſt needfulleſt of all to be touched or ſpoken of.

FRENCH POX.

Chap. 720.

The manner how to cure the French Pox, if it be rightly obſerued.

FIrſt of all it is to be vnderſtood, that the ſicke perſon muſt be kept in a Chamber, (wherein neither wind nor ayre may come in to hurt him) where a fire muſt be continually kept, or elſe he muſt be kept in a Stew which ſhall not need alwayes to be kept hot, but it muſt be ſo cloſe and ſo prouided, that no ayre may blow vpon him during the time of the continuance of his cure: And likewiſe, great care muſt be had, that he take not cold, for either of both will hurt the ſicke perſon very much. Therefore, if the ſicke perſon be to be cured in Winter, or the Autumne, hee muſt bee ſure to haue fire in his Chamber euery morning early (eſpecially before day, for then the cold is moſt feruent.) Alſo the clefts of the windowes, and chinkes in the walls muſt bee cloſe ſtopped with morter or other things. And the Chamber-doore (wherein he is ſo kept,) muſt bee cloſe ſtopped, and couered ouer with a Couerlet or Carpet, whereby no cold may iſſue in at the creuiſſes or chinkes of the ſame. And when he is thus ordred, his meat muſt be diminiſhed by little and little, firſt, the fourth part of that which he was wont to eat, and then the third part, and ſhortly after the one halfe; whereby he may vſe himſelfe to ſuffer hunger as much as may be. And his Wine, if he doe drinke any, muſt be mingled with faire Water

Water: Then he muſt haue ſuch a purgation miniſtred vnto him, as ſhalbe thought conuenient to take away the matter or cauſe which nourisheth the diſeaſe, or elſe ſuch a one as wil cleanſe the belly perfectly. That being done, the cure may begin in this manner, and doubtleſſe to be brought to good perfection, if it be orderly done as it ought to be.

Chap. 721.

An excellent Medicine for the curing of the French Pox.

TAke a pound of a kind of wood called Guaicum, and beat it into powder, or elſe get it turn'd at the Turners, and made into ſhauings, and ſet to ſoke in the quantity of eight pounds of faire running Water, (but if that your Guaicum be beaten to duſt in a Mortar, it will be the better, and it wil be the better ſoked, and brought better to worke in perfection, by reaſon that then all the ſubſtance of it will ſoke out of it, and let it ſoke in the ſaid water, for the ſpace of a day and a night. Then take it and ſæthe it in a new earthen pot (that is well glazed within) vpon a ſoft fire of charcoles, and ſo let it ſæthe for the ſpace of ſix or ſeuen houres, or vntill ſuch time as the one halfe of the liquor be conſumed, and let there be great hed and care taken, that it runne not ouer into the fire, by ouermuch heat, for that which ouerfloweth, taketh much of the ſubſtance or vertue from the reſt, and therefore it muſt not be boyled in any flame, but with a moderate fire made with a few coales, and let not your pot be filled vp to the top by the third part. And when it is very well ſodden, ſcumme it cleane, and kæpe that which is ſcummed off, and anoint the ſides therewith, and it will both dry them vp, and cure them, and for the liquor it ſelfe, let it be ſtrained and put into a glaſſe, and then put to the ſame grownds againe the quantity of eight pounds of faire water more, and ſæthe it againe (as before) and when it is well ſodden, ſtraine it and put it into a glaſſe, as you did the other before: And ſo giue of this laſt

Water to the ſick perſon to drink continually with his meat, and the firſt liquor muſt be taken by the ſicke perſon euery day in this manner: (Viz.) in the morning at fiue of the clocke, or thereabouts, he muſt take the quantity of a cup-full milk-warme, and againe at ſeuen of the clock at night: And after he hath taken this Medicine, let him reſt himſelfe for the ſpace of foure houres after it: And for the firſt two houres, let him be cloſe couered, that by the helpe of the heat the Medicine may the better be digeſted and diſperſed into all parts of his body: and the Patient may ſweat vpon it, (which if he doe, it will be the better, and if he be cloſe couered with clothes an houre before he take the Medicine, it will be much the better) becauſe he may be hot when he taketh it: But in any wiſe let him not ariſe out of his bed for fiue houres after he hath taken his cup of drinke, and let him take his meat about the nowne-time of the day, and not before, and then as little as may be, inſomuch as this Medicine requireth an empty ſtomack, and if euer he will be made perfectly ſound, he muſt be dyeted, and kept in this ſort for the ſpace of thirty dayes together, and after ſuch time as he ſuppoſeth himſelfe to be well, he ought to purge himſelfe againe.

But if his body be ſtrong and able to indure it, let him take a purgation the fifteenth day after the beginning of his cure, for this reaſon, as Alexander Aphroditius affirmeth, that thoſe that are kept hungry and receiue not their meat, as they were accuſtomed to doe, fall away and doe gather a certaine ſharpe matter, and eager, ſo that of neceſſity (he ſaith) ſuch filthineſſe muſt be auoided, whereby the body of the ſicke perſon may be kept empty: but this Medicine, before mentioned, muſt not be miniſtred in the ſame morning that he taketh the Purgation, but at night let him take it againe, and afterwards he may eat more largely than he did before: Moreouer, vpon the thirtieth day he may take the like Purgation againe, and afterwards increaſe his dyet by little and little, vntill he come to his accuſtomed

cuſtomed dyet againe. But certainly the more hunger the ſicke perſon abideth, during the time of his cure, the more perfecter and quicklyer he ſhall be cured: and although his deſire of eating grow daily more and more, yet he muſt remember to abſtaine from meat as much as he poſſibly can, comforting himſelfe with the aſſurance of health if he doe. And forasmuch alſo as the body which is waſted and emptied, not only with hunger, but alſo with ſweat, and being a long time as a dead body, through the griefe and vehemencie of this diſeaſe, will in a ſhort time come to a good appetite againe.

Moreouer, it is further to be conſidered, that after he is cured of this malady, it is not neceſſary that he goe into any open ayre preſently, but what he doth, muſt be by degrées, (Viz.) Firſt, to goe from his owne chamber into another, and ſo abroad into the houſe, and then to his neighbours houſe, ſo by little and little for a certaine ſpace, but if he doe well, he muſt not make any ſudden change.

All which things here-before mentioned, if they be duely obſerued (as they ought to be) he ſhall be ſafe and ſound for euer after, if he doe not mis-gouerne himſelfe againe.

Chap. 742.

The manner of dyet to be obſerued during the continuance of the cure of this diſeaſe.

There are many things to be conſidered of, for the ordring of a man, as touching his dyet whileſt he is in this diſtreſſe: for ſome men are of opinion the beſt dyet is to eat nothing but Bread with a few Reiſons of the Sun: Which Bread muſt not be aboue foure ounces weight, and it muſt be cleane without Salt, or other Sawce: Other-ſome are of opinion, that it is beſt for the ſicke perſon to abſtaine from all manner of meat generally, except a little broth made of a Chicken to moiſten his Bread withall, and the ſame not to be taken aboue once in a day: For it is not fit that he haue any thing towards night, but only a few Reiſons of

the Sunne, and an ounce of Bread. I my ſelfe am of that opinion, that if he haue halfe a Chicken that is young and tender once a day, with his Bread, it is not amiſſe; or if the Chicken be any thing growne, then a quarter of it is enough, but the Chicken muſt be ſodden in very cleane water, and neither Salt nor Sawce muſt be vſed therewith, but only a little Suger. And he muſt take heed that during the time he is in cure, he doe not ſo much as taſte of any Salt, and he muſt haue White-bread made for that purpoſe, ſeaſoned with Suger, (which is beſt for him:) Alſo if there be a little Burrage put into his Broth, or elſe the Leaues of Burrage, it will be the better for him.

And for his drinke, there can be none better, in mine opinion, then the ſecond Water or decoction of Guaicum, which is in the laſt Chapter before rehearſed.

Likewiſe the Patient (during all the time of his cure) muſt forbeare all buſineſſe, and put away all ſad cares and thoughts; for through them there may happen many impediments for his cure, (ſuch is the nature of that diſeaſe,) and he muſt auoid all conſultation and ſtudies; ſo that he may be free from all motions and workings, he muſt not be melancholy, and he muſt beware of anger and heauineſſe of minde; if he haue any ſkill in Muſicke, it were not amiſſe to ſuffer him to practiſe the ſame, but not ouer-much, whereby he might ſomewhat driue away melancholineſſe, and mitigate the cogitations of his thoughts.

If he be in a place where he may heare the noiſe of ſingers and minſtrels, if he haue no ſkill in muſike himſelfe, or where he may giue himſelfe to ſome ſports, paſtimes, and muſicke, is very good; and ſometimes to delight himſelfe with ſome merry talke or ieſts, but in any wiſe to eſchew the company of women, and let his head be often rubbed with a warme cloth, and combed with an Iuory Combe.

Laſtly, his complexion ought principally to be regarded, leſt that any thing ſhould be miniſtred vnto him that is of a drie and hot complexion, as vnto him that is of a cold and moiſt

moiſt complexion, or the things that are of one qualitie, ſhould be adminiſtred vnto ſuch as be in both extremes, and thereby great harme might enſue to the ſicke perſon, by the ouer-ſight, or negligence thereof.

Chap. 723.
A good Medicine to kill the Pox.

TAke a good quantity of Hemlocks, and a good quantitie of the dregs of ſtrong Ale, and a good quantity of Mutton Suet, and boile them all very well together, and make a poulteſſe thereof, and lay it to the place where the griefe is, and it will cure it in a ſhort ſpace; but the partie grieued muſt be ſure to obſerue the order and diet here firſt before mentioned.

Chap. 724.
Another for the ſame.

TAke a good quantity of Camphire, and lay it to the place where the ſore is, and it will preſently eat it cleane away.

Chap. 725.
A maruellous good Water to be vſed for the French Pox.

TAke white Coporas, Roch Allom, Liquorice, and Honey, of each of them a penniworth, or ſomewhat more, and of Sage, Roſemary and Wood-binde, of each of them a like quantity, and boile them all together in faire running Water, and when they are well boiled, then ſtraine the Water thorow a fine linnen cloth, and when occaſion ſerueth, let the diſeaſed perſon vſe it often, and the ſame will doe him exceeding much good.

Chap. 726.
An excellent good Oyntment for the French Pox.

TAke a quarter of a pound of Hogges-greaſe vntryed, an ounce of Quickſiluer, and qualifie the Quickſiluer with faſting

falting ſpettle, and then put vnto the Hogges-greaſe and Quickſiluer foure or fiue ſpooneſulls of Vineger that is both ſtrong and ſharpe; and then beat and temper them all together, for the ſpace of two or three houres together, and then put it into ſome earthen pot or gally-pot, and ſo keepe it cloſe ſtopt, whereby neither duſt or any other thing may come to hurt it, and when occaſion ſerueth for the vſe thereof, let the diſeaſed perſon be anointed therewith very often, before a good fire, and doubtleſſe he ſhall finde great eaſe thereby in a ſhort ſpace. Probatum eſt.

Chap. 727.

Another good Oyntment to be vſed for the ſame purpoſe.

TAke Allom, Verdigreaſe, Engliſh Honey, (that is perfect, pure and good) and Wine Vineger that is both ſtrong and ſharpe, as aforeſaid, of each of them as equall portions as you can, and temper them well together, and make an Oyntment thereof, and as neceſſity requireth, let the diſeaſed perſon anoint the ſore often therewith, and it will both drie vp the ſore and heale it.

Chap. 728.

An excellent Water to waſh and cleanſe the ſores, be they neuer ſo filthy and corrupted.

TAke a new earthen pot that neuer was vſed before, and put a good quantity of faire running Water therein, and let it ſeethe, then powre it forth into a baſon, or elſe into a wooden bowle that was neuer vſed before, and put ſome vnſlackt Lime therein (Viz.) ſuch as no water hath euer touched, and when the Lime is diſſolued and fallen downe to the bottome, ſcum off the top of the water, and then as eaſily as you may or can, powre out the cleareſt of the water, without troubling of it, and keepe it in a glaſſe or viall, and when occaſion ſerueth for the vſe thereof, take a ſponge, or elſe

elſe a fine linnen cloth, and dip it into ſome of the ſame water, (but let it be warme) and bathe the ſores well therewith, and then wipe away all the filthineſſe cleane from the ſores: and when you haue ſo done, take a freſh linnen cloth, and ſoke it well in ſome of the water, and wrap it about the ſores, and this will eaſe the paine, aſſwage the ſwelling, and cleanſe the ſore from al manner of filthineſſe, and it will take away quite all the heat and inflamations of the bloud. This hath beene truely proued.

Chap. 729.

An excellent good Medicine to cure the French Pox.

TAke halfe a pound of Guaicum Capium, two ounces of Salſa Perilla, two ounces of the Barke of Guaicum, and of Liquorice, Annis-ſeeds, Fennell-ſeeds, and Seny, of each of them an ounce; of Betony, Scabious, Smallage, Pellitory of the Wall, Peny-royall, Harts-tongue, Maiden-haire, Wilde or Red Mints, Red Sage, Oculus Chriſti, Liuerwort, and of the Herbe called Mercury, of each of them a good handfull, and let them be all cleane picked and waſhed: then take them and put them all together into three gallons of faire running Water, to ſteepe for the ſpace of one whole night; or elſe put into it two gallons of pure White-wine, and one gallon of ſtrong Ale, and then boyle them well together, vntill ſuch time as the one halfe of the liquour be conſumed: Then take it and ſtraine it thorow a fine linnen cloth, and put it into a cloſe veſſell, and ſo let it ſtand to ſettle, and when it is well ſettled, let the ſicke perſon vſe none other drinke, but this both morning and euening, and at meat: and into euery three quarts of Water, put a quarter of an ounce of Colloquintida, and ſo let the ſicke perſon vſe this, vntill he hath ſcowred his body maruellous well: and if it doe not cauſe him to purge well, then let him take the purgation mentioned in the firſt Chapter of the title of Purgations following in this Booke, which ſaid Purgation is very meet to be miniſtred, as well for this

this diſeaſe, as it is for any other, and yet neceſſary for all diſeaſes.

CHAP. 730.

An excellent receipt, called *Moſes* Water, very good for the French Pox, or any other diſeaſe growing out in ſores or ſcurfes.

TAke ſix gallons or more of the pureſt White-wine that may be gotten, and as much ſtale Ale, and a pound and an halfe of Sarſaperilla, of Liquorice and Seny, of each of them two pound, and two pounds of the Barke Guaicum, and an ounce of Colloquintida: let all this be boyled together, for the ſpace of foure and twenty houres, ouer a ſoft fire, in Balneo Mariæ; and when it is well boyled, put therein one ounce of Mithridatum, and then take it off, and put it into ſome earthen pot, and ſtop it vp cloſe. And when you will vſe it, take a good quantity thereof at a time twice or thrice a day, and this will cleanſe both inward and outward parts of the body, and make him very ſound euer after it. Probatum eſt.

But alwayes note this, that if you boyle all theſe things before rehearſed, (Viz.) in Water, it will continue but ſix or ſeuen dayes; by being boyled in Wine and Ale, as aforeſaid, it will continue twenty dayes (or ſomewhat more) which is too ſhort a ſpace for the diſeaſed perſon to vſe or continue it: But as it decayeth, there may be more made againe.

Many things more might haue beene here intreated of touching this diſeaſe, as well of drinkes as alſo of purgations: Which things (if you looke into the Title of *Drinke and Diet-drinke*, and in the Title of *Purgations*,) you ſhall finde therein many Drinkes and Purgations, as well neceſſary for other diſeaſes; which matters, and for the iudgement of them, I leaue to them that are beſt able to iudge and miniſter the ſame: And if herein I haue committed any offence, intreating or ſpeaking hereof, I deſire amendment of the learned'ſt ſort, and ſuch as are more skilfull than my ſelfe.

ſelfe. And now I will leaue here to ſpeake any more hereof: But will intreat (by Gods helpe) ſomewhat of the Small Pox, which is incident to all people, eſpecially ſmall Children.

SMALL POX.

Chap. 731.

An experienced Medicine for the Small Pox.

TAke the Milke of a red Cow, and make a Poſſet of Ale therewith, and ſcum the curd off it cleane, then take the quantity of a ſpoonefull of red Fennell, and ſæthe it in the Poſſet Ale, and ſtraine it, and then put to it the quantity of a Nutmeg of fine Treacle, and a little Setwall, and a pretty quantity of Engliſh Saffron, and mingle them well together, and ſo giue it the Patient warme, and this will bring them forth immediately.

Chap. 732.

Another Medicine to bring out the Small Pox.

TAke Milke, Saffron and Engliſh Honey, and ſæthe them together, and giue it the Patient, and let him be kept warme, and this will bring forth the Pox in a ſhort ſpace.

Chap.

Chap. 733.

A very good Medicine to be vſed for the Small Pox.

TAke Dragon-water, White-wine, and Mithridatum, or Treacle of Ieane, of each of them a pretty quantity, and put ſome Vnicornes horne therein, and ſeethe them together, and giue the ſame to the Patient, and let him be kept warme, and this will helpe him. Prob. eſt.

Chap. 734.

Another for the ſame.

TAke a ſpoonefull of Oyle Oliue, and foure or fiue ſpoonefulls of Malmeſie, and as much Treacle as a Beane, and put them all together, and ſo let the Patient drinke the ſame bloud-warme, and this helpeth.

Chap. 735.

A principall Oyntment for the Small Pox.

WHen any Colt is killed by any miſchance, or dieth, take the Kell out of him, and waſh it, and then put it vpon a cleane Spit, and roaſt it, and baſte it but a very little (and that with a little new Butter vnſalted) and put vnderneath the Spit ſome cleane earthen dripping-pan, or elſe a pewter diſh, and a good quantity of Roſe-water, and let the dripping fall therein; and when it is roſted dry, and no moiſtneſſe left therein; then take the dripping, and beat it well together with the Roſe-water, wherein it firſt dripped, and as any froth ariſeth ſcum it cleane, and ſo put it into a pot to ſtand, vntill you haue occaſion to vſe it, and then let the party grieued be anointed therewith, and this will cauſe all the Scabs and ſcales to ſhale off. Prob. eſt.

PVRGA-

PVRGATIONS.

Chap. 736.

An excellent good Purgation to be miniſtred to any perſon, for any manner of diſeaſe whatſoeuer.

TAke halfe an ounce of Seny, a ſpoonefull of Annis-ſeeds, halfe an ounce of Liquorice, one ſpoonefull of Fennell-ſeeds, and twenty Raiſins of the Sun, (the ſtones cleane picked forth) and boyle them all together in a quart of faire Water, and let the ſame boyle vntill the one halfe be conſumed, then ſtraine it, and put thereto an ounce and a halfe of Deaphenicon, and ſhake the ſame well together, and let the party that deſireth to purge, drinke a pretty quantity thereof euery morning faſting, (bloud-warme) and it will cauſe him to purge exceeding well.

This Purgation neuer maketh the body ſick, neither doth offend the ſtomacke any thing at all.

Chap. 737.

Another excellent good Purgation to purge the Stomacke.

TAke Mallowes that are young, and Mercury, of each o them a good handfull, or ſomewhat more, an ounce o Seny, and three ſpoonefuls of Annis-ſeeds, and put them into a pint of White-wine, and as much ſtrong Ale, and ſo let them ſtand all one night, and the next day ſeethe them all

all together, and let them ſæthe vntill the one halfe of the ſame be conſumed: Then ſtraine it, and giue the Patient a good draught thereof in the morning faſting, and if he ſlæpe a little after it, he will be neuer the worſe.

Chap. 738.

A wonderfull good Purgation to auoid Choller or Flegme, from the heart or ſtomacke.

TAke halfe an ounce of Caſſia newly drawne, a dram of good Rubarbe infuſed for the ſpace of fiftæne or ſixtæne houres, with Endiue Water, and with a little Spikenard, and an ounce of Sirrup of Violets; mingle all the things before mentioned, with the quantity of three or foure ounces of cleane clarified Whay or Priſan; and if you think good to ſwæten it, you may put a little Suger into it, and ſo drinke it warme.

Chap. 739.

An excellent good Purging powder.

TAke Seny, Alexandria, and white Tartar, of each of them one ounce, Cloue Gilliflowers, Sinnamon and Galingall, of each of them one dram, and two drams of Diadegredij; make all theſe into a fine powder, and ſearſe the ſame thorow a fine Searſer, and when you will vſe it, take a dram thereof, either in Succory-water, or the Whay of Milke clarified, and this purgeth very eaſily and gently.

Chap. 740.

Another for the ſame.

TAke perfect good Mechoacan, the quantity of two ounces, and one dram of Gentian, of Diadegredij twelue graines, of Sinnamon two graines and two ſcruples; make all theſe into a fine powder, the doſe is one dram; vſe this either in Whay, or in Succory-water, as aforeſaid, one dram at a time, and it purgeth likewiſe gently.

Chap.

Chap. 741.

An excellent good preparatiue to be taken before that the ſtomacke be purged.

TAke three ounces of Seny, three ounces of Polipody of the Oke (otherwiſe called Okeferne) and three ounces of Annis-ſeeds, and ſæthe them all together in a quart of faire running Water, and let them boile vntill the one halfe be conſumed, and then ſtraine it thorow a fine cloth, and put a little Suger therein to make it ſweet and pleaſant, and ſo giue it to the Patient.

Chap. 742.

A good Purgation.

TAke a pint of White-wine, and an ounce of Seny, a good handfull of Raiſins of the Sunne (the ſtones picked out) and halfe a ſpoonefull of Annis-ſeeds, and then keepe them in the White-wine for the ſpace of a night, and then ſtraine it well, and let the Patient take a good draught thereof in the morning faſting luke-warme, and if you thinke good, you may put in it three or foure roots of Polipody of the Oke (otherwiſe called Okeferne) and it will be the better, and let the Patient take heed that he doe not catch cold vpon it.

Chap. 743.

Another for the ſame.

TAke two pound of Figges, and put them into a gallon of ſtrong Wort (made of Barly Mault) and put thereto two ounces of pure Liquorice beaten to powder, and an ounce of fine Suger, and when the Figges are well boiled, bray them ſmall in a Morter, and then ſtraine it thorow a Strainer, and then boile the liquor againe, and put to it a pint of the beſt Oyle Oliue that may be gotten, and an ounce of Raiſins or Currants, and let the Patient eat this with bread made of Wheat, and it will doe him maruellous much good.

Chap. 744.

An excellent good preparatiue to be taken before the ſtomacke or bodie be purged.

TAke three ounces of Seny, three ounces of Polipody of the Oke (otherwiſe called Oke-ferne) and three ounces of Annis-ſeeds, and put them to ſæthe in a quart of faire running Water, and ſo let them continue vntill the one halfe of it be conſumed, then ſtraine it thorow a fine linnen cloth, and then giue the Patient a good draught thereof, but firſt put a little Suger therein to ſwæten it.

Chap. 745.

Another for the ſame.

TAke the weight of twenty pence of Seny, Ginger the weight of foure pence, and Annis-ſeeds the weight of eight pence, and beat them all to powder, and then put them into a pint of White-wine, and ſet it to ſteepe betwæn two pewter diſhes for the ſpace of ten or twelue houres, and then ſæthe it vntill the one halfe be conſumed, and then ſtraine it, and giue it the Patient at night to bedward, and it will cauſe him to purge the nert morning exceeding well.

Chap. 746.

Another for the ſame.

TAke twenty Raiſins of the Sun, (the ſtones picked out) and two or three Roots of Polipodie, cleane waſhed, ſcraped, and cut in peeces, two drams of Rubarbe, two ſpoonfuls of Seny, and two ſpoonefulls of Annis-ſeeds, and bruiſe them all together, and put them into a pot cloſe ſtopped, and put to them a pint of White-wine, let them ſoke therein the ſpace of one night, and then take it all forth together, and ſæthe it vntill it be conſumed to a quarter of a pint, and then ſtraine it, and drinke it in the morning faſting, and this will cauſe him to purge very well without any danger at all to the body.

RESTO-

RESTORATIVES.

Chap. 747.

A Reſtoratiue vſed by diuers Noble perſonages, and others, for the prolonging of life.

TAke Cape-Dates the quantity of a pound, and picke them cleane, and take forth all the ſtones, and then ſæthe them in a pint of Muſcadine, that is pure and not mingled, and let it ſæthe vntill a good part thereof be conſumed; then put it into a glaſſe, and as you haue occaſion to vſe it, put three or foure ſpoonefulls thereof at a time into your Pottage or Broth; and if you thinke good, you may vſe it as aforeſaid, euery meale in Broth, and it will be the better, and doe you exceeding much good. This hath beene ſufficiently proued.

Chap. 748.

An excellent good Medicine to heale the Veſſell wherein nature lyeth (if it be broken) and to reſtore it againe.

TAke a good quantity of the Huskes of Acornes, and dry them well, and beat them into fine powder; and when you haue ſo done, take a ſpoonefull of the ſame powder, and put it into halfe a pint of ſtale Ale, (luke-warme) and giue it the Patient to drinke in the morning faſting, and as much in the euening, an houre or two after ſupper, when he goeth to bed, and in the morning let him keepe his bed

for the space of an houre after he hath taken it, and let him be kept warme, and this (by Gods helpe) will cure him in a short space. Probatum est.

CHAP. 749.

Another experienced Medicine for procuration of nature, if it be decayed either in man or woman.

TAke a Nutmeg, and grate it very fine, and then take a new laid Egge, and set it to the fire, and let it stand vntill it be bloud-warme, and then put therein a pretty quantity of fine Suger, and a pretty portion of Rose-water, and the grated Nutmeg, and then blend all these together in the Yolke of your Egge, and so sup it off: vse this euery morning fasting, and this will profit you very much.

SALVES AND OYNTMENTS.

CHAP. 750.

A tenting Salue to cure any sore.

TAke Oyle of Oliue and Turpentine, of each of them a like quantitie, and a prettie quantitie of Rosemary, (picked from the stalkes) and boile them all together, and in the boyling, put thereto a spoonefull or two of faire Water, and let them boyle together vntill the Water be cleane consumed away, and that till it become an Oyntment. And when it is well boyled, straine it hot, and then put it into some earthen pot,

pot or glaſſe, and ſo ſtop it cloſe: and when you haue occaſion to vſe it, heat a little thereof ouer the fire, and dreſſe the ſore thereby: ſo that the ſalue may drie into it, and if there be any dead fleſh, then dip ſome lint therein, and lay it to the ſore as hot as it may be ſuffered. But if it need any tenting, then make a tent of fine lint, and dip it into the Oyntment hot, and ſo tent the ſore place therewith: that being done, make a plaiſter of what cleaning ſalue you will your ſelfe, and this ſhall heale the ſore in a ſhort time by Gods permiſſion. Probatum eſt.

Chap. 751.

A good Salue to cure a womans breſt that is ranckled, and to bring it to the former ſtate againe, and to cauſe the aking thereof to ceaſe.

Take iuyce of Smallage and Plantane, of each of them a like quantity; then take of Honey and the white of a new laid Egge a like quantity: then put vnto them a pretty quantity of fine Wheaten-flower, and ſtirre them well together vntill they be growne thicke, (but vſe no fire at all to it) then take it and lay it raw and cold vpon the ſore, and it will cauſe the paine to ceaſe, although it ake neuer ſo vehement. This is alſo maruellous good for any other wound, and it will cleanſe the ſore. Probatum eſt.

Chap. 752.

An excellent good Salue or Oyntment to cure either any new wound, or elſe any old ſore.

Take halfe a pint of Sallet Oyle, or for want thereof, take a pound or ſomewhat more of new Butter vnſalted, foure ounces of vnwrought Wax, one ounce of Turpentine, foure ounces of Raiſins, and an ounce of Maſticke; then take Smallage, Woodbinde-leaues, Plantane, and Marygold-leaues, of each of them an handfull, and halfe a handfull of the tops of Hyſope: waſh them all very well, and then drie them in the Sunne againe for the ſpace of halfe a day

together: then ſtampe them in a Mozter, and ſtraine them, and when you haue ſo done, take the iuyce and boyle it with all the other things before mentioned, (only except the Turpentine) and be ſure to be ſtill ſtirring of it, vntill you perceiue all the iuyce to be dried vp; then put in your Turpentine, and ſo let it boile a walme or two, and then take it from the fire, and when it hath ſtood a while, then ſtraine it thorow a courſe linnen cloth, and keepe it in boxes vntill you will vſe it.

Chap. 753.

An excellent good greene Salue ſeruing for diuers vſes.

TAke vnwrought Wax, Roſen and Barrowes-greaſe, of each of them a pound, and two ounces of Turpentine, melt all theſe together with a quarter of a pound of Verdigreaſe, and then ſtraine it and keepe it cloſe, either in an earthen veſſell, or elſe in a box, vntill you haue occaſion to vſe it; but be ſure, that during all the time that it is vpon the fire, you be ſtirring of it, or elſe it will be ſpoiled.

Chap. 754.

An Oyntment for all manner of Sores.

TAke Smallage, Plantane and Valerian, of each of them a handfull, and chop them very ſmall, then take foure pounds of Deeres Suet, and then beat it and the herbs together in a Mozter, then let it ſtand for the ſpace of foure and twenty houres, and then ſeethe it halfe an houre or ſomewhat more; then take Wax and Roſen, of each of them halfe a pound, and three ounces of Turpentine, and a pint of Sallet Oyle, and then ſet all theſe together on the fire againe, (the Turpentine excepted) and let them boile for a good ſeaſon, and then put in your Turpentine, and ſtirre them well together, and when you perceiue that it is boyled enough, then take it off, and ſtraine it thorow a linnen cloth, and ſo keepe it cloſe ſtopt vp vntill you haue occaſion to vſe it.

Chap.

Chap. 755.

Another Salue good for many vſes.

TAke Roſemary, Time, Lauender, Dill, Balme, Brooke-lime, Smallage, Veruaine, Camomill, Orphine, Plantane, Herb-Robert, Night-ſhade, Harts-tongue, Oak-ferne, Dayſies and Comphrey, of each of them a handfull, beat them ſmall and put them into a quart of Verjuyce, then ſtraine them, and take the ſame iuyce and two pound of Wax, and a pound of Honey, and a pound of May-butter, and ſæthe them all together, and ſtirre it well, and when it is ſodden enough, then ſtraine it into a Baſon of water, and let it ſtand vntill it be cold: then anoint your hands with a little Oyle Oliue, or elſe a little freſh Butter, and then make it vp into rowles, and ſo keepe it vntill you haue occaſion to vſe it. This will cure almoſt any ſore or bruiſe whatſoeuer, or any Bile, Fellin, or Vncome.

Chap. 756.

An excellent good Salue for any new cut or wound, that will not ceaſe bleeding.

TAke a good quantity of the Blades of Leekes, and ſtampe them very well, and then put thereto a good quantity of Wheaten-flower, and a good quantity of Honey, and mix them well together (but let them not come néere any fire at all) and lay the ſame to the cut or wound cold, and this will ſtanch the bléeding immediatly; and it will alſo draw forth all the bruiſed bloud, and make the wound both pure and cleane. This hath beene ſufficiently proued.

Chap. 757.

Another good Medicine to be vſed plaiſterwiſe for any greene wound.

TAke Wheaten-flower and Milke, and temper them well together, and then ſæthe them vntill they be thick: then

take the White of a new laid Egge, and beat it well with the aforesaid stuffe, and then lay it to the wound, and it will heale it, and also keepe it from ranckling. Probatum est.

Chap. 758.

Another excellent good Salue for a cut.

TAke two handfulls of Valerian, and two handfulls of Buglos that groweth in the Woods, and bruise the same very small, then take a good quantity of Deeres Suet, and halfe as much vnwrought Wax, but be sure that there be sufficient enough of all the things before rehearsed, as will serue for to boyle the Herbs well therein, and so set them vpon the fire to boyle, and when the same is well boyled, then put a good quantity of the best Venice Turpentine that may be gotten into it, and so let it boyle vntill it be enough; but all the while that it is vpon the fire, take heed that you neuer cease stirring of it, and then straine it thorow a fine linnen cloth, and then put it into a Gally-pot, or else into some other earthen vessell, wherein it may be kept close, and so let it stand vntill occasion serueth for vse thereof: This will cure any manner of Cut or wound whatsoeuer. Probatum est.

Chap. 759.

Another good Salue for any deepe wound or cut, which requireth tenting.

TAke the Yolke of a new laid Egge, and the quantitie of a Walnut of Honey, and as much Turpentine, which is both pure and good, and beat them all together, and lay the same vpon the wound or cut with some fine lint, and this will cure it in a short space.

Chap.

Chap. 760.

Another good Salue to cure any manner of wound, be it either new cut, or old sore, or bruise.

TAke Elder-leaues that doe most commonly grow vpper-most vpon the young branches, and that haue the one side of the leafe shorter than the other towards the stalk that they grow vpon, (they are easily perceiued, if you marke them well) and then take the innermost rinde or barke of an Elder-tree, and shread the same very small, and stampe both the leaues and the barke together, and then put thereto a good quantity of fresh Butter, (the same not being salted any thing at all) and a good quantity of Virgin Wax, and seethe them all together for a good space, and then strain the same thorow a fine linnen cloth, and put it into a pewter Porrenger, or else into a Gally-pot, or into some cleane earthen vessell, and so keepe it close vntill you haue occasion to vse it; and when you will vse it, take a little at a time of the same Salue, and spread it vpon a fine linnen cloth, and lay the same to the wound or sore, but before you lay it to the sore, bathe the same well with a little Dyle of Roses, if it may be gotten, or else with a little sweet Creame: and this will both draw forth the corruption, and heale the wound, be it either cut, bruise, or old sore. For it hath beene well proued.

Chap. 761.

A maruellous precious Oyntment for all manner of Sores, exceeding all others, for that great experience hath beene had of it.

TAke a pottle of pure Sallet Oyle, of the best that may be gotten, and then take Sage, Lauender, Southernewood, Wormewood and Camomill, of each of them a good quantity; cut or shread the herbs very small, and then put them into the Oyle, in a faire pewter Bason, or else a latten Pan or Bason, and then mingle them well together, and

and ſtirre them well together, but be ſure to put as many of the herbs therein, as will make it thicke ſtanding; and ſo let them ſtand and rot for a full moneths ſpace together, but in all that time ſtirre it often: that done, make a faire ſoft fire of coales, and put thereto a good quantity more of the ſame Oyle, and ſet it ouer the fire in the ſame Baſon or Pan, and ſo let it boile gently for the ſpace of three or foure houres: then take it from the fire, and let it coole a while, and when it is come to be but milke-warme, or ſomewhat hotter, then take a Canuas bagge that is coarſe and ſtrong, and with a Taffe ſtraine out all the matter or ſubſtance as cleane as you can: and then put it into a Glaſſe or Gally-pot, and ſo keepe it cloſe ſtopped vp, that no ayre come therein, and this will continue in his vertue many yeares after. Probatum eſt.

Chap. 762.

A very good way to make a Salue (commonly called the blacke Salue) which cureth all old Sores and Vlcers, be they neuer ſo great, foule, and ſtinking.

TAke a gallon of ſtale Ale, (the ſame being very ſtrong) two handfulls of Woodbind-leaues, halfe a handfull of ſéeded Nettles, and as many Cole-worts, which haue ragged leaues vpon them, halfe a pound of red Onions, halfe a pound of Garlicke pilled, a pound of Vnſet-Leekes, and an handfull of the powder of a rotten Poſte, which is of Oake, for that is beſt of all for ſuch a purpoſe; and let all theſe be very well ſtamped together in a Morter, and then put them al together into the Ale, with halfe a pound of Roch Allom, and then ſet them ouer a ſoft fire to boile, and ſo let them boile vntill the one halfe thereof be conſumed, or ſomewhat more, and then ſtraine the ſame thorow a fine linnen cloth into ſome earthen pot that is cleane, and then take a pound of Virgin Wax, halfe a pound of Roſen, halfe a pound of Nerue Oyle that is very greene and good, and a good quantitie of Stone Honey, and put them all therein, and mingle them

them well with the reſt, and then let it ſtand ſtill, for the ſpace of foure or fiue dayes, and then take it againe, and boile it vntill it be halfe conſumed away, then take it off the fire and put it into a new earthen pot, that is both ſweet and cleane, and then let it be cloſe ſtopped vp, and kept ſafe vntill you haue occaſion to vſe it, &c.

Chap. 763.

A very good drawing Salue.

TAke a good quantity of Roſen, and bruiſe and breake the ſame very ſmall, and a pretty quantity of good Wax, and a good quantity of Bores-greaſe, ſhred or broken very ſmall, and a pretty quantity of Honey: mingle them all together, and then ſet the ſame vpon a ſoft fire to melt, and to congeale together into a perfect Salue, and ſtill be ſtirring of it, vntill you ſée that it be come to a right and good perfection.

Chap. 764.

A very good plaiſter for a wound that is ouer-healed and ſore vnderneath, by reaſon of the ouer-haſtineſſe in the firſt healing of it.

TAke a good quantity of Barly-meale, the white of an Egge and Honey, and mingle them well together, and make a plaiſter thereof, and then lay the ſame to the place grieued, and this will helpe it immediately.

SVR-

SVRFETS, AND SVRFETTING.

Chap. 765.

A preſent remedie for a Surfet.

TAke a good thick peece of white Bread, and toaſt it, and then dip the ſame in Aqua vitæ very well, that being done, apply it to the ſtomacke of the partie grieued, as hot as poſſibly he may abide it, and let him be kept very warme, and this will preſently helpe him. Probatum eſt.

Chap. 766.

Another remedie for any Surfet taken by any immoderate vſe of things, &c.

TAke a good quantity of Long-pepper, and as much Graines, beat theſe together very fine, and then put them into two or three ſpoonefulls of pure Malmeſie, and giue it the Patient to drinke, and then let him goe to bed and keepe himſelfe warme, and ſweat vpon it, but let him in no wiſe take any other drinke for the ſpace of two houres after he hath taken it (but altogether refraine it, although he be neuer ſo dry) and this doubtleſſe will helpe him. Probatum eſt per D. Murphet.

Chap.

CHAP. 767.

Another remedie againſt Surfetting.

TAke foure or fiue good handfulls of Strawberry-roots, waſh and ſcrape them cleane, and then put them into a gallon of ſtrong Ale, and boile them together vntill the one halfe be conſumed; then ſtraine the ſame: that being done, boile the liquor againe, and put therein a pretty quantity of Suger to ſweeten it, and then let it be put into a ſweet bottle, and ſo keepe it vntill you haue occaſion to vſe it, and as neceſſitie requireth, let the Patient drink of the ſame often, and this will helpe him. Prob. eſt.

This is alſo good to comfort the heart and ſtomacke, if it be often vſed.

STICHES IN THE SIDE, &c.

CHAP. 768.

A very good Medicine for a Stich in the ſide.

TAke a good quantity of Setwal, and dry it and grate it finely, and put therto halfe as much eaſe Ginger, then take ſix or ſeuen ſpoonfuls of Scabious-water, and put the powder, before mentioned, therein, and then ſhake them well together, and then let the party grieued drinke of it (the ſame being a little warme) and then let him lay himſelfe downe vpon a bed, and he ſhall finde great eaſe thereby immediately. But if he couer himſelfe warme, and ſweat vpon it, it will be the better. Prob. eſt.

CHAP.

Chap. 769.

Another for the ſame.

TAke Acornes and dry them, and then beat them to powder, and then mingle them with a little powder of Sinnamon and Ginger, and giue the ſame to the party diſeaſed to drinke either in Ale, Wine, or Beere, and this will helpe him.

Alſo take Sage and Burnet, of each of them a like quantitie, and drie them vpon a Tile-ſtone, and then make the ſame into a fine powder, and ſo giue it the Patient to drink both at meales or otherwiſe, for the ſpace of three or foure dayes together, and this will helpe him. Probatum eſt.

Chap. 770.

Another for the ſame.

TAke Pigeons-dung and Oats together, and then fry them in a Frying-pan, and ſtirre them vntill they be hot thorow, then put in a quantity of ſharpe Vineger, and ſtir them againe as before, then take the ſame forth, and put it into two ſeuerall bags made of linnen cloth for that purpoſe, and then take one of them and binde it to the reines of the back, and the other where the ſtich is, and then rowle him cloſe with a rowler, and ſo keepe him warme, and this will preſently helpe him. Probatum eſt.

Chap. 771.

Another for the ſame.

TAke Sinkefoile, and Stich-wort, of each of them a handfull, and a good quantity of Cummin, boile all theſe together in a quart of ſtale Ale, and let it boyle till it come to a pint, and then let the Patient drinke this, and it will helpe him in a ſhort ſpace. Probatum eſt.

SCIATICA.

SCIATICA.

Chap. 772.

An excellent Oyntment or Plaiſter for a Sciatica.

TAke halfe a pound of Wax, and breake it ſmall into a quart of Sallet Oyle, and a pound of Swines-greaſe, and halfe a pound of Roſen finely beaten, and boile them all together, and then ſtraine it: and when you haue ſo done, take a pound of white Lead, and beat it to powder, and then put it into the Oyntment and ſtirre it well, then put therein three ounces of Turpentine, and then let it boile ſoftly againe, and when it hath boiled a good while, take it off and ſtraine it into ſome faire Water, and ſo make a rowle thereof, then take a good quantity of it and ſpread it vpon a peece of leather, and make a large plaiſter thereof, and lay the ſame vnto the place grieued ſomewhat warme; then take a Hares ſkinne, or the ſkinne of a Lambe, or elſe ſome woollen cloth to wrap about it, and this will helpe you.

You may vſe it, if you pleaſe, as an Oyntment for the ſame purpoſe, doing as aforeſaid, &c.

Chap. 773.

An experienced Medicine for the Sciatica.

TAke Ivie, Mugwoort, Walwoort, and the inner rinde of an Elder-tree, and ſeethe them in faire Water, with a good

good quantity of Salt, and bathe the ſore place well therewith three or foure times in a day, for the ſpace of nine daies together, and doubtleſſe this will cure it.

Chap. 774.
Another for the ſame.

Take foure or fiue great Onions, and roaſt them very ſoft, then pill them, and ſtampe them in a Morter, and put thereto halfe a pint of Aqua vitæ, and three ſpoonefulls of Neats-foot Oyle, and boile all theſe together vntill ſuch time as the ſame be thicke, then ſtraine it thorow a fine linnen cloth, and ſo with the ſame Oyntment anoint the place well where the griefe is, chafing it before the fire for the ſpace of a quarter of an houre (both morning and euening) and then lay a Cats ſkin thereto with the hairy ſide next the fleſh, and within fifteene dayes the partie grieued ſhall finde great eaſe thereby. Probatum eſt.

Chap. 775.
Another for the ſame.

Take of Winter-Sauery, great ſtore, and mix the iuyce thereof with pure Wheaten-flower, and then make a plaiſter thereof, and ſo lay it to the place grieued, and it eaſeth it very much.

Chap. 776.
Another for the ſame.

Take Oxe-dung, and Pigeons dung, of each of them a pound, and mingle them well together with a pottle of White-wine, and ſo ſet them on the fire and boyle them vntill the one halfe be conſumed, then ſtraine it thorow a fine linnen cloth, and then put thereto halfe a pound of Honey, twelue Yolkes of Egges, halfe a pound of Virgin Wax melted, and as much Barly-meale as will ſuffice for the ſame, and then make a plaiſter thereof, and lay it to the place grieued, and this will helpe him.

Chap.

Chap. 777.

Another for the ſame.

Take a pint of Neats-foot Oyle, a pint of Aqua vitæ, and an handfull of roaſted Onions, and ſtampe them all together, and then ſtraine them, and ſo make an Oyle thereof, and when as occaſion ſeruеth, anoint well the place grieued both morning and euening before a good fire, as hot as poſſibly it may be ſuffered, and be ſure to chafe it very well. Probatum eſt.

SLEEPE.

Chap. 778.

A maruellous good Medicine to cauſe a ſicke perſon to ſleepe that cannot.

Take a Red-Roſe Cake, halfe a pint of White-wine Vineger, and halfe a pint of Sallet-oyle, and mingle the Oyle and the Vineger together, and put the ſame into a Porrenger vpon a Chafingdiſh of coales, and let it ſtand vntill it be hot, then take the Red-roſe-cake, and ſet it vpon the Chafingdiſh in the Vineger and Oyle, and ſo let it remaine there vntill it be both moiſt and hot; then take a little Cummin-ſeed and bruiſe it a little, and ſtraine it well vpon the Red-roſe-cake, and then binde it faſt to the temples of the head of the ſicke perſon, as hot as poſſibly he can abide it, and this will prouoke him to ſleepe without any danger at all. Probatum eſt.

Chap. 779.

Another for the ſame.

TAke a ſpoonefull of womans Milke, a ſpoonfull of Roſe-water, a ſpoonfull of the iuyce of Lettice, and boile them in a diſh, then take fine Flax and make a plaiſter as broad as you ſhall thinke good, and moiſten the Flax well with the ſame liquor, and grate a little Nutmeg, and ſtrew vpon it, and then lay it to the forehead and temples of the head of the ſicke perſon, and it will prouoke ſléepe forthwith.

Chap. 780.

Another for the ſame.

TAke of the ſéeds of Lettice and Smallage, of each of them a like quantity, and make a powder of them, and put the ſame in White-wine, and mingle them well together, and giue it the ſicke perſon to drinke luke-warme, and it will cauſe him to ſléepe preſently. Prob. eſt.

Chap. 781.

Another for the ſame.

TAke Roſe-water, and Wine Vineger, of each of them a ſpoonefull, two ſpoonefulls of Oyle of Roſes, and halfe a handfull of Roſe-leaues made into powder, and mingle them all together, and temper them with Wheaten-bread that is leuened, grated, and then lay it to the temples of the head and forehead, and then let the Patient lay his body to reſt, and it will ſpéedily prouoke ſléepe.

SPLEENE.

SPLEENE.

Chap. 782.

A moſt excellent Medicine for the Spleene.

TAke Capers and eat them, and afterwards drinke ſome of the water wherein Smithes doe dippe their hot Iron when they quench it, and let the Patient drinke it as often as his ſtomacke will endure it, and this cureth the Splœne.

Chap. 783.

Another for the ſame.

INfuſe Tamariske in White-wine, and drinke thereof morning and euening, firſt and laſt, for foure dayes together.

Chap. 784.

Another for the ſame.

TAke three or foure handfuls of the Leaues and Flowers of Melilot, and put them into a pottle of water, (but let the one halfe of the water, be Smithes water, and the other halfe the party grieued his owne water) and let it ſœthe vntill it come to a quart, then take both Herbes and Flowers and put them into a bag, and then lay them to the

Patients ſide, as hot as poſſibly it may be ſuffered: vſe this for the ſpace of nine or ten dayes (Viz.) euery day once, and this will helpe him.

Chap. 785.

Another for the ſame.

TAke a pint of Claret-wine, or elſe a pint of ſtale Beere, and boile therin a pretty quantity of crops of Time, tops of Hyſop, and of Pennyroyall, and of Burrage, and of Violet-leaues, and put therein a ſpoonefull of Annis-ſeeds, a little whole Pepper bruiſed, two or three ſlices of Ginger, euery of them as big as a Peaſe, and a little whole Sinnamon; boile all theſe together vntill the one halfe of the liquor be conſumed, then ſtraine it into a cup and couer it, and when it is a little ſettled, giue it the Patient to drinke: if you can get it, you may put a little Diatriapiperion therein, and this will preſently helpe. Prob. eſt.

Chap. 786.

A precious Water for the Spleene.

TAke Balme, Turpentine, Scabious, Betony and Pimpernell, of each of them a good quantity, and diſtill them all together, and let the Patient vſe often to drinke of this Water, and this will helpe him. Probatum eſt.

This is alſo good againſt the Peſtilence, and againſt thoſe that are troubled with the Mother, and it is alſo good for the marrow of the Bones, and for comforting of the Liuer.

Chap. 787.

Another for the ſame.

TAke a good quantity of Betony, and ſeethe it either in White-wine, Ale, or Beere, and it profiteth very much. This is alſo good for the Milt and Liuer.

TEETH

TEETH AND TOOTHACH.

Chap. 788.

An excellent good Medicine for the Toothach.

TAke Iuie, Speare-mint, and white Salt, of each of them an handfull, and ſtampe them well together, and then put them into a pint of Vineger, and ſæthe them well ouer the fire, and then ſtraine the ſame and put it into a cloſe glaſſe or ſtone-pot, and when you will vſe it, take a ſpoonefull thereof, and put it into that ſide of the mouth where the paine is, and hold downe your chéeke, that it may deſcend to the root of the aking tæth, and it will take away both the ach and paine preſently. This hath been truly proued.

Moreouer, take a péece of the root of Crow-foot, and put it into the hollow tooth, (if any be) or elſe apply it often to the tooth that aketh, and it will preſently eaſe it, and take away the paine. This hath beene truly proued.

Alſo, take Hyſop, and make a Decoction thereof with Vineger, and make it hot, and waſh your mouth often therewith, and the paine will ceaſe immediately. Prob. eſt.

Likewiſe, if you take a good quantity of the roots of Henbane, and ſæthe them in White-wine Vineger and Roſe-water, and put the Decoction thereof into your mouth, and it will helpe you.

Alſo, take a little Balme and Baſill, and rub them both together in the palme of your hand, vntill they doe come to a

iuyce, and put it into your eare on the ſide that the paine is on, and this will aſſwage the paine immediately. This hath holpen many.

Alſo, take powder of red Corrall, and put it into the holes of the teeth that doe ake, and it will cauſe them to fall out ſhortly after. Probatum eſt.

Likewiſe, take an Vnſet-lecke, and bruiſe it with a prettie quantity of Bay-ſalt, and then put it in betweene the gums and the teeth pained, but you muſt firſt warme it. Alſo, Roots of Primroſe beaten ſmall and laid to the tooth that is pained, will take the paine quite away.

Alſo, take Vineger, Honey, Aqua vitæ, Henbane-roots, Long-pepper, and Round-pepper, Camphire, Gumme and Iuie, of each of them equall portions, and boyle them all together vntill they be hard, then let the Patient put ſome of it betweene his teeth, and this will ſpeedily eaſe him. But if his teeth grow ſore by reaſon of the extreme paine that commeth by them, then let him take a pound of Henbane Roots, and ſeethe them in a quart of White-wine Vineger, and a pint of Roſe-water, and when it is well boyled, put into it a little fine Suger to ſweeten it, and then ſtraine it, and ſo waſh his mouth often therewith, and this will aſſwage the extreme paine without all doubt. Probatum eſt.

Alſo, take red Sage and Betony, of each of them a like quantitie, and put thereto a little Roch Allom, and ſeethe them in White-wine Vineger, and let the Patient rubbe his teeth well therewith, that ake, and it will eaſe him greatly.

If you take a good quantity of the Roots of Henbane, and ſeethe it in White-wine Vineger, or Roſe-water, and put the Decoction thereof into the Patients mouth, it will helpe him.

Alſo, take a rotten Apple, and take forth the Coze thereof, and then ſlice it, and lay it vpon the temples of the head (on the ſame ſide that the paine is on) at night when you goe

goe to bed, and bind it fast with a linnen cloth, and in the morning take it off; and the next night after doe the like againe, and so for foure or fiue nights together vse this, and it will helpe you. Prob. est.

Also, take a pint of White-wine, and halfe a handfull of Lauender-cotten, and sethe them all together vntill the one halfe of the Wine be consumed: then put into it halfe a spoonefull of Bay-salt, and let it sethe a little: then take a spoonefull of the same liquour, and put it into your mouth, (on the same side that the paine is on) and so hold it in your mouth for a good space, and then spurt it forth againe, then take another spoonefull and doe the like, and so vse it oftentimes in like sort, and it will take the paine quite away. Probatum est.

Also, take Iuie-berries, and sethe them either in Vineger, or else in White-wine, and when they are well sodden, sup off the hot liquour, and when it is cold, sup more of it: vse this often, and it will ease the paine forthwith. Probatum est.

Moreouer, if your teeth bee hollow and stinke, take a good quantity of Red Sage, twelue crops of Rosemary, and of Honey-suckles, wilde Daysies, and Sinkefoile, of each of them a good handfull; boyle them all together in a pint or somewhat more of faire running Water, and let it boile vntill the one halfe be consumed; then take a little Roch Allom, and burne it to powder, and then take halfe a spoonefull of Honey, and put them all together, and straine them thorow a fine linnen cloth, and so keepe it in a Glasse close stopped; and when occasion serueth, wash your mouth, throat, and teeth that are hollow often therewith, and this will both sweeten the breath, and doe exceeding much good for that purpose, for that it hath beene often proued.

Likewise, take a little Roch Allow burnt, and in the burning of it, put a little fine lint into it, and so put it into

the tooth that is hollow, and this will eaſe the extreme pain thereof in a ſhort time.

If your tooth be hollow, take a little drop or two of Aqua fortis, and dip a little lint therein, and ſtop the hollow tooth therwith, and for the ſpace of an houre or thereabouts, it will grieue the party very much, but it will in a ſhort ſpace take away the paine: vſe this twice or thrice, and this will expell the paine for euer after, without periſhing the tooth any thing at all. This hath beene truly proued.

THORNES

Chap. 789.

To draw out Thornes, the points of Needles, Splinters of wood, or rotten bones that are hid in the fleſh, &c.

TAke Shell Snailes and ſtampe them, and mix them with the Rennet of a Cheeſe, and apply it to the place, and it ſhall doe it in ſix houres.

Alſo, a plaiſter of Birdlime ſhall doe the like.

VVARTS.

WARTS.

Chap. 790.

A good Medicine to take away Warts in any place whereſoeuer.

TAke a good quantity of Arſenicke, and put to it a cloue of Garlicke, and beat them both together in a Mozter, and then lay the ſame moiſt vpon the Wart, (but let it touch no place elſe as neere as you can) and it will cleane periſh the Wart, and take it away in one night: but if the Wart be vpon the face, then take a Bane-leafe and couer your eyes therewith, that no part of the Medicine come into them, and if there be no Bean-leaues to be had, then take a little peece of white leather and couer them.

Alſo, take the heart oz pith of a red Colewoort ſtamped well, and tempzed well with a little Honey, and the Wart rub'd oftentimes well therewith, and it will take it away.

Likewiſe, take three oz foure handfulls of wilde Tanſie, and two pennyworth of May-butter vnſalted, and two pennyworth of Quickſilner, and mince the Tanſie ſmall, and then put it into the Butter, and ſet it on the fire, and let them boile well together; that done, take the ſame from the fire againe, and then ſtraine it thozow a fine linnen cloth, but put in your Quickſilner firſt before you ſtraine it, and let it be well mingled with the reſt, and then anoint the place therewith where the Warts are, and this will take them cleane away.

Alſo

Alſo, take the Woodbinde, and ſæthe it in faire running Water with Allom, from a pottle to a quart, and then waſh the place where the Warts are, and this will take them quite away.

CHAP. 791.

Another for the ſame.

TAke Orpiment, and mingle it with Vineger, and plaiſter it on the Warts.

VVHITFLAVV.

CHAP. 792.

For a Whitflaw or Fellin.

TAke a little Bay-ſalt ſtamped ſmall, and the Leuen of ſowre Bread; theſe being mingled with the Yolke of an Egge, and applyed to the ſore twice a day, it ſhall draw paine from the arme, and ceaſeth the ſwelling, if there be any, and healeth it perfectly, and with ſpeed.

VVORMES.

WORMES.

Chap. 793.

A good Medicine to kill all manner of Wormes in Mans bodie.

TAke Plantane-leaues and Roots, and Groundſell, of each of them a like quantity, ſtampe and ſtraine them with a pint of good Malmeſie, and warme it, and giue it the Patient to drinke, for the ſpace of three dayes together, and it will ſlay both the Wormes in the Maw, or elſewhere. Prob. eſt.

Alſo, take Aqua compoſita, that is made of Herbs, and waſh the breſt of the childe therewith: then take a little powder of Myrrh, and beat it very fine, and ſtrew it likewiſe vpon the breſt of the childe after it hath beene well waſhed, and lay a warme cloth to it, and ſo let it remaine for foure and twentie houres together, and this will ſpeedily kill all the Wormes.

Alſo, take Violet-leaues, Burrage and Succory, of each of them a like quantity, and two or three Fennell-roots, and a few Parſly-roots, one branch of Roſemary, and a little Time, one handfull of Raiſins of the Sunne, (the ſtones cleane picked out) and then binde the Herbs together, and then take a ſmall young Pullet or an Hen, and make a little Broth thereof, and boyle the Herbes therein; and when it

it is Broth, then take six spoonefulls of the same Broth, and put into it Sirrop of Roses, and let it be molten therein, and then giue it the Patient to drinke, and this will helpe him or her, &c.

Chap. 794.

An excellent remedie to kill the Wormes either in man, woman, or childes belly.

Take a pound of May-butter, and clarifie the same well in the Sunne; then take the quantitie of two pound of greene Worme-wood, and stampe it, (but let it be weighed after it is stamped) then take both the Butter and Wormewood, and temper them well together with your hands, and then set the same to stand in the Sunne for the space of nine dayes, either in a cleane earthen Pot or Glasse; then take it out againe, and boyle it for the space of an houre and an halfe at the least, and then take it forth and straine it, and so put it vp into a faire Glasse or Gally-pot; and so keepe it till occasion serueth for the vse thereof. And allwayes at the full of the Moone anoint the belly of the party grieued against a good fire, but at any time else vse it not.

This Medicine must allwayes be made in the moneth of *May*, and no other time, for that no other time of the yeere is so fitting for it.

This may be kept all the yeere long, being close stopped.

Chap.

CHAP. 795.

Another for the ſame.

TAke the Pulpe of Colloquintida, and infuſe it all night in Sallet-oyle, and anoint the belly round about, and the region of the ſtomacke, when you goe to bed, and it will kill the Wormes.

Alſo, a little Alloes Ciactrina mixt with the pap of a roſted Apple, and ſwallowed, killeth Wormes.

Alſo, Wormewood infuſed in Beere or Wine, and drunke in the morning faſting, doth the like.

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